

May 2023 Independent and Assisted Living Monthly Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	May Day 1 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 ⚡ Jeopardy - Hawaii 11:45 ♥ Outdoor Stroll 1:00 🎨 Arts & Crafts Hour! 1:30 🚗 30-Min Scenic Ride - Nahele 2:00 🎭 Seated Hula with Karen Choate 3:00 🎵 Sing Along Serenading with Puzzle Pack 4:30 🎬 Evening Movie Matinee	National Truffle Day 2 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ladder Ball 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – America, America 2:00 🎲 Game - Left Right Center 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Garden Meditation Day 3 9:00 🚗 1-Hr Scenic Bus Ride - Kaneohe Bay Overlook 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Corn Hole Toss 11:45 ♥ Outdoor Stroll 1:00 🚗 Escorted Errand Ride - Long's/Safeway 2:00 🎵 Sing Along Serenading with Puzzle Pack 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee 6:00 📖 Resident Bible Study	National Star Wars Day 4 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ring Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Riddle, Riddle, Riddle 2:00 🎲 Game - Jenga 2:00 🚗 Unescorted Errand Ride - Foodland Farms 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	Boy's Day 5 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Jumbo Pong 11:45 ♥ Outdoor Stroll 1:00 ⚡ Game - Scrabble 2:00 🎭 ALL STAFF MEETING - In Person 3:00 🎵 Sing Along Serenading 4:30 🎬 Evening Movie Matinee	National Nurses Day 6 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Target Toss 11:45 ♥ Outdoor Stroll 1:00 🎲 Game - UNO 2:00 ♥ Virtual Chair Zumba 3:00 🎬 Movie Matinee with Popcorn! 3:00 ⚡ Plaza Word Puzzle Packs	
	National Lemonade Day 7 9:00 ♥ Exercise 1 9:15 🚗 Unescorted Errand Ride - Long's or Safeway 10:00 ♥ Exercise 2 10:30 🚗 Unescorted Errand Ride - Long's or Safeway 11:00 🎲 Game - Bean Bag Toss 11:45 ♥ Outdoor Stroll 1:00 🎨 Beautiful You Nail Painting 2:00 🎲 Game - Headbanz 3:00 🎬 Movie Matinee with Popcorn! 3:00 ⚡ Plaza Word Puzzle Packs	National Have a Coke Day 8 9:00 ♥ Exercise 1 10:00 🎭 Performance by Joanne Ng 11:00 🎨 Creative Coloring 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Hawaii 1:30 🚗 30-Min Scenic Ride - Keehi Lagoon 2:00 🎨 Arts & Craft - Clay Modeling (1 of 2) 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Moscato Day 9 9:00 ♥ Exercise 1 10:00 ♥ Balance and Stretch with Daniel Gittelman 11:00 🎨 Creative Coloring 11:45 ♥ Outdoor Stroll 1:00 🎨 Bracelet Beading 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Shrimp Day 10 9:00 🚗 1-Hr Scenic Bus Ride - Waikiki 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Jumbo Pong 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Riddle, Riddle, Riddle 1:30 🚗 Unescorted Errand Ride - Time's Waimalu 2:00 🎭 Performance by Roy Hamada 3:00 🎨 Creative Coloring 4:30 🎬 Evening Movie Matinee 6:00 📖 Resident Bible Study	National Eat What YOU Want Day 11 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Floor Darts 11:45 ♥ Outdoor Stroll 1:00 🏛️ Resident Council 2:00 🎨 Arts & Crafts - Clay Modeling (2 of 2) 2:00 🚗 Unescorted Errand Ride - H Mart/Don Quijote 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Nutty Fudge Day 12 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Bean Bag Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Flags 2:00 ♥ Wii - Just Dance 3:00 🎵 Sing Along Serenading 4:30 🎬 Evening Movie Matinee	National Miniature Golf Day 13 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 ♥ Zumba Gold with Annette 1:00 ⚡ Jeopardy – Countries Countries 2:00 🎲 Game - Scattergories 3:00 🎬 Movie Matinee with Popcorn! 3:00 ⚡ Plaza Word Puzzle Packs
	Happy Mother's Day! 14 9:00 ♥ Exercise 1 9:15 🚗 Unescorted Errand Ride - Long's or Safeway 10:00 ♥ Exercise 2 10:30 🚗 Unescorted Errand Ride - Long's or Safeway 11:00 🎲 Game - Corn Hole Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Candy, Candy & more candy! 