

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Van Departures</p> <p>Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>KEY</p> <p>C – Courtyard A – Activity Room L – Lobby O – Outside</p>	<p>Happy EASTER</p>	<p>1. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Elvis Presley Concert 10:00 – Chair Yoga with Hang Zen Yogis (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Walking Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Shaving Cream Egg Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Walking Day</p>	<p>2. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – April Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National DIY Day</p>	<p>3. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Music Moves Me 12:30 – Lunch 1:30 – Chocolate Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Popsicles in the Courtyard (C) 2:15 – Mele in the Courtyard (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Chocolate Mousse Day</p>	<p>4. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Vitamin C Trivia 2:00 – Saturday Matinee Movie 2:00 – Aromatherapy Hand Massage (C) 2:15 – Mele in the Courtyard (C) 2:30 – Sorbet Tasting (C) 3:00 – Swatter Balloon Volleyball 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Vitamin C Day</p>
<p>5. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket 12:30 – Lunch 1:30 – Easter Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk (O) 2:00 – Aromatherapy Hand Massage (C) 2:30 – Mele in the Courtyard (C) 3:00 – Spring Flower Cupcake Decorating 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Easter</p>	<p>6. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Music Moves Me 12:30 – Lunch 1:30 – Popcorn Trivia 2:00 – Sensory Shenanigans 2:00 – Matinee Movie 2:00 – Mindful Nature Walk (O) 2:15 – Aromatherapy Hand Massage (C) 2:30 – Mele in the Courtyard (C) 3:00 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Caramel Popcorn Day</p>	<p>7. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Beer Trivia 2:00 – Doc: Our Oceans Ep 10 3:00 – Word Search Hour 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Beer Day</p>	<p>8. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Zoo Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Arts & Crafts 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Zoo Lovers Day</p>	<p>9. 8:30 – Breakfast 9:30 – The Rat Pack Concert 9:30 – Karaoke Gang (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Cookie Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Chinese Almond Cookie Day</p>	<p>10. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Music with Michael (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Farm Animals Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Popsicles in the Courtyard (C) 2:15 – Mele in the Courtyard (C) 2:30 – Pet Therapy with Kona (C) 3:00 – Word Search Hour 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Farm Animals Day</p>	<p>11. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Activities with Grace & Friends (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Pet Trivia 2:00 – Saturday Matinee Movie 2:00 – Strength and Balance Fusion Fitness with Daniel (A) 3:00 – Easter Themed Craft with Ashleen 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Pet Day</p>
<p>12. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Don Ho Concert 10:00 – Zumba with Annette (A) 11:00 – What's on the Menu? 11:30 – Pet Therapy with Chibi and Wicket 12:30 – Lunch 1:30 – Colorado Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk (O) 2:00 – Music with Dean (A) 3:00 – Sign & Shine ASL with Catherine 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Colorado Day</p>	<p>13. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Frank Sinatra Concert 10:00 – Crafting with Linda (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Peach Cobbler Trivia 2:00 – Sensory Shenanigans 2:00 – Matinee Movie 2:00 – Mindful Nature Walk (O) 2:15 – Aromatherapy Hand Massage (C) 2:30 – Mele in the Courtyard (C) 3:00 – Seated Hula with Krystal 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Peach Cobbler Day</p>	<p>14. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Gardening Trivia 2:00 – Doc: Our Oceans Ep 11 2:00 – Mindful Nature Walk (O) 2:15 – Tea Time in the Courtyard (C) 3:00 – Picasso Painters 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Gardening Day</p>	<p>15. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Elvis Presley Concert 10:00 – Music with Mike Kahue (A) 10:00 – Birthday Bash (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Titanic Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Arts and Crafts 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Titanic Remembrance Day</p>	<p>16. 