5:30 Resident Dinner

4:15 🏞 BINGO

3:30 ↔ Ageless Fitness & Hydration: 4th Floor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA — at Mililani —	Labor Day 8:30 Resident Breakfast 9:45 Sth FIr. Van Ride: Old Waipahu / Kunia 10:00 Dice BINGO: 4th Floor 11:30 Resistance Training (A) & Hydration Resident Lunch 2:00 → Ageless Fitness & Hydration: 4th Floor 2:30 Nam 5 & Charades: 4th Floor 3:00 BINGO: 4th Floor 4:30 Independent Puzzle Packs 5:30 Resident Dinner	Blueberry Day 8:30 Resident Breakfast 10:00 Lanai Time & Hawaiian Tunes 11:30 Resistance Training (B) & Hydration 12:30 Resident Lunch 2:30 → Chair Zumba & Hydration: 4th Floor 3:00 → Plaza Casino Time: Black Jack 4:15 → BINGO 5:30 Resident Dinner	Bowling Day 8:30 Resident Breakfast 9:45 Frand Run - Unsupervised: Mililani Town Center 10:00 Morning Surprise: Musical Performance by Roy Hamada - 2nd Floor 11:30 → Ageless Fitness & Hydration 12:30 → Resident Lunch 1:30 → Plaza Casino Time: Black Jack 2:30 ← Current Events & Brain Games 3:00 → Pokeno 4:00 → Hangman & Name 5 5:30 Resident Dinner	Macadamia Day 8:30 Resident Breakfast 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:30 Resident Lunch 1:30 Aloha Crochet Club 2:30 Aloha Crochet Club 2:30 Ageless Fitness & Hydration: 4th Floor 4:15 BINGO Resident Dinner	Cheese Pizza Day 8:30 Resident Breakfast 10:00 Lanai Time & Hawaiian Tunes 11:30 Resistance Training (B) & Hydration 12:30 Resident Lunch 1:30 Fun Film: 4th Floor 1:30 Resident Dinner 8:30 Resident Dinner	Solution Spot It & Coffee Ice Cream Day 8:30 Resident Breakfast 10:00
Western Day Resident Breakfast † Televised Sunday Sermons Lanai Time & Hawaiian Tunes → Ageless Fitness & Hydration Resident Lunch † Fun Film: 4th Floor → Aloha Crochet Club → Ageless Fitness & Hydration: 4th Floor † BINGO Resident Dinner	Hat Day 8:30 Resident Breakfast 9:45 Sth FIr. Van Ride: Pearl City / Aiea 10:00 → Dice BINGO: 4th Floor 11:30 → Resistance Training (A) & Hydration 12:30 Resident Lunch 1:30 → Plaza Casino Time: Black Jack 2:30 Current Events & Brain Games 3:00 → Hangman & Pictionary 3:30 → BINGO 4:30 → Independent Puzzle Packs 5:30 Resident Dinner	Sports Day 8:30 Resident Breakfast 9:30 Lanai Time & Hawaiian Tunes Resident Council Meeting 11:30 Resident Cuncil Meeting 12:30 Resident Lunch 2:30 Horizumba & Hydration: 4th Floor 3:00 Plaza Casino Time: Black Jack 4:15 BINGO 5:30 Resident Dinner	Wacky Wednesday 8:30 Resident Breakfast 9:45 Frrand Run - Unsupervised: Don Quijote in Pearl City 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 ♣ Ageless Fitness & Hydration 12:30 Resident Lunch 1:30 ♣ Plaza Casino Time: Black Jack 2:30 ★ Current Events & Brain Games 3:00 ♣ Pokeno 4:00 ♣ Hangman & Name 5 5:30 Resident Dinner	Resident Breakfast 10:00 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 11:30 Resident Lunch 1:30 Resident Lunch 1:30 Hot Chocolate & Brain Games at The Bist 2:00 Aloha Crochet Club 2:30 Agless Fitness & Hydration: 4th Floor 4:15 BINGO 5:30 Resident Dinner	B:30 Resident Breakfast 10:00 Hawaiian Lei Making w/ Jennifer of Haleiwa Lei Stand 11:30 Hesistance Training (B) & Hydration 12:30 Resident Lunch 1:30 Hesident Lunch 1:30 Hesident Puzzle Packs 1:30 Hesident Puzzle Packs 1:30 Hesident Pizzle Packs 1:5 H	Decades Day 8:30 Resident Breakfast 10:00
Live Creative Day Resident Breakfast Televised Sunday Sermons Lanai Time & Hawaiian Tunes Ageless Fitness & Hydration Resident Lunch Fun Film: 4th Floor Aloha Crochet Club Ageless Fitness & Hydration: 4th Floor BINGO Resident Dinner	Double Cheeseburger Day 8:30 Resident Breakfast 9:45 5th FIr. Van Ride: Waialua 10:00 1 Dice BINGO: 4th Floor 11:30 1 Plaza Casino Time: Black Jack 2:30 Current Events & Brain Games 3:00 1 Hangman & Pictionary 3:30 1 BINGO 4:30 1 Independent Puzzle Packs 5:30 Resident Dinner	Mayflower Day 8:30 Resident Breakfast 10:00 ★ Lanai Time & Hawaiian Tunes 11:30 ★ Resistance Training (B) & Hydration 12:30 Resident Lunch 2:30 ★ Chair Zumba & Hydration: 4th Floor 3:00 ★ Plaza Casino