May 2024 3rd Floor Monthly A	ctivity Calendar					created with COCCU
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA	<ul> <li>Entertainment</li> <li>Excursions</li> <li>Physical</li> <li>Special Events</li> </ul>	*All Activities Are Subject to Change*	May Day     P:00     Morning Exercise & Hydration       10:00     Outdoor Stroll       10:25     Current Events & What's on the Menu?       10:30     Holoholo Ride - Group 2       11:15     Wash Up & Clean       11:30     Lunch       1:00     Seated Tai Chi & Hydration       2:00     Game - Ringtoss       3:00     Arts & Crafts - Flower Coloring to Make A Bouquet       4:00     Wash Up & Clean       4:30     Dinner	National Truffle Day       2         9:00 ♥ Morning Exercise & Hydration       2         10:00 ♥ Outdoor Stroll       10:25         10:25 Current Events & What's on the Menu?       11:15         11:15 Wash Up & Clean       11:30         11:00 ♥ Seated Zumba & Hydration       2:00         2:00 Game - Trashketball       3:00         3:00 Sing Along Serenading       4:30         4:30       Dinner	National Two Different Colored Shoes Day       3         9:00 ♥ Morning Exercise & Hydration       6         10:00 ♥ Outdoor Stroll       10:25         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:30 Lunch         1:00 ♥ Seated Tai Chi & Hydration         2:00 Game - Nerf Poker         3:00 ₱ TV Show: Sneakerheads (Netflix)         4:00 Wash Up & Clean         4:30 Dinner	National Star Wars Day       4         9:00 ♥ Morning Exercise & Hydration       4         10:00 ♥ Outdoor Stroll       0:25         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:30 Lunch         1:00 ♥ Seated Zumba & Hydration         2:00 Arts & Crafts - Star Wars Coloring         3:00 ♥ Movie Matinee: Star Wars the Phantom Menace (Disney +)         4:00 Wash Up & Clean         4:30 Dinner
Boy's Day and Cinco de Mayo9:30 ♥ Seated Zumba with Annette & Hydration510:00 ♥ Outdoor Stroll10:2510:25Current Events & What's on the Menu?11:15Wash Up & Clean11:30Lunch1:00 ♥ Seated Zumba & Hydration2:00Arts & Crafts - Koinobori3:00Sing Along Serenading4:00Wash Up & Clean4:30Dinner	National Nurses Day         9:00 ♥ Morning Exercise & Hydration         10:00 ♥ Outdoor Stroll         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:00 ♥ Seated Tai Chi & Hydration         2:00 Trivia - Nurses Week Questions         3:00 Arts & Crafts - Thank You Cards and Posters for our Nursing Staff         4:00 Wash Up & Clean         4:30 Dinner	National Tourism Day       7         9:00 ♥ Morning Exercise & Hydration       10:00 ♥ Outdoor Stroll         10:25 Current Events & What's on the Menu?       11:15         11:15 Wash Up & Clean       11:30         11:30 ➡ Holoholo Ride - Group 1       1:30 ♥ Seated Zumba & Hydration         2:00 Card Game - Crazy 8's!       3:00         3:00 Wash Up & Clean       4:30	National Have a Coke Day       9:00       Morning Exercise & Hydration       8         9:00       ♥ Morning Exercise & Hydration       10:00       ♥ Outdoor Stroll       10:25       Current Events & What's on the Menu?         10:25       Current Events & What's on the Menu?       10:30       ➡ Holoholo Ride - Group 2         11:15       Wash Up & Clean       11:30       Lunch         1:00       ♥ Seated Tai Chi & Hydration       2:00 ☆       Performance: Roy Hamada [A]         3:00       Arts & Crafts - Pop Tab Flowers       4:00       Wash Up & Clean         4:30       Dinner       ■       ■	National Moscato Day     9:00     Morning Exercise & Hydration       10:00     Outdoor Stroll       10:00     Performance: Inspirational Music with Wally Brown [A]       10:25     Current Events & What's on the Menu?       11:15     Wash Up & Clean       11:30     Lunch       1:00     Seated Zumba & Hydration       2:00     Arts & Crafts - Wine Coloring       3:00     Sing Along Serenading       4:00     Wash Up & Clean       4:30     Dinner	National Shrimp Day       10         9:00       Morning Exercise & Hydration       10:00         10:00       Outdoor Stroll       10:25         10:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean         11:30       Lunch         1:00       Seated Tai Chi & Hydration         2:00       Game - Horseshoe Toss         4:00       Wash Up & Clean         4:30       Dinner	National Eat What YOU Want Day       11         9:00 ♥ Morning Exercise & Hydration       1100         10:00 ♥ Outdoor Stroll       125         10:25 Current Events & What's on the Menu?       11:15         11:30 Lunch       100 ♥ Seated Zumba & Hydration         1:00 ♥ Seated Zumba & Hydration       2:00         Word Game - Words that Start With       3:00         Arts & Crafts - Birthday Cards for May Residents         4:00       Wash Up & Clean         4:30       Dinner
