

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Van Departures</b></p> <p>Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>KEY</b></p> <p><b>A</b> – Activity Room <b>MR</b> – Media Room <b>3rd</b> – Third Floor <b>GR</b> – Game Room <b>FD</b> – Front Desk <b>B</b> – Bistro <b>L</b> – Lobby <b>LB</b> – Library <b>S</b> – Supervised <b>U</b> – Unsupervised</p>	<p><b>Happy EASTER</b></p>	<p><b>1.</b></p> <p>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) <b>10:00 - Chair Yoga with Hang Zen Yogis (A)</b> <b>11:15 - Kau Kau Club: Palisades Drive Inn (S)</b> 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Shaving Cream Egg Coloring (A)</b> 3:00 - Gorgeous Grams Nail Painting (GR) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> National Walking Day</p>	<p><b>2.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) <b>1:00 - Holoholo: F&amp;M Snack Shop (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) <b>3:00 - Residents Choir Practice (B)</b> National DIY Day</p>	<p><b>3.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Cooking Corner: Deviled Eggs (A)</b> 3:00 - Ball Drumming Jazzercise with Danicah (MR) 3:00 - Brain Buster Puzzle Packs (FD) <b>7:00 - Friday Night Social with DOMH Mike (B)</b> National Chocolate Mousse Day</p>	<p><b>4.</b></p> <p>8:15 - Seated Strength Exercise A (MR) 9:00 - Hydration Recharge (MR) 9:05 - Seated Strength Exercise A (MR) 9:50 - Hydration Recharge (MR) 10:00 - Nickel Bingo (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Sorbet Tasting (A)</b> 2:30 - Hangman Word Game (A) 3:00 - Plaza Casino: Nickel Blackjack (A) National Vitamin C Day</p>
<p><b>5.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b> <b>12:45 - Scenic: Sand Island (S)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Spring Flower Cupcake Decorating (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Plaza Casino: Blackjack (A) Easter</p>	<p><b>6.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) <b>9:30 - Shopping: Walgreens (U)</b> 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) <b>11:45 - Scenic: Sand Island (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Men's Club with Bryan (MR)</b> <b>2:00 - Seated Hula with Krystal (A)</b> 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Caramel Popcorn Day</p>	<p><b>7.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - New Technologies and Financial Scams Presentation with HPD (A)</b> <b>11:00 - Bible Study with Gene and Laurent (MR)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Word Search Hour (FD) 3:00 - Sudoku Hour (FD) National Beer Day</p>	<p><b>8.</b></p> <p>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>11:15 - Kau Kau Club: Mamaya (S)</b> 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (R) 2:00 - Greeting Card Creations Club (A) 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> National Zoo Lovers Day</p>	<p><b>9.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) <b>9:30 - Karaoke Gang (A)</b> <b>1:00 - Holoholo: Sugarlina Bakeshop (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> 3:00 - Chair Yoga Dance Exercise (MR) <b>3:00 - Residents Choir Practice (B)</b> <b>3:00 - Popcorn Bar (B)</b> National Chinese Almond Cookie Day</p>	<p><b>10.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - Music with Michael (A)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Pet Therapy with Kona (GR)</b> 2:30 - Hanafuda (GR) 3:00 - Ball Drumming Jazzercise with Danicah (A) 3:00 - Brain Buster Puzzle Packs (FD) <b>7:00 - Friday Night Social with DOMH Mike (B)</b> National Farm Animals Day</p>	<p><b>11.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) <b>10:00 - Activities with Grace and Friends (A)</b> 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Strength and Balance Fuzion Fitness with Daniel (A)</b> 3:00 - Plaza Casino: Nickel Blackjack (MR) National Pet Day</p>
<p><b>12.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) <b>10:00 - Zumba with Annette (A)</b> <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b> <b>12:45 - Scenic: Manoa Valley (S)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 15 (MR) <b>2:00 - Music with Dean (A)</b> 3:00 - Jenga (A) 3:30 - Hanafuda (A) National Colorado Day</p>	<p><b>13.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) <b>9:45 - Shopping: Tamura's Market (U)</b> 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - Crafting with Linda (A)</b> <b>11:45 - Scenic: Manoa Valley (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Men's Club with Bryan (MR)</b> 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Peach Cobbler Day</p>	<p><b>14.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - Hawaii Dance Bomb Silent Disco (A)</b> <b>11:00 - Bible Study with Gene and Laurent (MR)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Resident Council (A)</b> 2:15 - Nickel Bingo (A) <b>2:30 - Errand Run (U)</b> 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L) National Gardening Day</p>	<p><b>15.