

NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Van Departures</p> <p>Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>KEY</p> <p>A – Activity Room MR – Media Room GR – Game Room FD – Front Desk B – Bistro S – Supervised U – Unsupervised</p>					
<p>3.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Nu'uauu (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Ancient Apocalypse: America's Ep 1 (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Wii: The Price is Right (MR) National Sandwich Day</p>	<p>4.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:00 - Shopping: Safeway Waikale (U) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 11:45 - Scenic: Nu'uauu (S) 1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Korean Drama (MR) 2:00 - Hidden Pictures (GR) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Zookeeper (MR) 3:30 - Old Wives Tale Game (A) National Candy Day</p>	<p>5.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:20 - Nickel Bingo (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Tea Time Tuesday (A) 2:30 - Outdoor Stroll Walking Club (A) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) National Football Day</p>	<p>6.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Craft: Hershey Kiss Turkey (A) 3:00 - Gorgeous Grams Nail Painting (GR) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Stress Awareness Day</p>	<p>7.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Senior Moments (A) 1:00 - Holoholo: Chun Wah Kam (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) National Bittersweet Chocolate Day</p>	<p>8.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music with Michael (A) 1:00 - Hidden Pictures (MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Edible Craft: Turkey Snack Gloves (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) National STEM Day</p>	<p>9.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Chester & Henry Music Performance (A) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Strength and Balance Fuzion Fitness with Daniel (A) 3:00 - Hangman Word Game (A) 3:30 - Hanafuda (A) National Go To An Art Museum Day</p>
<p>10.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Sandy Beach (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Ancient Apocalypse: America's Ep 2 (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Wii: Sports (MR) National Vanilla Cupcake Day</p>	<p>11.</p> <p>8:15 - Exercise (MR) 9:00 - Hydration Recharge (MR) 9:00 - Shopping: Marukai (U) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Bingo (A) 10:00 - Crafting with Linda (A) 11:45 - Scenic: Sandy Beach (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Bad Boys Ride or Die (MR) 3:30 - Guess in 10 Trivia Game (A) Veteran's Day</p>	<p>12.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Hawaii Dance Bomb Silent Disco (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Body and Brain Yoga with Karen (A) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) National Happy Hour Day</p>	<p>13.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 9:30 - Karaoke Gang (A) 11:15 - Kau Kau Club: Kozo Sushi (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Craft: Paper Roll Turkey Windsock (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) World Kindness Day</p>	<p>14.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Golden Serenaders (A) 1:00 - Holoholo: Leonard's Malasadas (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Krisita (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) National Family Day</p>	<p>15.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Plaza Casino: Blackjack (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Thanksgiving Hangman Word Game (A) 3:30 - Hanafuda (A) America Recycles Day</p>	<p>16.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Zumba with Annette (A) 10:00 - UH Football at Utah State (MR) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Thanksgiving Activities with Grace and Friends (A) 3:00 - New Horizon Chair Exercises (MR) 3:30 - Hangman Word Game (A) National Button Day</p>
<p>17.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Kahalu'u (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Ancient Apocalypse: America's Ep 3 (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Music with Dean (MR) National Butter Day</p>	<p>18.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:00 - Shopping: Target Salt Lake (U) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 11:45 - Scenic: Kahalu'u (S) 1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Woman of the Hour (MR) 3:30 - I Should've Known That Trivia Game (A) Mickey Mouse's Birthday Day</p>	<p>19.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Piano Performance with Roy (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Orange Soda Ice Cream Floats (A) 2:30 - Outdoor Stroll Walking Club (L) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - OK Boomer Trivia Game (A) 3:30 - Hanafuda (A) National Play Monopoly Day</p>	<p>20.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music with Mike Kahue (A) 11:15 - Kau Kau Club: Kehau's Kitchen (S) 1:00 - Creative Coloring (MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Craft: Thankful Tree (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Absurdity Day</p>	<p>21.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Mellow Friends Karaoke Group (A) 10:50 - Japanese Speaking Bible Study with Keiko (B) 1:00 - Holoholo: Nanding's Bakery (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) National Gingerbread Cookie Day</p>	<p>22.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Performance with Glenna and Dave (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Bingo (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) National Go For A Ride Day</p>	<p>23.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music with Michael (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Plaza Casino: Blackjack (A) 3:00 - Fuzion Fitness Seated Zumba (MR) 3:00 - Hangman Word Game (A) 3:30 - Hanafuda (A) National Family Volunteer Day</p>
<p>24.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Waikiki (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Ancient Apocalypse: America's Ep 4 (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Bowling (MR) Celebrate Your Unique Talent Day</p>	<p>25.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:00 - Shopping: H-Mart (U) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Body & Brain Tai Chi with Karen (A) 11:45 - Scenic: Waikiki (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Family Pack (MR) 3:30 - Old Wives Tale Trivia Game (A) National Parfait Day</p>	<p>26.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Tea Time Tuesday (A) 2:30 - Outdoor Stroll Walking Club (L) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) Giving Tuesday</p>	<p>27.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Hank the Singing Dutchman (A) 11:15 - Kau Kau Club: Matsuzaka Tei (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Craft: Pipe Cleaner Turkey (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Jukebox Day</p>	<p>28.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Thanksgiving Nickel Bingo (A) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Pumpkin Pie Social (A) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) Happy Thanksgiving Day</p>	<p>29.</p> <p>8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Inspirational Music with Wally (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Bingo (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) National Electronic Greetings Day</p>	<p>30.</p> <p>8:15 - Exercise (MR) 9:00 - Hydration Recharge (MR) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - PCHS Spanish Club Gingerbread House Decorating (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Plaza Casino: Blackjack (A) 3:00 - New Horizon Chair Exercises (MR) 3:00 - Hangman Word Game (A) 3:30 - Hanafuda (A) 6:00 - UH Football vs. New Mexico (MR) National Mousse Day</p>

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.