


September 2025  
4th Floor Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>Labor Day1</div><div>7:30 Resident Breakfast 8:50 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: History of Labor Day 9:30 🚗 Van Ride: Old Waipahu / Kunia 10:00 🎲 Dice BINGO 10:30 🎲 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors &amp; Puzzle Packs 2:00 ↔ Ageless Fitness &amp; Hydration 2:30 🎲 Name 5 &amp; Charades 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Blueberry Day2</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Health Benefits of Blueberries 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🎨 Just Craftin: Popsicle Stick Snake Making 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Bowling Day3</div><div>7:30 Resident Breakfast 8:45 ↔ Ageless Fitness &amp; Hydration 9:15 📺 News &amp; Views: Fun Facts about Bowling 10:00 🎵 Morning Surprise: Musical Performance by Roy Hamada - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! &amp; Trivia 1:30 🎬 Movies, Color Therapy, &amp; Popcorn 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Macadamia Day4</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: History of Hawaii's Macadamia Nut Industry 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🌟 Hot Chocolate &amp; Brain Games at The Bistro 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Cheese Pizza Day5</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: Best Places for Cheese Pizza 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Trivia &amp; Name 5 1:30 🎬 Fun Film 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Coffee Ice Cream Day6</div><div>7:30 Resident Breakfast 8:45 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Wackiest Ice Cream Creations 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Charades &amp; Name That Tune 1:30 🎨 Just Craftin: Silly Acorn Man Making 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>
<div><div>Western Day7</div><div>7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: History of Hawaii's Paniolos 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film &amp; Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness &amp; Hydration 4:30 Resident Dinner</div></div>	<div><div>Hat Day8</div><div>7:30 Resident Breakfast 8:50 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: Wackiest Hats Around the World 9:30 🚗 Van Ride: Pearl City / Aiea 10:00 🎲 Dice BINGO 10:30 🎲 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors &amp; Puzzle Packs 2:00 ↔ Ageless Fitness &amp; Hydration 2:30 🎲 Name 5 &amp; Charades 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Sports Day9</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: 10 Facts about Hawaii Sports 9:30 🌟 Lanai Time &amp; Hawaiian Tunes 10:30 Resident Council Meeting 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🎨 Just Craftin: UH Rainbow Warriors Fan Making 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Wacky Wednesday10</div><div>7:30 Resident Breakfast 8:45 ↔ Ageless Fitness &amp; Hydration 9:15 📺 News &amp; Views 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! &amp; Trivia 1:30 🎬 Movies, Color Therapy, &amp; Popcorn 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Pajama Day11</div><div>7:30 Resident Breakfast 8:45 🌟 Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: Pajama Styles around The World 10:00 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🌟 Hot Chocolate &amp; Brain Games at The Bistro 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Disney Day12</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: History of Disneyland 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Dice BINGO 2:00 🎨 Watercolors &amp; Word Search Puzzles 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Decades Day13</div><div>7:30 Resident Breakfast 8:45 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Most Popular Decades 10:00 🎵 Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Charades &amp; Name That Tune 1:30 🎨 Just Craftin: Tissue Paper Sakura Making 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>
<div><div>Live Creative Day14</div><div>7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: Tips on Being More Creative 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film &amp; Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness &amp; Hydration 4:30 Resident Dinner</div></div>	<div><div>Double Cheeseburger Day15</div><div>7:30 Resident Breakfast 8:50 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: Best Cheeseburger Places in The U.S 9:30 🚗 Van Ride: Waialua 10:00 🎲 Dice BINGO 10:30 🎲 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors &amp; Puzzle Packs 2:00 ↔ Ageless Fitness &amp; Hydration 2:30 🎲 Name 5 &amp; Charades 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Mayflower Day16</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: History of The May Flower 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🎨 Just Craftin: Honey Bee Book Marker Making 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Apple Dumpling Day17</div><div>7:30 Resident Breakfast 8:45 ↔ Ageless Fitness &amp; Hydration 9:15 📺 News &amp; Views: Health Benefits from Apples 