


September 2022

2nd Floor Monthly Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>All activities are subject to change.</p>	<p>Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>All Activities Will Be Located In The Main Activity Room Unless Otherwise Noted.</p>	<p>National Chicken Boy's Day 1</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Trivia - Aloha Trivia 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Blackjack 3:30 Arts & Crafts - Handprint Chicken Craft 4:30 Seated Zumba 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National College Colors Dress-Up Day 2</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Trivia - Jeopardy 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Trivia - Name That Landmark 3:30 Arts & Craft - Q-tip Painting 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Tailgating Day 3</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Pack 4:15 Game - UNO 5:15 Clean-Up & Bathroom Break 5:15 Football: Hawaii vs Western Kentucky 5:30 Dinner Time 	
<p>National Wildlife Day 4</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Wheel of Fortune 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Balloon Volleyball 3:30 Arts & Crafts - Under the Sea 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Labor Day 5</p> <p>10:00 Performance - Bill Mele Mai</p> <ul style="list-style-type: none"> 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Trivia - Aloha Trivia 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Coffee Ice Cream Day 6</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Scattergories 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Ping Pong Basketball 3:30 Arts & Crafts - Yarn Ice Cream Cone 4:30 Seated Tai Chi 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Beer Lover's Day 7</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Trivia - Jeopardy 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Family Feud 3:30 Arts & Crafts - Picture Frame 4:30 Seated Zumba 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National School Picture Day 8</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Charades 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Family Feud 3:30 Arts & Crafts - Picture Frame 4:30 Seated Zumba 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Teddy Bear Day 9</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Trivia - Scattergories 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Bean Bag Toss 3:30 Sing Along Serenading 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Swap Ideas Day 10</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Trivia - Jeopardy 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time
<p>Happy Grandparent's Day! 11</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Bocce Ball 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Trivia - Jeopardy 3:00 Zumba Gold with Annette 3:30 Arts & Crafts - Plaza Picasso Painting 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>Assisted Living Week Dress-Up Day: Pajama Day National Chocolate Milkshake Day 12</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Trivia - Family Feud 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>Assisted Living Week Dress-Up Day: Tacky Tourist Tuesday 13</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Anyone can draw! 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:00 Performance - Hank the Singing Dutchman 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Wheel of Fortune 3:30 Arts & Crafts - Paper Flower Wreath 4:30 Seated Tai Chi 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>Assisted Living Week Dress-Up Day: Sports Jersey Day 14</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Balloon Volleyball 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Famous Faces 3:30 Arts & Crafts - Watermelon Paper Craft 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>Assisted Living Week Dress-Up Day: Throwback Thursday 15</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Trivia - Animal Kingdom Trivia 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Corn Hole 3:30 Sing Along Serenading 4:30 Seated Zumba 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>Assisted Living Week Dress-Up Day: Community Colors Day - MOA Blue 16</p> <p>10:00 Hula Performance with Dean Hirata</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Trivia - Jeopardy 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Hangman 3:30 Arts & Crafts - Be the Rainbow 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Dance Day 17</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Trivia - Aloha Trivia 5:15 Clean-Up & Bathroom Break 5:15 Football: Hawaii vs Duquesne 5:30 Dinner Time
<p>National Cheeseburger Day 18</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Balloon Volleyball 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Wheel of Fortune 3:30 Arts & Crafts - Popsicle Stick Hamburger 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Talk Like A Pirate Day 19</p> <p>10:00 Grace Point Ukulele Performance</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Game - Blackjack 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Fried Rice Day 20</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Bean Bag Toss 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Hangman 3:30 Arts & Crafts - Vegetable Basket Paper Craft 4:30 Seated Tai Chi 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Chai Day 21</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Uno 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Trivia - Jeopardy 3:30 Arts & Crafts - You are LOVED 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Centenarian's Day 22</p> <p>10:00 Performance - Bill Mele Mai</p> <ul style="list-style-type: none"> 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Bocce Ball 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Charade 3:30 Arts & Crafts - Card Making 4:30 Seated Zumba 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Snack Stick Day 23</p> <p>2:00 September Birthday Bash with Dean Hirata!</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Target Toss 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Scattergories 3:30 Beautiful You Nail Painting 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Cherries Jubilee Day 24</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Trivia - Aloha Trivia 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time
<p>National Quesadilla Day 25</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Bocce Ball 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Trivia - Jeopardy 3:00 Zumba Gold with Annette 3:30 Arts & Crafts - Tissue Paper Rainbow 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Dumpling Day 26</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Creative Coloring 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Movie Matinee 3:00 Plaza Word Puzzle Packs 4:15 Trivia - Aloha Trivia 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Corned Beef Hash Day 27</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Target Toss 12:15 Wash Up & Clean 12:30 Lunch Time 1:00 Meet & Greet Garner Shimizu 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Wheel of Fortune 3:30 Arts & Crafts - Plaza Picasso Painting 4:30 Seated Tai Chi 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Strawberry Cream Pie Day 28</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 2nd Floor Halia Holoholo Ride 11:15 Game - Bean Bag Toss 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Famous Faces 3:30 Arts & Crafts - Strawberry Craft with Strawberry Shortcake Dessert 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Coffee Day 29</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Anyone can draw! 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Family Feud 3:30 Arts & Crafts - Coffee Filter Butterflies 4:30 Seated Zumba 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	<p>National Orange Shirt Dress-Up Day 30</p> <ul style="list-style-type: none"> 10:00 Morning Exercise 10:45 Water Break & Cool Down 11:00 Outdoor Stroll 11:15 Game - Jenga 12:15 Wash Up & Clean 12:30 Lunch Time 2:00 Afternoon Exercise 2:45 Water Break & Cool Down 2:50 Walker Wipe Down & Sanitizing 3:00 Game - Hangman 3:30 Arts & Crafts - Carrot Yarn 4:30 BINGO 5:15 Clean-Up & Bathroom Break 5:30 Dinner Time 	