Saturday

The Plaza at Punchbowls Hali'a Activity Calendar Monday Sunday Tuesday

- at Punchbowl -

9		
HA	LI	'A

Birthday: Marc Chagall (1887)

News and Views: The Funniest

Thing that Ever Happened to Me

Hali'a Resistance Training Circuit & Hydration

Plaza Life Fitness: Seated Zumba with Annett

Games and Things To Do Together: Crossword

Recreating the Classroom Experience: Sing &

In the Home: Number Cups Challenge

Dance to Your Favorite Songs

Celebrating the Moment: Musical Memories

Morning Surprise: Marc Chagall-Inspired Houses

Morning Greeting

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H	A	L	' /	SM

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_	Mer	nory	Ca	re -	

	9 :
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	10
Δ	10 11 1 2
SM	3:

ional Postage Stamp Day	Lyndon J 1964
Morning Greeting	
News and Views: What Your	9:00 9:15
Zip Code Says About You	9:30
Hali'a Resistance Training Circuit &	10:00
Hydration	10:45
Morning Surprise: Writing Notes to Our	11:30
5 1	1:00
Celebrating the Moment: WHO?	1:30
Lunch	2:00
In the Home: Reading Together	3:30
Recreating the Classroom Experience:	4:00
Diamond Head Discovery Drive [L]	4.00
Plaza Life Fitness: Chair Dance	
Dinner	
	News and Views: What Your Zip Code Says About You Hali'a Resistance Training Circuit & Hydration Morning Surprise: Writing Notes to Our Family and Friends Celebrating the Moment: WHO? Lunch In the Home: Reading Together Recreating the Classroom Experience: Diamond Head Discovery Drive [L] Plaza Life Fitness: Chair Dance

SCUD (Savor the Comic, Unplug the

Drama) Day

News and Views: Sharing

Hali'a Resistance Training Circuit &

Morning Surprise: Fanning Football

In the Home: Guided Meditation

Plaza Life Fitness: Chair Dance

Celebrating the Moment: This Is Who I Am

Recreating the Classroom Experience: A Journey to Kupikipiki'O Point

Morning Greeting

Funny Stories

10:45

11:30

1:00

2:00

3:15

9:30

10:00

10:45

11:30

1:00

11:30

Lunch

9:00	Morning Greeting	
9:15	News and Views: Pivotal Moments	
9:30	Hali'a Resistance Training Circuit & Hydration	
10:00	Morning Surprise: Matching Memory Game (Idioms)	•
10:45	Celebrating the Moment: Gratitude Alphabet	1
11:30	Lunch	1
1:00	Plaza Life Exercise: Move it, Shake it	
1:30	Afternoon Cinema & Movie Theater Snacks: Lion King 1 1/2	
2:00	Recreating the Classroom Experience: A stunning beach with soft white sand "Lanikai Beach" [L]	
3:30	In the Home: Hand Spa & Hydration Break	
4:00	Dinner	

Fourteenth Amendment to the U.S. Constitution

citizens, was adopted (1868)

News and Views: Constitution Quiz

Plaza Life Exercise: Move it, Shake it

Mornina Greetina

Elsa and the kingdom.

Lunch

ng due process and equal protection to all

Hali'a Resistance Training Circuit & Hydration

1:30 Afternoon Cinema & Movie Theater Snacks: Frozen Anna and Kristoff brave the elements, racing to save

In the Home: Soothing Sips & Gentle Touch

Morning Surprise: Matching Memory Game (Idioms)

Recreating the Classroom Experience: Maunalua Bay

Wednesday

	Idaho became the 43rd State	In
9:00	Morning Greeting	ç
9:15	News and Views: What Did People Do	9
	Before Air Conditioning?	
9:30	Hali'a Resistance Training Circuit & Hydration	9
10:00	Morning Surprise: Balloon Ball	9
10:45	Celebrating the Moment: Accentuate the Positive	10
11:30	Lunch	10
1:00	Plaza Life Exercise: Soft Stretches, Quiet Minds	11
1:45	In the Home: Walking the Courtyard with Our Friends	1
2:30	Recreating the Classroom Experience: Paint by Number	1
	"Farm Rooster on a Fence"	2
3:15	Game and Things to Do Together: Music Therapy "Elvis	
	Presley - My Way"	3
4:00	Dinner	4
ľ		

Birthday: Eunice Shriver, American

family (1921)

Morning Greeting

Siblinas?

