

August 2023

2nd Floor Monthly Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>All activities are subject to change.</p>		International Mahjong Day 1 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Corn Hole Toss 3:00 ✨ Trivia - Guess the Word 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Ice Cream Sandwich Day 2 9:30 ♥ Morning Exercise & Hydration 10:30 🎒 Educational/Travel Show 10:30 🚗 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Arts & Crafts 3:00 🎤 Sing Along Serenading 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Watermelon Day 3 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Chocolate Chip Cookie Day 4 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Beautiful You Nail Painting 2:00 🎤 Seated Hula with Karen Choate 3:00 🚤 Outdoor Cruising 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Oyster Day 5 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Corn Hole Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	
	National Root Beer Float Day 6 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Purple Heart Day 7 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🗣️ ALL STAFF MEETING - In Person 2:00 🎮 Game - Target Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Dollar Day 8 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Bean Bag Toss 2:00 🎤 Performance by Hank the Singing Dutchman 3:00 ✨ Trivia - Words that start with 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Book Lovers Day 9 9:30 ♥ Morning Exercise & Hydration 10:30 🎒 Educational/Travel Show 10:30 🚗 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Arts & Crafts 2:00 🎤 Performance by Roy Hamada 3:00 🎤 Local Sing Along 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National S'mores Day 10 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	Global Kinetic Sand Day 11 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎮 Game - Floor Darts 3:00 🚤 Outdoor Cruising 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Bowling Day 12 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:00 ♥ Zumba Gold with Annette 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Bean Bag Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time
	International Left Handers Day 13 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Corn Hole Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Creamsicle Day 14 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎮 Game - Target Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Relaxation Day 15 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Floor Darts 3:00 ✨ Trivia - Guess the Word 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Tell A Joke Day 16 9:30 ♥ Morning Exercise & Hydration 10:30 🎒 Educational/Travel Show 10:30 🚗 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Arts & Crafts 3:00 🎤 Sing Along Serenading 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Black Cat Appreciation Day 17 9:30 ♥ Morning Exercise & Hydration 10:00 🎵 Inspirational Music by Wallace Brown 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Ring Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Fajita Day 18 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Beautiful You Nail Painting 3:00 🚤 Outdoor Cruising 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	World Honey Bee Day 19 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Corn Hole Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time
	National Radio Day 20 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Senior Citizens Day 21 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎮 Game - Bean Bag Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Be An Angel Day 22 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 2:00 🗳️ Resident Council 3:00 ✨ Trivia - Words that start with 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Sponge Cake Day 23 9:30 ♥ Morning Exercise & Hydration 10:30 🎒 Educational/Travel Show 10:30 🚗 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Arts & Crafts 3:00 🎤 Local Sing Along 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Waffle Day 24 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Target Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Banana Split Day 25 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎤 Birthday Bash with Dean Hirata 2:00 🎮 Game - Floor Darts 3:00 🚤 Outdoor Cruising 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Dog Day 26 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 2:00 ♥ Zumba Gold with Annette 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time
	National Just Because Day 27 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Corn Hole Toss 3:00 🎤 Movie Matinee 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Thoughtful Day 28 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎮 Game - Bean Bag Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National According to Hoyle Day 29 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Ring Toss 3:00 ✨ Trivia - Guess the Word 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Beach Day 30 9:30 ♥ Morning Exercise & Hydration 10:30 🎒 Educational/Travel Show 10:30 🚗 Holoholo Ride 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Tai Chi & Hydration 2:00 🎨 Arts & Crafts 3:00 🎤 Sing Along Serenading 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	National Eat Outside Day 31 9:30 ♥ Morning Exercise & Hydration 10:20 ♥ Outdoor Stroll 10:40 ✨ Current Events & What's on the Menu? 11:15 Wash Up & Clean 11:30 Lunch Time 1:00 ♥ Seated Zumba & Hydration 2:00 🎮 Game - Horse Shoe Toss 3:00 ✨ Jeopardy Hour! 4:00 🧹 Clean-Up & Bathroom Break 4:30 🍴 Dinner Time	<p>Van Departures-- Please meet in the lobby 15 minutes prior to all van departures.</p> <p>All Activities Will Be Located In The Main Activity Room Unless Otherwise Noted.</p>	