

September 2023
4th Floor Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>All activities will be located on the 4th floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</div>	<div> Creative Entertainment Excursion Intellectual Physical Social</div>			<div>Wear College Colors Day 1 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Balloon Volleyball 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Tailgating Day 2 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Chair Zumba w/ Annette: 2nd Floor 1:30 Arts & Crafts: Autumn Handprint Tree Painting 2:30 Chair Zumba 3:00 BINGO</div>
<div>Cinema Day 3 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Fun Film 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Labor Day 4 8:30 Individual Games 9:30 Chair Zumba & Hydration 9:30 Van Ride: Kaka'ako 10:30 Game Show Hour: The Price is Right 1:30 Watercolors & Puzzle Packs 2:30 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO</div>	<div>Cheese Pizza Day 5 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Paper Bag Gnome Making 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Coffee Ice Cream Day 6 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 BINGO Event w/ Pharmacare: 2nd Floor 1:30 Movies & Coffee Ice Cream 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Salami Day 7 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Local Jamz w/ Dean Hirata: 2nd Floor 1:30 Fun Film 3:00 BINGO</div>	<div>Star Trek Day 8 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Dice Bingo 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Teddy Bear Day 9 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Bear Hug Card Making 2:30 Chair Zumba 3:00 BINGO</div>
<div>Grandparent's Day 10 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Fun Film 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Wear Your Jersey Day 11 8:30 Individual Games 9:30 Chair Zumba & Hydration 9:30 Van Ride: Newton / Aiea 10:30 Game Show Hour: The Price is Right 1:30 Watercolors & Puzzle Packs 2:30 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO</div>	<div>Wear Beach Attire Day 12 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Popsicle Stick Apple Making 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Dress as Your Decade Day 13 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Soul Sounds w/ Wally Brown: 2nd Floor 1:30 Movies & Popcorn 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Dress as A Superhero Day 14 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Plaza Pride Day 15 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Balloon Volleyball 3:00 BINGO</div>	<div>Wear Your Favorite Band/ Singer Shirt Day 16 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Newspaper Owl Craft 2:30 Chair Zumba 3:00 BINGO</div>
<div>Apple Dumpling Day 17 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Fun Film w/ Apple Dumplings 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Cheeseburger Day 18 8:30 Individual Games 9:30 Chair Zumba & Hydration 9:30 Van Ride: Ewa Beach 10:30 Game Show Hour: The Price is Right 1:30 Watercolors & Puzzle Packs 2:30 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO</div>	<div>Talk Like A Pirate Day 19 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Animals of Fall Silhouette Making 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Fried Rice Day 20 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Plaza Sing Along: 2nd Floor 2:00 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>New York Day 21 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Mele & Hula by The Chibario Performance Group: 2nd Floor 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Ice Cream Cone Day 22 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Dice Bingo w/ Mini Ice Cream Cones 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Family Health & Fitness Day 23 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 2:00 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 BINGO</div>
<div>Energize Day 24 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Fun Film 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Comic Book Day 25 8:30 Individual Games 9:30 Chair Zumba & Hydration 9:30 Van Ride: Waialua 10:00 Ageless Yoga w/ Karen: 2nd Floor 1:30 Watercolors & Puzzle Packs 2:30 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO</div>	<div>Pancake Day 26 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Wacky Acorn Man Making 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Corned Beef Hash Day 27 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Musical Performance by The Olaloa Jammers: 2nd Floor 1:30 Movies & Popcorn 3:00 BINGO 3:30 Chair Zumba & Hydration</div>	<div>Good Neighbor Day 28 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 2:00 Local Jamz w/ Dean Hirata: 2nd Floor 3:00 BINGO</div>	<div>Coffee Day 29 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Musical Performance by Gensen Rabacal: 2nd Floor 1:30 Balloon Volleyball 2:30 Chair Zumba & Hydration 3:00 BINGO</div>	<div>Wear An Orange Shirt Day 30 8:30 Individual Games 9:30 Ageless Fitness & Hydration 10:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Native American Geo Art 2:30 Chair Zumba 3:00 BINGO</div>