</b></p> <p>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) <b>10:00 - Music with Mike Kahue (A)</b> <b>10:30 - Birthday Bash (A)</b> <b>11:15 - Kau Kau Club: Kapiolani Coffee Shop (S)</b> 12:00 - Movie: Titanic (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Craft: Lollipop Bunnies (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> National Titanic Remembrance Day</p>	<p><b>16.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - Mellow Friends Karaoke Group (A)</b> <b>10:50 - Japanese Speaking Bible Study with Keiko (B)</b> <b>1:00 - Holoholo: Kay's Crackseed (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) <b>3:00 - Residents Choir Practice (B)</b> National Wear Your Pajamas to Work Day</p>	<p><b>17.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Music with Dave and Friends (A)</b> 3:00 - Ball Drumming Jazzercise with Danicah (MR) 3:00 - Brain Buster Puzzle Packs (FD) <b>7:00 - Friday Night Social with DOMH Mike (B)</b> National Crawfish Day</p>	<p><b>18.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Pet Therapy and Craft Activities Lauren and Dexter (A)</b> 3:00 - 7th Day Adventist Church Choir (A) 3:30 - Hanafuda (A) National Exercise Day</p>
<p><b>19.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) <b>10:00 - Zumba with Annette (A)</b> <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b> <b>12:45 - Scenic: Wilson Tunnel (S)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 16 (MR) 2:00 - Plaza Casino: Blackjack (A) <b>2:30 - Errand Run (U)</b> 3:00 - Mini Golf (A) 3:30 - Hanafuda (A) National Garlic Day</p>	<p><b>20.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) <b>9:45 - Shopping: City Mill (U)</b> 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) <b>11:45 - Scenic: Wilson Tunnel (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Men's Club with Bryan (MR)</b> <b>2:00 - Seated Hula with Krystal (A)</b> 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Look A Like Day</p>	<p><b>21.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) <b>11:00 - Bible Study with Gene and Laurent (MR)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Adventurous Appetite with Abyjane: Balut (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Tea Time (B) 3:30 - Mindful Nature Walk (L) National Chocolate Covered Cashews Day</p>	<p><b>22.</b></p> <p>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>11:15 - Kau Kau Club: Oh My Grill (S)</b> 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Na Wahine O Na'auao (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> National Earth Day</p>	<p><b>23.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - Chris Da Clown (A)</b> <b>1:00 - Holoholo: Nishhodo Candy Store (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) <b>3:00 - Residents Choir Practice (B)</b> National Cherry Cheesecake Day</p>	<p><b>24.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Cooking Corner: Moroccan Carrot Dip (A)</b> 3:00 - Ball Drumming Jazzercise with Danicah (MR) 3:00 - Brain Buster Puzzle Packs (FD) <b>7:00 - Friday Night Social with DOMH Mike (B)</b> National Bucket List Day</p>	<p><b>25.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) <b>10:00 - PCHS HOSA Club Spring Activities (A)</b> 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Strength and Balance Fuzion Fitness with Daniel (A)</b> 3:00 - Plaza Casino: Nickel Blackjack (MR) National First Ladies Day</p>
<p><b>26.</b></p> <p>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) <b>10:00 - Easter Themed Craft with Ashleen (A)</b> <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b> <b>12:45 - Scenic: Punchbowl (S)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 17 (MR) <b>2:00 - Music with Dean (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Suspend Game (A) 3:30 - Hanafuda (A) National Pretzel Day</p>	<p><b>27.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) <b>9:45 - Shopping: Safeway (U)</b> 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) <b>11:45 - Scenic: Punchbowl (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Men's Club with Bryan (MR)</b> <b>2:00 - Na Leo O Manu O'o (A)</b> 3:00 - Bingo (A) 3:00 - Korean Drama (MR) National Babe Ruth Day</p>	<p><b>28.</b></p> <p>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) <b>11:00 - Bible Study with Gene and Laurent (MR)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) <b>2:30 - Errand Run (U)</b> 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L) National Superhero Day</p>	<p><b>29.</b></p> <p>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>11:15 - Kau Kau Club: Elena's (S)</b> 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Seated Hula with Krystal (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> National Zipper Day</p>	<p><b>30.</b></p> <p>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) <b>10:00 - Steptaculars (A)</b> <b>1:00 - Holoholo: K.Bay Bros Poke (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) <b>3:00 - Residents Choir Practice (B)</b> National Raisin Day</p>		