

# Halia Activity Calendar September 2025 - The Plaza at Moanalua



## SUNDAY

## MONDAY

## **TUESDAY**

#### WEDNESDAY **THURSDAY**

#### FRIDAY SATURDAY

## THIS MONTH

On Sunday, September 28th at 1:30pm, we invite all families to The Plaza at Moanalua's Alzheimer's Association BINGO Fundraiser!

#### Things look forward to:

- Special BINGO Game
- Halia Shirt + Donation Collection
- Special Family Craft
- Guest Speaker from Alzheimer's Association

## Labor Day

- 8:00 Hawaii News Now
- 9:00 Morning Greeting
- 9:15 Current Events
- 9:30 Morning Exercise
- 9:55 Happy Hydration
- 10:00 Cram Jam Activities!

### 10:45 Daily Catholic Mass [T]

- 11:00 Walking Club
- 12:30 Afternoon Stretching
- 12:45 Cut & Paste Craft
- 2:00 Happy Hydration
- 2:15 Halia BINGO Hour
- 3:00 Walking Club
- 3:15 Time Travel Talk
- 3:30 Busy Brain Activities
- 5:00 Independent Activities
- 5:30 Evening Cinema

## **Telephone Tuesday**

- 8:00 Hawaii News Now
- 9:00 Morning Greeting
- 9:15 Current Events
- 9:30 Morning Exercise
- 9:55 Happy Hydration
- Cram Jam Activities!

### Daily Catholic Mass [T]

- Walking Club
- 12:30 ZUMBA!
- Happy Hydration
- 1:05 Van Ride Line Up
- 2:30 Time Travel Talk
- Walking Club
- 3:30 Busy Brain Activities
- Independent Activities
- 5:30 Evening Cinema

## Skyscraper Day

- 8:00 Hawaii News Now
- 9:00 Morning Greeting
- 9:30 Morning Exercise
- 9:55 Happy Hydration

### Daily Catholic Mass [T]

- Walking Club
- 12:30 Afternoon Stretching
- 12:45 Build a Skyscraper Craft
- 2:00 Happy Hydration
- 2:15 Halia BINGO Hour
- 3:00 Walking Club
- Busy Brain Activities

TV Dinner Day

Cram Jam Activities!

10:45 Daily Catholic Mass [T]

Walking Club

12:45 Sunday Glam Hour!

2:00 Happy Hydration

2:15 Read & Refresh

3:15 Time Travel Talk

5:30 Evening Cinema

3:30 Busy Brain Activities

Independent Activities

3:00 Walking Club

12:30 Afternoon Stretching

10:00 SPECIAL: Brandon Onishi [A]

5:30 Evening Cinema

8:00 Hawaii News Now

9:00 Morning Greeting

9:30 Morning Exercise

9:55 Happy Hydration

Current Events

## Wildlife Day

- 8:00 Hawaii News Now
- 9:00 Morning Greeting
- 9:15 Current Events
- 9:30 Morning Exercise
- 9:55 Happy Hydration
- 10:00 Cram Jam Activities!

## 10:45 Daily Catholic Mass [T]

- 11:00 Walking Club
- 12:30 ZUMBA!
- 1:00 Happy Hydration
- 1:05 Van Ride Line Up

#### 1:30 HOLOHOLO RIDE

- 2:30 Time Travel Talk
- 3:00 Walking Club
- 3:30 Busy Brain Activities
- 5:00 Independent Activities
- 5:30 Evening Cinema

## 9:15 Current Events 9:30 Morning Exercise 9:55 Happy Hydration

Cheese Pizza Day

10:00 Cram Jam Activities!

8:00 Hawaii News Now

9:00 Morning Greeting

- 10:45 Daily Catholic Mass [T]
- 11:00 Walking Club
- 12:30 Afternoon Stretching
- 12:45 Guided Painting/Coloring
- 2:00 Happy Hydration
- 2:15 Halia BINGO Hour
- 3:00 Walking Club
- 3:15 Time Travel Talk
- 3:30 Busy Brain Activities
- 5:00 Independent Activities
- 5:30 Evening Cinema

- Read a Book Day
- 8:00 Hawaii News Now 9:00 Morning Greeting
- 9:15 Current Events
- 9:30 Morning Exercise
- 9:55 Happy Hydration 10:00 Cram Jam Activities!
- 10:45 Daily Catholic Mass [T]
- 11:00 Walking Club
- 12:30 Afternoon Stretching
- 12:45 Table & Group Sports!
- 2:00 Happy Hydration
- 2:15 Read & Refresh
- 3:00 Walking Club
- 3:15 Time Travel Talk
- 3:30 Busy Brain Activities
- 5:00 Independent Activities 5:30 Evening Cinema

# Salami Day

- 8:00 Hawaii News Now
- 9:00 Morning Greeting
- 9:15 Current Events
- 9:30 Morning Exercise
- 9:55 Happy Hydration 10:00 Cram Jam Activities!

