July 2025 The Plaza at Moanalua - Halia Calendar

Sunday	nalua - Halia Calendaı Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA — at Moanaiva	→ Art Enter tainment Excursions Games Group Activity Memory Game Mindfulness Physical Plaza Life Special Events	National CreativelceCreamFlavorsDay 9:00	National Anisette Day 9:00 Good MorningGreeting! 9:10 Current Eventsat ThePlaza Moanalua 9:30 Morning Exercise 9:50 PERFORMANCE - Christian Academy Keiki 11:00 PERFORMANCE - Christian Academy Keiki 11:30 Club LUNCH 12:30 Afternoon Exercise 1:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Walking Club		Happy IndependenceDay!!! 9:00 Good MorningGreeting! 9:10 Current EventsatThePlazaMoanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club LUNCH 11:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises Walking Club 3:45 Busy Brain Activities & Afternoon Movies 1:00 Independent Activities Evening Cinema	NationalHawaiiDay 9:00
National Hand Roll Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:30 LUNCH 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:40 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities Evening Cinema	NationalMacaroni Day 9:00 Good Morning Greeting! 9:10 Current Events atThe Plaza Moanalua 9:30 Happy Hydration 10:00 Happy Hydration 10:00 Walking Club 11:30 Cram Jam Activities! 11:00 Walking Club 11:30 Creative Creations 1:00 Creative Creations 1:00 Read & Refresh 1:30 Afternoon Stretch & Breathing Exercises 1:15 Walking Club 1:45 Walking Club 1:46 Walking Club 1:47 Walking Club 1:48 Walking Club 1:49 Walking Club 1:40 W	National Freezer Pop Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club 11:30 Creative Creations 12:30 Creative Creations 10:00 Creat	9:10 National Sugar Cookie Day 9:30 Good Morning Greeting! 10:00 Morning Serecise 11:00 Happy Hydration 12:30 Malking Club 1:00 Happy Hydration 12:30 Afternoon Exercise 2:30 Afternoon Exercise 3:00 Read & Refresh 3:45 Time Travel Talk 5:00 Walking Club 6:00 Walking Club Exercise Creative Creative Serecise 5:00 Walking Club 6:00 Walking Club	National Pina Colada Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club 11:30 LUNCH 12:30 Afternoon Exercise 12:30 Holoholo Ride - 2nd & 3rd Floor Creative Creations 2:00 Ceative Creations 2:00 Read & Refresh 2:00 Katernoon Exercise 2:00 Walking Club 3:15 Walking Club	National All American Pet Photo Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club 11:30 Creative Creations 12:30 Afternoon Exercise 1:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	National Paper Bag Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club LUNCH 12:30 Afternoon Exercise 1:00 Creative Creations 8 Read & Refresh 1:00 Read & Refresh 2:00 Walking Club 2:00 Walking Club 3:15 Walking Club 3:16 Walking Club 3:17 Walking Club 3:18 Walking Club 4: Walking Club 5:00 Walking Club 6:00 Walking Club 7:00 Walking Club
National Barbershop Music Appreciation Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:30 LUNCH 12:30 Afternoon Exercise 1:00 Feative Creative Creative Creative Creative Creative Size 3:15 Walking Club 3:16 Walking Club 3:17 Walking Club 3:18 Walking Club 3:18 Walking Club 3:19 W	National French Fry Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Walking Club 11:30 LUNCH 12:30 Afternoon Exercise 1:00 Freative Creations 2:00 Read & Refresh 2:30 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	National Give Something Away Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Happy Hydration 10:00 Cram Jam Activities! 10:00 Walking Club 11:30 Creative Creations 12:30 Creative Creations 10:00 Creative Creative Serenting Exercises 10:00 Creative Creations 10:00 Creative C	National Ice Cream Day 9:00 Good Morning Greeting! 9:10 Warring Evertis at The Plaza Moanalua 9:30 Morning Exercise 9:50 Warring Evercise 9:50 Marring Evercise 11:00 Walking Club 11:30 LUNCH 12:30 Afternoon Exercise 1:00 Creative Creations 1:00 Afternoon Exercise 1:00 Walking Club 1:00	9:00 National Tattoo Day 9:10 Good Morning Greeting! 9:30 Current Events at The Plaza Moanalua 9:50 Happy Hydration 11:00 Cram Jam Activities! 11:30 Walking Club 12:30 Afternoon Exercise 1:00 Holhoolo Ride - 2nd & 3rd Floor 1:00 Moanalua Sports Day! 2:30 Moanalua Sports Day! 2:30 Read & Refresh 2:30 Free Activities & Afternoon Stretch & Breathing Exercises Walking Club 3:45 Walking Club 3:45 Walking Club 5:00 National Sports Day! 4:50 National Sports Day! 4:50 National Sports Day! 5:50 National Sports Day! 5:50 National Sports Day! 8:50 National Sports Day 8:50 National Spor	National Sour Candy Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:30 Walking Club LUNCH 12:30 Afternoon Exercise Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	National Daiquiri Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:30 Walking Club LUNCH 4. Afternoon Exercise Creative Creations 2:30 Read & Refresh 11:10 Read & Refresh 2:30 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 1:00 Feed of the Property of the
