

September 2025
3rd Floor Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>Labor Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Labor Day 9:30 🌿 Watercolors & Oldie Tunes 10:00 🌿 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Old Waipahu / Kunia 1:00 🌀 Tissue Paper Art 2:00 📰 Recreating the Classroom Experience: Charades & Name That Tune 2:30 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🌿 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Blueberry Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Health Benefits of Blueberries 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 12:30 🌿 Hangman on The Lanai 1:30 🌀 Just Craftin: Popsicle Stick Snake Making 2:45 🌿 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Guess Who U.S. Presidents Edition 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Bowling Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Fun Facts about Bowling 10:00 🎵 Morning Surprise: Musical Performance by Roy Hamada - 2nd Floor 12:30 🌿 Trivia and Charades on The Lanai 1:30 🍿 Fun Film & Popcorn 2:45 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🌿 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Macadamia Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Hawaii's Macadamia Nut Industry 9:30 🧩 Morning Surprise: Special Games w/ The Plaza Friends 10:15 🌿 Morning Surprise: Mega Toss Games 12:30 🌿 Sing Along w/ Karina on The Lanai 1:15 🌀 Watercolors & Word Search Puzzles 2:15 📰 Recreating the Classroom Experience: Guess Who 50s Theme 2:45 🧩 Games & Things To Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Macadamia Nut Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Cheese Pizza Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Best Places for Cheese Pizza 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:30 🌿 Guess That Scent! 12:30 🌿 Hangman on The Lanai 1:30 🌀 Fun Film 3:00 📰 Recreating the Classroom Experience: Pizza Trivia 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Coffee Ice Cream Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Ice Cream Creations 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 12:30 🌿 Lanai Time 1:30 🌀 Just Craftin: Silly Acorn Man Making 2:45 📰 Recreating the Classroom Experience: Masters of Math 3:00 ↔ Ageless Fitness & Hydration 3:30 🧩 Games & Things to Do Together: BINGO</div>
<div>Western Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Hawaii's Paniolos 9:30 🎵 Morning Surprise: Paper Collage Making 10:15 In the Home: Match, Fold, & Deliver 10:45 ↔ Get Up & Move Club: Walking to The Beat 12:30 🌿 Lanai Time 1:30 ↔ Ageless Fitness & Hydration 2:00 📰 Recreating the Classroom Experience: Documentary of Cowboys 3:00 🧩 Games & Things to Do Together: BINGO</div>	<div>Hat Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Hats Around the World 9:30 🌿 Watercolors & Oldie Tunes 10:00 🌿 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Pearl City / Aiea 1:00 🌀 Tissue Paper Art 2:00 📰 Recreating the Classroom Experience: Hat Trivia 2:30 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🌿 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Sports Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Facts about Hawaii Sports 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 ↔ Get Up & Move Club: Walking to The Beat 12:30 🌿 Hangman on The Lanai 1:30 🌀 Just Craftin: UH Rainbow Warriors Fan Making 2:45 🌿 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Sports Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Wacky Wednesday</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 12:30 🧩 Van Ride: Residents Choice 1:30 🍿 Fun Film & Popcorn 2:45 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Pajama Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Pajama Styles around The World 10:00 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 12:30 🌿 Sing Along w/ Karina on The Lanai 1:15 🌀 Watercolors & Word Search Puzzles 2:00 📰 Recreating the Classroom Experience: Guess Who 60s Theme 2:45 🧩 Games & Things To Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Pajama Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Disney Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Disneyland 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:00 Bible Stories w/ Ms. Maureen 12:30 🌿 Lanai Time 1:45 🌀 Q-Tip Art & Puzzle Packs 2:15 📰 Recreating the Classroom Experience: Disney Trivia 2:45 🌿 Journaling: Writing and/or Drawing Your Day 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Decades Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Most Popular Decades 9:30 🧩 Name 5: Decades Edition 10:00 🎵 Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 12:30 🌿 Lanai Time 1:30 🌀 Just Craftin: Tissue Paper Sakura Making 2:45 📰 Recreating the Classroom Experience: Masters of Math 3:00 ↔ Ageless Fitness & Hydration 3:30 🧩 Games & Things to Do Together: BINGO</div>
<div>Live Creative Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Tips on Being More Creative 9:30 🎵 Morning Surprise: Paper Collage Making 10:15 In the Home: Match, Fold, & Deliver 10:45 ↔ Get Up & Move Club: Walking to The Beat 12:30 🌿 Lanai Time 1:30 ↔ Ageless Fitness & Hydration 2:00 📰 Recreating the Classroom Experience: Documentary of Art 3:00 🧩 Games & Things to Do Together: BINGO</div>	<div>Double Cheeseburger Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Best Cheeseburger Places in The U.S. 9:30 🌿 Watercolors & Oldie Tunes 10:00 🌿 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Waialua 1:00 🌀 Tissue Paper Art 2:00 📰 Recreating the Classroom Experience: Fast Food Trivia 2:30 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🌿 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Mayflower Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of The May Flower 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 ↔ Get Up & Move Club: Walking to The Beat 12:30 🌿 Hangman on The Lanai 1:30 🌀 Just Craftin: Honey Bee Book Marker Making 2:45 🌿 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Guess Who 80's