

# September 2020 3rd Floor Calendar



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Chicken Boy Day 1</b> 8:30 ↔ Ageless Fitness & Hydration: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; History of the Chicken Boy Statue</b> 10:00 🎵 Bubble Time in The Lanai 12:30 🎵 Japanese Sing Along 1:30 🎨 <b>Arts &amp; Crafts: Q-Tip Art</b> 2:30 ⚡ <b>New: Music &amp; Color Therapy in The Serenity Room</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Popsicle Day 2</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Lanai Time w/ Popsicle</b> 12:30 🎵 Plaza Sing Along 1:30 🎦 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Bowling Day 3</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; History of Bowling</b> 10:00 🎵 Lanai Time 12:30 ↔ In-door Stroll 1:30 🎨 Watercolors & Hawaiian Tunes 2:30 ⚡ Who Is It? & Try Not to Laugh Challenge 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Wear Your College Colors Day 4</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 9:30 🚗 <b>3rd Flr. Van Ride: Newtown &amp; Waiau</b> 10:00 🎵 Bubble Time in The Lanai 12:30 🎮 Plaza Karaoke & Tissue Paper Art 2:00 🎮 BINGO: Group 1 2:30 🎮 BINGO: Group 2 3:00 🎵 Afternoon Exercises: Group 1 3:30 🎵 Afternoon Exercises: Group 2	<b>Cheese Pizza Day 5</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Worlds Best Places to Eat Cheese Pizza</b> 10:00 🎵 Lanai Time 12:30 ↔ Balloon Volleyball & Pictionary 1:30 🎨 <b>Arts &amp; Crafts: Paper Brown Bag Pizza Making</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound
<b>Coffee Ice Cream Day 6</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes: Group 1 1:15 🎨 Watercolors & Hawaiian Tunes: Group 2 1:30 🎦 <b>Fun Film w/ Coffee Ice Cream</b> 3:00 🎮 BINGO	<b>Labor Day 7</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes 1:30 🎨 Tissue Paper Art 2:30 ⚡ Balloon Hockey 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Ants On a Log Day 8</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Who Created Ants on A Log</b> 10:00 🎵 <b>Bubble Time &amp; Ants On a Log Snack in The Lanai</b> 12:30 🎵 Japanese Sing Along 1:30 🎨 <b>Arts &amp; Crafts: Paper Crumbling Flower Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Teddy Bear Day 9</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; 10 Fun Facts About Teddy Bear</b> 10:00 🎵 Lanai Time 12:30 🎵 Plaza Sing Along 1:30 🎦 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>T.V. Dinner Day 10</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; History of The T.V. Dinner</b> 10:00 🎵 Lanai Time 12:30 ↔ In-door Stroll 1:30 🎨 Watercolors & Hawaiian Tunes 2:30 ⚡ Who Is It? & Try Not to Laugh Challenge 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Patriots Day 11</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 9:30 🚗 <b>3rd Flr. Van Ride: Ko'olina</b> 10:00 🎵 Bubble Time in The Lanai 12:30 🎮 Plaza Karaoke & Tissue Paper Art 2:00 🎮 BINGO: Group 1 2:30 🎮 BINGO: Group 2 3:00 🎵 Afternoon Exercises: Group 1 3:30 🎵 Afternoon Exercises: Group 2	<b>Chocolate Shake Day 12</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 ↔ Balloon Volleyball & Pictionary 1:30 🎨 <b>Arts &amp; Crafts: Water Bottle Flower Making</b> 2:30 ⚡ Trivia, Name Five, & Mini Chocolate Shakes 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound
<b>Happy Grandparents Day 13</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes: Group 1 1:15 🎨 Watercolors & Hawaiian Tunes: Group 2 1:30 🎦 Fun Film 3:00 🎮 BINGO	<b>Assisted Living Week: Wear Your Pajamas 14</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes 1:30 🎨 Tissue Paper Art 2:30 ⚡ Balloon Hockey 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Assisted Living Week: Sports Day 15</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Bubble Time in The Lanai 12:30 🎵 Japanese Sing Along 1:30 🎨 <b>Arts &amp; Crafts: Tissue Paper Olympic Ring Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Assisted Living Week: Western Wear Day 16</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 🎵 Plaza Sing Along 1:30 🎦 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Assisted Living Week: Decades Day 17</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 ↔ In-door Stroll 1:30 🎨 Watercolors & Hawaiian Tunes 2:30 ⚡ Who Is It? & Try Not to Laugh