



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div>	<div><div>1.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR)</div><div>National Pie Day</div></div>	<div><div>2.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Nickel Bingo (A) 10:45 - Resident Council (A) 11:00 - Bible Study with Gene and Laurent (A)</div><div>1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Seated Tai Chi with Glenn (A) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L)</div><div>National Day of Giving</div></div>	<div><div>3.</div><div>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Birthday Card Creations (A) 3:00 - Gorgeous Grams Nail Painting (A)</div><div>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</div><div>National Make A Gift Day</div></div>	<div><div>4.</div><div>8:15 - Leilehua High School Holiday Activities (Leilehua) 9:00 - First Baptist Church PC Gift Wrapping (MR)</div><div>9:00 - Hidden Pictures (FD) 1:00 - Holoholo: Leonard's Malasadas (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B)</div><div>National Cookie Day</div></div>	<div><div>5.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Music with Michael (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 1:30 - Movie: A Lot Like Christmas (MR) 2:00 - Word Search (FD) 3:00 - Brain Buster Puzzle Packs (FD) 7:00 - Friday Night Social with DOMH Mike (B)</div><div>National Blue Jeans Day</div></div>	<div><div>6.</div><div>8:15 - Seated Strength Exercise A (MR) 9:00 - Hydration Recharge (MR) 9:05 - Seated Strength Exercise A (MR) 9:50 - Hydration Recharge (MR) 10:00 - PCHS Spanish Club Gingerbread House Decorating (A)</div><div>1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Zumba with Annette (A) 3:00 - Plaza Casino: Nickel Blackjack (MR)</div><div>Saint Nicholas Day</div></div>
<div><div>7.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR)</div><div>12:45 - Scenic: Waikiki (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Explained S1 Ep 1 (MR)</div><div>2:00 - Music with Dean (A) 3:00 - Suspend Game (A) 3:30 - Hanafuda (A)</div><div>National Illinois Day</div></div>	<div><div>8.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:00 - Shopping: Target (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Crafting with Linda (A) 11:45 - Scenic: Waikiki (S)</div><div>1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR)</div><div>National Crossword Solvers Day</div></div>	<div><div>9.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Hawaii Dance Bomb Silent Disco (A) 11:00 - Bible Study with Gene and Laurent (A)</div><div>1:00 - First Baptist Church PC Gift Wrapping (MR) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Seated Tai Chi with Glenn (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L)</div><div>National Christmas Card Day</div></div>	<div><div>10.</div><div>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Hauoli Ohana (A) 11:15 - Kau Kau Club: Oh My Grill (S)</div><div>1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Craft: Beaded Wreath (A) 3:00 - Gorgeous Grams Nail Painting (A)</div><div>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</div><div>National Nobel Prize Day</div></div>	<div><div>11.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Karaoke Gang (A) 1:00 - Holoholo: Shimazu Shave Ice (U) 1:30 - First Baptist Church PC Gift Wrapping (MR)</div><div>1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B)</div><div>National Stretching Day</div></div>	<div><div>12.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Na Wahine O Ka Hula (A) 1:00 - Hidden Pictures (GR) 1:30 - Movie: A Castle for Christmas (MR) 2:00 - Calvary Assembly of God Honolulu Christmas Caroling (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (MR) 7:00 - Friday Night Social with DOMH Mike (B)</div><div>National Poinsettia Day</div></div>	<div><div>13.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Activities with Grace and Friends (A)</div><div>1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Strength and Balance Fuzion Fitness with Daniel (A) 3:00 - Plaza Casino: Nickel Blackjack (MR)</div><div>National Cocoa Day</div></div>
<div><div>14.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Zumba with Annette (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR)</div><div>12:45 - Scenic: Kailua (S) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 2 (MR)</div><div>2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Jenga (A) 3:30 - Hanafuda (A)</div><div>National Wreaths Across America Day</div></div>	<div><div>15.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:00 - Shopping: Ross (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 11:45 - Scenic: Kailua (S)</div><div>1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR)</div><div>National Cupcake Day</div></div>	<div><div>16.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) 11:00 - Bible Study with Gene and Laurent (MR)</div><div>1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Seated Tai Chi with Glenn (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L)</div><div>National Chocolate Covered Anything Day</div></div>	<div><div>17.</div><div>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Music with Mike Kahue (A) 10:00 - Birthday Bash (A) 11:15 - Kau Kau Club: California Pizza Kitchen (S)</div><div>1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Olaloe Jammers (A) 3:00 - Gorgeous Grams Nail Painting (A)</div><div>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</div><div>National Wright Brothers Day</div></div>	<div><div>18.