Edition 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Apple Dumpling Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Health Benefits from Apples 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 12:30 🌿 Trivia and Charades on The Lanai 1:30 🍿 Fun Film & Popcorn 2:45 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>U.S. Air Force Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of The U.S. Air Force 10:00 Hula by Na Wahine O Ka Hula: 2nd Floor 12:30 🌿 Sing Along w/ Karina on The Lanai 1:15 🌀 Watercolors & Word Search Puzzles 2:00 📰 Recreating the Classroom Experience: U.S. Geography 2:45 🧩 Games & Things To Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: U.S. Air Force Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Talk Like a Pirate Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: How to Talk Like a Pirate 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:30 🌿 Guess That Scent! 12:30 🌿 Lanai Time 1:45 🌀 Q-Tip Art & Puzzle Packs 2:15 📰 Recreating the Classroom Experience: Pirate History 2:45 🌿 Journaling: Writing and/or Drawing Your Day 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Pepperoni Pizza Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Pizza Creations 9:45 🏐 Balloon Volleyball 10:30 🧩 Games & Things to Do Together: Pictionary & Hangman 12:30 🌿 Lanai Time 1:30 🌀 Just Craftin: Toilet Paper Roll Butterfly Making 2:45 📰 Recreating the Classroom Experience: Masters of Math 3:00 ↔ Ageless Fitness & Hydration 3:00 🧩 Games & Things to Do Together: BINGO</div>
<div>New York Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Fun Facts about New York 10:00 🎵 Morning Surprise: Piano Performance by Nicholas - 2nd Floor 12:30 🌿 Lanai Time 1:30 ↔ Ageless Fitness & Hydration 2:00 📰 Recreating the Classroom Experience: Documentary of New York City 2:45 📰 Name 5: New York Edition 3:00 🧩 Games & Things to Do Together: BINGO 3:45 ↔ Get Up & Move Club: Walking to The Beat</div>	<div>Ice Cream Cone Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Ice Cream Cone Creations 9:30 🌿 Watercolors & Oldie Tunes 10:00 🌿 Wiki Wiki Snack in The Lani: Mini Ice Cream Cones 12:30 🚗 3rd Flr. Van Ride: Kapolei 1:00 🌀 Tissue Paper Art 2:00 📰 Recreating the Classroom Experience: Ice Cream Trivia 2:30 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🌿 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Business Women Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Influential Business Women in The World 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 ↔ Get Up & Move Club: Walking to The Beat 12:30 🌿 Hangman on The Lanai 1:30 🌀 Just Craftin: Paper Button Sunflower Making 2:45 🌿 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Business Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Cherries Jubilee Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Who invented Cherries Jubilee? 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 12:30 🚗 Van Ride: Residents Choice 1:30 🍿 Fun Film & Popcorn 2:45 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Comic Book Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Marvel Comic Books 10:00 Morning Surprise: Bon Dancersizing w/ Wahiawa Hongwanji - 2nd Floor 12:30 🌿 Sing Along w/ Karina on The Lanai 1:15 🌀 Watercolors & Word Search Puzzles 2:00 📰 Recreating the Classroom Experience: Fun Facts of Science 2:45 🧩 Games & Things To Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Comic Book Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>Pancake Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Fun Facts about Pancakes 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:30 🌿 Guess That Scent! 12:30 🌿 Lanai Time 1:45 🌀 Q-Tip Art & Puzzle Packs 2:15 📰 Recreating the Classroom Experience: Pancake Trivia 2:45 🌿 Journaling: Writing and/or Drawing Your Day 3:15 ↔ Ageless Fitness & Hydration 5:00 🧩 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Chocolate Milk Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Things made w/ Chocolate 9:45 🏐 Balloon Volleyball 10:30 🧩 Games & Things to Do Together: Pictionary & Hangman 12:30 📰 Recreating the Classroom Experience: Masters of Math 12:45 🌿 Lanai Time 2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 ↔ Ageless Fitness & Hydration 3:00 🧩 Games & Things to Do Together: BINGO</div>
<div>Good Neighbor Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Tips on Being a Good Neighbor 10:00 🎵 Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 12:30 🌿 Lanai Time 1:30 ↔ Ageless Fitness & Hydration 2:00 📰 Recreating the Classroom Experience: Documentary of Neighborhoods 2:45 📰 Name 5: Fall Season Edition 3:00 🧩 Games & Things to Do Together: BINGO 3:45 ↔ Get Up & Move Club: Walking to The Beat</div>	<div>Coffee Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Hawaii's Coffee Industry 9:30 🌿 Watercolors & Oldie Tunes 10:00 🎵 Morning Surprise: Performance by Team of Angels - 5th Floor 12:30 🚗 3rd Flr. Van Ride: Honolulu 1:00 🌀 Tissue Paper Art 2:00 📰 Recreating the Classroom Experience: Coffee Trivia 2:30 🧩 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 🌿 In the Evening: Guess That Scent! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</div>	<div>Love People Day</div> <div>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Tips on being more Loving 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:00 🎵 Birthday Bash & Ukulele Performance by Na Leo O Manu O'o - 2nd Floor 10:45 ↔ Get Up & Move Club: Walking to The Beat 12:30 🌿 Hangman on The Lanai 1:30 🌀 Just Craftin: Newspaper Black Cat Making 2:45 🌿 Games & Things to Do Together: BINGO 3:15 ↔ Ageless Fitness & Hydration 5:00 📰 In The Evening: Love Trivia 5:30 🌿 Unwind The Mind: Yoga</div>	<div>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</div>			<div>🌀 Arts / Crafts 📰 Educational Classes ↔ Exercise / Physical Activity 🚗 Field Trip / Medical Appointments 🧩 Games 🌿 Gardening / Outdoor Visit 🌿 Hydration Program 🌿 Meditation / Mindfulness 🎵 Music / Special Entertainment 🌿 Plaza Life Fitness</div>