







September 2022 3rd Floor Calendar



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

-  Creative
-  Entertainment
-  Excursion
-  Intellectual
-  Physical
-  Social

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Chicken Boy's Day 1 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & History of The Chicken Boy 10:00 📷 Tissue Paper Art 12:30 🌿 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	College Colors Day 2 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🌿 Lanai Time 1:30 ⭐ Best Friend Activity of The Week 2:00 🎲 BINGO 3:00 🌿 Afternoon Exercises & Hydration	Tailgating Day 3 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Best Places to Tailgate 10:00 🎵 Zumba with Annette: 2nd Flr. 12:30 🌿 Lanai Time 1:30 📷 Arts & Crafts: Honu Silhouette 3D Painting 2:30 ⭐ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound
Wildlife Day 4 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & YouTube's Craziest Wildlife Videos 10:00 📷 Paper Collage Making 12:30 🌿 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⭐ Educational Documentaries 3:00 🎲 BINGO	Labor Day 5 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & History of Labor Day 10:00 🎵 Musical Performance by Team of Angels: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Haleiwa Town 1:00 📷 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Coffee Ice Cream Day 6 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Japanese Sing Along 12:30 🌿 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Tropical Sunset Painting w/ Coffee Ice Cream 2:30 ⭐ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Beer Lover's Day 7 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & 10 Fun Facts About Beer 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🌿 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	School Picture Day 8 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Most Hilarious School Pictures 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🌿 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Teddy Bear Day 9 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🌿 Lanai Time 1:30 📷 Arts & Crafts: Teddy Bear Card Making 2:00 🎲 BINGO 3:00 🌿 Afternoon Exercises & Hydration	
Grandparents Day 11 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 📷 Paper Collage Making 12:30 🌿 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⭐ Educational Documentaries 3:00 🎲 BINGO	Video Games Day 12 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & History of Video Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ewa Beach 1:00 📷 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Ants on a Log Day 13 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Japanese Sing Along 12:30 🌿 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Ants on a Log Making 2:30 ⭐ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Eat a Hoagie Day 14 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Musical Performance by Hank The Singing Dutchman: 2nd Floor 12:30 🌿 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Linguine Day 15 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Best Places for Linguine 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🌿 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Guacamole Day 16 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Health Benefits from Avocado 10:00 🎵 Hawaiian Musical Performance w/ Kupuna Mele: 2nd Floor 12:30 🌿 Lanai Time 1:30 ⭐ Best Friend Activity of The Week 2:00 🎲 BINGO 3:00 🌿 Afternoon Exercises & Hydration	
Cheeseburger Day 18 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Best Cheeseburgers in Hawaii 10:00 📷 Paper Collage Making 12:30 🌿 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⭐ Educational Documentaries 3:00 🎲 BINGO	Talk Like A Pirate Day 19 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Salt Lake / Moanalua Valley 1:00 📷 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Fried Rice Day 20 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Japanese Sing Along 12:30 🌿 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Tissue Paper Sakura Making 2:30 ⭐ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Chai Day 21 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🌿 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Ice Cream Cone Day 22 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 12:30 🌿 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune w/ Mini Ice Cream Cones 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Beef Stick Day 23 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🌿 Lanai Time 1:30 ⭐ Best Friend Activity of The Week 2:00 🎲 BINGO w/ Mini Beef Sticks 3:00 🌿 Afternoon Exercises & Hydration	
Quesadilla Day 25 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & History of The Quesadilla 10:00 📷 Paper Collage Making 12:30 🌿 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⭐ Educational Documentaries 3:00 🎲 BINGO	Dumpling Day 26 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Kaneohe 1:00 📷 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Corned Beef Hash Day 27 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Hawaiian Music w/ Uncle Will: 2nd Floor 12:30 🌿 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Yarn Wrapped Mummy Making 2:30 ⭐ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Strawberry Cream Pie Day 28 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 🎵 Musical Performance w/ The Olalao Jammers: 2nd Floor 12:30 🌿 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Coffee Day 29 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 📷 Bible Stories w/ Ms. Maureen 12:30 🌿 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	Orange Shirt Day 30 8:30 ↔ Ageless Fitness & Hydration 9:15 ⭐ Current Events & Brain Games 10:00 ↔ Dancing & Singing by the Chibaroiyo Performance Group: 2nd Floor 12:30 🌿 Lanai Time 1:30 ⭐ Best Friend Activity of The Week 2:00 🎲 BINGO 3:00 🌿 Afternoon Exercises & Hydration	