

May 2023

2nd Floor Monthly Activity Calendar



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|---|
| <p>THE PLAZA at Moanalua</p> | <p>May Day 1</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Bean Bag Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Hula with Karen Choate</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Outdoor Cruising</p> <p>4:00 Jeopardy - Candy, Candy, Candy!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Truffle Day 2</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Target Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Arts & Crafts Hour!</p> <p>4:00 Trivia - Famous Faces</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Garden Meditation Day 3</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Jumbo Pong</p> <p>11:15 Educational/Travel Show</p> <p>11:15 Holoholo Ride</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>3:00 Jeopardy - Flags</p> <p>4:00 Sing Along Serenading</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Star Wars Day 4</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Corn Hole Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Trivia - Guess The Landmark</p> <p>4:00 BINGO</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>Boy's Day 5</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Ladder Ball</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 ALL STAFF MEETING - In Person</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Outdoor Cruising</p> <p>4:00 Jeopardy - Music</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Nurses Day 6</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Horse Shoe Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Riddle, Riddle, Riddle</p> <p>4:00 Movie Matinee</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> |
| <p>National Lemonade Day 7</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Ring Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Fun Facts</p> <p>4:00 Anyone can DRAW!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Have a Coke Day 8</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:00 Performance by Joanne Ng</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Corn Hole Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Outdoor Cruising</p> <p>4:00 Trivia - Words that start with</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Moscato Day 9</p> <p>10:00 Balance and Stretch with Daniel Gittelman</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Floor Darts</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Arts & Crafts Hour!</p> <p>4:00 Jeopardy - History</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Shrimp Day 10</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Target Toss</p> <p>11:15 Educational/Travel Show</p> <p>11:15 Holoholo Ride</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Performance by Roy Hamada</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>3:00 Trivia - Guess the Word</p> <p>4:00 Sing Along Serenading</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Eat What YOU Want Day 11</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Bean Bag Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>1:00 Resident Council</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Fast Food</p> <p>4:00 BINGO</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Nutty Fudge Day 12</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Ring Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Outdoor Cruising</p> <p>4:00 Jeopardy - Spring Time!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Miniature Golf Day 13</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Horse Shoe Toss</p> <p>11:00 Zumba Gold with Annette</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - America, America</p> <p>4:00 Movie Matinee</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> |
| <p>Happy Mother's Day! 14</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Jumbo Pong</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Hawaii</p> <p>4:00 Beautiful You Nail Painting</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Chocolate Chip Day 15</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:00 Performance by Bill Mele Mai</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Bean Bag Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Game - Left Right Center</p> <p>4:00 Jeopardy - America, America</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Do Something Good for Your Neighbor Day 16</p> <p>10:00 Christian Academy School Performance</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Corn Hole Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Performance by Hank the Singing Dutchman</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Arts & Crafts Hour!</p> <p>4:00 Jeopardy - Fast Food</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Cherry Cobbler Day 17</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Target Toss</p> <p>11:15 Educational/Travel Show</p> <p>11:15 Holoholo Ride</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>3:00 Game - What's in the bag?</p> <p>4:00 Sing Along Serenading</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Cheese Soufflé Day 18</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Floor Darts</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Addition, Addition, Addition!</p> <p>4:00 BINGO</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Endangered Species Day 19</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Horse Shoe Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:00 Zumba Gold with Annette</p> <p>2:45 Outdoor Cruising</p> <p>4:00 Jeopardy - Science</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>International Red Sneakers Day 20</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Ring Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Riddle, Riddle, Riddle</p> <p>4:00 Movie Matinee</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> |
| <p>National Strawberries and Cream Day 21</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Jumbo Pong</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Countries, Countries!</p> <p>4:00 Anyone can DRAW!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Vanilla Pudding Day 22</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Corn Hole Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Game - UNO</p> <p>4:00 Trivia - Words that start with</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Lucky Penny Day 23</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Ladder Ball</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Arts & Crafts Hour!</p> <p>4:00 Jeopardy - Candy, Candy, Candy!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Scavenger Hunt Day 24</p> <p>10:00 Holy Communion with Patricia Ho</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Bean Bag Toss</p> <p>11:15 Educational/Travel Show</p> <p>11:15 Holoholo Ride</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>3:00 Jeopardy - Fun Facts</p> <p>4:00 Sing Along Serenading</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Towel Day 25</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Horse Shoe Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Fast Food</p> <p>4:00 BINGO</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Paper Airplane Day 26</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Ring Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 May Birthday Bash with Dean Hirata!</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Game - Left Right Center</p> <p>4:00 Jeopardy - Spring Time!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Popsicle Day 27</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Target Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Flags</p> <p>4:00 Movie Matinee</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> |
| <p>National Hamburger Day 28</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Floor Darts</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Jeopardy - Hawaii</p> <p>4:00 Beautiful You Nail Painting</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>Memorial Day 29</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Horse Shoe Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>2:45 Game - Left Right Center</p> <p>4:00 Jeopardy - Addition, Addition, Addition!</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Creativity Day 30</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Corn Hole Toss</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Zumba & Hydration</p> <p>2:45 Arts & Crafts Hour!</p> <p>4:00 Jeopardy - American Food</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>National Senior Health & Fitness Day 31</p> <p>10:00 Morning Exercise & Hydration</p> <p>10:40 Outdoor Stroll</p> <p>11:00 Game - Jumbo Pong</p> <p>11:15 Educational/Travel Show</p> <p>11:15 Holoholo Ride</p> <p>12:15 Wash Up & Clean</p> <p>12:30 Lunch Time</p> <p>2:00 Seated Tai Chi & Hydration</p> <p>3:00 Jeopardy - Subtraction, Subtraction, Subtraction!</p> <p>4:00 Sing Along Serenading</p> <p>5:00 Clean-Up & Bathroom Break</p> <p>5:30 Dinner Time</p> | <p>All activities are subject to change.</p> <p>Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</p> <p>All Activities Will Be Located In The Main Activity Room Unless Otherwise Noted.</p> | | |