ilanthropist and member of the Kenned

Thursday

	Indep	end	lence Day	Birt
≺	9:00		Morning Greeting	
J	9:15		News and Views: What Advice Would	9:0
			You Give?	9:1
	9:30		Hali'a Resistance Training Circuit & Hydration	9:3
	9:50	J	INDEPENDENCE DAY Event with Taiko Drum [LR]	10:0
	10:00	4	Morning Surprise: Pom Pom Flags	10:4
	10:45		Celebrating the Moment: Spontaneous Style Show	11:3
	11:30		Lunch	1:0
S	1:00	•	Doing for Others: Bead Work	2:3
ber	1:45		Things to Do Together: Snack and Sing with the Greats	3:1
	2:30		Recreating the Classroom Experience: World Puzzle or	4:0
/is			Other Brain or Word Game	5:0
	3:15		In the Home: Friendly Steps to the Bamboo Garden	
	4:00		Dinner	

Birthday: James McNeill Whistler. American

painter (1834)

Birthday: John Quincy Adams, American president

(1767)

Friday

1	Dir araa,	rights advocate
4	9:00	Morning Greeting
	9:15	News and Views: Women's Suffrage
	9:30	Plaza Life Fitness: Peaceful Poses
?]	10:00	Morning Surprise: Writing Poetry
	10:45	Celebrating the Moment: My Favorite Achievement
w	11:30	Lunch
	1:00	In the Home: Courtyard Picnic
	2:30 %	Recreating the Classroom Experience: Color by Numb
Greats	3:15	Games and Things to Do Together: Melody Moments
zzle or	4:00	Dinner
	5:00	Movie Night: Lilo & Stitch - A little girl adopts a wante
len		alien wreaking Havoc on the Hawaiian Islands
	l	

Television game show Family Feud

premiered (1976)

News and Views: Which Member of

Plaza Life Fitness: Peaceful Poses

Celebrating the Moment: First Time

Recreating the Classroom Experience: Watercolor Paintings "Nursery"

Games and Things to Do Together: Melody

In the Home: Courtyard Picnic

Morning Greeting

the Family Was...

Lunch

11:30

2:30

Birthda	ys: Merv Griffin (1925) & Frida Kahlo (1907)	Ī
9:00	Morning Greeting	l
9:15	News and Views: Guess Who Started Out in Vaudeville	l
9:30	Hali'a Resistance Training Circuit & Hydration	١.
	Things to Do Together: Extreme Dot-to-Dot	١.
10:45	Celebrating the Moment: Smile With Me	١.
11:30	Lunch	l
1:00	Church Service with Pastor Carl & Pastor Steve	l
2:45	Sunshine & Friendship Walk	l
3:15	Games and Things to Do Together: Word Bingo	l
4:00	Dinner	l
	untled Workers Day, a day to	l
apprec	iate the contributions of workers	l
9:00	Morning Greeting	l
9:15	News and Views: What Did	l
	You Love About Your Job?	١.
9:30	Hali'a Resistance Training Circuit & Hydration	
10.00	Compo and Things To Do Together:	ı

Grur	ntled Workers Day, a day to		Bastille Day in France
precia	te the contributions of workers	9:00	Morning Greeting
:00	Morning Greeting	9:15	News and Views: Can You Name
):15	News and Views: What Did	9:30	These Parisian Landmarks? Hali'a Resistance Training Circuit & Hydration
:30	You Love About Your Job? Hali'a Resistance Training Circuit &	10:00 %	Morning Surprise: Painting the Eiffel Tower
	Hydration	10:45 11:30	Celebrating the Moment: How Was It? Lunch
0:00	Games and Things To Do Together: Extreme Dot-to-Dot	1:00 1:45	Plaza Life Fitness: Seated Zumba with Annett Games and Things To Do Together: Crossword
):45	Celebrating the Moment: Favorite Things	1.45	Clues
:30	Lunch	2:15	In the Home: Matching the Numbers with Cup
:00	Sunshine & Friendship Walk	3:00 🔏	Recreating the Classroom Experience: Sing &
3:15	Games and Things to Do Together: Word Bingo	4:00	Dance to Your Favorite Songs Dinner
1:00	Dinner		
:00	Morning Greeting	Birthday	r: Frances Cleveland, American First

10:00

11:30

1:45

4:00

10:00

10.45

1:45

4:00

Dinner

4	Major	League Baseball All-Star Game in Atlanta, Georgia	9 :
	9:00	Morning Greeting	9:
	9:15	News and Views: Backyard	
		Childhood Games	10:
	9:30	Hali'a Resistance Training Circuit &	11:
		Hydration	1: 1:
·	10:00	Morning Surprise: Nature Collage	- 1.
d d	10:45	Celebrating the Moment: Proverbs	
	11:30	Lunch	2:
S	1:00	In the Home: Guided Meditation	3:
	2:00	Recreating the Classroom Experience: H-3	4:
		"The Fun Ride Begins"	
	3:15	Plaza Life Fitness: Chair Dance	
	4:00	Dinner	
1	Nat	cional Be a Good Teammate Day	
	0.00	Mauring Creating	9:

