


May 2024

3rd Floor Monthly Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>Entertainment Excursions Physical Special Events</p>	<p>*All Activities Are Subject to Change*</p>	<p>May Day 1</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Ringtoss 3:00 Arts & Crafts - Flower Coloring to Make A Bouquet 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Truffle Day 2</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Trashketball 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Two Different Colored Shoes Day 3</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Nerf Poker 3:00 TV Show: Sneakerheads (Netflix) 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Star Wars Day 4</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts - Star Wars Coloring 3:00 Movie Matinee: Star Wars the Phantom Menace (Disney +) 4:00 Wash Up & Clean 4:30 Dinner</p>
<p>Boy's Day and Cinco de Mayo 5</p> <p>9:30 Seated Zumba with Annette & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts - Koinobori 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Nurses Day 6</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Trivia - Nurses Week Questions 3:00 Arts & Crafts - Thank You Cards and Posters for our Nursing Staff 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Tourism Day 7</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride - Group 1 1:30 Seated Zumba & Hydration 2:00 ALL STAFF MEETING [A] 2:00 Card Game - Crazy 8's! 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Have a Coke Day 8</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Performance: Roy Hamada [A] 3:00 Arts & Crafts - Pop Tab Flowers 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Moscato Day 9</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:00 Performance: Inspirational Music with Wally Brown [A] 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts - Wine Coloring 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Shrimp Day 10</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Horseshoe Toss 4:00 Wash Up & Clean 4:30 Dinner</p>
<p>Happy Mother's Day! 12</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba with Kumu Ben 2:00 Arts & Crafts - Mother's Day Cards 3:00 Movie Matinee: Otherhood (Netflix) 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Apple Pie Day 13</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Trivia - All About Apple Pie 3:00 Arts & Crafts - Make Your Own Pie 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Dance Like A Chicken Day 14</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:00 Performance: Hank the Singing Dutchman [A] 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride - Group 1 12:30 Travel/Educational Show - Chickens 1:30 Seated Zumba & Hydration 2:00 Puzzle Time! 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Chocolate Chip Day 15</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Beanbag Toss 3:00 Arts & Crafts - Make Your Own Cookies 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Classic Movie Day 16</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:30 Pet Therapy with Chico 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Card Game - Go Fish! 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Pizza Party Day 17</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Ringtoss 3:00 Movie Matinee: Home Alone (Disney +) 4:00 Wash Up & Clean 4:30 Dinner</p>
<p>National Devil's Food Cake Day 19</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 TV Show: Nailed It! (Netflix) 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Streaming Day 20</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Shuffleboard 3:00 Movie Matinee: The Mitchells vs. The Machines (Netflix) 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Memo Day 21</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride - Group 1 12:30 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 Card Game - Crazy 8's! 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Solitaire Day 22</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts - Color Your Own Deck of Cards 3:00 Card Game - Solitaire 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Taffy Day 23</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Birthday Bash with Dean Hirata [A] 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Scavenger Hunt Day 24</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Trashketball 3:00 Arts & Crafts - Design Your Own Scavenger Hunt 4:00 Wash Up & Clean 4:30 Dinner</p>
<p>National Paper Airplane Day 26</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Arts & Crafts - Paper Airplanes and Contest 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>Memorial Day 27</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Trivia - All About Memorial Day 3:00 Movie Matinee: The Outpost (Netflix) 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Hamburger Day 28</p> <p>9:00 Morning Exercise & Hydration 10:00 Catholic Mass Service [T] 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride - Group 1 12:30 Travel/Educational Show - Hamburgers 1:30 Seated Zumba & Hydration 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Senior Health and Fitness Day 29</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Duck Hunt 3:00 TV Show: The Resident (Disney +) 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Creativity Day 30</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Trivia - Lessons in Creativity 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner</p>	<p>National Smile Day 31</p> <p>9:00 Morning Exercise & Hydration 10:00 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Card Game - Old Maid 3:00 Movie Matinee: Inside Out (Disney +) 4:00 Wash Up & Clean 4:30 Dinner</p>

"We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery."
— H.G. Wells