8:30 – Breakfast 9:30 – Cognifit 10:00 – The Rat Pack Concert 10:00 – Mellow Friends Karaoke Group (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Pajama Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 3:30 – Ice Cream Sundaes 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Wear Your Pajamas To Work Day</p>	<p>17. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Music Moves Me 12:30 – Lunch 1:30 – Crawlfish Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Music with Dave and Friends (A) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Crawfish Day</p>	<p>18. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Exercise Trivia 2:00 – Saturday Movie Matinee 2:00 – Pet Therapy and Craft Activities with Lauren and Dexter (A) 3:00 – 7th Day Adventist Church Choir (A) 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Exercise Day</p>
<p>19. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Don Ho Concert 10:00 – Zumba with Annette (A) 11:30 – Pet Therapy with Chibi and Wicket 12:30 – Lunch 1:30 – Garlic Trivia 2:00 – Sing-Along with Susie Q 2:00 – Mindful Nature Walk (O) 2:00 – Aromatherapy Hand Massage (C) 2:30 – Mele in the Courtyard (C) 3:00 – Basket Toss 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Garlic Day</p>	<p>20. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Music Moves Me 12:30 – Lunch 1:30 – Twins Trivia 2:00 – Sensory Shenanigans 2:00 – Matinee Movie 2:00 – Mindful Nature Walk (O) 2:15 – Aromatherapy Hand Massage (C) 2:30 – Mele in the Courtyard (C) 3:00 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Look A Like Day</p>	<p>21. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Cashews Trivia 2:00 – Doc: Our Oceans Ep 12 2:00 – Mindful Nature Walk (O) 2:15 – Tea Time in the Courtyard (C) 3:00 – Picasso Painters 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Chocolate Covered Cashews Day</p>	<p>22. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Earth Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Na Wahine O Na'auao (A) 3:00 – Arts and Crafts 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Earth Day</p>	<p>23. 8:30 – Breakfast 9:30 – Cognifit 10:00 – The Rat Pack Concert 10:00 – Chris Da Clown (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Cherry Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Cherry Cheesecake Day</p>	<p>24. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Music Moves Me 12:30 – Lunch 1:30 – Useless Facts Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Popsicles in the Courtyard (C) 2:15 – Mele in the Courtyard (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Bucket List Day</p>	<p>25. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – PCSH HOSA Club Spring Activities (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – First Ladies Trivia 2:00 – Saturday Matinee Movie 2:00 – Strength and Balance Fusion Fitness with Daniel (A) 3:00 – Hangman Word Game 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National First Ladies Day</p>
<p>26. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket 12:30 – Lunch 1:30 – Pretzel Trivia 2:00 – Sing-Along with Susie Q 2:00 – Music with Dean (A) 3:00 – Basket Toss 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Pretzel Day</p>	<p>27. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Music Moves Me 12:30 – Lunch 1:30 – Babe Ruth Trivia 2:00 – Sensory Shenanigans 2:00 – Matinee Movie 2:00 – Mindful Nature Walk (O) 2:15 – Aromatherapy Hand Massage (C) 2:30 – Mele in the Courtyard (C) 3:00 – Seated Hula with Krystal 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Babe Ruth Day</p>	<p>28. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Hawaii Pono'i 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations 12:30 – Lunch 1:30 – Superhero Trivia 2:00 – Doc: Our Oceans Ep 13 2:00 – Mindful Nature Walk (O) 2:15 – Tea Time in the Courtyard (C) 3:00 – Picasso Painters 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Superhero Day</p>	<p>29. 8:30 – Breakfast 9:30 – Cognifit 9:50 – God Bless America 10:00 – Halia Resistance Training 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo 12:30 – Lunch 1:30 – Zipper Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Van Ride 3:00 – Arts and Crafts 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Zipper Day</p>	<p>30. 8:30 – Breakfast 9:30 – Cognifit 10:00 – The Rat Pack Concert 10:00 – Steptaculars (A) 11:00 – Halia Resistance Training 11:45 – Water & Bathroom Break 12:00 – What's on the Menu? 12:30 – Lunch 1:30 – Raisin Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Raisin Day</p>		