




July 2025
The Plaza at Punchbowl's Hali'a Activity Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div></div>		<div></div>		<div>National Postage Stamp Day</div> <div>1</div> <div>9:00 Morning Greeting 9:15 News and Views: What Your Zip Code Says About You 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Writing Notes to Our Family and Friends 10:45 Celebrating the Moment: WHO? 11:30 Lunch 1:00 In the Home: Reading Together 2:00 Recreating the Classroom Experience: Diamond Head Discovery Drive [L] 3:15 Plaza Life Fitness: Chair Dance 4:00 Dinner</div>		<div>Lyndon Johnson Signed the Civil Rights Act of 1964</div> <div>2</div> <div>9:00 Morning Greeting 9:15 News and Views: Pivotal Moments 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Matching Memory Game (Idioms) 10:45 Celebrating the Moment: Gratitude Alphabet 11:30 Lunch 1:00 Plaza Life Exercise: Move it, Shake it 1:30 Afternoon Cinema & Movie Theater Snacks: Lion King 1 1/2 2:00 Recreating the Classroom Experience: A stunning beach with soft white sand " Lanikai Beach" [L] 3:30 In the Home: Hand Spa & Hydration Break 4:00 Dinner</div>		<div>Idaho became the 43rd State</div> <div>3</div> <div>9:00 Morning Greeting 9:15 News and Views: What Did People Do Before Air Conditioning? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Balloon Ball 10:45 Celebrating the Moment: Accentuate the Positive 11:30 Lunch 1:00 Plaza Life Exercise: Soft Stretches, Quiet Minds 1:45 In the Home: Walking the Courtyard with Our Friends 2:30 Recreating the Classroom Experience: Paint by Number "Farm Rooster on a Fence" 3:15 Game and Things to Do Together: Music Therapy "Elvis Presley - My Way" 4:00 Dinner</div>		<div>Independence Day</div> <div>4</div> <div>9:00 Morning Greeting 9:15 News and Views: What Advice Would You Give? 9:30 Hali'a Resistance Training Circuit & Hydration 9:50 🎵 INDEPENDENCE DAY Event with Taiko Drum [LR] 10:00 🌀 Morning Surprise: Pom Pom Flags 10:45 Celebrating the Moment: Spontaneous Style Show 11:30 Lunch 1:00 🌀 Doing for Others: Bead Work 1:45 Things to Do Together: Snack and Sing with the Greats 2:30 Recreating the Classroom Experience: World Puzzle or Other Brain or Word Game 3:15 In the Home: Friendly Steps to the Bamboo Garden 4:00 Dinner</div>		<div>Birthday of Clara Zetkin (1857), German women's rights advocate</div> <div>5</div> <div>9:00 Morning Greeting 9:15 News and Views: Women's Suffrage 9:30 Plaza Life Fitness: Peaceful Poses 10:00 Morning Surprise: Writing Poetry 10:45 Celebrating the Moment: My Favorite Achievement 11:30 Lunch 1:00 In the Home: Courtyard Picnic 2:30 🌀 Recreating the Classroom Experience: Color by Number 3:15 Games and Things to Do Together: Melody Moments 4:00 Dinner 5:00 Movie Night: Lilo & Stitch - A little girl adopts a wanted alien wreaking Havoc on the Hawaiian Islands</div>	
<div>Birthdays: Merv Griffin (1925) & Frida Kahlo (1907)</div> <div>6</div> <div>9:00 Morning Greeting 9:15 News and Views: Guess Who Started Out in Vaudeville 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Things to Do Together: Extreme Dot-to-Dot 10:45 Celebrating the Moment: Smile With Me 11:30 Lunch 1:00 Church Service with Pastor Carl & Pastor Steve 2:45 Sunshine & Friendship Walk 3:15 Games and Things to Do Together: Word Bingo 4:00 Dinner</div>		<div>Birthday: Marc Chagall (1887)</div> <div>7</div> <div>9:00 Morning Greeting 9:15 News and Views: The Funniest Thing that Ever Happened to Me 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Morning Surprise: Marc Chagall-Inspired Houses 10:45 Celebrating the Moment: Musical Memories 11:30 Lunch 1:00 Plaza Life Fitness: Seated Zumba with Annett 1:45 Games and Things To Do Together: Crossword Clues 2:30 In the Home: Number Cups Challenge 3:00 🌀 Recreating the Classroom Experience: Sing & Dance to Your Favorite Songs 4:00 Dinner</div>		<div>SCUD (Savor the Comic, Unplug the Drama) Day</div> <div>8</div> <div>9:00 Morning Greeting 9:15 News and Views: Sharing Funny Stories 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Fanning Football 10:45 Celebrating the Moment: This Is Who I Am 11:30 Lunch 1:00 In the Home: Guided Meditation 2:00 Recreating the Classroom Experience: A Journey to Kupikipiki'O Point 3:15 Plaza Life Fitness: Chair Dance 4:00 Dinner</div>		<div>Fourteenth Amendment to the U.S. Constitution, requiring due process and equal protection to all citizens, was adopted (1868)</div> <div>9</div> <div>9:00 Morning Greeting 9:15 News and Views: Constitution Quiz 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Matching Memory Game (Idioms) 11:30 Lunch 1:00 Plaza Life Exercise: Move it, Shake it 1:30 🌀 Afternoon Cinema & Movie Theater Snacks: Frozen - Anna and Kristoff brave the elements, racing to save Elsa and the kingdom. 