

July 2025

Independent and Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>National Creative Ice Cream Flavors Day 1</p> <p>7:30 MEDICAL RUNS - Central</p> <p>9:00 Seated Strength A</p> <p>10:00 Seated Strength A</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Baking Bunch with Shayna</p> <p>1:30 Unescorted Errand Ride - Longs or Safeway</p> <p>2:00 Brick, Flicks & Bites</p> <p>2:30 Bible Study with Jaz & Tony!</p>	<p>--Van Departures-- Please meet in the lobby 15 minutes prior to all van departures</p> <p>National Anisette Day 2</p> <p>9:00 Resistance Training B</p> <p>10:00 PERFORMANCE - Christian Academy Keiki</p> <p>11:00 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Educational Video - Independence Day!</p> <p>1:30 Color Splash with Kelsie</p> <p>3:00 NICKEL BINGO</p>	<p>National Compliment Day 3</p> <p>7:30 MEDICAL RUN - East Side</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 PERFORMANCE - Legacy Music</p> <p>11:00 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>2:00 Gorgeous Grams Hour!</p> <p>2:30 Unescorted Errand Ride - Don Quijote</p> <p>3:00 Throwback Thursday Television</p>	<p>Happy Independence Day!!! 4</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Mahjong & Scrabble hour!</p> <p>3:00 NICKEL BINGO</p>	<p>National Hawaii Day 5</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Hanafuda Hour</p> <p>2:00 Saturday's Showing! (Lilo & Stitch 2: Stitch Has a Glitch)</p>		
<p>National Hand Roll Day 6</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Tiles, Blossoms and more!</p> <p>2:30 Pick-a-Flick Sunday</p> <p> Sketchbook Society with Lester</p>	<p>National Macaroni Day 7</p> <p>7:30 MEDICAL RUNS - West Bound</p> <p>9:00 Resistance Training A</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 LUCKY TILE MONDAYS</p> <p>1:45 Independent Activities + Plaza Packets</p> <p>3:00 NICKEL BINGO</p>	<p>National Freezer Pop Day 8</p> <p>7:30 MEDICAL RUNS - Central</p> <p>9:00 Seated Strength A</p> <p>10:00 Seated Strength A</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 RESIDENT COUNCIL</p> <p>2:30 Baking Bunch with Shayna</p> <p>2:30 Bible Study with Jaz & Tony!</p> <p>2:30 Brick, Flicks & Bites</p>	<p>National Sugar Cookie Day 9</p> <p>9:00 Resistance Training B</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Educational Video</p> <p>1:00 Trivia Crack!</p> <p>1:30 Color Splash with Kelsie</p> <p>3:00 NICKEL BINGO</p>	<p>National Pina Colada Day 10</p> <p>7:30 MEDICAL RUN - East Side</p> <p>9:00 Seated Strength B</p> <p>10:00 Seated Strength B</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>2:00 Moanalua Sports Day!</p> <p>3:00 Throwback Thursday Television</p>	<p>National All American Pet Photo Day 11</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Mahjong & Scrabble hour!</p> <p>3:00 NICKEL BINGO</p>	<p>National Paper Bag Day 12</p> <p>9:00 ZUMBA with Annette!</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Hanafuda Hour</p> <p>2:00 Saturday's Showing!</p>
<p>National Barbershop Music Appreciation Day 13</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Tiles, Blossoms and more!</p> <p>2:30 Pick-a-Flick Sunday</p> <p> Sketchbook Society with Lester</p>	<p>National French Fry Day 14</p> <p>7:30 MEDICAL RUNS - West Bound</p> <p>9:00 Resistance Training A</p> <p>10:00 COMMUNION</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 LUCKY TILE MONDAYS</p> <p>1:45 Independent Activities + Plaza Packets</p> <p>3:00 NICKEL BINGO</p>	<p>National Give Something Away Day 15</p> <p>7:30 MEDICAL RUNS - Central</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 PERFORMANCE - Hank the Singing Dutchman!</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Baking Bunch with Shayna</p> <p>1:30 Unescorted Errand Ride - Longs or Safeway</p> <p>2:00 Brick, Flicks & Bites</p> <p>2:30 Bible Study with Jaz & Tony!</p>	<p>National Ice Cream Day 16</p> <p>9:00 Resistance Training B</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Color Splash with Kelsie</p> <p>3:00 NICKEL BINGO</p>	<p>National Tattoo Day 17</p> <p>7:30 MEDICAL RUN - East Side</p> <p>9:00 Seated Strength B</p> <p>10:00 Seated Strength B</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>2:00 Gorgeous Grams Hour!</p> <p>2:30 Unescorted Errand Ride - Marukai</p> <p>3:00 Throwback Thursday Television</p>	<p>National Sour Candy Day 18</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Mahjong & Scrabble hour!</p> <p>3:00 NICKEL BINGO</p>	<p>National Daiquiri Day 19</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Hanafuda Hour</p> <p>2:00 Saturday's Showing!</p>