National Get to Know Your Customers Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club LUNCH 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	National Be Someone Day 9:00 Good Morning Greeting! 9:10 Omega Morning Exercise 9:50 Omega Morning Exercise 11:00 Omega Morning Exercise 11:00 Omega Morning Exercise 12:30 Omega Morning Exercise 1:00 Omega Morning Exercise 1:00 Omega Morning Exercises 1:00 Omega Morning	9:30 9:50 National Mango Day 9:50 10:00 Good Morning Greeting! 11:00 Current Events at The Plaza Moanalua 11:30 Happy Hydration 1:00 Cram Jam Activities! 2:00 Walking Club 2:30 LUNCH 3:00 Afternoon Exercise 3:15 Creative Creations 8:45 Read & Refresh 5:00 Afternoon Stretch & Breathing Exercises Walking Club Busy Brain Activities & Afternoon Movies Independent Activities Evening Cinema	National Gorgeous Grandma Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Happy Hydration 10:00 Cram Jam Activities! 11:00 UNINCH 11:30 Creative Creations 1:00 Creative Creations 2:00 Read & Refresh 1:30 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 2:30 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	National Amelia Earhart Day Good Morning Greeting! 9:10 Good Morning Greeting! 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club 11:30 LUNCH 12:30 Afternoon Exercise Holoholo Ride - 2nd & 3rd Floor 1:00 Creative Creations 2:00 Come Get Your Nails Done! 2:00 Afternoon Stretch & Breathing Exercises Walking Club 3:15 Afternoon Stretch & Breathing Exercises Walking Club 3:45 Busy Brain Activities & Afternoon Movies Independent Activities	National Wine & Cheese Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 LUNCH 12:30 Afternoon Exercise 1:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 1:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	National Bagelfest Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club 11:30 LUNCH 12:30 BIRTHDAY BASH with Dean Hirata! 2:00 BIRTHDAY BASH with Dean Hirata! 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Evening Cinema
National Korean War Veterans Armistice Day 9:00	National Milk Chocolate Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Happy Hydration 10:00 Cram Jam Activities! 11:00 Walking Club 11:30 LUNCH 12:30 Afternoon Exercise 1:00 Read & Refresh 1:00 Read & Refresh 1:00 Walking Club 1:30 Afternoon Stretch & Breathing Exercises Walking Club 3:45 Walking Club 3:45 Walking Club 3:45 Evening Cinema	National Lipstick Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Happy Hydration 10:00 Walking Club 11:30 LUNCH 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Malking Club 3:45 Malking Club 3:45 Malking Club 3:45 Malking Club 3:46 Malking Club 3:47 Malking Club 3:48 Malking Club 3:48 Malking Club 3:49 Malking Club 3:49 Malking Club 3:40 Malking Club 3:40 Malking Club 3:40 Malking Club 3:40 Malking Club 3:41 Malking Club 3:42 Malking Club 3:45 Malking Club 4 Malking Club 4 Malking Club 5:00 Malking Club 6:00 Malking Club 6:00 Malking Club 6:00 Malking Club	National Cheesecake Day 9:00 Good Morning Greeting! 9:10 Current Events at The Plaza Moanalua 9:30 Morning Exercise 9:50 Welking Club 11:00 ULINCH 12:30 Creative Creations 1:00 Read & Refresh 1:00 Material Club 12:30 Time Travel Talk 1:30 Walking Club 1:31 Walking Club 1:34 Melking Club 1:34 Melking Club 1:35 Melking Club 1:45 Melking Club 1:45 Melking Club 1:45 Melking Club 1:46 Melking Club 1:47 Melking Club 1:48 Melking Cl	National Mutt Day 9:00 Good Morning Greeting! 9:10 Horning Exercise 9:30 Happy Hydration 9:50 Cram Jam Activities! 10:00 Walking Club 11:30 Afternoon Exercise 12:30 Moanalus Sports Day! 2:00 Moanalus Sports Day! 2:00 Read & Refresh 2:00 Walking Club 11:30 Holoholo Ride - 2nd & 3rd Floor 12:30 Foreity Creations 1:00 Moanalus Sports Day! 2:00 Read & Refresh 2:00 Walking Club 3:15 Walking Club	1	,