2:00 ♥ Wii - Just Dance 3:00 🎲 BINGO	National Chocolate Chip Day 15 9:00 ♥ Exercise 1 10:00 🎭 Performance by Bill Mele Mai 11:00 🎨 Creative Coloring 11:45 ♥ Outdoor Stroll 1:00 🎨 Hanafuda 1:30 🚗 30-Min Scenic Ride - Palama/Liliha 2:00 🎲 Chocolate Chip Cookie Social 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Do Something Good for Your Neighbor Day 16 9:00 ♥ Exercise 1 10:00 🎭 Christian Academy School Performance 11:00 ⚡ Plaza Word Puzzle Packs 11:45 ♥ Outdoor Stroll 1:00 🎲 Game - Headbanz 2:00 🎭 Performance by Hank the Singing Dutchman 3:00 ⚡ Plaza Word Puzzle Packs 4:30 🎬 Evening Movie Matinee	National Cherry Cobbler Day 17 9:00 🚗 1-Hr Scenic Bus Ride - Koolina Resort 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Corn Hole Toss 11:45 ♥ Outdoor Stroll 1:00 🚗 Honolulu Zoo 1:00 ⚡ Plaza Word Puzzle Packs - Front Desk 4:30 🎬 Evening Movie Matinee 6:00 📖 Resident Bible Study	National Cheese Soufflé Day 18 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ring Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Fast Food 2:00 🎲 Game - What's in the bag? 2:00 🚗 Unescorted Errand Ride - Long's/Daiso Pearlcity 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Endangered Species Day 19 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ladder Ball 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy - Aloha Trivia 2:00 ♥ Zumba Gold with Annette 3:00 🎵 Sing Along Serenading 4:30 🎬 Evening Movie Matinee	International Red Sneakers Day 20 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Jumbo Pong 11:45 ♥ Outdoor Stroll 1:00 🎲 Game - Left Right Center 2:00 ♥ Virtual Chair Zumba 3:00 🎬 Movie Matinee with Popcorn! 3:00 ⚡ Plaza Word Puzzle Packs
	National Strawberries and Cream Day 21 9:00 ♥ Exercise 1 9:15 🚗 Unescorted Errand Ride - Long's or Safeway 10:00 ♥ Exercise 2 10:30 🚗 Unescorted Errand Ride - Long's or Safeway 11:00 🎲 Game - Bean Bag Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – American Food 2:00 🎨 Beautiful You Nail Painting 3:00 🎲 BINGO	National Vanilla Pudding Day 22 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Floor Darts 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Subtraction, Subtraction, Subtraction! 1:30 🚗 30-Min Scenic Ride - Pearl City/Aiea 2:00 🎲 Game - Left Right Center 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Lucky Penny Day 23 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Jumbo Pong 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Spring Time! 2:00 🎲 Game - Memory Match 3:00 🎲 Game - UNO 4:30 🎬 Evening Movie Matinee	National Scavenger Hunt Day 24 9:00 🚗 1-Hr Scenic Bus Ride - Kaneohe 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 10:00 🏛️ Holy Communion with Patricia Ho 11:00 🎲 Game - Horse Shoe Toss 11:45 ♥ Outdoor Stroll 1:00 🎲 Game - Scrabble 1:30 🚗 Unescorted Errand Ride - Marukai 2:00 ⚡ Jeopardy - Countries, Countries! 3:00 ♥ Wii - Just Dance 4:30 🎬 Evening Movie Matinee 6:00 📖 Resident Bible Study	National Towel Day 25 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ring Toss 11:45 ♥ Outdoor Stroll 1:00 🎲 Game - Left Right Center 2:00 🎨 Arts & Crafts Hour 2:00 🚗 Unescorted Errand Ride - Target Saltlake 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Paper Airplane Day 26 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Target Toss 11:45 ♥ Outdoor Stroll 1:00 🎲 Game - UNO 2:00 🎭 May Birthday Bash with Dean Hirata! 3:00 🎵 Sing Along Serenading 4:30 🎬 Evening Movie Matinee	National Popsicle Day 27 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ladder Ball 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy - Hawaii 2:00 ♥ Virtual Chair Zumba 3:00 🎬 Movie Matinee with Popcorn! 3:00 ⚡ Plaza Word Puzzle Packs
National Hamburger Day 28 9:00 ♥ Exercise 1 9:15 🚗 Unescorted Errand Ride - Long's or Safeway 10:00 ♥ Exercise 2 10:30 🚗 Unescorted Errand Ride - Long's or Safeway 11:00 🎲 Game - Corn Hole Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy - Spring Time! 2:00 🎲 Game - UNO 3:00 🎬 Movie Matinee with Popcorn! 3:00 ⚡ Plaza Word Puzzle Packs	Memorial Day 29 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Bean Bag Toss 11:45 ♥ Outdoor Stroll 1:00 ⚡ Jeopardy – Fast Food 1:30 🚗 30-Min Scenic Ride - Punchbowl 2:00 🎲 Game - Headbanz 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Creativity Day 30 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Ladder Ball 11:45 ♥ Outdoor Stroll 1:00 🎨 Bracelet Beading 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee	National Senior Health & Fitness Day 31 9:00 🚗 1-Hr Scenic Bus Ride - Waialae Iki 9:00 ♥ Exercise 1 10:00 ♥ Exercise 2 11:00 🎲 Game - Floor Darts 11:45 ♥ Outdoor Stroll 12:15 🚗 Kau Kau Club - Kabuki Restaurant (DINE-IN ONLY) 1:00 ⚡ Jeopardy – Candy, Candy & more candy! 2:00 🎲 Game - UNO 3:00 🎲 BINGO 4:30 🎬 Evening Movie Matinee 6:00 📖 Resident Bible Study	<p style="text-align: center;">Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</p>		<p style="text-align: center;">All Activities Will Be Located In The Main Activity Room Unless Otherwise Noted.</p>	