

# November 2024

## 2nd Floor Monthly Activity Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Art
- Excursions
- Group Activity
- Medical
- Memory Game
- Music Therapy
- Physical
- Special Events

**\*All Activities  
Are Subject to Change\***

**"No one has ever become  
poor from giving."  
– Maya Angelou**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Sandwich Day</b> <b>3</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Candy Day</b> <b>4</b></p> <p>7:00 MEDICAL RUNS - West Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:30 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:15 <i>Holoholo Ride - 3rd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Stress Awareness Day</b> <b>5</b></p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Nacho Day</b> <b>6</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:30 <b>PERFORMANCE - Singing with Johnny! [A]</b></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Men Make Dinner Day</b> <b>7</b></p> <p>7:00 MEDICAL RUN - East Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:00 ALL STAFF MEETING [A]</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Author's Day</b> <b>1</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Bison Day</b> <b>2</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>
<p><b>Forget - Me - Not Day</b> <b>10</b></p> <p>9:00 ZUMBA with Annette!</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Veterans Day</b> <b>11</b></p> <p>7:00 MEDICAL RUNS - West Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:30 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:15 <i>Holoholo Ride - 3rd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Chicken Soup for the Soul Day</b> <b>12</b></p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Seat Belt Day</b> <b>13</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:45 <b>PERFORMANCE - Roy Hamada! [A]</b></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>DRESS UP: Pajamas!</b> <b>14</b></p> <p><b>Family PJ Day</b></p> <p>7:00 MEDICAL RUN - East Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Raisin Bran Cereal Day</b> <b>15</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:45 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:00 <i>Holoholo Ride - 3rd Floor</i></p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Button Day</b> <b>16</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>
<p><b>Butter Day</b> <b>17</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Princess Day</b> <b>18</b></p> <p>7:00 MEDICAL RUNS - West Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:30 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:15 <i>Holoholo Ride - 3rd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Play Monopoly Day</b> <b>19</b></p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Child's Day</b> <b>20</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Gingerbread Cookie Day</b> <b>21</b></p> <p>7:00 MEDICAL RUN - East Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:00 <b>PERFORMANCE - Wally Brown! [A]</b></p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Substitute Educators Day</b> <b>22</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:45 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:00 <i>Holoholo Ride - 3rd Floor</i></p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Espresso Day</b> <b>23</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>
<p><b>Sardines Day</b> <b>24</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:00 <b>PERFORMANCE - Birthday bash with Dean Hirata! [A]</b></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Parfait Day</b> <b>25</b></p> <p>7:00 MEDICAL RUNS - West Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:30 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:15 <i>Holoholo Ride - 3rd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Cake Day</b> <b>26</b></p> <p><b>DRESS UP: Twin with a Friend!</b></p> <p>7:00 MEDICAL RUNS - Central (Pali Momi to Straub Town)</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:00 <b>BEST FRIENDSGIVING - Residents &amp; Staff [A]</b></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Craft Jerky Day</b> <b>27</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Thanksgiving!</b> <b>28</b></p> <p>7:00 MEDICAL RUN - East Side</p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Native American Heritage Day</b> <b>29</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>1:45 <i>Holoholo Ride - 2nd Floor</i></p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:00 <i>Holoholo Ride - 3rd Floor</i></p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>	<p><b>Small Business Saturday</b> <b>30</b></p> <p>9:00 MORNING EXERCISE &amp; HYDRATION</p> <p>9:30 CURRENT EVENTS AT THE PLAZA MOANALUA</p> <p>10:00 OUTDOOR STROLL</p> <p>10:25 COGNIFIT!</p> <p>11:30 LUNCH</p> <p>12:30 SING ALONG</p> <p>1:00 MUSIC THERAPY</p> <p>1:30 ARTS &amp; CRAFTS</p> <p>2:25 HALIA OLYMPICS &amp; HYDRATION</p> <p>3:00 FRESH AIR FRIENZY (Outdoor Stroll)</p> <p>3:25 CREATIVE HOUR &amp; BUSY BRAIN</p> <p>4:30 DINNER</p>