


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>All activities are subject to change.</b></p>	<p><b>Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</b></p>	<p><b>All Activities Will Be Located In The Main Activity Room Unless Otherwise Noted.</b></p>	<p><b>National Chicken Boy's Day 1</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Blackjack</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Hanafuda</li> <li>2:00 🎨 Craft - Handprint Chicken Craft</li> <li>2:00 🚗 Unescorted Errand Ride - Macy's</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National College Colors Dress-Up Day 2</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Left Right Center</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎮 Game - Jeopardy</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Craft - Q-tip Painting</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Tailgating Day 3</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - UNO</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎨 Craft - Origami</li> <li>2:00 🎬 Movie Matinee</li> <li>3:00 ♣ BINGO</li> <li>5:15 🏈 Football: Hawaii vs Western Kentucky</li> </ul>
<p><b>National Wildlife Day 4</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>9:30 🚗 Unescorted Errand Ride - Long's or Safeway</li> <li>10:15 ♣ Game - Roulette</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Wii Bowling</li> <li>2:00 🎨 Craft - Under the Sea</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Labor Day 5</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:00 🎬 Performance - Bill Mele Mai</li> <li>10:15 ♣ Game - Ring Toss</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎨 Beautiful You Nail Painting</li> <li>1:30 🚗 30-Min Scenic Ride - Old Pali Road</li> <li>2:00 ♣ Sing Along Serenading</li> <li>3:00 ♣ Plaza Word Puzzle Packs</li> </ul>	<p><b>National Coffee Ice Cream Day 6</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Jenga</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - UNO</li> <li>2:00 🎨 Craft - Yarn Ice Cream Cone</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Beer Lover's Day 7</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:00 🚗 1-Hr Scenic Bus Ride - Kailua</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Bocce Ball</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎬 Plaza Flu Shot Clinic</li> <li>1:40 🚗 Escorted Errand Ride - Honolulu Kitchen</li> <li>3:00 ♣ BINGO</li> <li>6:30 📖 Resident Bible Study</li> </ul>	<p><b>National School Picture Day 8</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Left Right Center</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Corn Hole Toss</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Craft - Crochet</li> <li>2:00 🚗 Unescorted Errand Ride - Marukai</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Teddy Bear Day 9</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - UNO</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Blackjack</li> <li>2:00 🎨 Craft - Teddy Bear Paper Craft</li> <li>3:00 🧩 Plaza Word Puzzle Packs</li> </ul>	<p><b>National Swap Ideas Day 10</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - 5 Card Draw</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎨 Anyone can draw!</li> <li>1:50 🎬 Movie Matinee</li> <li>3:00 ♣ BINGO</li> </ul>
<p><b>Happy Grandparent's Day! 11</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>9:30 🚗 Unescorted Errand Ride - Long's or Safeway</li> <li>10:15 ♣ Game - Horse Shoe Toss</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🧩 Trivia - Wheel of Fortune</li> <li>2:00 🎨 Plaza Picasso Painting &amp; Happy Hour!</li> <li>3:00 ♥ Zumba Gold with Annette</li> </ul>	<p><b>Assisted Living Week Dress-Up Day: Pajama Day 12</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 🧩 Trivia - Jeopardy</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Bocce Ball</li> <li>1:30 🚗 30-Min Scenic Ride - Royal Summit</li> <li>2:00 🎨 Craft - Paper Flower Wreath</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>Assisted Living Week Dress-Up Day: Tacky Tourist Tuesday 13</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 🧩 Trivia - Family Fued</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Ladder Ball</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎬 Performance - Hank the Singing Dutchman</li> <li>3:00 🧩 Plaza Word Puzzle Packs</li> </ul>	<p><b>Assisted Living Week Dress-Up Day: Sports Jersey Day 14</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:00 🚗 1-Hr Scenic Bus Ride - Portlock</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Ping Pong Battleship</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Connect 4</li> <li>1:40 🚗 Escorted Errand Ride - Daiso</li> <li>2:00 🎨 Craft - Watermelon Paper Craft</li> <li>3:00 ♣ BINGO</li> <li>6:30 📖 Resident Bible Study</li> </ul>	<p><b>Assisted Living Week Dress-Up Day: Throwback Thursday 15</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Crazy 8s</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Target Toss</li> <li>2:00 🎬 Resident Council</li> <li>2:00 🚗 Unescorted Errand Ride - Walmart</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>Assisted Living Week Dress-Up Day: Community Colors Day - MOA Blue 16</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:00 🎬 Performance with Dean Hirata</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🧩 Trivia - Jeopardy</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Craft - Be the Rainbow</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Dance Day 17</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 🧩 Trivia - Scrabble</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎨 Local Sing Along</li> <li>2:00 🎬 Movie Matinee</li> <li>3:00 ♣ BINGO</li> <li>5:15 🏈 Football: Hawaii vs Duquesne</li> </ul>