Hali'a Resistance Training Circuit &

In the Home: Guided Meditation Recreating the Classroom Experience: The Ultimate Fun Ride to Nu'uanu Pali

Plaza Life Fitness: Chair Dance

Morning Surprise: Nursery Rhyme Quiz

Celebrating the Moment: The Name Game

	9:00		Morning Greeting	
5	9:15		News and Views: What's the Weather Like?	
	9:30		Hali'a Resistance Training Circuit & Hydration	
	10:00		Morning Surprise: Matching Memory Game (Idioms)	
	11:30		Lunch	
	1:00		Plaza Life Exercise: Move it, Shake it	1
	1:30	₩,	Afternoon Cinema & Movie Theater Snacks: Snow Buddies - Disney's favorite talking pups put one paw in front of the other in a thrilling Alaskan adventure.	1
	2:00		Recreating the Classroom Experience: Exciting Adventure to "Tantalus Lookout"	
	3:30		In the Home: Soothing Sips & Gentle Touch	
e: H-3	4:00		Dinner	
			Correcous Grandma Day	

9:30	Hali'a Resistance Training Circuit & Hydration
10:00	Morning Surprise: Kickball or Other Physical Act
10:45	Celebrating the Moment: Claim to Fame
11:30	Lunch
1:00	Plaza Life Fitness: Flow & Flex Time
1:45	In the Home: Courtyard Stroll with Friends
2:30	Recreating the Classroom Experience: Paint by
	Number "Starry Night by Vincent Van Gogh "
3:15	Games and Things to Do Together: Rhyme Time
4:00	Dinner
	ay: Berenice Abbott, American pioneer 🥒 💳
•	of American photography (1898)
	World Emoji Day
9:00	Morning Greeting
9:15	News and Views: American History in Photos
9:30	Hali'a Resistance Training Circuit & Hydration

Recreating the Classroom Experience: Paint by Number "Starry Night by Vincent Van Gogh " Games and Things to Do Together: Rhyme Time Dinner	3
day: Berenice Abbott, American pioneer of American photography (1898) World Emoji Day	B 9
Morning Greeting News and Views: American History in Photos Hali'a Resistance Training Circuit & Hydration Morning Surprise: Balloon Football Celebrating the Moment: People Categories	10 10 11 11

News and Views: Do You Remember the Kennedy

9:00 9:15 9:30 10:00 10:45 11:30 1:00 1:45 2:30 ** 3:15 4:00	Morning Greeting News and Views: American History in Photos Hali'a Resistance Training Circuit & Hydration Morning Surprise: Balloon Football Celebrating the Moment: People Categories Lunch Plaza Life Fitness: Flow & Flex Time In the Home: Courtyard Stroll with Friends Recreating the Classroom Experience: Emoji Wall Art Game and Things to Do Together: Music Therapy Dinner	9:3 10:0 10:4 11:3 1:0 1:4 2:3 3:1 4:0
4:00	Dinner	

9:15	News and Views: Presidential Secrets
9:30	Hali'a Resistance Training Circuit & Hydration
10:00 🔏	Morning Surprise: Whistler's Painting
10:45	Celebrating the Moment: Experience Exchange
11:30	Lunch
1:00 %	Community Spirit / Doing for Others: Thank-You Card
1:45	Games and Things to Do Together: Golden Tunes & Goodies
2:30	Recreating the Classroom Experience: Analogies
3:15	In the Home: Friendly Steps to the Bamboo Garden
4:00	Dinner
Birthday	Red Skelton, American comedian (1913)
9:00	Morning Greeting
9:15	News and Views: Listening to Red

	4:00 Dinner 5:00 Movie Night: Moana - Moana and Maui a journey across the ocean to save the	
)	Birthday: Charles Horace Mayo, American surgeon (1865)	1
)	Birthday: Edgar Degas, French Impressionist	