## 10:45 Daily Catholic Mass [T]

- 11:00 Walking Club
- 12:30 Afternoon Stretching
- 12:45 Sunday Glam Hour! 2:00 Happy Hydration
- 2:15 Read & Refresh
- 3:00 Walking Club
- 3:15 Time Travel Talk
- 3:30 Busy Brain Activities 5:00 Independent Activities
- 5:30 Evening Cinema

## **Literacy Day**

- 8:00 Hawaii News Now
- 9:00 Morning Greeting
- 9:15 Current Events
- 9:30 Morning Exercise 9:55 Happy Hydration

#### 10:00 Communion [T]

10:00 Cram Jam Activities!

- 10:45 Daily Catholic Mass [T]
- 11:00 Walking Club
- 12:30 Afternoon Stretching 12:45 Sunday Glam Hour!
- 2:00 Happy Hydration
- 2:15 Read & Refresh
- 3:00 Walking Club 3:15 Time Travel Talk
- 3:30 Busy Brain Activities
- 5:00 Independent Activities

5:30 Evening Cinema

- **Teddy Bear Day** 
  - 9:00 Morning Greeting

8:00 Hawaii News Now

- 9:15 Current Events
- 9:30 Morning Exercise
- 9:55 Happy Hydration 10:00 Cram Jam Activities!

### 10:45 Daily Catholic Mass [T]

- 11:00 Walking Club
- 12:30 ZUMBA!
- 1:00 Happy Hydration
- 1:05 Van Ride Line Up 2:30 Time Travel Talk
- 3:00 Walking Club
- 3:30 Busy Brain Activities 5:00 Independent Activities
- 5:30 Evening Cinema

- 9:15 Current Events
- 10:00 Cram Jam Activities!

- 3:15 Time Travel Talk
- 5:00 Independent Activities

10

- 9:00 Morning Greeting
- 9:30 Morning Exercise

## 10:45 Daily Catholic Mass [T]

- 11:00 Walking Club
- 12:30 ZUMBA! 1:00 Happy Hydration
- 1:30 HOLOHOLO RIDE
- 3:00 Walking Club
- 3:30 Busy Brain Activities 5:00 Independent Activities
- 5:30 Evening Cinema

#### 11 Service & Remembrance Day

- 8:00 Hawaii News Now
- 9:15 Current Events
- 9:55 Happy Hydration

## 10:00 Cram Jam Activities!

- 1:05 Van Ride Line Up
- 2:30 Time Travel Talk

# Video Games Day

- 8:00 Hawaii News Now
- 9:00 Morning Greeting 9:15 Current Events
- 9:30 Morning Exercise 9:55 Happy Hydration

### Cram Jam Activities! 10:45 Daily Catholic Mass [T]

Afternoon Stretching

- Walking Club
- 12:45 Guided Painting/Coloring Happy Hydration
- 2:15 Halia BINGO Hour
- 3:00 Walking Club 3:15 Time Travel Talk
- 3:30 Busy Brain Activities 5:00 Independent Activities

5:30 Evening Cinema

## **Peanut Day**

8:00 Hawaii News Now

- 9:00 Morning Greeting 9:15 Current Events
- 9:30 Morning Exercise 9:55 Happy Hydration

### 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T]

12:30 Afternoon Stretching 12:45 Table & Group Sports!

11:00 Walking Club

- 2:00 Happy Hydration 2:15 Read & Refresh
- 3:00 Walking Club 3:15 Time Travel Talk
- 3:30 Busy Brain Activities 5:00 Independent Activities
- 5:30 Evening Cinema

13

CHURCH DROP OFFS

ZUMBA with Annette - 2nd

ZUMBA with Annette - 3rd

Daily Catholic Mass [T]

Hawaii News Now

Current Events

Happy Hydration

Walking Club

Cram Jam Activities!

Afternoon Stretching

Sunday Glam Hour!

