

May 2025 Independent and Assisted Living Monthly

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



--Van Departures--
Please meet in the lobby
15 minutes prior to
all van departures

[A] Activity Room
[T] Theater Room
[B] Bistro
[S] Sunroom

- Entertainment
- Excursions
- Games
- Group Activity
- Learning Hour
- Medical
- Mindfulness
- Physical
- Plaza Life
- Religious
- Resident Clubs
- Special Events

May Day 1
7:00 **MEDICAL RUN - East Side**
9:00 Seated Strength B [A]
10:00 Seated Strength B [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:15 **SPECIAL MAY DAY PROGRAM [A]**

International Harry Potter Day 2
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:30 Guided Meditation [A]
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **PAPER FOLDS SOCIETY [A]**
3:00 NICKEL BINGO [A]

Kentucky Derby Day 3
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
11:30 **Saturday TV Series - Jonny Quest (1964)**
1:00 Trivia Crack! [A]
1:30 **HANFUL OF HANAFUDA [A]**
3:00 Games & Trivia [A]

National Star Wars Day 4
8:00 **Church Services - Bus Drop-Offs**
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **SIP & STITCH SUNDAYS [A]**
3:00 Afternoon Walk with Us!

Boy's Day 5
7:00 **MEDICAL RUNS - West Bound**
9:00 Resistance Training A [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
1:00 Trivia Crack! [A]
1:30 **LUCKY TILE MONDAYS [A]**
3:00 NICKEL BINGO [A]

NURSES DAY 6
9:00 Seated Strength A [A]
10:00 Seated Strength A [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **CELEBRATION CREATIONS [A]**
2:00 **MOVIE - The Addams Family 2 (MAX)**
2:30 **Bible Study with Jaz & Tony! [T]**
3:30 Learning Hour - ASL

Tourism Day 7
9:00 Resistance Training B [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **LEARNING CLUB - Hawaii's Tourism [A]**
3:00 NICKEL BINGO [A]

Have a Coke Day 8
9:00 Seated Strength B [A]
10:00 Seated Strength B [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **Come Get Your Nails Done!**
2:00 **MOVIE - Flow (MAX)**
3:00 Relaxing & Reading with Us! [A]

Train Day 9
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:30 Guided Meditation [A]
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **PAPER FOLDS SOCIETY [A]**
3:00 NICKEL BINGO [A]

Shrimp Day 10
9:00 ZUMBA with Annette!
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **HANFUL OF HANAFUDA [A]**
2:00 **MOVIE - My Neighbor Totoro (MAX)**
3:00 Games & Trivia [A]

Happy Mothers Day! 11
8:00 **Church Services - Bus Drop-Offs**
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **SIP & STITCH SUNDAYS [A]**
3:00 Afternoon Walk with Us!

International Nurses Day 12
7:00 **MEDICAL RUNS - West Bound**
9:00 Resistance Training A [A]
10:00 **PERFORMANCE - Grace Point [A]**
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
1:00 Trivia Crack! [A]
1:30 **LUCKY TILE MONDAYS [A]**
3:00 NICKEL BINGO [A]

Apple Pie Day 13
7:00 **MEDICAL RUNS - Central**
9:00 Seated Strength A [A]
10:00 **PERFORMANCE - Hank the Singing Dutchman! [A]**
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 **CELEBRATION CREATIONS [A]**
1:30 **RESIDENT COUNCIL [A]**
1:30 **Unescorted Errand Ride - Longs or Safeway**
2:00 **MOVIE - The Wind Rises (MAX)**
2:30 **Bible Study with Jaz & Tony! [T]**
2:30 **Unescorted Errand Ride - Longs or Safeway**
3:30 Learning Hour - ASL

Buttermilk Biscuit Day 14
9:00 Resistance Training B [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **LEARNING CLUB - Buttermilk Biscuits [A]**
3:00 NICKEL BINGO [A]

National Day of Families 15
7:00 **MEDICAL RUN - East Side**
9:00 Seated Strength B [A]
10:00 COMMUNION [T]
10:00 Seated Strength B [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **Moanalua Sports Day!**
2:00 **MOVIE - When Marnie Was There (MAX)**
3:00 Relaxing & Reading with Us! [A]

Love a Tree Day 16
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:30 Guided Meditation [A]
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **PAPER FOLDS SOCIETY [A]**
3:00 NICKEL BINGO [A]

National Armed Forces Day 17
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **HANFUL OF HANAFUDA [A]**
2:00 **MOVIE - A Hard Day's Night (MAX)**
3:00 Games & Trivia [A]

Museum Appreciation Day 18
8:00 **Church Services - Bus Drop-Offs**
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **SIP & STITCH SUNDAYS [A]**
3:00 Afternoon Walk with Us!

