




October 2025

Independent/Assisted Living Activity Calendar





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>Daily Activity Offerings</div><div></div></div>	<div><div>ALL DAY</div><div>Plaza Puzzle Packets & Independent Activities</div></div> <div><div>8:30 am</div><div>Hawaii News Now! [T]</div></div> <div><div>10:45 am</div><div>Daily Catholic Mass Livestream [T]</div></div> <div><div>11:00/11:30 am</div><div>Walking Club [Independent]</div></div> <div><div>12:00 pm</div><div>Wii Sports! [T]</div></div> <div></div>		<div><div>HAIR DAY</div><div>1</div></div> <div><div>9:00</div><div>Resistance Training B</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Color Splash with Kelsie!</div></div> <div><div>2:30</div><div>Educational Video – Hair Cutting 101</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>FFRIED SCALLOPS DAY</div><div>2</div></div> <div><div>9:00</div><div>Seated Strength B</div></div> <div><div>10:00</div><div>Seated Strength B</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>2:00</div><div>Creative Creations - Crafts!</div></div> <div><div>2:00</div><div>Spooky Screening [T]</div></div>	<div><div>MANUFACTURING DAY</div><div>3</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Mahjong & Scrabble Hour!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>GOLF LOVER’S DAY</div><div>4</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Tiles, Blossoms & More!</div></div> <div><div>1:30</div><div>Spooky Screening [T]</div></div>
<div><div>DO SOMETHING NICE DAY</div><div>5</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Tiles, Blossoms & More!</div></div> <div><div>2:00</div><div>Spooky Screening [T]</div></div>	<div><div>NOODLE DAY</div><div>6</div></div> <div><div>9:00</div><div>Resistance Training A</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Lucky Tile Mondays</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>LED LIGHT DAY</div><div>7</div></div> <div><div>9:00</div><div>Seated Strength A</div></div> <div><div>10:00</div><div>PERFORMANCE: Hank the Singing Dutchman</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Baking Bunch!</div></div> <div><div>2:00</div><div>Spooky Screening [T]</div></div> <div><div>2:30</div><div>Bible Study w/ Jaz & Tony!</div></div>	<div><div>HERO DAY</div><div>8</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>PERFORMANCE: Brandon Onishi (Musician)</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Color Splash with Kelsie!</div></div> <div><div>2:30</div><div>Educational Video – Behind the Avengers [T]</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>MOLDY CHEESE</div><div>9</div></div> <div><div>9:00</div><div>Seated Strength B</div></div> <div><div>10:00</div><div>Seated Strength B</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>2:00</div><div>Gorgeous Grams Hour!</div></div> <div><div>2:30</div><div>Spooky Screening [T]</div></div>	<div><div>CAKE DECORATING DAY</div><div>10</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Mahjong & Scrabble Hour!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div> <div><div>7:00</div><div>UH Wahine Volleyball vs. Cal Poly (OC16)</div></div>	<div><div>SAUSAGE PIZZA DAY</div><div>11</div></div> <div><div>9:00</div><div>Zumba w/Annette!</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Tiles, Blossoms & More!</div></div> <div><div>2:00</div><div>BIRTHDAY BASH with Dean Hirata!</div></div> <div><div>6:00</div><div>UH Football vs. Utah State (Spectrum Sports)</div></div>
<div><div>I LOVE YARN DAY</div><div>12</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>1:30</div><div>Tiles, Blossoms & More!</div></div> <div><div>5:00</div><div>UH Wahine Volleyball vs. UC Santa Barbara (OC16)</div></div>	<div><div>BREAST CANCER AWARENESS</div><div>13</div></div> <div><div>9:00</div><div>Resistance Training A</div></div> <div><div>10:00</div><div>COMMUNION [T]</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Lucky Tile Mondays</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>REAL SUGAR DAY</div><div>14</div></div> <div><div>9:00</div><div>Seated Strength A</div></div> <div><div>10:00</div><div>Seated Strength A</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>RESIDENT COUNCIL</div></div> <div><div>1:30</div><div>Baking Bunch!</div></div> <div><div>2:30</div><div>Bible Study w/ Jaz & Tony!</div></div>	<div><div>AESTHEICIAN DAY</div><div>15</div></div> <div><div>9:00</div><div>Resistance Training B</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Color Splash with Kelsie!