August 2025
The Plaza at Moanalua - Halia Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
con't **Trail Mix Day** 31 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 **Metro Halau Performance [A]** 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 4:45 **Hawaiian Airlines Wahine Volleyball Classic - Marquette University vs. Utah State** 5:00 Independent Activities 6:00 Evening Cinema 7:00 **Hawaiian Airlines Wahine Volleyball - UH vs. San Diego [T]**	THE PLAZA at Moanalua ***Please note that due to the small print, the full title of the daily activities will be posted on the bulletin outside the nurses station.***				**International Mahjong Day** 1 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Sunflower Day** 2 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema
Sandcastle Day 3 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Chocolate Chip Cookie Day** 4 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Oyster Day** 5 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Root Beer Float Day** 6 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Lighthouse Day** 7 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 12:30 **Holoholo Ride - 2nd & 3rd Floor** 1:00 Creative Creations 2:00 Read & Refresh 2:00 **Gorgeous Grams Hour! [A]** 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Pickleball Day** 8 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Bowling Day** 9 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema
Lazy Day 10 9:00 **ZUMBA w/ Annette - 2nd Floor** 9:10 Current Events @ The Plaza at Moanalua 9:30 **ZUMBA w/ Annette - 3rd Floor** 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Sons & Daughters Day** 11 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:00 **Communion [T]** 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Vinyl Record Day** 12 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:00 **Hank the Singing Dutchman! [A]** 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Filet Mignon Day** 13 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Creamsicle Day** 14 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 **Moanalua Sports Day! [A]** 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Leathercraft Day** 15 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Rollercoaster Day** 16 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:00 **Birthday Bash with Dean Hirata! [A]** 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema
Pineapple Juice Day 17 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Fajita Day** 18 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Aviation Day** 19 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Radio Day** 20 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Senior Citizens Day** 21 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 12:30 **Holoholo Ride - 2nd & 3rd Floor** 1:00 Creative Creations 2:00 Read & Refresh 2:00 **Gorgeous Grams Hour! [A]** 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Bao Day** 22 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Cuban Sandwich Day** 23 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema
Waffle Day 24 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Second Hand Wardrobe Day** 25 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:00 **Communion [T]** 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Dog Day** 26 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Peach Day** 27 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**Be Thoughtful Day** 28 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 12:30 **Holoholo Ride - 2nd & 3rd Floor** 1:00 Creative Creations 2:00 Read & Refresh 2:30 **Moanalua Sports Day! [A]** 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 5:00 Independent Activities 6:00 Evening Cinema	**College Colors Day** 29 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 4:45 **Hawaiian Airlines Wahine Volleyball Classic - Utah State vs. San Diego [T]** 5:00 Independent Activities 6:00 Evening Cinema 7:00 **Hawaiian Airlines Wahine Volleyball - UH vs. Marquette University [T]**	**Beach Day** 30 9:00 Good Morning Greeting! 9:10 Current Events @ The Plaza at Moanalua 9:30 Morning Exercise 9:50 Happy Hydration 10:00 Cram Jam Activities! 10:45 Daily Catholic Mass [T] 11:00 Walking Club 12:30 Afternoon Exercise 1:00 Creative Creations 2:00 Read & Refresh 2:30 Time Travel Talk 3:00 Afternoon Stretch & Breathing Exercises 3:15 Walking Club 3:45 Busy Brain Activities & Afternoon Movies 4:45 **Hawaiian Airlines Wahine Volleyball Classic - San Diego vs. Marquette University [T]** 5:00 Independent Activities 6:00 Evening Cinema 7:00 **Hawaiian Airlines Wahine Volleyball - UH vs. Utah State [T]** con't to the top