Happy Hydration

Read & Refresh

Time Travel Talk

**Evening Cinema** 

Busy Brain Activities

Independent Activities

Walking Club

8:00

9:15

9:30

9:55

10:00

2:00

2:15

3:00

14

21

MONDAY

International Dot Day

Hawaii News Now 9:00 Morning Greeting 9:15 Current Events

9:30 Morning Exercise 9:55 Happy Hydration 10:00 Cram Jam Activities!

10:45 Daily Catholic Mass [T]

Walking Club 11:00

Afternoon Stretching 12:45 Cut & Paste Craft

2:00 Happy Hydration 2:15 Halia BINGO Hour!

3:00 Walking Club 3:15 Time Travel Talk

3:30 Busy Brain Activities Independent Activities 5:00

5:30 Evening Cinema Voter Registration 16 Day

**TUESDAY** 

Hawaii News Now Morning Greeting Current Events 9:30 Morning Exercise

Happy Hydration 9:55 Cram Jam Activities! 10:00

10:45 Daily Catholic Mass [T] 11:00 Walking Club

12:30 ZUMBA! 1:00 Happy Hydration Van Ride Line Up

HOLOHOLO RIDE 1:30 2:30 Walking Club Time Travel Talk 3:00

3:30 Busy Brain Activities Independent Activities 5:00

5:30 **Evening Cinema** 

WEDNESDAY

Citizenship Day Hawaii News Now

Morning Greeting Current Events Morning Exercise

Happy Hydration Cram Jam Activities!

10:45 Daily Catholic Mass [T] 11:00 Walking Club

Afternoon Stretching

Build a House Craft 2:00 Happy Hydration

Halia BINGO Hour! 2:15 3:00 Walking Club

3:15 Time Travel Talk 3:30 Busy Brain Activities

5:00 Independent Activities

**Punctuation Day** 

Evening Cinema

18

**THURSDAY** 

Cheeseburger Day Hawaii News Now

Morning Greeting Current Events Morning Exercise

9:55 Happy Hydration Cram Jam Activities!

Daily Catholic Mass [T]

11:00 Walking Club 12:30 ZUMBA!

Happy Hydration

Van Ride Line Up HOLOHOLO RIDE

Walking Club 2:30 Time Travel Talk 3:00

Busy Brain Activities Independent Activities

Evening Cinema

Talk like a Pirate Day

Hawaii News Now

FRIDAY

9:00 Morning Greeting 9:15 Current Events 9:30 Morning Exercise

9:55 Happy Hydration 10:00 Cram Jam Activities!

10:45 Daily Catholic Mass [T]

11:00 Walking Club

12:30 Afternoon Stretching 12:45 Guided Painting/Coloring

2:00 Happy Hydration 2:15 Halia BINGO Hour!

3:00 Walking Club Time Travel Talk

3:30 Busy Brain Activities Independent Activities 5:00

5:30 Evening Cinema

19

String Cheese Day

Hawaii News Now

SATURDAY

20

27

Morning Greeting Current Events

Morning Exercise Happy Hydration

Cram Jam Activities! 10:45 Daily Catholic Mass [T]

Walking Club

12:30 Afternoon Stretching

Table & Group Sports! **BIRTHDAY BASH!** 

Read & Refresh 2:15 Walking Club 3:00

3:15 Time Travel Talk

3:30 Busy Brain Activities Independent Activities 5:00

5:30 **Evening Cinema** 

Chai Day

CHURCH DROP OFFS 7:00

Hawaii News Now Morning Greeting 9:15 Current Events

9:30 Morning Exercise Happy Hydration

10:45 Daily Catholic Mass [T]

Walking Club 11:00 Afternoon Stretching Sunday Glam Hour!

2:00 Happy Hydration 2:15 Read & Refresh

3:00 Walking Club 3:15 Time Travel Talk

3:30 Busy Brain Activities Independent Activities

Evening Cinema

22 Elephant Appreciation Day

Hawaii News Now Morning Greeting Current Events

9:30 Morning Exercise 9:55 Happy Hydration 10:00 Cram Jam Activities!

Communion/Catholic Mass [T] 10:00

10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Stretching

12:45 Cut & Paste Craft 2:00 Happy Hydration

Halia BINGO Hour! 2:15 3:00 Walking Club 3:15 Time Travel Talk

3:30 Busy Brain Activities 5:00 Independent Activities

5:30 Evening Cinema **Snack Stick Day** 

8:00 Hawaii News Now 9:00 Morning Greeting 9:15 Current Events

9:30 Morning Exercise 9:55 Happy Hydration 10:00 Cram Jam Activities!

