

August 2023

3rd Floor Monthly Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities are subject to change.</p>		International Mahjong Day 1 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 Beautiful You Nail Painting 3:10 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Ice Cream Sandwich Day 2 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Anyone can DRAW! 3:00 Local Sing Along 4:00 Wash Up & Clean 4:30 Dinner	National Watermelon Day 3 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Corn Hole Toss 3:00 BINGO 4:00 Wash Up & Clean 4:30 Dinner	National Chocolate Chip Cookie Day 4 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Outdoor Cruising 2:00 Seated Hula with Karen Choate 3:00 Trivia - Guess the Word 4:00 Wash Up & Clean 4:30 Dinner	National Oyster Day 5 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Bean Bag Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner
National Root Beer Float Day 6 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Game - Corn Hole Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner	National Purple Heart Day 7 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 ALL STAFF MEETING - In Person 2:00 Game - Horse Shoe Toss 3:00 Bracelet Beading 4:00 Wash Up & Clean 4:30 Dinner	National Dollar Day 8 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 Game - Left Right Center 2:00 Performance by Hank the Singing Dutchman 3:10 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Book Lovers Day 9 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts 2:00 Performance by Roy Hamada 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National S'mores Day 10 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Floor Darts 3:00 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	Global Kinetic Sand Day 11 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Outdoor Cruising 3:00 Trivia - Words that start with 4:00 Wash Up & Clean 4:30 Dinner	National Bowling Day 12 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:00 Zumba Gold with Annette 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Ring Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner
International Left Handers Day 13 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Game - Bean Bag Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner	National Creamsicle Day 14 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Ring Toss 3:00 BINGO 4:00 Wash Up & Clean 4:30 Dinner	National Relaxation Day 15 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 Beautiful You Nail Painting 3:10 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Tell A Joke Day 16 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Anyone can DRAW! 3:00 Local Sing Along 4:00 Wash Up & Clean 4:30 Dinner	National Black Cat Appreciation Day 17 9:15 Morning Exercise & Hydration 10:00 Inspirational Music by Wallace Brown 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Left Right Center 3:00 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Fajita Day 18 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Seated Hula with Karen Choate 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	World Honey Bee Day 19 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Horse Shoe Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner
National Radio Day 20 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Game - Ring Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner	National Senior Citizens Day 21 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Corn Hole Toss 3:00 Bracelet Beading 4:00 Wash Up & Clean 4:30 Dinner	National Be An Angel Day 22 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 Game - Bean Bag Toss 2:00 Resident Council 3:10 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Sponge Cake Day 23 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Arts & Crafts 3:00 Sing Along Serenading 4:00 Wash Up & Clean 4:30 Dinner	National Waffle Day 24 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Left Right Center 3:00 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Banana Split Day 25 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Birthday Bash with Dean Hirata 2:00 Outdoor Cruising 3:00 Trivia - Words that start with 4:00 Wash Up & Clean 4:30 Dinner	National Dog Day 26 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Corn Hole Toss 2:00 Zumba Gold with Annette 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner
National Just Because Day 27 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 12:30 Holoholo Ride 12:30 Travel/Educational Show 1:00 Seated Zumba & Hydration 2:00 Game - Horse Shoe Toss 3:00 Movie Matinee 4:00 Wash Up & Clean 4:30 Dinner	National Thoughtful Day 28 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Game - Ring Toss 3:00 BINGO 4:00 Wash Up & Clean 4:30 Dinner	National According to Hoyle Day 29 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Holoholo Ride 1:00 Travel/Educational Show 1:30 Seated Zumba & Hydration 2:00 Beautiful You Nail Painting 3:10 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	National Beach Day 30 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Tai Chi & Hydration 2:00 Anyone can DRAW! 3:00 Local Sing Along 4:00 Wash Up & Clean 4:30 Dinner	National Eat Outside Day 31 9:15 Morning Exercise & Hydration 10:05 Outdoor Stroll 10:25 Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch 1:00 Seated Zumba & Hydration 2:00 Game - Floor Darts 3:00 Jeopardy Hour! 4:00 Wash Up & Clean 4:30 Dinner	<p>Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</p> <p>All Activities Will Be Located In The Main Activity Room Unless Otherwise Noted.</p>	