

# AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Van Departures</b> Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>KEY</b>  <b>A</b> – Activity Room  <b>MR</b> – Media Room  <b>GR</b> – Game Room  <b>FD</b> – Front Desk  <b>S</b> – Supervised  <b>U</b> – Unsupervised</p>	<p><b>1.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  <b>10:00 - Resident Council (A)</b>  10:20 - Nickel Bingo (A)  1:00 - Hidden Pictures (A)  <b>2:00 - Pet Therapy with Lii Lii (A)</b>  2:00 - Japanese Drama Show (MR)  2:30 - Tea Time Tuesday (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Seated Whole Body Exercise (MR)  3:00 - Old Wives Tales Trivia Game (A)  <b>National Mahjong Day</b></p>	<p><b>2.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Hank the Singing Dutchman (A)</b>  <b>11:00 - Kau Kau Club: Big City Diner (S)</b>  1:00 - Matinee Movie (MR)  1:00 - Word Search Hour (GR)  1:30 - Aromatherapy Hand Massage (GR)  <b>2:00 - Ice Cream Sandwiches (A)</b>  2:30 - Hanafuda (A)  3:00 - Gorgeous Grams Nail Painting (A)  <b>3:00 - Praise and Bible Study with Pastor John Vaughn (MR)</b>  <b>National Ice Cream Sandwich Day</b></p>	<p><b>3.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Music with Dean (A)</b>  <b>1:00 - Holoholo: Cookie Corner Milliani (U)</b>  1:00 - Word Search Hour (A)  1:30 - Gorgeous Grams Nail Painting (A)  <b>2:00 - Crafting with Kristia (A)</b>  <b>2:30 - Errand Run (U)</b>  3:00 - Chair Yoga Dance Exercise (MR)  3:00 - Plaza Casino: Blackjack (A)  <b>National Watermelon Day</b></p>	<p><b>4.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Bingo (A)  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Happy Hour at The Media (MR)</b>  3:00 - Brain Buster Puzzle Packs (FD)  3:00 - Ball Drumming Jazzercise with Danicah (A)  <b>International Beer Day</b></p>	<p><b>5.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  1:00 - Guided Meditation (MR)  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Game: Suspend (A)  2:00 - Gorgeous Grams Nail Painting (A)  3:00 - Fuzion Fitness Seated Zumba (MR)  3:00 - I Should've Known That Trivia Game (A)  <b>National Oyster Day</b></p>
<p><b>6.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  <b>12:45 - Scenic: Ko'olina (S)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Sunday Matinee Movie (MR)  2:00 - Plaza Casino: Blackjack (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Watercolor Art (A)  <b>National Root Beer Float Day</b></p>	<p><b>7.</b>  8:15 - Exercise (A)  <b>9:00 - Shopping: Office Depot Walmart (U)</b>  9:05 - Exercise (MR)  <b>10:00 - Music with Michael (A)</b>  <b>11:30 - Scenic: Ko'olina (S)</b>  1:00 - Word Search Hour (GR)  1:30 - Aromatherapy Hand Massage (GR)  2:00 - Korean Drama (MR)  3:00 - Monday Matinee Movie (MR)  <b>National Purple Heart Day</b></p>	<p><b>8.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Hawaii Dance Bomb Silent Disco (A)</b>  1:00 - Hidden Pictures (A)  <b>2:00 - Pet Therapy with Lii Lii (A)</b>  2:00 - Japanese Drama Show (MR)  2:30 - Tea Time Tuesday (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Seated Whole Body Exercise (MR)  3:00 - Hangman Word Game (A)  <b>National Dollar Day</b></p>	<p><b>9.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Bingo (A)  <b>11:00 - Kau Kau Club: Leeward Drive Inn (S)</b>  1:00 - Matinee Movie (MR)  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (GR)  2:00 - Arts &amp; Crafts (A)  3:00 - Gorgeous Grams Nail Painting (A)  <b>3:00 - Praise and Bible Study with Pastor John Vaughn (MR)</b>  <b>National Book Lovers Day</b></p>	<p><b>10.</b>  8:15 - Exercise (MR)  9:05 - Exercise (MR)  <b>9:30 - Karaoke Gang (A)</b>  <b>1:00 - Holoholo: Dave's Ice Cream Waipio (U)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Crafting with Kristia (A)</b>  <b>2:30 - Errand Run (U)</b>  3:00 - Chair Yoga Dance Exercise (MR)  3:00 - Plaza Casino: Blackjack (A)  <b>National S'mores Day</b></p>	<p><b>11.