</div></div> <div><div>2:30</div><div>Educational Video</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>SPORTS DAY</div><div>16</div></div> <div><div>9:00</div><div>Seated Strength B</div></div> <div><div>10:00</div><div>Seated Strength B</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>2:00</div><div>Creative Creations - Crafts!</div></div>	<div><div>PASTA DAY</div><div>17</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>1:00</div><div>Mahjong & Scrabble Hour!</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div> <div><div>3:00</div><div>UH Wahine Volleyball vs. Long Beach State (ESPNU)</div></div>	<div><div>SWEETEST DAY</div><div>18</div></div> <div><div>9:00</div><div>In-House Walk to End Alzheimer’s</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>UH Football vs. Colorado State (Spectrum Sports)</div></div> <div><div>1:30</div><div>Tiles, Blossoms & More!</div></div>
<div><div>SEAFOOD BISQUE DAY</div><div>19</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>1:30</div><div>Tiles, Blossoms & More!</div></div>	<div><div>CHICKEN & WAFFLES DAY</div><div>20</div></div> <div><div>9:00</div><div>Resistance Training A</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Lucky Tile Mondays</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>WITCH HAZEL DAY</div><div>21</div></div> <div><div>9:00</div><div>Seated Strength A</div></div> <div><div>10:00</div><div>Seated Strength A</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Baking Bunch!</div></div> <div><div>1:30</div><div>Spooky Screening [T]</div></div> <div><div>2:30</div><div>Bible Study w/ Jaz & Tony!</div></div>	<div><div>COLOR DAY</div><div>22</div></div> <div><div>9:00</div><div>Resistance Training B</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Color Splash with Kelsie!</div></div> <div><div>2:30</div><div>Educational Video</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>iPOD DAY</div><div>23</div></div> <div><div>9:00</div><div>Seated Strength B</div></div> <div><div>10:00</div><div>Seated Strength B</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>2:00</div><div>Gorgeous Grams Hour!</div></div>	<div><div>FOOD DAY</div><div>24</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Spooky Screening [T]</div></div> <div><div>1:00</div><div>Mahjong & Scrabble Hour!</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>TRICK OR TREAT DAY</div><div>25</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Pumpkin Painting!</div></div> <div><div>1:30</div><div>Spooky Screening [T]</div></div> <div><div>7:00</div><div>UH Wahine Volleyball vs. Cal State Fullerton (OC16)</div></div>
<div><div>PUMPKIN DAY</div><div>26</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>PERFORMANCE: Waiheea</div></div> <div><div>2:00</div><div>Spooky Screening [T]</div></div>	<div><div>CIVICS DAY</div><div>27</div></div> <div><div>9:00</div><div>Resistance Training A</div></div> <div><div>10:00</div><div>CATHOLIC MASS [T]</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Lucky Tile Mondays</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>FIRST RESPONDERS DAY</div><div>28</div></div> <div><div>9:00</div><div>Seated Strength A</div></div> <div><div>10:00</div><div>Seated Strength A</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:30</div><div>Baking Bunch!</div></div> <div><div>2:00</div><div>Spooky Screening [T]</div></div> <div><div>2:30</div><div>Bible Study w/ Jaz & Tony!</div></div>	<div><div>CAT DAY</div><div>29</div></div> <div><div>9:00</div><div>Resistance Training B</div></div> <div><div>11:00</div><div>Origami Club</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Color Splash with Kelsie!</div></div> <div><div>2:00</div><div>PERFORMANCE: Lance Motogawa (Musician)</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	<div><div>CANDY CORN DAY</div><div>30</div></div> <div><div>9:00</div><div>Seated Strength B</div></div> <div><div>10:00</div><div>Seated Strength B</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>2:00</div><div>Creative Creations - Crafts!</div></div> <div><div>2:00</div><div>Spooky Screening [T]</div></div>	<div><div>HAPPY HALLOWEEN!</div><div>31</div></div> <div><div>9:00</div><div>Seated Strength Circuit</div></div> <div><div>10:00</div><div>Seated Strength Circuit</div></div> <div><div>1:00</div><div>Halloween Movie! [T]</div></div> <div><div>1:00</div><div>Trivia Crack!</div></div> <div><div>1:00</div><div>Mahjong & Scrabble Hour!</div></div> <div><div>2:00</div><div>Happy Halloween Scavenger Hunt!</div></div> <div><div>3:00</div><div>NICKEL BINGO</div></div>	