

August 2025						
The Plaza at Moanalua - Independent & Assisted Living Activity Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>con't</div> <div>Trail Mix Day 31</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Metro Halau Hula Performance! 2:30 Pick-a-Flick Sunday 4:45 Hawaiian Airlines Wahine Volleyball Classic: Marquette University vs Utah State [T] 7:00 Hawaiian Airlines Wahine Volleyball Classic: UH vs San Diego [T]</div>	<div></div> <div></div>	<div>*THERE ARE DAILY ACTIVITY OFFERINGS THAT ANYONE CAN ATTEND. PLEASE SEE TO THE RIGHT FOR THE TIMES & LOCATIONS OF THE DAILY ACTIVITY OFFERINGS.*</div>	<div>7:00 am/5:30 pm 9:30 am 10:45 am 11:00/11:30 am 11:00/11:30 am 12:00 pm</div> <div>Hawaii News Now! [T] Morning Worship [T] Daily Catholic Mass Livestream [T] Plaza Puzzle & Independent Activities Walking Club [Independent] Wii Sports! [T]</div>	<div></div>	<div>International Mahjong Day 1</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Mahjong & Scrabble Hour! 3:00 NICKEL BINGO</div>	<div>Sunflower Day 2</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 11:00 Origami Club 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Saturday</div>
<div>Sandcastle Day 3</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Sunday</div>	<div>Chocolate Chip Cookie Day 4</div> <div>7:30 Medical Runs - West Bound 9:00 Resistance Training A 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Lucky Tile Mondays 1:45 Independent Activities 3:00 NICKEL BINGO</div>	<div>Oyster Day 5</div> <div>7:30 Medical Runs - Central 9:00 Seated Strength A 10:00 Seated Strength A 11:00 Origami Club 1:00 Trivia Crack! 1:30 Baking Bunch with Shayna 1:30 Errand Ride - Longs/Safeway 2:00 Brick, Flicks and Bites! 3:00 Bible Study with Jaz & Tony!</div>	<div>Root Beer Float Day 6</div> <div>9:00 Resistance Training B 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 2:30 Educational Video [T] 3:00 NICKEL BINGO</div>	<div>Lighthouse Day 7</div> <div>7:30 Medical Runs - East Bound 9:00 Seated Strength B 10:00 Seated Strength B 11:00 Origami Club 1:00 Trivia Crack! 1:30 Errand Ride - Marukai 2:30 Gorgeous Grams Hour! 2:30 Throwback Thursday Television</div>	<div>Pickleball Day 8</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Mahjong & Scrabble Hour! 3:00 NICKEL BINGO</div>	<div>Bowling Day 9</div> <div>9:00 ZUMBA with Annette! 10:00 Seated Strength Circuit 11:00 Origami Club 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Saturday</div>
<div>Lazy Day 10</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Sunday</div>	<div>Sons & Daughters Day 11</div> <div>7:30 Medical Runs - West Bound 9:00 Resistance Training A 10:00 Seated Strength Circuit 10:00 Communion [T] 1:00 Trivia Crack! 1:00 Lucky Tile Mondays 1:45 Independent Activities 3:00 NICKEL BINGO</div>	<div>Vinyl Record Day 12</div> <div>7:30 Medical Runs - Central 9:00 Seated Strength A 10:00 Hank the Singing Dutchman! 11:00 Origami Club 1:00 Trivia Crack! 1:30 Baking Bunch with Shayna 1:30 RESIDENT COUNCIL 2:00 Brick, Flicks and Bites! 3:00 Bible Study with Jaz & Tony!</div>	<div>Filet Mignon Day 13</div> <div>9:00 Resistance Training B 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 2:30 Educational Video [T] 3:00 NICKEL BINGO</div>	<div>Creamsicle Day 14</div> <div>7:30 Medical Runs - East Bound 9:00 Seated Strength B 10:00 Seated Strength B 11:00 Origami Club 1:00 Trivia Crack! 2:30 Moanalua Sports Day! 2:30 Throwback Thursday Television</div>	<div>Leathercraft Day 15</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Mahjong & Scrabble Hour! 3:00 NICKEL BINGO</div>	<div>Rollercoaster Day 16</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 11:00 Origami Club 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:00 Birthday Bash with Dean Hirata! 2:30 Pick-a-Flick Saturday</div>