Toss Away the "Could Haves" and "Should Haves" Day

pprecia	te the contributions of workers	L₋≾	9:00		Morning Greeting
0:00	Morning Greeting		9:15		News and Views: Can You Name
9.15	News and Views: What Did				These Parisian Landmarks?
7.13	You Love About Your Job?		9:30		Hali'a Resistance Training Circuit & Hyd
			10:00	49	Morning Surprise: Painting the Eiffel Tov
9:30	Hali'a Resistance Training Circuit &		10:45		Celebrating the Moment: How Was It?
	Hydration		11:30		Lunch
0:00	Games and Things To Do Together:		1:00		Plaza Life Fitness: Seated Zumba with A
	Extreme Dot-to-Dot		1:45		Games and Things To Do Together: Cros
0:45	Celebrating the Moment: Favorite Th	nings			Clues
1:30	Lunch	•	2:15		In the Home: Matching the Numbers with
1:00	Sunshine & Friendship Walk		3:00	49	Recreating the Classroom Experience: S
	•	A / I			Dance to Your Favorite Songs
3:15	Games and Things to Do Together: \	vora	4:00		Dinner
	Bingo		4.00		
4:00	Dinner				
			I		

Celebrating the Moment: How Was it? Lunch Plaza Life Fitness: Seated Zumba with Annett Games and Things To Do Together: Crossword Clues In the Home: Matching the Numbers with Cups Recreating the Classroom Experience: Sing & Dance to Your Favorite Songs Dinner	Hydration 10:00 Morning Surprise: Nature Collage 10:45 Celebrating the Moment: Proverbs 11:30 Lunch 1:00 In the Home: Guided Meditation 2:00 Recreating the Classroom Experience: H-3 "The Fun Ride Begins" 3:15 Plaza Life Fitness: Chair Dance 4:00 Dinner
ay: Frances Cleveland, American First o President Grover Cleveland (1864) Morning Greeting News and Views: Rooms You Never Knew Were in the White House	9:00 Morning Greeting 9:15 News and Views: Playing Sports Occording Training Clear to Security Securit

Hydration

4.00		Dillici	3:15 4:00
		Gorgeous Grandma Day	
9:00		Morning Greeting	9:00
9:15		News and Views: What Was Your	9:15
		Grandma Like?	9:30
9:30		Hali'a Resistance Training Circuit & Hydration	9.30
10:00		Morning Surprise: Matching Memory Game (Idioms)	
11:30		Lunch	10:00
1:00		Plaza Life Exercise: Move it. Shake it	10:45
1:30	8	Afternoon Cinema & Movie Theater Snacks: The	11:30
		Shaggy Dog - A magical ring transforms a teenager into	1:00
		a lumbering sheepdog.	1:4
2.00		Poorceting the Claseroom Experience: A Touful Tourney	

0		Hali'a Resistance Training Circuit & Hydration	
0		Morning Surprise: Matching Memory Game (Idioms)	1(
0		Lunch	11
0		Plaza Life Exercise: Move it, Shake it	11
0	₩.	Afternoon Cinema & Movie Theater Snacks: The	1
		Shaggy Dog - A magical ring transforms a teenager into	
		a lumbering sheepdog.	•
0	a	Recreating the Classroom Experience: A Joyful Journey	1
		to Magic island	
0		In the Home: Soothing Sips & Gentle Touch	١.

	9:00	Morning Greeting
,	9:15	News and Views: Telling Jokes
	9:30	Hali'a Resistance Training Circuit & Hydration
	10:00	*
	10:00	Morning Surprise: Balloon Basketball
	10:45	Celebrating the Moment: Animal Words
	11:30	Lunch
0	1:00	Plaza Life Fitness: Flow & Flex Time
	1:45	In the Home: Courtyard Stroll with Friends
y	2:30	 Recreating the Classroom Experience: Paint by Number "Under the Sea"
	3:15	Game and Things to Do Together: Music Therapy
	4:00	Dinner
	l	

Tell an Old Joke Day

9:30 9:00 9:45 1:30		Hali'a Resistance Training Circuit & Hydration Morning Surprise: Make Your Own Pizza & Popsicles Celebrating the Moment: The Joke's on You Lunch
.30		Lunch
:00	49	Community Spirit: Making Star Suncatchers for Our Home
:45		Games and Things to Do Together: Golden Tunes & Goodies
2:30		Recreating the Classroom Experience: Analogies
3:15		In the Home: Friendly Steps to the Bamboo Garden
1:00		Dinner

Constitution Day in Puerto Rico

News and Views: Traveling to the Caribbean

Morning Surprise: Song Writing

Hali'a Resistance Training Circuit & Hydration

Celebrating the Moment: Foods and Feelings

1:00 9 Community Spirit / Doing for Others: Tissue Flowers

Games and Things to Do Together: Golden Tunes &

In the Home: Friendly Steps to the Bamboo Garden

Recreating the Classroom Experience: Mashed Potatoes and Eat Your Veggies Word Search