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! &amp; Trivia 1:30 🎬 Movies, Color Therapy, &amp; Popcorn 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>U.S. Air Force Day18</div><div>7:30 Resident Breakfast 8:45 🌟 Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: History of The U.S. Air Force 10:00 Hula by Na Wahine O Ka Hula: 2nd Floor 11:30 Resident Lunch 1:00 ↔ Ageless Fitness &amp; Hydration 1:30 🎲 Hangman &amp; Pictionary 2:00 🎨 Crafts &amp; Dancing w/ Ladies of Aloha 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Talk Like a Pirate Day19</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: How to Talk Like a Pirate 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Dice BINGO 2:00 🎨 Watercolors &amp; Word Search Puzzles 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Pepperoni Pizza Day20</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Wackiest Pizza Creations 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Charades &amp; Name That Tune 1:30 🎨 Just Craftin: Toilet Paper Roll Butterfly Making 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>
<div><div>New York Day21</div><div>7:30 Resident Breakfast 8:45 ↔ Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: 10 Fun Facts about New York 10:00 🎵 Morning Surprise: Piano Performance by Nicholas - 2nd Floor 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film &amp; Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness &amp; Hydration 4:30 Resident Dinner</div></div>	<div><div>Ice Cream Cone Day22</div><div>7:30 Resident Breakfast 8:50 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: Wackiest Ice Cream Cone Creations 9:30 🚗 Van Ride: Kapolei 10:00 🎲 Dice BINGO 10:30 🎲 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors &amp; Puzzle Packs 1:45 🎨 Wiki Wiki Snack: Mini Ice Cream Cones 2:00 ↔ Ageless Fitness &amp; Hydration 2:30 🎲 Name 5 &amp; Charades 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Business Women Day23</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Influential Business Women in The World 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🎨 Just Craftin: Paper Button Sunflower Making 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Cherries Jubilee Day24</div><div>7:30 Resident Breakfast 8:45 ↔ Ageless Fitness &amp; Hydration 9:15 📺 News &amp; Views: Who invented Cherries Jubilee? 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! &amp; Trivia 1:30 🎬 Movies &amp; Plaza Buck Shopping 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Comic Book Day25</div><div>7:30 Resident Breakfast 8:45 🌟 Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: History of Marvel Comic Books 10:00 🎵 Morning Surprise: Bon Dancersizing w/ Wahiawa Hongwanji - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🌟 Hot Chocolate &amp; Brain Games at The Bistro 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Pancake Day26</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: 10 Fun Facts about Pancakes 10:00 📖 Bible Stories w/ Ms. Maureen: 5th Floor 11:30 Resident Lunch 1:00 🎲 Dice BINGO 2:00 🎨 Watercolors &amp; Word Search Puzzles 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner</div></div>	<div><div>Chocolate Milk Day27</div><div>7:30 Resident Breakfast 8:50 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Wackiest Things made w/ Chocolate 10:00 🌟 Lanai Time &amp; Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Charades &amp; Name That Tune 1:20 ↔ Afternoon Stretch 2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>
<div><div>Good Neighbor Day28</div><div>7:30 Resident Breakfast 8:45 ↔ Seated Strength Circuits &amp; Hydration 9:15 📺 News &amp; Views: Tips on Being a Good Neighbor 10:00 🎵 Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film &amp; Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness &amp; Hydration 4:30 Resident Dinner</div></div>	<div><div>Coffee Day29</div><div>7:30 Resident Breakfast 8:45 Seated Strength (A) &amp; Hydration 9:15 📺 News &amp; Views: History of Hawaii's Coffee Industry 9:30 🚗 Van Ride: Honolulu 10:00 🎵 Morning Surprise: Performance by Team of Angels - 5th Floor 11:30 Resident Lunch 1:00 🎨 Watercolors &amp; Puzzle Packs 2:00 ↔ Ageless Fitness &amp; Hydration 2:30 🎲 Name 5 &amp; Charades 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Love People Day30</div><div>7:30 Resident Breakfast 8:45 🌟 Seated Strength (B) &amp; Hydration 9:15 📺 News &amp; Views: Tips on being more Loving 10:00 🎵 Birthday Bash &amp; Ukulele Performance by Na Leo O Manu O'o - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Hangman &amp; Pictionary 1:30 🎨 Just Craftin: Newspaper Black Cat Making 2:30 ↔ Ageless Fitness &amp; Hydration 3:00 🎲 BINGO 4:30 Resident Dinner</div></div>	<div><div>Arts / Crafts</div><div>🏠 Club Visits</div><div>📖 Educational Classes</div><div>↔ Exercise / Physical Activity</div><div>🚗 Field Trip / Medical Appointments</div><div>🎲 Games</div><div>🌿 Gardening / Outdoor Visit</div><div>🌟 Meditation / Mindfulness</div><div>🎬 Movies / Documentaries</div><div>🎵 Music / Special Entertainment</div><div>🌟 Plaza Life Fitness</div><div>🏡 Socials / Social Gathering</div><div>🕊️ Spiritual / Worship Services</div></div>			