<div>Pineapple Juice Day 17</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Sunday</div>	<div>Fajita Day 18</div> <div>7:30 Medical Runs - West Bound 9:00 Resistance Training A 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Lucky Tile Mondays 1:45 Independent Activities 3:00 NICKEL BINGO</div>	<div>Aviation Day 19</div> <div>7:30 Medical Runs - Central 9:00 Seated Strength A 10:00 Seated Strength A 11:00 Origami Club 1:00 Trivia Crack! 1:30 Baking Bunch with Shayna 1:30 Errand Ride - Longs/Safeway 2:00 Brick, Flicks and Bites! 3:00 Bible Study with Jaz & Tony!</div>	<div>Radio Day 20</div> <div>9:00 Resistance Training B 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 2:30 Educational Video [T] 3:00 NICKEL BINGO</div>	<div>Senior Citizens Day 21</div> <div>7:30 Medical Runs - East Bound 9:00 Seated Strength B 10:00 Seated Strength B 11:00 Origami Club 1:00 Trivia Crack! 1:30 Errand Ride - Marukai 2:30 Gorgeous Grams Hour! 2:30 Throwback Thursday Television</div>	<div>Bao Day 22</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Mahjong & Scrabble Hour! 3:00 NICKEL BINGO</div>	<div>Cuban Sandwich Day 23</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 11:00 Origami Club 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Saturday</div>
<div>Waffle Day 24</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Sunday</div>	<div>Second Hand Wardrobe Day 25</div> <div>7:30 Medical Runs - West Bound 9:00 Resistance Training A 10:00 Seated Strength Circuit 10:00 Communion [T] 1:00 Trivia Crack! 1:00 Lucky Tile Mondays 1:45 Independent Activities 3:00 NICKEL BINGO</div>	<div>Dog Day 26</div> <div>7:30 Medical Runs - Central 9:00 Seated Strength A 10:00 Seated Strength A 11:00 Origami Club 1:00 Trivia Crack! 1:30 Baking Bunch with Shayna 1:30 Errand Ride - Longs/Safeway 2:00 Brick, Flicks and Bites! 3:00 Bible Study with Jaz & Tony!</div>	<div>Peach Day 27</div> <div>9:00 Resistance Training B 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:30 Color Splash with Kelsie! 2:30 Educational Video [T] 3:00 NICKEL BINGO</div>	<div>Be Thoughtful Day 28</div> <div>7:30 Medical Runs - East Bound 9:00 Seated Strength B 10:00 Seated Strength B 11:00 Origami Club 1:00 Trivia Crack! 1:30 Errand Ride - Daiso 2:30 Moanalua Sports Day! 2:30 Throwback Thursday Television</div>	<div>College Colors Day 29</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 1:00 Trivia Crack! 1:00 Mahjong & Scrabble Hour! 3:00 NICKEL BINGO 4:45 Hawaiian Airlines Wahine Volleyball Classic: Utah State vs San Diego [T] 7:00 Hawaiian Airlines Wahine Volleyball Classic: UH vs Marquette University [T]</div>	<div>Beach Day 30</div> <div>9:00 Seated Strength Circuit 10:00 Seated Strength Circuit 11:00 Origami Club 1:00 Trivia Crack! 1:30 Tiles, Blossoms and More! 2:30 Pick-a-Flick Saturday 4:45 Hawaiian Airlines Wahine Volleyball Classic: Utah State vs San Diego [T] 7:00 Hawaiian Airlines Wahine Volleyball Classic: UH vs Marquette University [T]</div>