

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



--Van Departures--
Please meet in the lobby
15 minutes prior to
all van departures

[A] Activity Room
[T] Theater Room
[B] Bistro
[S] Sunroom

- 🎨 Art
- 🚗 Excursions
- 🎲 Games
- 👥 Group Activity
- 🕒 Learning Hour
- 🏥 Medical
- 🧘 Mindfulness
- 👟 Physical
- ✝ Religious
- 🌸 Resident Project
- ★ Special Events

Please sign up for this
month's Special Events
with Concierge

<p>Author's Day 1</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Short Story Reading [A]</p> <p>1:00 🎨 Card Making Club [A]</p> <p>2:00 🔄 Afternoon Stretch [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>2:30 🌸 RESIDENT CHOICE - Uno! [A]</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Bison Day 2</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Prompted & Guided Journaling [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 (NEW) Plaza Buck BINGO! [A]</p> <p>2:30 🎨 ARTS & CRAFTS - Clay Flower Vases [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:30 🎲 Trivia Crack! [A]</p>
<p>Cappuccino Day 8</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:30 🚗 Friday Scenic Ride - Ala Moana Beach Park</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:45 🚗 Kau Kau Club! - Sadies BBQ</p> <p>1:30 🎨 Origami Club! [A]</p> <p>2:00 🔄 Afternoon Stretch [A]</p> <p>2:30 🌸 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Scrapple Day 9</p> <p>9:00 🔄 Zumba with Annette! [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Prompted & Guided Journaling [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:30 🎨 ARTS & CRAFTS - Thankful Tree Leaves [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:30 🎲 Trivia Crack! [A]</p>
<p>Raisin Bran Cereal Day 15</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:30 🚗 Friday Scenic Ride - Waikiki</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:45 🚗 Kau Kau Club! - Gomatei Pearl Ridge</p> <p>1:30 🎨 Origami Club! [A]</p> <p>2:00 🔄 Afternoon Stretch [A]</p> <p>2:30 🌸 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Button Day 16</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Prompted & Guided Journaling [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:30 🎨 ARTS & CRAFTS - Clay Button Making [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:30 🎲 Trivia Crack! [A]</p>
<p>Substitute Educators Day 22</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:30 🚗 Friday Scenic Ride - Koa Ridge</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:45 🚗 Kau Kau Club! - Genki Sushi Pearl Ridge</p> <p>1:30 🎨 Origami Club! [A]</p> <p>2:00 🔄 Afternoon Stretch [A]</p> <p>2:30 🌸 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Espresso Day 23</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Prompted & Guided Journaling [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:30 🎨 ARTS & CRAFTS - Coffee Stain Art [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:30 🎲 Trivia Crack! [A]</p>
<p>Native American Heritage Day 29</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:30 🚗 Friday Scenic Ride - H3 Lookout</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Short Story Reading [A]</p> <p>1:30 🎨 Origami Club! [A]</p> <p>2:00 🔄 Afternoon Stretch [A]</p> <p>2:30 🌸 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Small Business Saturday 30</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🌸 Prompted & Guided Journaling [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:30 🎨 ARTS & CRAFTS - Christmas Wish List [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:30 🎲 Trivia Crack! [A]</p>