<p>National Get to Know Your Customers Day 20</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Tiles, Blossoms and more!</p> <p>2:30 Pick-a-Flick Sunday</p> <p> Sketchbook Society with Lester</p>	<p>National Be Someone Day 21</p> <p>7:30 MEDICAL RUNS - West Bound</p> <p>9:00 Resistance Training A</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 LUCKY TILE MONDAYS</p> <p>1:45 Independent Activities + Plaza Packets</p> <p>3:00 NICKEL BINGO</p>	<p>National Mango Day 22</p> <p>7:30 MEDICAL RUNS - Central</p> <p>9:00 Seated Strength A</p> <p>10:00 Seated Strength A</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Baking Bunch with Shayna</p> <p>1:30 Unescorted Errand Ride - Longs or Safeway</p> <p>2:00 Brick, Flicks & Bites</p> <p>2:30 Bible Study with Jaz & Tony!</p>	<p>National Gorgeous Grandma Day 23</p> <p>9:00 Resistance Training B</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Color Splash with Kelsie</p> <p>1:30 Educational Guest Speaker - U.S Navy Submarines</p> <p>3:00 NICKEL BINGO</p>	<p>National Amelia Earhart Day 24</p> <p>7:30 MEDICAL RUN - East Side</p> <p>9:00 Seated Strength B</p> <p>10:00 Seated Strength B</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>2:00 Moanalua Sports Day!</p> <p>2:30 Unescorted Errand Ride - Daiso</p> <p>3:00 Throwback Thursday Television</p>	<p>National Wine & Cheese Day 25</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Mahjong & Scrabble hour!</p> <p>3:00 NICKEL BINGO</p>	<p>National Bagelfest Day 26</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Hanafuda Hour</p> <p>2:00 BIRTHDAY BASH with Dean Hirata!</p> <p>2:00 Pick-a-Flick Saturday</p>
<p>National Korean War Veterans Armistice Day 27</p> <p>9:00 Seated Strength Circuit</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Tiles, Blossoms and more!</p> <p>2:30 Pick-a-Flick Sunday</p> <p> Sketchbook Society with Lester</p>	<p>National Milk Chocolate Day 28</p> <p>7:30 MEDICAL RUNS - West Bound</p> <p>9:00 Resistance Training A</p> <p>10:00 CATHOLIC MASS</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 LUCKY TILE MONDAYS</p> <p>1:45 Independent Activities + Plaza Packets</p> <p>3:00 NICKEL BINGO</p>	<p>National Lipstick Day 29</p> <p>7:30 MEDICAL RUNS - Central</p> <p>9:00 Seated Strength A</p> <p>10:00 Seated Strength A</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Baking Bunch with Shayna</p> <p>1:30 Unescorted Errand Ride - Longs or Safeway</p> <p>2:00 Brick, Flicks & Bites</p> <p>2:30 Bible Study with Jaz & Tony!</p>	<p>National Cheesecake Day 30</p> <p>9:00 Resistance Training B</p> <p>10:00 Seated Strength Circuit</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>1:30 Color Splash with Kelsie</p> <p>1:30 Educational Video - Cats</p> <p>3:00 NICKEL BINGO</p>	<p>National Mutt Day 31</p> <p>7:30 MEDICAL RUN - East Side</p> <p>9:00 Seated Strength B</p> <p>10:00 Seated Strength B</p> <p>10:45 Daily Livestream Catholic Mass</p> <p>11:00 Plaza Puzzles, Creative Coloring & Resident Projects</p> <p>11:00 Walking Club</p> <p>1:00 Trivia Crack!</p> <p>2:00 Moanalua Sports Day!</p> <p>2:30 Unescorted Errand Ride - Don Quijote</p> <p>3:00 Throwback Thursday Television</p>	<p>[A] Activity Room</p> <p>[T] TheaterRoom</p> <p>[B] Bistro</p> <p>[S] Sunroom</p> <ul style="list-style-type: none"> Art Cooking & Baking Entertainment Excursions Games Group Activity Learning Hour Medical Physical Plaza Life Religious Special Events 	