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Mellow Friends Karaoke Group (A) 10:50 - Japanese Speaking Bible Study with Keiko (B)</div><div>1:00 - Holoholo: Nisshodo (U) 1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Kanikapila with Mark and Jana (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B)</div><div>National Twin Day</div></div>	<div><div>19.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 1:00 - Hidden Pictures (GR) 1:30 - Movie: Operation Christmas Drop (MR) 2:00 - Bingo (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (MR) 7:00 - Friday Night Social with DOMH Mike (B)</div><div>National Ugly Christmas Sweater Day</div></div>	<div><div>20.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Christmas Carols with Sandra and Friends (A)</div><div>1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 3:00 - New Horizon Chair Exercises (MR) 3:00 - 7th Day Adventist Choir (A) 3:30 - Hanafuda (A)</div><div>National Go Caroling Day</div></div>
<div><div>21.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR)</div><div>12:45 - Scenic: Makakilo (S) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: Explained S1 Ep 3 (MR)</div><div>2:00 - Music with Dean (A) 2:30 - Errand Run (U) 3:00 - Mini Golf (A) 3:30 - Hanafuda (A)</div><div>Green and Red Dress Up Day</div></div>	<div><div>22.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:00 - Shopping: DonDonDonki Kapolei (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 11:45 - Scenic: Makakilo (S)</div><div>1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Beading (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR)</div><div>Winter Wonderland Dress Up Day</div></div>	<div><div>23.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Nickel Bingo (A) 11:00 - Bible Study with Gene and Laurent (MR)</div><div>1:00 - Hidden Pictures (A) 2:00 - Seated Tai Chi with Glenn (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L)</div><div>Christmas Hat Day</div></div>	<div><div>24.</div><div>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Hank the Singing Dutchman (A)</div><div>1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Craft: Modeling Clay Snowman (A) 3:00 - Gorgeous Grams Nail Painting (A)</div><div>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</div><div>Christmas Accessories Dress Up Day</div></div>	<div><div>25.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) 1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Christmas Nickel Bingo (A) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Residents Choir Practice (B)</div><div>Ugly Sweater Dress Up</div></div>	<div><div>26.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Inspirational Music w/ Wally (A) 1:00 - Hidden Pictures (GR) 1:30 - Movie: Jingle Bell Heist (MR) 2:00 - Music with Dave (A) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (MR) 7:00 - Friday Night Social with DOMH Mike (B)</div><div>Candy Cane Dress Up Day</div></div>	<div><div>27.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Plaza Casino: Nickel Blackjack (A) 3:00 - Fuzion Fitness Seated Zumba (MR) 3:00 - History Channel Trivia (A) 3:30 - Hanafuda (A)</div><div>Christmas Socks Dress Up Day</div></div>
<div><div>28.</div><div>8:15 - Seated Strength Exercise A (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise A (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR)</div><div>12:45 - Scenic: Haleiwa (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: Explained S1 Ep 4 (MR)</div><div>2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Go Fish Card Game (A) 3:30 - Hanafuda (A)</div><div>National Card Playing Day</div></div>	<div><div>29.</div><div>8:15 - Circuit Training A (3rd) 9:00 - Hydration Recharge (3rd) 9:00 - Shopping: Nijiya Market (U) 9:05 - Circuit Training A (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise B (A) 11:45 - Scenic: Haleiwa (S)</div><div>1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Men's Club with Bryan (MR) 2:00 - Bracelet Bingo (A) 3:00 - Bingo (A) 3:00 - Korean Drama (MR)</div><div>National Tick Tock Day</div></div>	<div><div>30.</div><div>8:15 - Circuit Training B (3rd) 9:00 - Hydration Recharge (3rd) 9:05 - Circuit Training B (3rd) 9:50 - Hydration Recharge (3rd) 10:00 - Seated Strength Exercise A (A) 11:00 - Bible Study with Gene and Laurent (MR)</div><div>1:00 - Hidden Pictures (A) 2:00 - Seated Tai Chi with Glenn (A) 2:30 - Errand Run (U) 3:00 - Tea Time Tuesday (B) 3:30 - Mindful Nature Walk (L)</div><div>National Bacon Day</div></div>	<div><div>31.</div><div>8:15 - Seated Strength Exercise B (A) 9:00 - Hydration Recharge (A) 9:05 - Seated Strength Exercise B (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Birthday Card Creations (A) 3:00 - Gorgeous Grams Nail Painting (A)</div><div>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</div><div>New Year's Eve Day</div></div>	<div><div></div><div>Van Departures</div><div>Please meet in the lobby 15 minutes prior to all van departures.</div></div>		<div><div>KEY</div><div>A – Activity Room MR – Media Room 3rd – Third Floor GR – Game Room FD – Front Desk B – Bistro L – Library S – Supervised U – Unsupervised</div></div>

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.