2:00 Recreating the Classroom Experience: Maunaloa Bay Beach Park Exploration [L] 3:30 In the Home: Soothing Sips & Gentle Touch 4:00 Dinner</div>		<div>Birthday: Eunice Shriver, American philanthropist and member of the Kennedy family (1921)</div> <div>10</div> <div>9:00 Morning Greeting 9:15 News and Views: Do You Remember the Kennedy Siblings? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Kickball or Other Physical Act 10:45 Celebrating the Moment: Claim to Fame 11:30 Lunch 1:00 Plaza Life Fitness: Flow & Flex Time 1:45 In the Home: Courtyard Stroll with Friends 2:30 🌀 Recreating the Classroom Experience: Paint by Number "Starry Night by Vincent Van Gogh " 3:15 Games and Things to Do Together: Rhyme Time 4:00 Dinner</div>		<div>Birthday: James McNeill Whistler, American painter (1834)</div> <div>11</div> <div>Birthday: John Quincy Adams, American president (1767) 9:00 Morning Greeting 9:15 News and Views: Presidential Secrets 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Morning Surprise: Whistler's Painting 10:45 Celebrating the Moment: Experience Exchange 11:30 Lunch 1:00 🌀 Community Spirit / Doing for Others: Thank-You Card 1:45 Games and Things to Do Together: Golden Tunes & Goodies 2:30 Recreating the Classroom Experience: Analogies 3:15 In the Home: Friendly Steps to the Bamboo Garden 4:00 Dinner</div>		<div>Television game show Family Feud premiered (1976)</div> <div>12</div> <div>9:00 Morning Greeting 9:15 News and Views: Which Member of the Family Was... 9:30 Plaza Life Fitness: Peaceful Poses 10:45 Celebrating the Moment: First Time 11:30 Lunch 1:00 In the Home: Courtyard Picnic 2:30 🌀 Recreating the Classroom Experience: Watercolor Paintings "Nursery" 3:15 Games and Things to Do Together: Melody Moments 4:00 Dinner 5:00 🌀 Movie Night: Moana - Moana and Maui set sail on a journey across the ocean to save the world.</div>	
<div>Gruntled Workers Day, a day to appreciate the contributions of workers</div> <div>13</div> <div>9:00 Morning Greeting 9:15 News and Views: What Did You Love About Your Job? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Games and Things To Do Together: Extreme Dot-to-Dot 10:45 Celebrating the Moment: Favorite Things 11:30 Lunch 1:00 Sunshine & Friendship Walk 3:15 Games and Things to Do Together: Word Bingo 4:00 Dinner</div>		<div>Bastille Day in France</div> <div>14</div> <div>9:00 Morning Greeting 9:15 News and Views: Can You Name These Parisian Landmarks? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Morning Surprise: Painting the Eiffel Tower 10:45 Celebrating the Moment: How Was It? 11:30 Lunch 1:00 Plaza Life Fitness: Seated Zumba with Annett 1:45 Games and Things To Do Together: Crossword Clues 2:15 In the Home: Matching the Numbers with Cups 3:00 🌀 Recreating the Classroom Experience: Sing & Dance to Your Favorite Songs 4:00 Dinner</div>		<div>Major League Baseball All-Star Game in Atlanta, Georgia</div> <div>15</div> <div>9:00 Morning Greeting 9:15 News and Views: Backyard Childhood Games 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Morning Surprise: Nature Collage 10:45 Celebrating the Moment: Proverbs 11:30 Lunch 1:00 In the Home: Guided Meditation 2:00 🚗 Recreating the Classroom Experience: H-3 "The Fun Ride Begins" 3:15 Plaza Life Fitness: Chair Dance 4:00 Dinner</div>		<div>9:00 Morning Greeting</div> <div>16</div> <div>9:15 News and Views: What's the Weather Like? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Matching Memory Game (Idioms) 11:30 Lunch 1:00 Plaza Life Exercise: Move it, Shake it 1:30 🌀 Afternoon Cinema & Movie Theater Snacks: Snow Buddies - Disney's favorite talking pups put one paw in front of the other in a thrilling Alaskan adventure. 