Devil's Food Cake Day 19
7:00 **MEDICAL RUNS - West Bound**
9:00 Resistance Training A [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
1:00 Trivia Crack! [A]
1:30 **LUCKY TILE MONDAYS [A]**
3:00 NICKEL BINGO [A]

Bee Day 20
9:00 Seated Strength A [A]
10:00 Seated Strength A [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **CELEBRATION CREATIONS [A]**
2:00 **MOVIE - Beetlejuice Beetlejuice (MAX)**
2:30 **Bible Study with Jaz & Tony! [T]**
3:30 Learning Hour - ASL

Wait Staff Appreciation Day 21
9:00 Resistance Training B [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **LEARNING CLUB ASL [A]**
3:00 NICKEL BINGO [A]

Solitaire Day 22
7:00 **MEDICAL RUN - East Side**
9:00 Seated Strength B [A]
10:00 Seated Strength B [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **Come Get Your Nails Done!**
2:00 **MOVIE - Sixteen Candles (MAX)**
3:00 Relaxing & Reading with Us! [A]

World Turtle Day 23
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:30 Guided Meditation [A]
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **BIRTHDAY BASH with Dean Hirata! [A]**
1:30 **PAPER FOLDS SOCIETY [A]**
3:00 NICKEL BINGO [A]

Brothers Day 24
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **HANFUL OF HANAFUDA [A]**
2:00 **MOVIE - My Big Fate Greek Wedding (MAX)**
3:00 Games & Trivia [A]

Tap Dance Day 25
8:00 **Church Services - Bus Drop-Offs**
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **SIP & STITCH SUNDAYS [A]**
3:00 Afternoon Walk with Us!

Memorial Day 26
7:00 **MEDICAL RUNS - West Bound**
9:00 Resistance Training A [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
1:00 Trivia Crack! [A]
1:30 **LUCKY TILE MONDAYS [A]**
3:00 NICKEL BINGO [A]

Grape Popsicle Day 27
7:00 **MEDICAL RUNS - Central**
9:00 Seated Strength A [A]
10:00 Catholic Mass [T]
10:00 Seated Strength A [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Independent Activities + Play Piano with Us [A]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **CELEBRATION CREATIONS [A]**
1:30 **Unescorted Errand Ride - Longs or Safeway**
2:00 **MOVIE - The Giver (MAX)**
2:30 **Bible Study with Jaz & Tony! [T]**
2:30 **Unescorted Errand Ride - Longs or Safeway**
3:30 Learning Hour - ASL

World Hunger Day 28
9:00 Resistance Training B [A]
10:00 Seated Strength Circuit [A]
10:30 Walking Club
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **LEARNING CLUB ASL [A]**
3:00 NICKEL BINGO [A]

Paperclip Day 29
7:00 **MEDICAL RUN - East Side**
9:00 Seated Strength B [A]
10:00 Seated Strength B [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **Moanalua Sports Day!**
2:00 **MOVIE - Blithe Spirit (MAX)**
3:00 Relaxing & Reading with Us! [A]

Water a Flower Day 30
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:30 Guided Meditation [A]
10:45 Daily Livestream Catholic Mass [T]
1:00 Trivia Crack! [A]
1:30 **GUEST - CaptionCall**
1:30 **PAPER FOLDS SOCIETY [A]**
3:00 NICKEL BINGO [A]

Macaroon Day 31
9:00 Seated Strength Circuit [A]
10:00 Seated Strength Circuit [A]
10:45 Daily Livestream Catholic Mass [T]
11:00 Walking Club
1:00 Trivia Crack! [A]
1:30 **HANFUL OF HANAFUDA [A]**
2:00 **MOVIE - June Bride (MAX)**
3:00 Games & Trivia [A]