9:15

10:45

1:45

4:00

Lunch

9:00	Morning Greeting
9:15	News and Views: You Can Still Work If You Want To
9:30	Plaza Life Fitness: Peaceful Poses
10:45	Celebrating the Moment: Bucket List Review
11:30	Lunch
1:00	In the Home: Courtyard Picnic
2:30 4	 Recreating the Classroom Experience: Staying Inside the Lines
3:15	Games and Things to Do Together: Melody Moments
4:00	Dinner
F-00 C	Or Barrie Blimba Process - Bairchel discorred the more

Aunts and Uncles Day	1	
5:00 Movie Night: Encanto - Mirabel discovered she the key to saving the magic that surrounds he extraordinary family.		y bo

26 Morning Greeting 9:15 News and Views: Famous Aunts Plaza Life Fitness: Peaceful Poses Celebrating the Moment: Transportation 10:45 11:30 Lunch In the Home: Courtyard Picnic

2:30 %	Recreating the Classroom Experience: Color b Number "Happy Bee"
3:15	Games and Things to Do Together: Melody Moments

4.00 Dinner

5:00 Movie Night: Bedknobs and Broomsticks - Three

	and an a from inv	witch te	eam up	to save

Take Your Houseplants for a Walk Day		07	Nationa	I Milk Chocolate
9:00	Morning Greeting	//	9:00	Morning Gree

:15		News and Views: How To Keep Your Plants Alive
30		Hali'a Resistance Training Circuit & Hydration
:00	49	Games and Things To Do Together: Extreme Dot-

News and Views: Reading Our

Games and Things To Do Together:

Celebrating the Moment: Travel Images

Church Service with Pastor Carl & Pastor

Games and Things to Do Together: Word

Hali'a Resistance Training

Sunshine & Friendship Walk

Circuit & Hydration

Extreme Dot-to-Dot

Horoscopes

Lunch

Bingo

Dinner

10:00

11:30

1:00

3:15

4:00

Celebrating the Moment: Wish On A Star 10:45 11:30 Lunch

Church Service with Pastor Carl & Pastor Steve 2:45 Sunshine & Friendship Walk 3:15

Games and Things to Do Together: Word Bingo 4:00

Morning Greeting

Lady to President Grover Clevela

Lunch

ΖŌ News and Views: Remember Nestle's Ouik? Hali'a Resistance Training Circuit & Hydration Morning Surprise: Seated Volley Celebrating the Moment: Family Backgrounds

Hali'a Resistance Training Circuit & Hydration

Games and Things To Do Together: Crossword

In the Home: Matching the Numbers with Cups

Celebrating the Moment: Product Slogans

Plaza Life Fitness: Range of Motion

3:00 Recreating the Classroom Experience: Sing &

Dance to Your Favorite Songs

Morning Surprise: Ice Paintings

11:30 Plaza Life Fitness: Range of Motion Games and Things To Do Together: Crossword 2:15 In the Home: Matching the Numbers with Cups 3:00 Recreating the Classroom Experience: Sing & Dance to Your Favorite Songs

4:00 Dinner Birthday: Alexis de Tocqueville, French politician

First part of novelist J. R. R. Tolkien's The Lord of e Rings series was published (1954) Morning Greeting

Plaza Life Fitness: Chair Dance

News and Views: Favorite Types of Books Hali'a Resistance Training Circuit & Hydration Morning Surprise: Summer Mad Lib Marathon Celebrating the Moment: The American Flag In the Home: Guided Meditation Recreating the Classroom Experience: A thrilling Ride "Children's Discovery Center"

News and Views: Tell Me About Your Best Friend Hali'a Resistance Training Circuit & Hydration Morning Surprise: Matching Memory Game (Idioms) Plaza Life Exercise: Move it, Shake it 1:30 Afternoon Cinema & Movie Theater Snacks: The Good Dinosaur - A dinosaur named Arlo makes an unlikely friend during his journey home.

rnational Day of Friendship (Friendship Day is

2:00 Recreating the Classroom Experience: Enjoy the Ride In the Home: Soothing Sips & Gentle Touch

9:00 **Morning Greeting** 9:15 News and Views: Fruit Desserts Hali'a Resistance Training Circuit & Hydration Morning Surprise: Kickball or Other Physical Act 10.00 Celebrating the Moment: The Best Thing Since 10:45 Sliced Bread Lunch 1:00 Plaza Life Fitness: Flow & Flex Time In the Home: Courtyard Stroll with Friends

Recreating the Classroom Experience: Paint by Number " Under Sea Mystery" Game and Things to Do Together: Music Therapy

'Do the best you can until you know better. Then when you know better, do better."

- Maya Angelou

