	THE PL	ZA	AUG	UST 2	025		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Van Departures	KEY				1. 8:15 - Circuit Training B (3rd)	2. 8:15 - Seated Strength Exercise A (A)
	vail Departures				AT WELL AND SHOP IN	9:00 - Hydration Recharge (3rd)	
С	Please meet in	A - Activity Room					9:00 - Hydration Recharge (A)
7	lease meet in	MR - Media Room				9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise A (A)
1	// . //	3rd - Third Floor			()	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (A)
44	the lobby 15			Walk of		10:00 - Seated Strength Exercise B (A)	10:00 - Nickel Bingo (A)
		GR - Game Room				1:00 - Hidden Pictures (GR)	1:00 - Guided Meditation (MR)
	minutes prior	FD – Front Desk				1:30 - Pet Therapy with Zodiac (A)	1:00 - Creative Coloring (GR)
3	maces prior	B – Bistro				2:00 - Bingo (A)	1:30 - Aromatherapy Hand Massage (A)
	4. 20	S – Supervised				3:00 - Brain Buster Puzzle Packs (FD)	
	to all van					3:00 - Ball Drumming Jazzercise with	2:00 - Zumba with Annette (A)
1		U – Unsupervised				Danicah (MR)	3:00 - Ice Cream Sandwiches (A)
	departures.					7:00 - Friday Night Social with Mike (B)	3:30 - Hanafuda (A)
						International Mahjong Day	National Ice Cream Sandwich Day
3. 8:	15 - Seated Strength Exercise A (A)	4. 8:15 - Circuit Training A (3rd)	5. 8:15 - Circuit Training B (3rd)	6. 8:15 - Seated Strength Exercise B (A)	7. 8:15 - Circuit Training A (3rd)	8. 8:15 - Circuit Training B (3rd)	9. 8:15 - Seated Strength Exercise A (A)
	00 - Hydration Recharge (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)	October State Control of the Control	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)
9:0	05 - Seated Strength Exercise A (A)	9:00 - Shopping: Nijiya Market (U)	9:05 - Circuit Training B (3rd)	STATE OF THE STATE	9:00 - Hydration Recharge (3rd)	9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise A (A)
9:8	50 - Hydration Recharge (A)	9:05 - Circuit Training A (3rd)	9:50 - Hydration Recharge (3rd)	9:05 - Seated Strength Exercise B (A)	9:05 - Circuit Training A (3rd)		train
- 3	:00 - Nickel Bingo (A)	9:50 - Hydration Recharge (3rd)	10:15 - Resident Council (A)	9:50 - Hydration Recharge (A)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (A)
11	:00 - Pet Therapy with Chibi and Wicket (A)	10:00 - Seated Strength Exercise B (A)	10:30 - Nickel Bingo (A)	10:00 - Bingo (A)	10:00 - Seated Strength Exercise A (A)	10:00 - Seated Strength Exercise B (A)	10:00 - Activities with Grace and
11	:00 - Word of Life Christian Online	11:45 - Scenic: Kalihi Valley (S)	11:00 - Bible Study with Gene and	1:00 - Creative Coloring (A)	1:00 - Holoholo: Nisshodo (U)	1:00 - Hidden Pictures (GR)	Friends (A)
1	Service (MR)	1:00 - Word Search Hour (GR)	Laurent (MR)	1:30 - Aromatherapy Hand Massage (A)	1:00 - Word Search Hour (GR)	1:30 - Pet Therapy with Zodiac (A)	1:00 - Guided Meditation (MR)
1:0	00 - Hidden Pictures (A)	1:30 - Aromatherapy Hand Massage (GR)	1:00 - Hidden Pictures (GR)	2:00 - Craft: Air-Dry Clay Desserts (A)	1:30 - Aromatherapy Hand Massage (GR)	2:00 - Bingo (A)	1:00 - Creative Coloring (GR)
	30 - Aromatherapy Hand Massage (A)	2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A)	2:00 - Seated Tai Chi with Glenn (A)			3:00 - Brain Buster Puzzle Packs (FD)	1:30 - Aromatherapy Hand Massage (GR)
	00 - Documentary: History 101 S2 Ep 2 (MR)	3:00 - Book Club Reading with CeCe (A)	2:30 - Errand Run (U)	3:00 - Root Beer Floats Tasting (A)	2:00 - Hidden Pictures Hour (GR)	3:00 - Ball Drumming Jazzercise with	2:00 - Strength and Balance Fuzion
	00 - Plaza Casino; Blackjack (A) 00 - Jenga (A)	3:00 - Korean Drama (MR)	3:00 - Tea Time Tuesday (A)	3:00 - Praise and Bible Study with First	3:00 - Chair Yoga Dance Exercise (MR)	Danicah (MR)	Fitness with Daniel (A)