10:00 HANK THE SINGING DUTCHMAN

10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 ZUMBA

1:00 Happy Hydration 1:05 Van Ride Line Up

1:30 HOLOHOLO RIDE 2:30 Walking Club 3:00 Time Travel Talk

3:30 Busy Brain Activities 5:00 Independent Activities

5:30 Evening Cinema

Hawaii News Now Morning Greeting

Current Events Morning Exercise Happy Hydration

Cram Jam Activities! Daily Catholic Mass [T]

Walking Club 12:30 Afternoon Stretching

12:45 Build Something!

SPECIAL: L. MOTOGAWA Halia BINGO Hour!

3:00 Walking Club Time Travel Talk Busy Brain Activities

Independent Activities 5:30 Evening Cinema

Comic Book Day

Hawaii News Now Morning Greeting

Current Events Morning Exercise

Happy Hydration Cram Jam Activities!

10:45 Daily Catholic Mass [T] Walking Club

12:30 ZUMBA!

1:00 Happy Hydration 1:05 Van Ride Line Up

1:30 **HOLOHOLO RIDE** 2:30 Walking Club Time Travel Talk

Busy Brain Activities 5:00 Independent Activities

Evening Cinema

26 **Pancake Day** 

8:00 Hawaii News Now

9:00 9:15 Current Events 9:30

9:55 Happy Hydration 10:00

10:45 Daily Catholic Mass [T]

11:00 Walking Club 12:30 Afternoon Stretching

12:45 Guided Painting/Coloring 2:00 Happy Hydration

Halia BINGO Hour! 2:15 3:00 Walking Club

Time Travel Talk Busy Brain Activities

Independent Activities 5:00 5:30 **Evening Cinema** 

**Tourism Day** 

Hawaii News Now Morning Greeting

9:30 Morning Exercise

Cram Jam Activities!

Walking Club

Table & Group Sports!

2:00 Happy Hydration Read & Refresh

3:00 Walking Club

Busy Brain Activities Independent Activities

**Good Neighbor Day** 

CHURCH DROP OFFS 8:00 Hawaii News Now Morning Greeting

9:15 Current Events 9:30 Morning Exercise 9:55 Happy Hydration

9:00

10:00

Daily Catholic Mass [T] Walking Club 11:00 Afternoon Stretching

Cram Jam Activities!

Sunday Glam Hour! 12:45 1:30 **FAMILY ALZ BINGO EVENT** 3:00 Walking Club

3:15 Time Travel Talk 3:30 Busy Brain Activities

Independent Activities 5:00 Evening Cinema

Coffee Day

Hawaii News Now

9:30 Morning Exercise 9:55 Happy Hydration

10:45 Daily Catholic Mass [T] 11:00

12:30 Afternoon Stretching 12:45

2:00 2:15 Halia BINGO Hour!

3:15 Time Travel Talk 3:30 Busy Brain Activities

29

Chewing Gum Day

Happy Hydration

Walkina Club 11:00

Happy Hydration Van Ride Line Up

**HOLOHOLO RIDE** 1:30 2:30 Walking Club

**Busy Brain Activities Evening Cinema** 

30

Hawaii News Now Morning Greeting

Morning Exercise

Daily Catholic Mass [T]

Independent Activities (1)

SPECIAL EVENTS

Communion @10:00a

24

9/14 ZUMBA with Annette @9:00a & 9:30a

9/20 Birthday Bash with Dean Hirata @ 2:00p

9/21 Family Alzheimer's Association BINGO Event @1:30p

Musician - Lance Motogawa @ 2:00p

Hank the Singing Dutchman @10:00a

Morning Greeting

9:00 Current Events 9:15 Morning Exercise

9:55 Happy Hydration Cram Jam Activities! 10:00

> 10:45 Daily Catholic Mass [T]

Afternoon Stretching 12:30 12:45

2:15

Time Travel Talk 3:30

5:30 Evening Cinema

Notes

Cram Jam Activities - Educational Trivia, Word Puzzles, Simple Scrabble, and more!

Guided Painting/Coloring - Activity staff lead residents through relaxing "Color by Numbers" and other art styles.

Happy Hydration - This time is built into the activity schedule to help promote hydration.

28

9:00 Morning Greeting 9:15 Current Events

10:00 Cram Jam Activities!

Walking Club

Cut & Paste Craft Happy Hydration

3:00 Walking Club

5:30

5:00 Independent Activities

Evening Cinema

Current Events

Cram Jam Activities!

ZUMBA!

3:00 Time Travel Talk

Musician – Brandon Onishi @10:00a

Communion/Catholic Mass @ 10:00a