

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Van Departures</p> <p>Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>KEY</p> <p>C – Courtyard A – Activity Room L – Lobby</p>	<p>WE APPRECIATE YOU</p> <p><i>Happy Nurse's Week!</i></p>		<p>1.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Lei Trivia 2:00 – Sing-Along with Susie Q 2:00 – May Day Performance w/ Dean (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>May Day</p>	<p>2.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Space Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Pet Therapy in the Courtyard with Zodiac (C)</p> <p>2:00 – Popsicles (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Space Day</p>	<p>3.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Activities with Pearl City High School Spanish Club (A)</p> <p>11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Fitness Trivia 2:00 – Saturday Matinee Movie 2:00 – Zumba with Annette (A) 3:00 – Hangman Word Game 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Fitness Day</p>
<p>4.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Orange Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Bean Bag Toss 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Orange Juice Day</p>	<p>5.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Cinco De Mayo Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Hidden Pictures 3:30 – Hangman Word Game 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Cinco De Mayo</p>	<p>6.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Nurses Trivia 2:00 – Sing-Along with Susie Q 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Sing On Game Show 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Nurses Day</p>	<p>7.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Elvis Presley Concert 10:00 – Hank the Singing Dutchman (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Tourism Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Sing On Game Show 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Tourism Day</p>	<p>8.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – The Rat Pack Concert 9:30 – Karaoke Gang (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Coke Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Have A Coke Day</p>	<p>9.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Music with Michael (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Brownie Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Pet Therapy in the Courtyard with Zodiac (C)</p> <p>2:00 – Popsicles (C) 3:00 – Plaza Casino: Blackjack (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Butterscotch Brownie Day</p>	<p>10.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Activities with Grace & Friends (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Washington Trivia 2:00 – Saturday Matinee Movie 2:00 – Strength and Balance Fuzion Fitness with Daniel (A)</p> <p>3:00 – Swatter Balloon Volleyball 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Washington Day</p>
<p>11.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Mother's Day Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Mini Golf 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Mother's Day</p>	<p>12.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Fudge Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Hidden Pictures 3:30 – Hangman Word Game 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Nutty Fudge Day</p>	<p>13.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – Hawaii Dance Bomb Silent Disco 12:30 – Lunch 1:30 – Apple Trivia 2:00 – Sing-Along with Susie Q 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Craft: Pom Pom Turtles 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Apple Pie Day</p>	<p>14.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Biscuit Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Craft: Pom Pom Turtles 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Buttermilk Biscuit Day</p>	<p>15.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – The Rat Pack Concert 10:00 – Mellow Friends Karaoke Group (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Chocolate Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Chocolate Chip Day</p>	<p>16.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Name that State Trivia Game 12:30 – Lunch 1:30 – Classic Movie Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Pet Therapy in the Courtyard with Zodiac (C)</p> <p>2:00 – Popsicles (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Classic Movie Day</p>	<p>17.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Zumba with Annette (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Walnut Trivia 2:00 – Saturday Movie Matinee 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Hangman Word Game 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Walnut Day</p>
<p>18.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Cheese Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Music with Dean (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Cheese Souffle Day</p>	<p>19.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Frank Sinatra Concert 10:00 – Body and Brain Tai Chi w/Karen (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Cake Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Hidden Pictures 3:30 – Hangman Word Game 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Devil's Food Cake Day</p>	<p>20.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Streaming Trivia 2:00 – Sing-Along with Susie Q 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Craft: Summer Bird House 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Streaming Day</p>	<p>21.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Elvis Presley Concert 10:00 – Music Performance w/Mike Kahue (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Strawberries Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Craft: Summer Bird House 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Strawberries and Cream Day</p>	<p>22.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Pudding Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Vanilla Pudding Day</p>	<p>23.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Ray Charles Concert 10:00 – Music Performance with Glenna and Dave (A)</p> <p>11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Penny Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Pet Therapy in the Courtyard with Zodiac (C)</p> <p>2:00 – Popsicles (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Lucky Penny Day</p>	<p>24.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – May Trivia 2:00 – Saturday Matinee Movie 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Swatter Balloon Volleyball 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Scavenger Hunt Day</p>
<p>25.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Wine Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Basketball 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Wine Day</p>	<p>26.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Frank Sinatra Concert 10:00 – Body and Brain Yoga w/Karen (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Memorial Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Memorial Day</p>	<p>27.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Grape Trivia 2:00 – Sing-Along with Susie Q 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Craft: Be Kind Sunflowers 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Grape Day</p>	<p>28.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Senior Health Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Craft: Be Kind Sunflowers 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Senior Health & Fitness Day</p>	<p>29.</p> <p>8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Paperclip Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk Outside 2:30 – Courtyard Cruising (C) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Paperclip Day</p>	<p>30.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Inspirational Music with Wally (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Flower Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Pet Therapy in the Courtyard with Zodiac (C)</p> <p>2:00 – Popsicles (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Water A Flower Day</p>	<p>31.</p> <p>8:30 – Breakfast 9:30 – Cognifit 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Smile Trivia 2:00 – Saturday Matinee Movie 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Hangman Word Game 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Smile Day</p>

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.