

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Sand Island (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Explained S1 Ep 8 (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Target Mini Golf (A) 3:30 - Hanafuda (A) National Dark Chocolate Day</p>	<p>2. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:30 - Shopping: Ani Bakeshop (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 11:45 - Scenic: Sand Island (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Ukulele Day</p>	<p>3. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Nickel Bingo (A) 10:45 - Resident Council (A) 11:00 - Bible Study with Gene and Laurent (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L) National Carrot Cake Day</p>	<p>4. 8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Chair Yoga with Hang Zen Yogis (A) 11:15 - Kau Kau Club: Olive Garden Kapolei (S) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (R) 2:00 - Celebration Card Creations (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Thank A Mail Carrier Day</p>	<p>5. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) 1:00 - Holoholo: Brug Bakery (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B) National Optimist Day</p>	<p>6. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Music with Michael (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Word Search Hour (FD) 2:00 - Movie: Shakespeare in Love (MR) 3:00 - Brain Buster Packs (FD) 7:00 - Friday Night Social with DOMH Mike (B) National Wear Red Day</p>	<p>7. 8:15 - Seated Strength Exercise A (MR) 9:00 - Hydration Recharge (MR) 9:05 - Seated Strength Exercise A (MR) 9:50 - Hydration Recharge (MR) 10:00 - Nickel Bingo (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Zumba with Annette (A) 2:00 - Talk Story with Pageant Title Holders (L) 3:00 - Plaza Casino: Nickel Blackjack (MR) National Ice Cream for Breakfast Day</p>
<p>8. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Makaha Valley (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 1:30 - Superbowl Tailgate Party: Patriots vs. Seahawks (A)(MR) 2:30 - Errand Run (U) 3:00 - Suspend Game (A) 3:30 - Hanafuda (A) Superbowl</p>	<p>9. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:30 - Shopping: Foodland Farms Kapolei (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Crafting with Linda (A) 11:45 - Scenic: Makaha Valley (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Pizza Day</p>	<p>10. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Hawaii Dance Bomb Silent Disco (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L) National Flannel Day</p>	<p>11. 8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Crafting with Ashleen: Valentines Pop up Card (A) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (R) 2:00 - Bingo (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Guitar Day</p>	<p>12. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 9:30 - Karaoke Gang (A) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B) National Plum Pudding Day</p>	<p>13. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Adventurous Appetite with Abyjane: Fried Silit (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Bingo (A) 7:00 - Friday Night Social with DOMH Mike (B) National Cheddar Day</p>	<p>14. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Activities with Grace and Friends (A) 10:00 - Talk Story with Pageant Title Holders (L) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Strength and Balance Fuzion Fitness with Daniel (A) 3:00 - Plaza Casino: Nickel Blackjack (MR) Valentine's Day</p>
<p>15. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 9 (MR) 2:00 - Music with Dean (A) 3:00 - Jenga (A) 3:30 - Hanafuda (A) National Wisconsin Day</p>	<p>16. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Zumba with Annette (A) 1:45 - Chinese New Year Lion Dance with Gee Yung Lion Dance Association (B) 3:00 - Bingo (A) 3:00 - Korean Drama (MR) Presidents Day</p>	<p>17. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Music with Pono (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L) Chinese New Year</p>	<p>18. 8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Music with Mike Kahue (A) 10:30 - Birthday Bash (A) 11:15 - Kau Kau Club: Kam Bowl Restaurant (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Celebration Card Creations (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Drink Wine Day</p>	<p>19. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Mellow Friends Karaoke Group (A) 10:50 - Japanese Speaking Bible Study with Keiko (B) 1:00 - Holoholo: Nagoya Bakery (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B) 3:30 - Mint Chocolate Ice Cream Cone (A) National Chocolate Mint Day</p>	<p>20. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Music with Dave and Friends (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Cooking Corner: Cold Sesame Noodles (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Bingo (A) 7:00 - Friday Night Social with DOMH Mike (B) National Muffin Day</p>	<p>21. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - PCHS Spanish Club Activities (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Crafting with Ashleen: Lunar New Year Lantern (A) 3:00 - 7th Day Adventist Choir (A) 3:30 - Hanafuda (A) National Red Socks Day</p>
<p>22. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Ala Moana Beach (S) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 10 (MR) 2:00 - Music with Dean (A) 2:30 - Errand Run (U) 3:00 - Mini Golf (A) 3:30 - Hanafuda (A) National California Day</p>	<p>23. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:30 - Shopping: Savers Waipahu (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 11:45 - Scenic: Ala Moana Beach (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Banana Bread Day</p>	<p>24. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Music with Pono (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L) National Tortilla Chip Day</p>	<p>25. 8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Hank the Singing Dutchman (A) 11:15 - Kau Kau Club: 604 Ewa (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Craft: Chinese New Year Paper Fireworks (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Clam Chowder Day</p>	<p>26. 8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) 1:00 - Holoholo: Nisshodo (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B) 3:30 - Pistachio Ice Cream Cones (A) National Pistachio Day</p>	<p>27. 8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Inspirational Music w/ Wally (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Cooking Corner: Chicken Lettuce Wraps (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Bingo (A) 7:00 - Friday Night Social with DOMH Mike (B) National Strawberry Day</p>	<p>28. 8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Strength and Balance Fuzion Fitness with Daniel (A) 3:00 - Plaza Casino: Nickel Blackjack (MR) National Floral Design Day</p>
<p>Van Departures Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>KEY A – Activity Room MR – Media Room 3rd – Third Floor GR – Game Room FD – Front Desk B – Bistro L – Library S – Supervised U – Unsupervised</p>					

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.