May 2025
The Plaza at Moanalua - Halia Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

THE PLAZA at Moanalua

- Art
- Entertainment
- Excursions
- Games
- Group Activity
- Medical
- Mindfulness
- Physical
- Plaza Life
- Religious
- Special Events

1 — May Day
- ***7:00 MEDICAL RUN - East Side***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- **1:15 SPECIAL MAY DAY PROGRAM [A]**
- 5:00 Independent Activities
- 6:00 Evening Cinema

2 — International Harry Potter Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

3 — Kentucky Derby Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

4 — National Star Wars Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

5 — Boy's Day
- ***7:00 MEDICAL RUNS - West Bound***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

6 — NURSES DAY
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- ***2:30 Bible Study with Jaz & Tony! [T]***
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

7 — Tourism Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

8 — Have a Coke Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- ***1:30 Come Get Your Nails Done!***
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

9 — Train Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

10 — Shrimp Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

11 — Happy Mothers Day!
- 9:00 Morning Greeting
- 9:00 ZUMBA with Annette - 2nd Floor
- 9:15 Current Events at The Plaza Moanalua
- 9:30 ZUMBA with Annette - 3rd Floor
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

12 — International Nurses Day
- ***7:00 MEDICAL RUNS - West Bound***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- **10:00 PERFORMANCE - Grace Point [A]**
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

13 — Apple Pie Day
- ***7:00 MEDICAL RUNS - Central***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- **10:00 PERFORMANCE - Hank the Singing Dutchman! [A]**
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- ***2:30 Bible Study with Jaz & Tony! [T]***
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

14 — Buttermilk Biscuit Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

15 — National Day of Families
- ***7:00 MEDICAL RUN - East Side***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:00 COMMUNION [T]
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 1:00 Holoholo Ride - 2nd & 3rd Floor
- **1:30 *Moanalua Sports Day!***
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies

16 — Love a Tree Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

17 — National Armed Forces Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

18 — Museum Appreciation Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

19 — Devil's Food Cake Day
- ***7:00 MEDICAL RUNS - West Bound***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

20 — Bee Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- ***2:30 Bible Study with Jaz & Tony! [T]***
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

21 — Wait Staff Appreciation Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

22 — Solitaire Day
- ***7:00 MEDICAL RUN - East Side***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 1:00 Holoholo Ride - 2nd & 3rd Floor
- ***1:30 Come Get Your Nails Done!***
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

23 — World Turtle Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- **1:30 BIRTHDAY BASH with Dean Hirata! [A]**
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

24 — Brothers Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

25 — Tap Dance Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

26 — Memorial Day
- ***7:00 MEDICAL RUNS - West Bound***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

27 — Grape Popsicle Day
- ***7:00 MEDICAL RUNS - Central***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:00 Catholic Mass [T]
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- ***2:30 Bible Study with Jaz & Tony! [T]***
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities

28 — World Hunger Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

29 — Paperclip Day
- ***7:00 MEDICAL RUN - East Side***
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- **1:30 *Moanalua Sports Day!***
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

30 — Water a Flower Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema

31 — Macaroon Day
- 9:00 Morning Greeting
- 9:15 Current Events at The Plaza Moanalua
- 9:30 Morning Exercise
- 9:50 Sit, Sip, & Morning Reading
- 10:00 COGNIFIT!
- 10:45 Walking Club
- 11:30 LUNCH
- 12:30 Afternoon Reading
- 1:00 Get Creative!
- 2:00 Sit, Sip, Snack & Solve!
- 2:30 Tricky Trivia!
- 3:30 Walking Club
- 3:45 Busy Brain Activities & Afternoon Movies
- 5:00 Independent Activities
- 6:00 Evening Cinema