





August 2024 3rd Floor Monthly Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



-  Art
-  Entertainment
-  Group Activity
-  Learning Hour
-  Memory Game
-  Physical
-  Special Events

***All Activities
Are Subject to Change***

**“Fairest of the months!
Ripe summer's queen
The hey-day of the year
With robes that gleam with
sunny sheen
Sweet August doth appear.”**

— R. Combe Miller

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<p>National Chocolate Chip Cookie Day</p> <p>4</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Types of Cookies 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up 4:20 DINNER</p>	<p>National Oyster Day</p> <p>5</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Name things LIKE an Ophi 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 Olelo Hawaii 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Root Beer Float Day</p> <p>6</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Things that can Float 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 12:30 Holoholo Ride - 3rd Floor 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Think Inside/Outside the Box! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Purple Heart Day</p> <p>7</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Name Jobs in the Military 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Holoholo Ride - 2nd Floor 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 ALL STAFF MEETING [A] 2:30 Sing Along! 3:00 (BF) Things I like! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Dollar Day</p> <p>8</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Different Currencies around the World 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) I Cast My Vote For... 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Ice Cream Sandwich Day</p> <p>9</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Ice Cream Flavors 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) The Price is Right! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>	<p>National Watermelon Day</p> <p>10</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Places you can Eat Watermelon 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Spring has Sprung! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>
<p>Global Kinetic Sand Day</p> <p>11</p> <p>9:00 Current Events! 9:30 ZUMBA with Annette! 10:00 (BF) Today's List - Places with a lot of Sand 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>	<p>National Bowling Day</p> <p>12</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Things that are ROUND 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 Olelo Hawaii 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>International Left Handers Day</p> <p>13</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:00 PERFORMANCE: Alvin Sakihara & Karaok! 10:00 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 12:30 Holoholo Ride - 3rd Floor 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 RESIDENT COUNCIL [A] 2:30 Sing Along! 3:00 (BF) Think Inside/Outside the Box! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>	<p>National Creamsicle Day</p> <p>14</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - What foods would you consider "CREAMY" 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Holoholo Ride - 2nd Floor 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) I Cast My Vote For... 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Relaxation Day</p> <p>15</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Things that help you relax 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) I Cast My Vote For... 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Tell A Joke Day</p> <p>16</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Tell things that make you laugh 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) The Price is Right! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>	<p>National Black Cat Appreciation Day</p> <p>17</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Funny names for Cats 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Spring has Sprung! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>
<p>National Fajita Day</p> <p>18</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Things you can put in a taco 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>	<p>World Honey Bee Day</p> <p>19</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Name Flowers that need to be pollinated 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 Olelo Hawaii 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Radio Day</p> <p>20</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Songs you sing in the car 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 12:30 Holoholo Ride - 3rd Floor 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Think Inside/Outside the Box! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Senior Citizens Day</p> <p>21</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Things you learned as you got older 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Holoholo Ride - 2nd Floor 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Things I like! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Bao Day</p> <p>22</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Foods from Asian Countries 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 PERFORMANCE: BIRTHDAY BASH W/ DEAN HIRATA 2:30 Sing Along! 3:00 (BF) I Cast My Vote For... 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Cuban Sandwich Day</p> <p>23</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Favorite type of sandwich 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) The Price is Right! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Waffle Day</p> <p>24</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - What do you put on YOUR waffles 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Spring has Sprung! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>
<p>National Banana Split Day</p> <p>25</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - What are things that are split 2 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness 4:15 Bathroom & Wash Up</p>	<p>National Dog Day</p> <p>26</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Funny Names for your dogs 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 Olelo Hawaii 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Just Because Day</p> <p>27</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Things that are mundane but funny 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 12:30 Holoholo Ride - 3rd Floor 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Think Inside/Outside the Box! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Thoughtful Day</p> <p>28</p> <p>9:00 Morning Exercise & Hydration 9:30 (BF) Today's List - Something you think about often 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:00 PERFORMANCE - WALLY BROWN! 10:00 Quiz Blitz! 10:30 Holoholo Ride - 2nd Floor 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Things I like! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Chop Suey</p> <p>29</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - Places you should NOT eat chop suey 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) I Cast My Vote For... 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National College Colors</p> <p>30</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - What superpower would you want if you fall in a river of mutant water 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) The Price is Right! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>	<p>National Trail Mix Day</p> <p>31</p> <p>9:00 Morning Exercise & Hydration 9:30 Current Events! 10:00 (BF) Today's List - What do you put in a Trail Mix 10:00 Available ALL-DAY Activities - Card Games, Coloring and more! 10:30 Outdoor Stroll 10:30 Quiz Blitz! 11:00 Sing Along! 11:15 Bathroom & Wash Up 11:30 LUNCH 1:00 Afternoon Exercise & Hydration 1:30 Word Association! 2:00 (BF) Spring has Sprung! 2:30 Arts & Crafts 3:00 Sing Along! 3:30 Mental Health Check In 3:45 Movies & Mindfulness</p>