Time: Black Jack 4:15 ★ BINGO 5:30 Resident Dinner	Apple Dumpling Day 8:30 Resident Breakfast 9:45 Frand Run - Unsupervised: Mililani Town Center 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Ageless Fitness & Hydration 12:30 Resident Lunch 1:30 Movies, Color Therapy, & Popcorn: 4th Floor 3:00 Drum-A-Sizing: 4th Floor 4:00 Independent Word Search & Puzzles Resident Dinner	U.S. Air Force Day 8:30 Resident Breakfast 10:00 Hula by Na Wahine O Ka Hula: 2nd Floor 11:30 ★ Resistance Training (A) & Hydration 12:30 Resident Lunch 1:30 Hot Chocolate & Brain Games at The Bist 2:00 ♠ Aloha Crochet Club 2:30 ← Ageless Fitness & Hydration: 4th Floor 4:15 ★ BINGO 5:30 Resident Dinner	Talk Like a Pirate Day 8:30 Resident Breakfast 10:00 ★ Lanai Time & Hawaiian Tunes 11:30 ★ Resistance Training (B) & Hydration 12:30 Resident Lunch 1:30 ★ Independent Puzzle Packs 2:00 ★ Watercolors & Word Search Puzzles: 4t Floor 3:00 ↔ Drum-A-Sizing: 4th Floor 4:15 ★ Fun Film & Bananagrams 5:30 Resident Dinner	10:00 ♣ Lanai Time & Hawaiian Tunes 11:30 ♣ Ageless Fitness & Hydration 12:30 Resident Lunch 1:15 ♣ Spot It! & Bananagrams: 4th Floor 1:30 ● Just Craftin: Toilet Paper Roll Butterfly
New York Day Resident Breakfast Televised Sunday Sermons ∫ Morning Surprise: Piano Performance by Nicholas - 2nd Floor Ageless Fitness & Hydration Resident Lunch Fun Film: 4th Floor Aloha Crochet Club Ageless Fitness & Hydration: 4th Floor BINGO Resident Dinner	8:30 Resident Breakfast 9:45 5th FIr. Van Ride: Kapolei 10:00 1 Dice BINGO: 4th Floor 11:30 1 Resistance Training (A) & Hydration 12:30 Resident Lunch 1:30 1 Plaza Casino Time: Black Jack 2:30 Current Events & Brain Games 2:45 Wiki Wiki Snack: Mini Ice Cream Cones 3:00 1 Hangman & Pictionary 3:30 1 BINGO 4:30 1 Independent Puzzle Packs 5:30 Resident Dinner	Business Women Day 8:30 Resident Breakfast 10:00 Lanai Time & Hawaiian Tunes 11:30 Resistance Training (B) & Hydration 12:30 Resident Lunch 2:30 Chair Zumba & Hydration: 4th Floor 3:00 Plaza Casino Time: Black Jack 4:15 BINGO 5:30 Resident Dinner	Cherries Jubilee Day 8:30 Resident Breakfast 9:45 Firand Run - Unsupervised: Mililani Town Center 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 → Ageless Fitness & Hydration 12:30 Resident Lunch 1:30 → Plaza Casino Time: Black Jack 2:30	8:30 Resident Breakfast 10:00 Morning Surprise: Bon Dancersizing w/ Wahiawa Hongwanji - 2nd Floor 11:30 Resident Lunch 2:00 Plaza Buck Shopping: 5th Flr. 4:15 BINGO 5:30 Resident Dinner		8:30 Resident Breakfast 10:00 ≱ Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 12:30 Resident Lunch 1:15 ★ Spot It! & Bananagrams: 4th Floor 2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 ★ BINGO: 4th Floor 5:30 Resident Dinner
Good Neighbor Day Resident Breakfast Televised Sunday Sermons Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor Ageless Fitness & Hydration Resident Lunch Fun Film: 4th Floor Man Aloha Crochet Club	Coffee Day 8:30 Resident Breakfast 9:45 5th Fir. Van Ride: Honolulu 10:00 Morning Surprise: Performance by Team of Angels - 5th Flo 11:30 Resident Lunch 1:30 Plaza Casino Time: Black Jack 2:30 Current Events & Brain Games	Performance by Na Leo O	Please meet in the lobby 15 minutes prior to all van departures. Schedule subject to change with or	 Arts / Crafts Educational Classes Exercise / Physical Activity Field Trip / Medical Appointments Games Gardening / Outdoor Visit Movies / Documentaries 	Alternative Activity Options In support of fostering your independency, we encourage all	to

subject to change with or

without notice.

Movies / Documentaries

Socials / Social Gathering † Spiritual / Worship Services

Plaza Life Fitness

Music / Special Entertainment

4:15 🏞 BINGO

5:30 Resident Dinner

3:00 🔥 Hangman & Pictionary

4:30 independent Puzzle Packs

3:30 🏚 BINGO

5:30 Resident Dinner

In support of fostering your independency, we encourage all to participate in activities on the 2nd or 4th Floors. Please see any Plaza Team Member for details.