Happy Mother's Day!129:00 ♥ Morning Exercise & Hydration10:001210:00 ♥ Outdoor Stroll10:25 Current Events & What's on the Menu?11:1511:15Wash Up & Clean11:30 Lunch11:00♥ Seated Hula with Kumu Ben 2:00 Arts & Crafts - Mother's Day Cards 3:003:00Movie Matinee: Otherhood (Netflix) 4:00Wash Up & Clean Dinner	National Apple Pie Day139:00 ● Morning Exercise & Hydration10:00 ● Outdoor Stroll10:00 ● Outdoor Stroll10:25 Current Events & What's on the Menu?11:15 Wash Up & Clean11:30 Lunch1:00 ● Seated Tai Chi & Hydration2:00 Trivia - All About Apple Pie3:00 Arts & Crafts - Make Your Own Pie4:00 Wash Up & Clean4:30 Dinner	National Dance Like A Chicken Day       9:00 ♥ Morning Exercise & Hydration       14         10:00 ♥ Outdoor Stroll       000 ☆ Performance: Hank the Singing Dutchman [A]       10:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean       11:30       Lunch         12:30 ➡ Holoholo Ride - Group 1       12:30       Travel/Educational Show - Chickens         1:30       Seated Zumba & Hydration       2:00       Puzzle Time!         3:00       Sing Along Serenading       4:30       Dinner	National Chocolate Chip Day       9:00 ♥ Morning Exercise & Hydration       15         10:00 ♥ Outdoor Stroll       Current Events & What's on the Menu?       10:30 ➡ Holoholo Ride - Group 2         11:15       Wash Up & Clean       11:30       Lunch         1:00 ♥ Seated Tai Chi & Hydration       2:00 Game - Beanbag Toss       3:00 Arts & Crafts - Make Your Own Cookies         4:00       Wash Up & Clean       1:30 Dinner	National Classic Movie Day       9:00 ♥ Morning Exercise & Hydration       16         10:00 ♥ Outdoor Stroll       000 ♥ Outdoor Stroll       000 ♥ Outdoor Stroll         10:30 Pet Therapy with Chico       11:15 Wash Up & Clean       11:30 Lunch         11:30 Lunch       00 ♥ Seated Zumba & Hydration       00 ♥ Seated Zumba & Hydration         2:00 Card Game - Go Fish!       3:00 Sing Along Serenading         4:00 Wash Up & Clean       4:30 Dinner	National Pizza Party Day       17         9:00       Morning Exercise & Hydration       10:00         10:00       Outdoor Stroll       10:25         10:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean         11:00       Seated Tai Chi & Hydration         2:00       Game - Ringtoss         3:00       Movie Matinee: Home Alone (Disney +)         4:30       Dinner	National Nascar Day       18         9:00 ♥ Morning Exercise & Hydration       10:00 ♥ Outdoor Stroll         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:00 ♥ Seated Zumba & Hydration         2:00 Arts & Crafts - Design Your Own Nascar         3:00 Movie Matinee: Cars (Disney +)         4:30 Dinner
National Devil's Food Cake Day         9:00 ♥ Morning Exercise & Hydration         10:00 ♥ Outdoor Stroll         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:30 Lunch         1:00 ♥ Seated Zumba & Hydration         2:00 ₱ TV Show: Nailed It! (Netflix)         3:00 Sing Along Serenading         4:00 Wash Up & Clean         4:30 Dinner	National Streaming Day       200         9:00       Morning Exercise & Hydration       200         10:00       Outdoor Stroll       10:25         10:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean         11:30       Lunch         10:00       Seated Tai Chi & Hydration         2:00       Game - Shuffleboard         3:00       Movie Matinee: The Mitchells vs. The Machines (Netflix)         4:00       Wash Up & Clean         4:30       Dinner	National Memo Day       21         9:00 ♥ Morning Exercise & Hydration       10:00         10:00 ♥ Outdoor Stroll       10:25         10:25 Current Events & What's on