<p><b>National Cheeseburger Day 18</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>9:30 🚗 Unescorted Errand Ride - Long's or Safeway</li> <li>10:15 ♣ Game - Memory Match</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Connect 4</li> <li>2:00 🎨 Craft - Popsicle Stick Hamburgers</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Talk Like A Pirate Day 19</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:00 🎬 Performance - Grace Point Ukulele Performance</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🧩 Trivia - Aloha Trivia</li> <li>1:30 🚗 30-Min Scenic Ride - Sand Island Park</li> <li>2:00 🎨 Clay Modeling - Turtle</li> <li>3:00 ♣ Plaza Word Puzzle Packs</li> </ul>	<p><b>National Fried Rice Day 20</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Blackjack</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Bean Bag Toss</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Craft - Vegetable Basket Paper Craft</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Chai Day 21</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:00 🚗 1-Hr Scenic Bus Ride - Koolina Resort</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Acey Deucey</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎨 Sing Along Serenading</li> <li>1:40 🚗 Escorted Errand Ride - Wholesale Unlimited</li> <li>2:00 🎨 Craft - You are LOVED</li> <li>3:00 ♣ BINGO</li> <li>6:30 📖 Resident Bible Study</li> </ul>	<p><b>National Centenarian's Day 22</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:00 🎬 Performance - Bill Mele Mai</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Target Toss</li> <li>2:00 🎨 Craft - Card Making</li> <li>2:00 🚗 Unescorted Errand Ride - H Mart</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Snack Stick Day 23</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Shuffle Putt</li> <li>2:00 🎬 September Birthday Bash with Dean Hirata!</li> <li>3:00 🧩 Plaza Word Puzzle Packs</li> </ul>	<p><b>National Cherries Jubilee Day 24</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - What's in the bag?</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Ping Pong Basketball</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Craft - Origami</li> <li>3:00 ♣ BINGO</li> </ul>
<p><b>National Quesadilla Day 25</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>9:30 🚗 Unescorted Errand Ride - Long's or Safeway</li> <li>10:15 🧩 Trivia - Family Fued</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Left Right Center</li> <li>2:00 🎨 Craft - Tissue Paper Rainbow</li> <li>3:00 ♥ Zumba Gold with Annette</li> </ul>	<p><b>National Dumpling Day 26</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 🧩 Trivia - Jeopardy</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Item Search</li> <li>1:30 🚗 30-Min Scenic Ride - Alewa Heights</li> <li>2:00 🎨 Beautiful You Nail Painting</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Corned Beef Hash Day 27</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Wii Bowling</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 🎬 Meet &amp; Greet Garner Shimizu</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Plaza Picasso Painting &amp; Happy Hour!</li> <li>3:00 🧩 Plaza Word Puzzle Packs</li> </ul>	<p><b>National Strawberry Cream Pie Day 28</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:00 🚗 1-Hr Scenic Bus Ride - Waikiki &amp; Kahala</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Roulette</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Ring Toss</li> <li>1:40 🚗 Escorted Errand Ride - Times Aiea</li> <li>2:00 🎨 Craft - Strawberry Craft with Strawberry Shortcake Dessert</li> <li>3:00 ♣ BINGO</li> <li>6:30 📖 Resident Bible Study</li> </ul>	<p><b>National Coffee Day 29</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Hanafuda</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Left Right Center</li> <li>2:00 🎨 Craft - Straw Weave Bookmark</li> <li>2:00 🚗 Unescorted Errand Ride - Foodland Farms</li> <li>3:00 ♣ BINGO</li> </ul>	<p><b>National Orange Shirt Dress-Up Day 30</b></p> <ul style="list-style-type: none"> <li>8:45 ♥ Exercise 1</li> <li>9:30 ♥ Exercise 2</li> <li>10:15 ♣ Game - Wheel of Fortune</li> <li>11:00 ♥ Exercise 3</li> <li>11:45 ♥ Outdoor Stroll</li> <li>1:00 ♣ Game - Bocce Ball</li> <li>1:50 🎬 Movie Matinee</li> <li>2:00 🎨 Craft - Carrot Yarn</li> <li>3:00 ♣ BINGO</li> </ul>	