

April 2024

3rd Floor Monthly Activity Calendar

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	April Fools Day 1 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Game - Duck Hunt 3:00 🎬 Movie Matinee: Jack and Jill (Disney +) 4:00 Wash Up & Clean 4:30 Dinner	National Peanut Butter and Jelly Day 2 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 🚗 Holoholo Ride - Group 1 12:30 Travel/Educational Show 1:30 ♥ Seated Zumba & Hydration 2:00 Card Game - Memory Match 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Walking Day 3 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 🚗 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Card Game - Go Fish! 3:00 Game - Ringtoss 4:00 Wash Up & Clean 4:30 Dinner	National Vitamin C Day 4 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Learning Hour: All About Vitamin C 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Deep Dish Pizza Day 5 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Card Game - Hanafuda 3:00 🎬 TV Show: Chef's Table - Pizza (Netflix) 4:00 Wash Up & Clean 4:30 Dinner	National Caramel Popcorn Day 6 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Trivia - Jeopardy! 3:00 🎬 TV Show: Welcome to Earth (ep.1) (Disney +) 4:00 Wash Up & Clean 4:30 Dinner	
	National Beer Day 7 9:30 ♥ Seated Zumba with Annette & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 🎬 TV Show: Brews Brothers (Netflix) 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Zoo Lovers Day 8 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Trivia - Jeopardy! 3:00 🎬 Movie Matinee: Zoo Keeper's Wife (Netflix) 4:00 Wash Up & Clean 4:30 Dinner	National Unicorn Day 9 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 🚗 Holoholo Ride - Group 1 12:30 Travel/Educational Show 1:30 ♥ Seated Zumba & Hydration 2:00 Game - Ringtoss 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Cinnamon Crescent Day 10 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 🚗 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 🌟 Performance: Roy Hamada [A] 2:00 Trivia - Jeopardy! 3:00 Arts & Crafts - Cinnamon Roll Coloring 4:00 Wash Up & Clean 4:30 Dinner	National Barbershop Quartet Day 11 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Pet Therapy with Chico 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Word Game - Guess the Word 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Licorice Day 12 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:00 🌟 Performance: Inspirational Music with Wally Brown [A] 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Game - Horseshoe Toss 3:00 Arts & Crafts - Candy Coloring 4:00 Wash Up & Clean 4:30 Dinner	National Scrabble Day 13 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Table Game - Scrabble 3:00 🎬 TV Show: Welcome to Earth (ep.2) (Disney +) 4:00 Wash Up & Clean 4:30 Dinner
	National Dolphin Day 14 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba with Kumu Ben 2:00 Arts & Crafts - Dolphin Coloring 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Titanic Remembrance Day 15 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Game - Nerf Poker 3:00 🎬 Learning Hour: Titanic 25 Years Later (Disney +) 4:00 Wash Up & Clean 4:30 Dinner	National Wear Your Pajamas To Work Day 16 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:00 🌟 Performance: Hank the Singing Dutchman [A] 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 🚗 Holoholo Ride - Group 1 12:30 Travel/Educational Show 1:30 ♥ Seated Zumba & Hydration 2:00 Word Game - Words that Start With.. 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Haiku Poetry Day 17 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 🚗 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Writing Session - Create Your Own Haiku 3:00 🎬 Movie Matinee: The Kindergarten Teacher (Netflix) 4:00 Wash Up & Clean 4:30 Dinner	National Animal Crackers Day 18 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Arts & Crafts - Draw Your Own Animal Cracker 2:00 🌟 Birthday Bash with Dean Hirata [A] 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Garlic Day 19 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Game - Duck Hunt 3:00 Trivia - Jeopardy! 4:00 Wash Up & Clean 4:30 Dinner	National Look Alike Day 20 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Trivia - Jeopardy! 3:00 🎬 TV Show: Welcome to Earth (ep.3) (Disney +) 4:00 Wash Up & Clean 4:30 Dinner
	National Chocolate Covered Cashews Day 21 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Beautiful YOU Nail Painting 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Earth Day 22 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Card Game - Go Fish! 3:00 Arts & Crafts - Earth Day Coloring 4:00 Wash Up & Clean 4:30 Dinner	National Cherry Cheesecake Day 23 9:00 ♥ Morning Exercise & Hydration 10:00 🌟 Catholic Mass Service [T] 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 🚗 Holoholo Ride - Group 1 12:30 Travel/Educational Show 1:30 ♥ Seated Zumba & Hydration 2:00 Game - Dartball 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Bucket List and Administrative Professionals Day 24 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 🚗 Holoholo Ride - Group 2 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Game - Can Knockdown 3:00 Writing Session - Create Your Own Bucket List 4:00 Wash Up & Clean 4:30 Dinner	National Telephone Day 25 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 10:30 Pet Therapy with Chico 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Card Game - Hanafuda 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Pretzel Day 26 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Card Game - Old Maid 3:00 Card Game - Memory Match 4:00 Wash Up & Clean 4:30 Dinner	National Babe Ruth Day 27 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Trivia - Jeopardy! 3:00 🎬 Movie Matinee: The Hill (Netflix) [T] 4:00 Wash Up & Clean 4:30 Dinner
	National Superhero Day 28 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Zumba & Hydration 2:00 Arts & Crafts - Superhero Coloring 3:00 🎬 Movie Matinee: Man of Steel (Netflix) 4:00 Wash Up & Clean 4:30 Dinner	National Shrimp Scampi Day 29 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:15 🌟 Performance: Grace Point Church [A] 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 ♥ Seated Tai Chi & Hydration 2:00 Word Game - Guess the Word 3:00 Trivia - Jeopardy! 4:00 Wash Up & Clean 4:30 Dinner	National Raisin Day 30 9:00 ♥ Morning Exercise & Hydration 10:00 ♥ Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 🚗 Holoholo Ride - Group 1 12:30 Travel/Educational Show 1:30 ♥ Seated Zumba & Hydration 2:00 Bracelet Beading 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Entertainment  Excursions  Physical  Special Events </div> <div style="text-align: center;"> Van Departures-- Please meet in the lobby 15 minutes prior to all van departures. </div> <div style="text-align: center;"> *All activities are subject to change* </div> </div>			

“April hath put a spirit of youth in everything.”
— William Shakespeare