<p>Sandwich Day 3</p> <p>8:30 🚗 Church Services - Bus Drop-Offs</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 GAME - Hanafuda [A]</p> <p>11:00 ✝ Word of Life: Christian Online Service [T]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎲 Plaza Buck BINGO [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Longs or Safeway</p> <p>2:30 🔄 Outdoor Stroll</p> <p>2:30 🌸 PUZZLES [A]</p> <p>3:00 🌸 Aromatherapy Hand Massage [A]</p>	<p>Forget - Me - Not Day 10</p> <p>8:30 🚗 Church Services - Bus Drop-Offs</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 GAME - Hanafuda [A]</p> <p>11:00 ✝ Word of Life: Christian Online Service [T]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎲 Plaza Buck BINGO [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Longs or Safeway</p> <p>2:30 🔄 Outdoor Stroll</p> <p>2:30 🌸 PUZZLES [A]</p> <p>3:00 🌸 Aromatherapy Hand Massage [A]</p>	<p>Butter Day 17</p> <p>8:30 🚗 Church Services - Bus Drop-Offs</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 GAME - Hanafuda [A]</p> <p>11:00 ✝ Word of Life: Christian Online Service [T]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎲 Plaza Buck BINGO [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Longs or Safeway</p> <p>2:30 🔄 Outdoor Stroll</p> <p>2:30 🌸 PUZZLES [A]</p> <p>3:00 🌸 Aromatherapy Hand Massage [A]</p>	<p>Sardines Day 24</p> <p>8:30 🚗 Church Services - Bus Drop-Offs</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 GAME - Hanafuda [A]</p> <p>11:00 ✝ Word of Life: Christian Online Service [T]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎲 Plaza Buck BINGO [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Longs or Safeway</p> <p>2:00 🌸 PERFORMANCE - Birthday bash with Dean Hirata! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>2:30 🌸 PUZZLES [A]</p> <p>3:00 🌸 Aromatherapy Hand Massage [A]</p>
<p>Candy Day 4</p> <p>7:00 🏥 MEDICAL RUNS - West Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack! [A]</p> <p>1:00 🎲 MONDAY MAHJONG [A]</p> <p>1:30 🕒 LEARNING HOUR - How It's Made: Candy! [A]</p> <p>2:00 🎨 Card Making & Decorations Club [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Veterans Day 11</p> <p>7:00 🏥 MEDICAL RUNS - West Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack! [A]</p> <p>1:00 🎲 MONDAY MAHJONG [A]</p> <p>1:30 🕒 LEARNING HOUR - Honoring Our Veterans [A]</p> <p>2:00 🎨 ARTS & CRAFTS - Paint Clay Flower Vase [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Princess Day 18</p> <p>7:00 🏥 MEDICAL RUNS - West Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack! [A]</p> <p>1:00 🕒 LEARNING HOUR - Princess' Around The World [A]</p> <p>1:00 🎲 MONDAY MAHJONG [A]</p> <p>2:00 🎨 Card Making & Decorations Club [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Parfait Day 25</p> <p>7:00 🏥 MEDICAL RUNS - West Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack! [A]</p> <p>1:00 🎲 MONDAY MAHJONG [A]</p> <p>2:00 🎨 Card Making & Decorations Club [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎲 NICKEL BINGO [A]</p>
<p>Stress Awareness Day 5</p> <p>7:00 🏥 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack & MURDLE! [A]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎨 ART WORKSHOP with Rebecca! (UH Art Student)</p> <p>2:30 🎨 NAIL DAY! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>	<p>Chicken Soup for the Soul Day 12</p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack & MURDLE! [A]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎨 ARTS & CRAFTS - Miniature Flower Bouquets [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>	<p>Play Monopoly Day 19</p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack & MURDLE! [A]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>1:30 🎨 ART WORKSHOP with Rebecca! (UH Art Student)</p> <p>2:30 🎨 NAIL DAY! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>	<p>Cake Day 26</p> <p>DRESS UP: Twin with a Friend!</p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>11:00 🎲 Trivia Crack & MURDLE! [A]</p> <p>1:00 🌸 Peaceful Stretching [A]</p> <p>2:00 🌸 BEST FRIENDSGIVING - Residents & Staff [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>
<p>Nacho Day 6</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:00 🚗 Scenic Ride - Kaimuki Beach Club</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:00 🚗 Unescorted Errand Ride - Target</p> <p>11:00 🌸 Short Story Reading [A]</p> <p>1:00 🎨 Card Making & Decorations Club! [A]</p> <p>1:30 🌸 PERFORMANCE - Singing with Johnny! [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Walmart Pearl City</p> <p>2:30 🔄 Walk the Block</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Seat Belt Day 13</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:00 🚗 Scenic Ride - Kaneohe Veteran Cemetery</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:00 🚗 Unescorted Errand Ride - Marukai</p> <p>11:00 🌸 Short Story Reading [A]</p> <p>1:00 🎨 Card Making & Decorations Club! [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Marukai</p> <p>1:45 🌸 PERFORMANCE - Roy Hamada! [A]</p> <p>2:00 🎲 GAME - Blackjack! [A]</p> <p>2:30 🔄 Walk the Block</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Child's Day 20</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:00 🚗 Scenic Ride - Hawaii Kai</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:00 🚗 Unescorted Errand Ride - Daiso Pearl City</p> <p>11:00 🌸 Short Story Reading [A]</p> <p>1:00 🎨 Card Making & Decorations Club! [A]</p> <p>1:30 🚗 Unescorted Errand Ride - Wholesale Unlimited</p> <p>2:00 🎲 GAME - Blackjack! [A]</p> <p>2:30 🔄 Walk the Block</p> <p>3:00 🎲 NICKEL BINGO [A]</p>	<p>Craft Jerky Day 27</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>9:00 🚗 Scenic Ride - Aiea Loop Trail</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>10:00 🚗 Unescorted Errand Ride - Walmart</p> <p>11:00 🌸 Short Story Reading [A]</p> <p>1:00 🎨 Card Making & Decorations Club! [A]</p> <p>1:30 🚗 Unescorted Errand Ride - HMart & Don Quixote</p> <p>2:00 🎲 GAME - Blackjack! [A]</p> <p>2:30 🔄 Walk the Block</p> <p>3:00 🎲 NICKEL BINGO [A]</p>
<p>Men Make Dinner Day 7</p> <p>7:00 🏥 MEDICAL RUN - East Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:00 ALL STAFF MEETING [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🌸 PERFORMANCE - Evie Sweet! (UH Music Student)</p>	<p>DRESS UP: Pajamas! Family PJ Day 14</p> <p>7:00 🏥 MEDICAL RUN - East Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:00 🔄 Tap Dancing with Cecelia! [A]</p> <p>2:30 🎲 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>	<p>Gingerbread Cookie Day 21</p> <p>7:00 🏥 MEDICAL RUN - East Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🌸 PERFORMANCE - Wally Brown! [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:00 🎨 ARTS & CRAFTS - Cookie Cutter Ornaments [A]</p> <p>2:30 🎲 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>	<p>Thanksgiving! 28</p> <p>7:00 🏥 MEDICAL RUN - East Side</p> <p>9:00 🔄 Morning Exercise 1 [A]</p> <p>10:00 🔄 Morning Exercise 2 [A]</p> <p>1:00 🌸 Guided Meditation [T]</p> <p>1:30 🎲 Plaza Buck BINGO! [A]</p> <p>2:00 🎨 ARTS & CRAFTS - Thankful Tree [A]</p> <p>2:30 🎲 GAME - Uno! [A]</p> <p>2:30 🔄 Outdoor Stroll</p> <p>3:00 🎨 Origami Club [A]</p>