</b>  8:15 - Exercise (MR)  9:05 - Exercise (MR)  <b>10:00 - Temaki Hand Roll Making (A)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Happy Hour at The Media (MR)</b>  3:00 - Brain Buster Puzzle Packs (FD)  3:00 - Ball Drumming Jazzercise with Danicah (A)  <b>National Kinetic Sand Day</b></p>	<p><b>12.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  1:00 - Guided Meditation (MR)  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Strength and Balance Fuzion Fitness with Daniel (A)</b>  3:00 - Wii: Bowling (MR)  <b>National Bowling Day</b></p>
<p><b>13.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  <b>11:00 - Pet Therapy with Chibi (A)</b>  <b>12:45 - Scenic: Chinatown (S)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Sunday Matinee Movie (MR)  2:00 - Plaza Casino: Blackjack (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Watercolor Art (A)  <b>National Left Handers Day</b></p>	<p><b>14.</b>  8:15 - Exercise (MR)  <b>9:00 - Shopping: Ross Kapolei (U)</b>  9:05 - Exercise (MR)  <b>10:00 - Crafting with Linda (A)</b>  <b>11:30 - Scenic: Chinatown (S)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Korean Drama (MR)  2:00 - Bracelet Beading (A)  <b>3:00 - Orange Creamsicles (A)</b>  3:00 - Jeopardy Game Show (MR)  3:30 - American Trivia Game (A)  <b>National Creamsicle Day</b></p>	<p><b>15.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  <b>10:00 - Piano Performance with Roy (A)</b>  1:00 - Hidden Pictures (A)  <b>2:00 - Pet Therapy with Lii Lii (A)</b>  2:30 - Tea Time Tuesday (A)  3:00 - Seated Whole Body Exercise (MR)  3:00 - Old Wives Tales Trivia Game (A)  <b>National Relaxation Day</b></p>	<p><b>16.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Music with Mike Kahue (A)</b>  <b>11:00 - Bento: Ehukai Park (S)</b>  1:00 - Matinee Movie (MR)  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Arts &amp; Crafts (A)  3:00 - Gorgeous Grams Nail Painting (A)  <b>3:00 - Praise and Bible Study with Pastor John Vaughn (MR)</b>  <b>National Tell A Joke Day</b></p>	<p><b>17.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Music with Dean (A)</b>  <b>1:00 - Holoholo: Cupcake &amp; Things (U)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Bracelet Beading (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Chair Yoga Dance Exercise (MR)  3:00 - Plaza Casino: Blackjack (A)  <b>Black Cat Appreciation Day</b></p>	<p><b>18.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Hank the Singing Dutchman (A)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Cooking Corner: Fajitas (A)</b>  3:00 - Brain Buster Puzzle Packs (FD)  3:00 - Ball Drumming Jazzercise with Danicah (A)  <b>National Fajita Day</b></p>	<p><b>19.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  <b>10:00 - Ukulele Music with Terry B. (A)</b>  1:00 - Guided Meditation (MR)  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Fuzion Fitness Seated Zumba (MR)  2:00 - I Should've Known That Trivia Game (A)  <b>3:00 - 7th Day Adventist Choir (A)</b>  <b>World Honey Bee Day</b></p>
