

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>National Candy Making Day</b> 1:00 Plaza Life Walking Club 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:30  Walking Club Inside or Outside [A] 10:00 Matching Game and Puzzles 11:00 <b>LUNCH</b> 12:30  Chair Yoga with Sherry Zak Morris [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Ring Toss to Classical Music [A] 2:30  Plaza Sing A Long [A] 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00  Movie Night [A]	<b>National Ground Hog Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 10:00  Hank the Singing Dutchman [A] 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Walking Club Inside or Outside 1:30 Dancersize (Low Impact) 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00  Afternoon Stretch [A] 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Carrot Cake Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  SONG OF THE DAY: [A] 10:00  Hali'a Best Friend of the Month: Dancercise [A] 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Walking Club Inside or Outside 1:30 Dancersize (Low Impact) 2:00 Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00  Afternoon Stretch [A] 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Homemade Soup Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:45  Sightseeing For Hali'a 10:00  New Hope Church Service [T] 11:00 <b>LUNCH</b> 12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 BINGO 2:30  Scarf Dancing to Pop Music 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>Dress Day: Sweaters</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:45  Drums are Alive! 10:00  New Hope Church Service [T] 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30  Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Scarf Juggling to Pop Music [A] 2:30 Sing A-long 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Lemon Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 10:00  Music with Dean Hirata [A] 11:00 <b>LUNCH</b> 12:30  Mindful Stretching (Yoga, Meditation, Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Scarf Juggling to Pop Music [A] 2:30 Sing A-long 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Ballet Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 10:00 BINGO [A] 11:00 <b>LUNCH</b> 12:30 Plaza Life Exercises 1:00  Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Mindful Coloring and Classical Musical 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	
<b>Dress Day: Football Jersey or Shirts</b> <b>Super Bowl Day</b> 1:00 Plaza Life Walking Club 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:30  Walking Club Inside or Outside [A] 10:00  Craft: Making Team Color Pompoms [A] 10:45 Place Your Bets! Who Is Winning Superbowl? 11:00 <b>LUNCH</b> 12:30  Chair Yoga with Sherry Zak Morris [A] 1:00 Plaza Life Walking Club 1:30 Super Bowl Watch Party 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Ring Toss to Classical Music [A] 2:30  Plaza Sing A Long [A] 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00  Movie Night [A]	<b>National Hershey's Chocolate Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:45  Sightseeing for Hali'a 10:00  Plaza Voyages to China: Coloring a Dragon [A] 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Walking Club Inside or Outside 1:30 Dancersize (Low Impact) 2:00  Community Bonding: Ukulele Sing-a-Long with Jeremy [A] 3:00  Afternoon Stretch [A] 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>Dress Day: Plaza Shirts</b> <b>National Umbrella Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:45  Sightseeing for Hali'a 10:00  New Hope Church Service [T] 11:00 <b>LUNCH</b> 12:00 Recharge Hour- Mindful Coloring with Classical Music 12:30 Plaza Life Exercises 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 BINGO 2:30  Counting Game! [A] 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Appreciate a Friend Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:45  Sightseeing for Hali'a 10:00  New Hope Church Service [T] 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30  Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Scarf Juggling to Pop Music [A] 2:30 Sing A-long 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Giving Hearts Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 10:00 Drums are Alive! 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30  Chair Tai Chi [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Scarf Juggling to Pop Music [A] 2:30  Counting Game! [A] 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Bird Watching Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 10:00 Dancersize (Low Impact) [A] 11:00 <b>LUNCH</b> 12:30  Mindful Stretching (Yoga, Meditation, Low Impact) [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Scarf Juggling to Pop Music [A] 2:30 Sing A-long 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>Dress Day: Red, Pink, and/or Hearts</b> <b>Happy Valentine's Day</b> <b>Valentine's Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Chinese Lion Dance [L] 9:30  Walking Club (On the Floor or Outside) [A] 10:00 BINGO [A] 11:00 <b>LUNCH</b> 12:30 Plaza Life Exercises 1:00  Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Valentines Day Craft 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]	<b>National Telephone Book Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 10:00 BINGO [A] 11:00 <b>LUNCH</b> 12:30 Plaza Life Exercises 1:00  Plaza Life Walking Club [A] 1:30 Tea Time in the Bistro or Hoku Terrace 2:00 Game: Telephone 2:30 Balloon Volleyball 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00 Movie Night [A]
<b>National Nascar Day</b> 1:00 Plaza Life Walking Club 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:30  Walking Club Inside or Outside [A] 10:00 Matching Game and Puzzles 11:00 <b>LUNCH</b> 12:30  Chair Yoga with Sherry Zak Morris [A] 1:00 Plaza Life Walking Club 1:30 Tea Time in the Bistro or Hoku Terrace 2:00  Ring Toss to Classical Music [A] 2:30  Plaza Sing A Long [A] 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00  Movie Night [A]	<b>Presidents Day</b> 7:00 <b>BREAKFAST</b> 8:15  Circle Time: Morning Discussions [A] 8:30 Pledge of Allegiance/ Hawaii Pono'i 9:00  Plaza Life Exercises [A] 9:30  Walking Club (On the Floor or Outside) [A] 9:45  Sightseeing for Hali'a 10:00 Plaza Voyages to China: Coloring and Making Fans 11:00 <b>LUNCH</b> 12:00 Medical Transportation 12:30 Plaza Life Exercises 1:00 Walking Club Inside or Outside 1:30 Dancersize (Low Impact) 2:00  Plaza Sing A-long [A] 2:30  Afternoon Stretch [A] 3:00  Afternoon Stretch [A] 3:45 Clean Up, Water & Bathroom Break 4:00 <b>DINNER</b> 6:00  Movie Night [A]	<b>Ash Wednesday</b> 7:00 <b>BREAKFAST</b> 8:15 <img alt="blue flower icon" data-bbox="18 125					