2:00 Recreating the Classroom Experience: Exciting Adventure to "Tantalus Lookout" 3:30 In the Home: Soothing Sips & Gentle Touch 4:00 Dinner</div>		<div>Birthday: Berenice Abbott, American pioneer of American photography (1898)</div> <div>17</div> <div>9:00 Morning Greeting 9:15 News and Views: American History in Photos 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Balloon Football 10:45 Celebrating the Moment: People Categories 11:30 Lunch 1:00 Plaza Life Fitness: Flow & Flex Time 1:45 In the Home: Courtyard Stroll with Friends 2:30 🌀 Recreating the Classroom Experience: Emoji Wall Art 3:15 Game and Things to Do Together: Music Therapy 4:00 Dinner</div>		<div>Birthday: Red Skelton, American comedian (1913)</div> <div>18</div> <div>9:00 Morning Greeting 9:15 News and Views: Listening to Red Skelton 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Make Your Own Pizza & Popsicles 10:45 Celebrating the Moment: The Joke's on You 11:30 Lunch 1:00 🌀 Community Spirit: Making Star Suncatchers for Our Home 1:45 Games and Things to Do Together: Golden Tunes & Goodies 2:30 Recreating the Classroom Experience: Analogies 3:15 In the Home: Friendly Steps to the Bamboo Garden 4:00 Dinner</div>		<div>Birthday: Charles Horace Mayo, American surgeon (1865)</div> <div>19</div> <div>Birthday: Edgar Degas, French Impressionist painter (1834) Toss Away the "Could Haves" and "Should Haves" Day 9:00 Morning Greeting 9:15 News and Views: You Can Still Work If You Want To 9:30 Plaza Life Fitness: Peaceful Poses 10:45 Celebrating the Moment: Bucket List Review 11:30 Lunch 1:00 In the Home: Courtyard Picnic 2:30 🌀 Recreating the Classroom Experience: Staying Inside the Lines 3:15 Games and Things to Do Together: Melody Moments 4:00 Dinner 5:00 🌀 Movie Night: Encanto - Mirabel discovered she may be the key to saving the magic that surrounds her extraordinary family.</div>	
<div>9:00 Morning Greeting</div> <div>20</div> <div>9:15 News and Views: Reading Our Horoscopes 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Games and Things To Do Together: Extreme Dot-to-Dot 10:45 Celebrating the Moment: Travel Images 11:30 Lunch 1:00 Church Service with Pastor Carl & Pastor Steve 2:45 Sunshine & Friendship Walk 3:15 Games and Things to Do Together: Word Bingo 4:00 Dinner</div>		<div>Birthday: Frances Cleveland, American First Lady to President Grover Cleveland (1864)</div> <div>21</div> <div>9:00 Morning Greeting 9:15 News and Views: Rooms You Never Knew Were in the White House 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Ice Paintings 10:45 Celebrating the Moment: Product Slogans 11:30 Lunch 1:00 Plaza Life Fitness: Range of Motion 1:45 Games and Things To Do Together: Crossword Clues 2:15 In the Home: Matching the Numbers with Cups 3:00 🌀 Recreating the Classroom Experience: Sing & Dance to Your Favorite Songs 4:00 Dinner</div>		<div>National Be a Good Teammate Day</div> <div>22</div> <div>9:00 Morning Greeting 9:15 News and Views: Playing Sports 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Nursery Rhyme Quiz 10:45 Celebrating the Moment: The Name Game 11:30 Lunch 1:00 In the Home: Guided Meditation 2:00 🚗 Recreating the Classroom Experience: The Ultimate Fun Ride to Nu'uano Pali Lookout 3:15 Plaza Life Fitness: Chair Dance 4:00 Dinner</div>		<div>Gorgeous Grandma Day</div> <div>23</div> <div>9:00 Morning Greeting 9:15 News and Views: What Was Your Grandma Like? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Matching Memory Game (Idioms) 11:30 Lunch 1:00 Plaza Life Exercise: Move it, Shake it 1:30 🌀 Afternoon Cinema & Movie Theater Snacks: The Shaggy Dog - A magical ring transforms a teenager into a lumbering sheepdog. 