<p><b>20.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  <b>11:00 - Pet Therapy with Chibi (A)</b>  <b>12:45 - Scenic: Sandy's Beach (S)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Sunday Matinee Movie (MR)  2:00 - Plaza Casino: Blackjack (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Watercolor Art (A)  <b>National Radio Day</b></p>	<p><b>21.</b>  8:15 - Exercise (A)  <b>9:00 - Shopping: Marukai (U)</b>  9:05 - Exercise (MR)  <b>10:00 - Music with Michael (A)</b>  <b>11:30 - Scenic: Sandy's Beach (S)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Korean Drama (MR)  2:00 - Bracelet Beading (A)  3:00 - Hanafuda (A)  3:00 - Jeopardy Game Show (MR)  3:30 - Guess in 10 Brain Game (A)  <b>National Senior Citizens Day</b></p>	<p><b>22.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  10:00 - Nickel Bingo (A)  1:00 - Hidden Pictures (A)  <b>2:00 - Pet Therapy with Lii Lii (A)</b>  2:00 - Japanese Drama Show (MR)  2:30 - Tea Time Tuesday (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Seated Whole Body Exercise (MR)  3:00 - Hangman Word Game (A)  <b>National Be An Angel Day</b></p>	<p><b>23.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Hank the Singing Dutchman (A)</b>  <b>11:00 - Kau Kau Club: Ramen Ya Ewa (S)</b>  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Arts &amp; Crafts (A)  3:00 - Gorgeous Grams Nail Painting (A)  <b>3:00 - Praise and Bible Study with Pastor John Vaughn (MR)</b>  <b>National Sponge Cake Day</b></p>	<p><b>24.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Senior Moments (A)</b>  <b>1:00 - Holoholo: Meet Tea Crack Seed (U)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Bracelet Beading (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Chair Yoga Dance Exercise (MR)  3:00 - Plaza Casino: Blackjack (A)  <b>National Waffle Day</b></p>	<p><b>25.</b>  8:15 - Exercise (A)  9:05 - Exercise (MR)  <b>10:00 - Inspirational Music with Wally (A)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Banana Split Tasting (MR)</b>  3:00 - Brain Buster Puzzle Packs (FD)  3:00 - Ball Drumming Jazzercise with Danicah (A)  <b>National Banana Split Day</b></p>	<p><b>26.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Game: Suspend (A)  2:00 - Gorgeous Grams Nail Painting (A)  3:00 - New Horizon Chair Exercises (MR)  3:00 - Riddle Me This Game (A)  <b>National Dog Day</b></p>
<p><b>27.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  <b>11:00 - Pet Therapy with Chibi (A)</b>  <b>12:45 - Scenic: Mokule'i'a (S)</b>  1:00 - Hidden Pictures (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Sunday Matinee Movie (MR)  2:00 - Plaza Casino: Blackjack (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Watercolor Art (A)  <b>National Just Because Day</b></p>	<p><b>28.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  <b>9:45 - Shopping: Best Buy Aiea (U)</b>  10:00 - Bingo (A)  <b>11:30 - Scenic: Mokule'i'a (S)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Korean Drama (MR)  2:00 - Bracelet Beading (A)  3:00 - Hanafuda (A)  3:00 - Jeopardy Game Show (MR)  3:30 - American Trivia Game (A)  <b>National Thoughtful Day</b></p>	<p><b>29.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  1:00 - Hidden Pictures (A)  <b>2:00 - Pet Therapy with Lii Lii (A)</b>  2:00 - Japanese Drama Show (MR)  2:30 - Tea Time Tuesday (A)  <b>2:30 - Errand Run (U)</b>  3:00 - Seated Whole Body Exercise (MR)  3:00 - Plaza Casino: Blackjack (A)  <b>National According to Hoyle Day</b></p>	<p><b>30.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  <b>10:00 - Magic Show with Randy M. (A)</b>  <b>11:00 - Kau Kau Club: Jackie's Diner (S)</b>  1:00 - Matinee Movie (MR)  1:00 - Creative Coloring (A)  1:30 - Aromatherapy Hand Massage (A)  2:00 - Arts &amp; Crafts (A)  3:00 - Gorgeous Grams Nail Painting (A)  <b>3:00 - Praise and Bible Study with Pastor John Vaughn (MR)</b>  <b>National Beach Day</b></p>	<p><b>31.</b>  8:15 - Exercise (A)  9:05 - Exercise (A)  10:00 - Nickel Bingo (A)  <b>1:00 - Holoholo: Frosty's Cafe Pearlridge (U)</b>  1:00 - Word Search Hour (A)  1:30 - Aromatherapy Hand Massage (A)  <b>2:00 - Crafting with Kristia (A)</b>  <b>2:30 - Errand Run (U)</b>  3:00 - Chair Yoga Dance Exercise (MR)  3:00 - Plaza Casino: Blackjack (A)  <b>National Eat Outside Day</b></p>		