800	30 - Hanafuda(A)	3:00 - Hangman Word Game (A)	3:30 - Mindful Nature Walk (L)	Baptist Pearl City Church (MR)	3:00 - Residents Choir Practice (B)	7:00 - Friday Night Social with Mike (B)	3:00 - Nickel Bingo (A)
	National Friendship Day	National Chocolate Chip Cookie Day	National Oyster Day	National Root Beer Float Day	National Raspberries N Cream Day	National Dollar Day	National Book Lovers Day
8:1). 15 - Seated Strength Exercise A (A)	11. 8:15 - Circuit Training A (3rd)	12. 8:15 - Circuit Training B (3rd)	13. 8:15 - Seated Strength Exercise B (A)	14. 8:15 - Circuit Training A (3rd)	15. 8:15 - Circuit Training B (3rd)	16. 8:15 - Seated Strength Exercise A (A)
37.55	00 - Hydration Recharge (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)
	05 - Seated Strength Exercise A (A)	9:00 - Shopping: Daiso (U)	9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise B (A)	9:05 - Circuit Training A (3rd)		9:05 - Seated Strength Exercise A (A)
	50 - Hydration Recharge (A) :00 - Nickel Bingo (A)	9:05 - Circuit Training A (3rd)			9:50 - Hydration Recharge (3rd)	9:05 - Circuit Training B (3rd)	280/
N	:00 - Pet Therapy with Chibi and	9:50 - Hydration Recharge (3rd)	9:50 - Hydrafion Recharge (3rd)	9:50 - Hydration Recharge (A)	9:30 - Karaoke Gang (A)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (A)
	Wicket (A)	10:00 - Crafting with Linda (A)	10:00 - Hawaii Dance Bomb Silent Disco (A)	10:00 - Bingo (A)	1:00 - Holoholo: Hula Boba (U)	10:00 - Music with Michael (A)	10:00 - Zumba with Annette (A)
11	:00 - Word of Life Christian Online Service (MR)	11:45 - Scenic: Haleiwa Town (S)	11:00 - Bible Study with Gene and	11:15 - Kau Kau Club: Old Spaghetti Factory (\$)	1:00 - Word Search Hour (A)	1:00 - Hidden Pictures (GR)	1:00 - Guided Meditation (MR)
12	:45 - Scenic: Haleiwa Town (S)	1:00 - Word Search Hour (A)	Laurent (MR)	1:00 - Creative Coloring (A)	1:30 - Aromatherapy Hand Massage (A)	1:30 - Pet Therapy with Zodiac (A)	1:00 - Creative Coloring (GR)
	00 - Hidden Pictures (GR)	1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR)	1:00 - Hidden Pictures (GR)	1:30 - Aromatherapy Hand Massage (A)	2:00 - Crafting with Kristia (A)	2:00 - Bingo (A)	1:30 - Aromatherapy Hand Massage (GR)
	30 - Aromatherapy Hand Massage (GR) 30 - Documentary: History 101 S2 Ep 3(MR)	2:00 - Men's Club With Bryan (MK) 2:00 - Bracelet Beading (A)	2:00 - Seated Tai Chi with Glenn (A)	2:00 - Birthday Card Creation Club (A)	2:30 - Errand Run (U)		2:00 - Nickel Bingo (A)
2:0	00 - Music with Dean (A)	3:00 - Book Club Reading with CeCe (A)	2:30 - Errand Run (U)	3:00 - Gorgeous Grams Nail Painting (A)	3:00 - Chair Yoga Dance Exercise (MR)	3:00 - Brain Buster Puzzle Packs (FD)	3:00 - New Horizon Chair Exercises (MR)
	30 - Errand Run (U) 30 - Suspend Game (A)	3:00 - Korean Drama (MR)	3:00 - Tea Time Tuesday (A)	3:00 - Praise and B <mark>ible St</mark> udy with First	3:00 - Residents Choir Practice (B)	3:00 - Plaza Casino: Blackjack (A)	3:00 - 7 th Day Adventist Choir (A)
	30 - Hanafuda (A)	3:30 - Guess in 10 Trivia Game (A)	3:30 - Mindful Nature Walk (L)	Baptist Pearl City Church (MR)	3:30 - Creamsicles (B)	7:00 - Friday Night Social with Mike (B)	3:30 - Hanafuda (A)
	National S'mores Day	National Raspberry Bombe Day	National Vinyl Record Day	National Prosecco Day	National Creamsicle Day	National Relaxation Day	National Tell A Joke Day
ALC: UNKNOWN	MILE ALIGNOS AND	ese activities! Please speak with you	ur adjusties assistant or the Ad	The state of the s	ments, or questions about	s. Please note that all activities ar	nd times are subject to change.