the Menu?       11:15         11:15 Wash Up & Clean       11:30         12:30 ➡ Holoholo Ride - Group 1       12:30         13:0 ♥ Seated Zumba & Hydration       2:00         2:00 Card Game - Crazy 8's!       3:00         3:00 Wash Up & Clean       4:30	National Solitaire Day       222         9:00 ♥ Morning Exercise & Hydration       221         10:00 ♥ Outdoor Stroll       Current Events & What's on the Menu?       211         10:30 ➡ Holoholo Ride - Group 2       11:15       Wash Up & Clean         11:30 ■ Lunch       1:00 ♥ Seated Tai Chi & Hydration       2:00         Arts & Crafts - Color Your Own Deck of Cards       3:00       Card Game - Solitaire         4:30       Dinner       100	National Taffy Day       23         9:00       Morning Exercise & Hydration       23         10:00       Outdoor Stroll       10:25         10:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean         11:30       Lunch         1:00       Seated Zumba & Hydration         2:00 ☆       Birthday Bash with Dean Hirata [A]         3:00       Sing Along Serenading         4:00       Wash Up & Clean         4:30       Dinner	National Scavenger Hunt Day       24         9:00 ♥ Morning Exercise &       Hydration         10:00 ♥ Outdoor Stroll       0:25         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:30 Lunch         1:00 ♥ Seated Tai Chi & Hydration         2:00 Game - Trashketball         3:00 Arts & Crafts - Design Your Own         Scavenger Hunt         4:00 Wash Up & Clean	National Towel Day       25         9:00 ♥ Morning Exercise & Hydration       25         10:00 ♥ Outdoor Stroll       0:25         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:30 Lunch         1:00 ♥ Seated Zumba & Hydration         2:00 Trivia - Jeopardy!         3:00 Arts & Crafts - Birthday Cards for June Residents         4:00 Wash Up & Clean         4:30 Dinner
National Paper Airplane Day       266         9:00 ♥ Morning Exercise & Hydration       10:00         10:00 ♥ Outdoor Stroll       10:25         10:25 Current Events & What's on the Menu?         11:15 Wash Up & Clean         11:30 Lunch         1:00 ♥ Seated Zumba & Hydration         2:00 Arts & Crafts - Paper Airplanes and Contest         3:00 Sing Along Serenading         4:00 Wash Up & Clean         4:30 Dinner	Memorial Day P:00       Morning Exercise & Hydration       27         10:00       Outdoor Stroll       0:00	National Hamburger Day       28         9:00 ♥ Morning Exercise & Hydration       28         10:00 ☆ Catholic Mass Service [T]       10:00         10:10 ♥ Outdoor Stroll       10:25         10:25 Current Events & What's on the Menu?       11:15         11:15 Wash Up & Clean       11:30         11:30 ⊨ Holoholo Ride - Group 1       12:30         12:30 ♥ Seated Zumba & Hydration       3:00         3:00 Sing Along Serenading       4:00         4:30       Dinner	National Senior Health and Fitness Day       299         9:00 ♥ Morning Exercise & Hydration       219         10:00 ♥ Outdoor Stroll       10:25         10:25 Current Events & What's on the Menu?       10:30 ➡ Holoholo Ride - Group 2         11:15 Wash Up & Clean       11:30         11:30 Seated Tai Chi & Hydration       2:00         2:00 ♥ TV Show: The Resident (Disney +)       4:00         4:30       Dinner	National Creativity Day 9:00 ♥ Morning Exercise & Hydration       30         10:00 ♥ Outdoor Stroll       0:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean       11:30       Lunch         1:00 ♥ Seated Zumba & Hydration       7:00       Trivia - Lessons in Creativity         3:00       Sing Along Serenading       4:00       Wash Up & Clean         4:30       Dinner       10:00       10:00	National Smile Day       31         9:00       Morning Exercise & Hydration       31         10:00       Outdoor Stroll       0:25         10:25       Current Events & What's on the Menu?         11:15       Wash Up & Clean         11:30       Lunch         1:00       Seated Tai Chi & Hydration         2:00       Card Game - Old Maid         3:00       Movie Matinee: Inside Out (Disney +)         4:00       Wash Up & Clean         4:30       Dinner	"We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery." — H.G. Wells