Challenge 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Assisted Living Week: Aloha Friday 18</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:00 🎵 Bubble Time in The Lanai 9:30 🚗 <b>3rd Flr. Van Ride: Moanalua</b> 10:00 ⚡ <b>Cooking Corner w/ Chef Santos</b> 12:30 🎮 Plaza Karaoke & Tissue Paper Art 2:00 🎮 BINGO 2:00 🎮 BINGO: Group 1 3:00 🎵 Afternoon Exercises: Group 1 3:30 🎵 <b>Virtual Piano Performance by Kaiya</b> 3:30 🎵 Afternoon Exercises: Group 2	<b>Dance Day 19</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Try Not Laugh Challenge: Funny YouTube Dances</b> 10:00 🎵 Lanai Time 12:30 ↔ Balloon Volleyball & Pictionary 1:30 🎨 <b>Arts &amp; Crafts: Pipe Cleaner Dancer Making</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound
<b>Pepperoni Pizza Day 20</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Best Places to Eat Pepperoni Pizza</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes: Group 1 1:15 🎨 Watercolors & Hawaiian Tunes: Group 2 1:30 🎦 Fun Film 3:00 🎮 BINGO	<b>New York Day 21</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Fun Facts About New York</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes 1:30 🎨 Tissue Paper Art 2:30 ⚡ Balloon Hockey 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Ice Cream Cone Day 22</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Bubble Time in The Lanai w/ Mini Ice Cream Cones</b> 12:30 🎵 Japanese Sing Along 1:30 🎨 <b>Arts &amp; Crafts: Cardboard Rainbow Collage Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Snack Stick Day 23</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Lanai Time w/ Beef Jerky Sticks</b> 12:30 🎵 Plaza Sing Along 1:30 🎦 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Cherries Jubilee Day 24</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Lanai Time &amp; Cherries Jubilee</b> 12:30 ↔ In-door Stroll 1:30 🎨 Watercolors & Hawaiian Tunes 2:30 ⚡ Who Is It? & Try Not to Laugh Challenge 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Quesidella Day 25</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:00 🎵 Hydration Time 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 9:30 🚗 <b>3rd Flr. Van Ride: Mokuleia</b> 10:00 🎵 Bubble Time in The Lanai 12:30 🎮 Plaza Karaoke & Tissue Paper Art 2:00 🎮 BINGO: Group 1 2:30 🎮 BINGO: Group 2 3:00 🎵 Afternoon Exercises: Group 1 3:30 🎵 Afternoon Exercises: Group 2	<b>Pancake Day 26</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Most Wackiest Ways to Eat Pancakes</b> 10:00 🎵 Lanai Time 12:30 ↔ Balloon Volleyball & Pictionary 1:30 🎨 <b>Arts &amp; Crafts: Watercolor Circle Art</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound
<b>Corned Beef Hash Day 27</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; History of Corned Beef Hash</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes: Group 1 1:15 🎨 Watercolors & Hawaiian Tunes: Group 2 1:30 🎦 Fun Film 3:00 🎮 BINGO	<b>Strawberry Cream Pie Day 28</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Lanai Time 12:30 🎨 Watercolors & Hawaiian Tunes 1:30 🎨 Tissue Paper Art 2:30 ⚡ <b>Balloon Hockey &amp; Strawberry Cream Pie</b> 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Coffee Day 29</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 Bubble Time in The Lanai 12:30 🎵 Japanese Sing Along 1:30 🎨 <b>Arts &amp; Crafts: Coffee Filter Butterfly Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<b>Love People Day 30</b> 8:30 ↔ Ageless & Hydration Fitness: Group 1 9:00 ↔ Ageless Fitness & Hydration: Group 2 9:15 ⚡ <b>Current Events &amp; 10 Ways to Spread Love &amp; Happiness</b> 10:00 🎵 Lanai Time 12:30 🎵 Plaza Sing Along 1:30 🎦 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration: Group 1 3:30 ↔ Chair Zumba & Hydration: Group 2 5:00 🎮 BINGO: Group 1 5:30 🎮 BINGO: Group 2 5:45 ↔ Evening Cool Down Stretches 6:00 🎵 Evening Snack & Name That Sound	<div style="display: flex; flex-direction: column; align-items: center;"> <div style="margin-bottom: 10px;">📷 Creative</div> <div style="margin-bottom: 10px;">🎵 Entertainment</div> <div style="margin-bottom: 10px;">🚗 Excursion</div> <div style="margin-bottom: 10px;">💡 Intellectual</div> <div style="margin-bottom: 10px;">🏋️ Physical</div> <div style="margin-bottom: 10px;">👥 Social</div> </div>		