PLAZA AUGUST 2025

	at P	orl City	No.				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:15 - Seated Strength Exercise A (A)	18. 8:15 - Circuit Training A (3rd)	19. 8:15 - Circuit Training B (3rd)	20. 8:15 - Seated Strength Exercise B (A)	21. 8:15 - Circuit Training A (3rd)	22. 8:15 - Circuit Training B (3rd)	23. 8:15 - Seated Strength Exercise A (A)
	9:00 - Hydration Recharge (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)
20	9:05 - Seated Strength Exercise A (A)	9:00 - Shopping: Marukai (U)	9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise B (MR)	9:05 - Circuit Training A (3rd)	9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise A (A)
	9:50 - Hydration Recharge (A) 10:00 - Plaza Casino: Blackjack (MR)	9:05 - Circuit Training A (3rd)		9:50 - Hydration Recharge (MR)	9:50 - Hydration Recharge (3rd)		
20	11:00 - Pet Therapy with Chibi and	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (3rd)	10:00 - Music with Mike Kahue (A)	10:00 - Mellow Friends Karaoke Group (A)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (A)
440	Wicket (A)	10:00 - Seated Strength Exercise B (A)	10:00 - Seated Strength Exercise A (A)	11:15 - Kau Kau Club: The Club House Mililani	10:50 - Japanese Speaking Bible Study	10:00 - Seated Strength Exercise B (A)	10:00 - Piano Performance with Nicholas (A)
7.	11:00 - Word of Life Christian Online Service (MR)	11:45 - Scenic: Chinatown (S)	11:00 - Bible Study with Gene and	Golf Course (S)	with Keiko (B)	1:00 - Hidden Pictures (GR)	1:00 - Guided Meditation (MR)
	12:45 - Scenic: Chinatown (S)	1:00 - Word Search Hour (GR)	Laurent (MR)	1:00 - Creative Coloring (A)	1:00 - Holoholo: Ulu Mana Chip Factory (U)	1:30 - Pet Therapy with Zodiac (A)	1:00 - Creative Coloring (A)
	1:00 - Hidden Pictures (GR)	1:30 - Aromatherapy Hand Massage (GR)	1:00 - Hidden Pictures (GR)	1:30 - Aromatherapy Hand Massage (A)	1:00 - Word Search Hour (A)	2:00 - Bingo (A)	1:30 - Aromatherapy Hand Massage (A)
	1:30 - Aromatherapy Hand Massage (GR)	2:00 - Men's Club with Bryan (MR)	2:00 - Seated Tai Chi with Glenn (A)	2:00 - Craft: Seashell Picture Frames (A)	1:30 - Aromatherapy Hand Massage (A)	3:00 - Brain Buster Puzzle Packs (FD)	2:00 - Plaza Casino: Blackjack (A)
M	2:00 - Documentary: History 101 S2 Ep 4(MR) 2:00 - Nickel Bingo (A)	2:00 - Olaloa Jammers (A)	2:30 - Errand Run (U)	3:00 - Gorgeous Grams Nail Painting (A)	2:00 - Crafting with Kristia (A)	3:00 - Ball Drumming Jazzercise with	3:00 - Fuzion Fitness Seated Zumba MR)
1	2:30 - Errand Run (U)	3:00 - Book Club Reading with CeCe (A)	3:00 - Tea Time Tuesday (A)	3:00 - Praise and Bible Study with First	2:30 - Errand Run (U)	Danicah (MR)	3:00 - 500 Trivia Questions Game (A)
	3:00 - Hangman Word Game (A)	3:00 - Korean Drama (MR)	3:30 - Mindful Nature Walk (L)	Baptist Pearl City Church (MR)	3:00 - Chair Yoga Dance Exercise (MR)	7:00 - Friday Night Social with Mike (B)	3:30 - Hanafuda (A)
	3:30 - Hanafuda (A) National Pineapple Juice Day	3:30 - Old Wives Tale Trivia Game (A) National Ice Cream Pie Day	National Aviation Day	National Bacon Lovers Day	3:00 - Residents Choir Practice (B) National Senior Citizens Day	National Bao Day	National Sponge Cake Day
	24.	25.	26.	27.	28.	29.	30.
