

-SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>5.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi 12:30 – Lunch 1:30 – Donut Trivia 2:00 – Sensory Shenanigans 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Mini Golf 3:30 – Word Search 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Donut Day</b></p>	<p><b>6.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bing 12:30 – Lunch 1:30 – Nachos Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:15 – Van Ride 3:30 – Bracelet Beading 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Nachos Day</b></p>	<p><b>7.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Chocolate Trivia 2:00 – Sing-Along with Susie Q 2:00 – Afternoon Tea in the Courtyard (C) 2:30 – Pet Therapy with Lii Lii (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Bittersweet Chocolate Day</b></p>	<p><b>8.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Body &amp; Brain Yoga with Karen (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Cappuccino Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:15 – Van Ride 3:30 – Craft: Paper Plate Scare Crow 4:30 – Exercise 5:15 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Cappuccino Day</b></p>	<p><b>9.</b> 8:30 – Breakfast 9:30 – Sing-Along with Susie Q 9:30 – Karaoke Gang (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Louisiana Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Louisiana Day</b></p>	<p><b>10.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Music with Dean (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 1:30 – Flowers Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Courtyard Cruising (C) 2:00 – Popsicles (C) 2:30 – Aromatherapy Hand Massage(C) 3:00 – Name That Animal Game 3:30 – Music Mania! 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Forget-Me-Not Day</b></p>	<p><b>11.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Hank the Singing Dutchman (A) 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 12:30 – Lunch 1:30 – Veterans Trivia 2:00 – Saturday Matinee Movie 2:00 – Strength and Balance Fuzion Fitness with Daniel (A) 3:00 – Swatter Balloon Volleyball 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>Veteran's Day</b></p>
<p><b>12.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi 12:30 – Lunch 1:30 – Pizza Trivia 2:00 – Sensory Shenanigans 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Basketball 3:30 – Word Search 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Pizza with the Works Day</b></p>	<p><b>13.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Crafting with Linda (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 1:30 – November Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:15 – Van Ride 3:30 – Bracelet Beading 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>World Kindness Day</b></p>	<p><b>14.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – Hawaii Dance Bomb Silent Disco 12:30 – Lunch 1:30 – Pajamas Trivia 2:00 – Sing-Along with Susie Q 2:00 – Afternoon Tea in the Courtyard (C) 2:30 – Pet Therapy with Lii Lii (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Family PJ Day</b></p>	<p><b>15.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Music with Mike Kahue (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Recycling Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:15 – Van Ride 3:30 – Craft: Windsock Turkey 4:30 – Exercise 5:15 – Water &amp; Bathroom Break 5:30 – Dinner <b>America Recycles Day</b></p>	<p><b>16.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Music with Dean (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Button Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Button Day</b></p>	<p><b>17.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Baklava Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Courtyard Cruising (C) 2:00 – Popsicles (C) 2:30 – Aromatherapy Hand Massage(C) 3:00 – Guess in 10 Game 3:30 – Music Mania! 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Baklava Day</b></p>	<p><b>18.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Hank the Singing Dutchman (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Mickey Mouse Trivia 2:00 – Saturday Movie Matinee 2:00 – Courtyard Cruising (C) 3:00 – 7th Day Adventist Choir (A) 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>Mickey Mouse Birthday</b></p>
<p><b>19.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi 12:30 – Lunch 12:30 – Lunch 1:30 – Carbonation Trivia 2:00 – Sensory Shenanigans 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Bean Bag Toss 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Carbonated Beverage Day</b></p>	<p><b>20.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bing 1:30 – Peanut Butter Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:15 – Van Ride 3:30 – Bracelet Beading 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Peanut Butter Fudge Day</b></p>	<p><b>21.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Piano Performance with Roy (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 11:30 – Bing 12:30 – Lunch 1:30 – Gingerbread Trivia 2:00 – Sing-Along with Susie Q 2:00 – Afternoon Tea in the Courtyard (C) 2:30 – Pet Therapy with Lii Lii (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Gingerbread Cookie Day</b></p>	<p><b>22.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Jukebox Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:15 – Van Ride 3:30 – Craft: Paper Roll Turkey 4:30 – Exercise 5:15 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Jukebox Day</b></p>	<p><b>23.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Thanksgiving Bingo 12:30 – Lunch 1:30 – Thanksgiving Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>Thanksgiving Day</b></p>	<p><b>24.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Inspirational Music w/ Wally (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Maize Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Courtyard Cruising (C) 2:00 – Popsicles (C) 2:30 – Aromatherapy Hand Massage(C) 3:00 – Name That Animal Game 3:30 – Music Mania! 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>Maize Day</b></p>	<p><b>25.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Ukulele Performance w/ Jackie (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Parfait Trivia 2:00 – Saturday Movie Matinee 2:00 – Ukulele Performance w/ Terry (A) 3:00 – Hangman Word Game 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Parfait Day</b></p>
<p><b>26.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi 12:30 – Lunch 1:30 – Cake Trivia 2:00 – Sensory Shenanigans 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Mini Golf 3:30 – Word Search 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Cake Day</b></p>	<p><b>27.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bing 1:30 – Bavarian Trivia 2:00 – Sensory Shenanigans 2:00 – Movie 2:15 – Van Ride 3:30 – Bracelet Beading 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Bavarian Day</b></p>	<p><b>28.</b> 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Body and Brain Tai Chi w/ Karen (A) 11:00 – Exercise 11:45 – Water &amp; Bathroom Break 12:00 – What's on the Menu? 11:30 – Bing 12:30 – Lunch 1:30 – Turkey Trivia 2:00 – Sing-Along with Susie Q 2:00 – Afternoon Tea in the Courtyard (C) 2:30 – Pet Therapy with Lii Lii (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Day of Giving</b></p>	<p><b>29.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Electronics Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:15 – Van Ride 3:30 – Craft: Paper Carnucopia 4:30 – Exercise 5:15 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Electronic Greetings Day</b></p>	<p><b>30.</b> 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water &amp; Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Mason Jars Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water &amp; Bathroom Break 5:30 – Dinner <b>National Mason Jar Day</b></p>	<p><b>Van Departures</b> Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>KEY</b> C – Courtyard A – Activity Room</p>