2:00 🐉 Recreating the Classroom Experience: A Joyful Journey to Magic island 3:30 In the Home: Soothing Sips & Gentle Touch 4:00 Dinner</div>		<div>Tell an Old Joke Day</div> <div>24</div> <div>9:00 Morning Greeting 9:15 News and Views: Telling Jokes 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Balloon Basketball 10:45 Celebrating the Moment: Animal Words 11:30 Lunch 1:00 Plaza Life Fitness: Flow & Flex Time 1:45 In the Home: Courtyard Stroll with Friends 2:30 🌀 Recreating the Classroom Experience: Paint by Number "Under the Sea" 3:15 Game and Things to Do Together: Music Therapy 4:00 Dinner</div>		<div>Constitution Day in Puerto Rico</div> <div>25</div> <div>9:00 Morning Greeting 9:15 News and Views: Traveling to the Caribbean 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Song Writing 10:45 Celebrating the Moment: Foods and Feelings 11:30 Lunch 1:00 🌀 Community Spirit / Doing for Others: Tissue Flowers 1:45 Games and Things to Do Together: Golden Tunes & Goodies 2:30 Recreating the Classroom Experience: Mashed Potatoes and Eat Your Veggies Word Search 3:15 In the Home: Friendly Steps to the Bamboo Garden 4:00 Dinner</div>		<div>Aunts and Uncles Day</div> <div>26</div> <div>9:00 Morning Greeting 9:15 News and Views: Famous Aunts and Uncles 9:30 Plaza Life Fitness: Peaceful Poses 10:45 Celebrating the Moment: Transportation 11:30 Lunch 1:00 In the Home: Courtyard Picnic 2:30 🌀 Recreating the Classroom Experience: Color by Number "Happy Bee" 3:15 Games and Things to Do Together: Melody Moments 4:00 Dinner 5:00 🌀 Movie Night: Bedknobs and Broomsticks - Three children and an amateur witch team up to save England from invasion.</div>	
<div>Take Your Houseplants for a Walk Day</div> <div>27</div> <div>9:00 Morning Greeting 9:15 News and Views: How To Keep Your Plants Alive 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 🌀 Games and Things To Do Together: Extreme Dot-to-Dot 10:45 Celebrating the Moment: Wish On A Star 11:30 Lunch 1:00 Church Service with Pastor Carl & Pastor Steve 2:45 Sunshine & Friendship Walk 3:15 Games and Things to Do Together: Word Bingo 4:00 Dinner</div>		<div>National Milk Chocolate Day</div> <div>28</div> <div>9:00 Morning Greeting 9:15 News and Views: Remember Nestle's Quik? 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Seated Volley 10:45 Celebrating the Moment: Family Backgrounds 11:30 Lunch 1:00 Plaza Life Fitness: Range of Motion 1:45 Games and Things To Do Together: Crossword Clues 2:15 In the Home: Matching the Numbers with Cups 3:00 🌀 Recreating the Classroom Experience: Sing & Dance to Your Favorite Songs 4:00 Dinner</div>		<div>Birthday: Alexis de Tocqueville, French politician and author who wrote about the United States (1805)</div> <div>29</div> <div>First part of novelist J. R. R. Tolkien's The Lord of the Rings series was published (1954) 9:00 Morning Greeting 9:15 News and Views: Favorite Types of Books 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Summer Mad Lib Marathon 10:45 Celebrating the Moment: The American Flag 11:30 Lunch 1:00 In the Home: Guided Meditation 2:00 🐉 Recreating the Classroom Experience: A thrilling Ride "Children's Discovery Center " 3:15 Plaza Life Fitness: Chair Dance 4:00 Dinner</div>		<div>International Day of Friendship (Friendship Day is August 3)</div> <div>30</div> <div>9:00 Morning Greeting 9:15 News and Views: Tell Me About Your Best Friend 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Matching Memory Game (Idioms) 11:30 Lunch 1:00 Plaza Life Exercise: Move it, Shake it 1:30 🌀 Afternoon Cinema & Movie Theater Snacks: The Good Dinosaur - A dinosaur named Arlo makes an unlikely friend during his journey home. 2:00 🐉 Recreating the Classroom Experience: Enjoy the Ride to Diamond Head 3:30 In the Home: Soothing Sips & Gentle Touch 4:00 Dinner</div>		<div>National Raspberry Cake Day</div> <div>31</div> <div>9:00 Morning Greeting 9:15 News and Views: Fruit Desserts 9:30 Hali'a Resistance Training Circuit & Hydration 10:00 Morning Surprise: Kickball or Other Physical Act 10:45 Celebrating the Moment: The Best Thing Since Sliced Bread 11:30 Lunch 1:00 Plaza Life Fitness: Flow & Flex Time 1:45 In the Home: Courtyard Stroll with Friends 2:30 🌀 Recreating the Classroom Experience: Paint by Number " Under Sea Mystery" 3:15 Game and Things to Do Together: Music Therapy 4:00 Dinner</div>		<div><p>“Do the best you can until you know better. Then when you know better, do better.”</p><p>— Maya Angelou</p></div> <div></div>			