	8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A)	8:15 - Circuit Training A (3rd)	8:15 - Circuit Training B (3 rd)	8:15 - Seated Strength Exercise B (A)	8:15 - Circuit Training A (3rd)	8:15 - Circuit Training B (3rd)	8:15 - Seated Strength Exercise A (A)
A	9:05 - Seated Strength Exercise A (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (3rd)	9:00 - Hydration Recharge (A)
	9:50 - Hydration Recharge (A)	9:00 - Shopping: Kapolei Village Center (U)	9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise B (MR)	9:05 - Circuit Training A (3rd)	9:05 - Circuit Training B (3rd)	9:05 - Seated Strength Exercise A (A)
	10:00 - Nickel Bingo (A)	9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (MR)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (3rd)	9:50 - Hydration Recharge (A)
	11:00 - Pet Therapy with Chibi and Wicket (A)	10:00 - Seated Strength Exercise B (A)	10:00 - Seated Strength Exercise A (A)	10:00 - Hank the Singing Dutchman (A)	10:00 - Seated Strength Exercise A (A)	10:00 - Inspirational Music with Wally (A)	10:00 - Nickel Bingo (A)
6	11:00 - Word of Life Christian Online	11:45 - Scenic: Kailua (S)	11:00 - Bible Study with Gene and	11:15 - Kau Kau Club: Pieology Pizzeria (\$)	1:00 - Holoholo: Dippin Dots Waikele (U)	1:00 - Hidden Pictures (GR)	1:00 - Guided Meditation (MR)
	Service (MR)	1:00 - Word Search Hour (A)	Laurent (MR)	1:00 - Creative Coloring (A)	1:00 - Word Search Hour (A)	1:30 - Pet Therapy with Zodiac (A)	1:00 - Creative Coloring (A)
	12:45 - Scenic: Kailua (S) 1:00 - Hidden Pictures (GR)	1:30 - Aromatherapy Hand Massage (A)	1:00 - Hidden Pictures (GR)	1:30 - Aromatherapy Hand Massage (A)	1:30 - Aromatherapy Hand Massage (A)	2:00 - Bingo (A)	1:30 - Aromatherapy Hand Massage (A)
1	1:30 - Aromatherapy Hand Massage (GR)	2:00 - Men's Club with Bryan (MR)	2:00 - Seated Tai Chi with Glenn (A)	2:00 - Birthday Card Creation Club (A)	2:00 - Crafting with Kristia (A)	3:00 - Brain Buster Puzzle Packs (FD)	2:00 - Plaza Casino: Blackjack (A)
	2:00 - Documentary: History 101 2 Ep 5 (MR)	2:00 - Bracelet Beading (A)	2:30 - Errand Run (U)	3:00 - Gorgeous Grams Nail Painting (A)	2:30 - Errand Run (U)	3:00 - Ball Drumming Jazzercise with	3:00 - Fuzion Fitness Seated Zumba MR)
	2:30 - Music with Dean (A) 2:30 - Errand Run (U)	3:00 - Book Club Reading with CeCe (A)			AND THE RESIDENCE OF THE PROPERTY OF THE PROPE		
	3:00 - Go Fish Card Game (A)	3:00 - Korean Drama (MR)	3:00 - Tea Time Tuesday (A)	3:00 - Praise and Bible Study with First	3:00 - Chair Yoga Dance Exercise (MR)	Danicah (MR)	3:00 - History Channel Trivia Game (A)
	3:30 - Hanafuda (A)	3:30 - I Should've Known That Trivia Game (A)	3:30 - Mindful Nature Walk (L)	Baptist Pearl City Church (MR)	3:00 - Residents Choir Practice (B)	7:00 - Friday Night Social with Mike (B)	3:30 - Hanafuda (A)
	National Waffle Day 31.	National Banana Split Day	National Dog Day	National Just Because Day	National Thoughtful Day	National College Colors Day	National Beach Day
	8:15 - Seated Strength Exercise A (A)						
	9:00 - Hydration Recharge (A)						
A	9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A)						
11	10:00 - Nickel Bingo (A)		1989				
11	11:00 - Pet Therapy with Chibi and		(in)				4
W.	Wicket (A) 11:00 - Word of Life Christian Online					TEAM	
	Service (MR)					COLLEGE	
	12:45 - Scenic: Koko Head (S)					LEO TO SERVIN	
	1:00 - Hidden Pictures (A)						
3	1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: History 101 S2 Ep 6 (MR)						
	2:00 - Plaza Casino: Blackjack (A)						
	2:30 - Errand Run (U)		· ·	V V			
3	3:00 - Jenga (A) 3:30 - Hanafuda (A)						
10	National South Carolina Day		4				
	THE RESERVE THE PROPERTY OF THE PARTY OF THE						