









September 2024 3rd Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Forgiveness Day 1 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Forgive 10:00 📷 Paper Collage Making 12:30 🌸 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🌸 BINGO	Labor Day 2 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of Labor Day 9:30 📷 Watercolors & Oldie Tunes 10:00 🌸 Half'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ko'olina 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Cinema Day 3 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Iconic Movies in History 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🌸 Japanese Sing Along 12:30 🌸 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Paper Cup Summer Drink Craft 2:30 🌟 Who Is It? & Hangman 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Macadamia Nut Day 4 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Macadamia Nuts 10:00 🌸 Plaza Sing Along: 2nd Floor 12:30 🌸 Lanai Time 1:30 🌸 Fun Film & Popcorn 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Cheese Pizza Day 5 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Pizza Creations 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 ↔ Mega Toss Games 12:30 🌸 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Watercolors & Oldie Tunes 1:30 📷 Watercolors & Oldie Tunes 2:30 🌸 Sensory Break: Guess This Scent! 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Read a Book Day 6 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🦋 Bible Stories w/ Ms. Maureen 12:30 🌸 Lanai Time 1:30 🌸 Fun Film 3:00 ↔ Chair Zumba & Hydration 3:30 🌟 Name 5 & Guess That Tune 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Beer Day 7 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Beer 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 12:30 🌸 Lanai Time 1:30 📷 Arts & Crafts: Jumbo Craft Stick Farm Animal Art 2:30 ↔ Ageless Fitness & Hydration 3:15 🌟 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🌸 Stories of Old Hawaii	
Grandparents Day 8 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 📷 Paper Collage Making 12:30 🌸 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🌸 BINGO	Dress as Your Favorite Cartoon Character 9 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Teddy Bear 9:30 📷 Watercolors & Oldie Tunes 10:00 🌸 Half'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Kaka'ako 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Wear Items of Your Favorite U.S. State 10 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🌸 Japanese Sing Along 12:30 🌸 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Cupcake Liner Muffin Card 2:30 🌟 Who Is It? & Hangman 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Wear Your School Colors and/or Attire 11 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Remembering Patriots of America 10:00 🌸 Plaza Sing Along: 2nd Floor 12:30 🌸 Lanai Time 1:30 🌸 Fun Film & Popcorn 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Wear Items w/ Stripes 12 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Who Created the Hug & High 5? 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🌸 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Watercolors & Oldie Tunes 1:30 📷 Watercolors & Oldie Tunes 2:30 🌸 Sensory Break: Guess This Scent! 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Wear Tie Dye 13 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Strengthen Your Brain 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 10:00 🌸 Men's Club 12:30 🌸 Lanai Time 2:00 📷 Q-Tip Art & Puzzle Packs 3:00 ↔ Chair Zumba & Hydration 3:30 🌟 Name 5 & Guess That Tune 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Wear Your Favorite Sports Team Attire 14 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 ↔ Balloon Volleyball 10:30 🌟 Pictionary & Hangman 12:30 🌸 Lanai Time 1:30 📷 Arts & Crafts: Bear Hug Card Making 2:30 ↔ Ageless Fitness & Hydration 3:15 🌟 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🌸 Stories of Old Hawaii	
Cheeseburger Day 15 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Cheeseburger in The World 10:00 📷 Paper Collage Making 12:30 🌸 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🌸 BINGO	Play-Doh Day 16 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & How Play-Doh was Created 9:30 📷 Watercolors & Oldie Tunes 10:00 🌸 Half'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Wahiawa Heights / Helemano 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	House Cleaners Day 17 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Tips for a Clean House 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 12:30 🌸 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Fall Tree Q-Tip Painting 2:30 🌟 Who Is It? & Hangman 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Air Force Day 18 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 12:30 🌸 Lanai Time 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Talk Like a Pirate Day 19 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Funniest Talk Like a Pirate Videos 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 ↔ Mega Toss Games 12:30 🌸 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Watercolors & Oldie Tunes 1:30 📷 Watercolors & Oldie Tunes 2:30 🌸 Sensory Break: Guess This Scent! 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Pepperoni Pizza Day 20 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Pizza Places in Hawaii 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🌸 Lanai Time 2:00 📷 Q-Tip Art & Puzzle Packs 3:00 ↔ Chair Zumba & Hydration 3:30 🌟 Name 5 & Guess That Tune 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Cleanup Day 21 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Benefits of Keeping a Clean Place 10:00 🎵 Hawaiian Music w/ Chester & Henry: 2nd Floor 12:30 🌸 Lanai Time 1:30 📷 Arts & Crafts: Coffee Filter Butterfly Making 2:30 ↔ Ageless Fitness & Hydration 3:15 🌟 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🌸 Stories of Old Hawaii	
States & Capitals Day 22 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts about States & Capitals 10:00 📷 Paper Collage Making 12:30 🌸 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🌸 BINGO	Pot Pie Day 23 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Who Invented the Pot Pie? 9:30 📷 Watercolors & Oldie Tunes 10:00 🌸 Half'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Moanalua / Salt Lake 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Punctuation Day 24 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & What is a Punctuation Mark? 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🌸 Japanese Sing Along 12:30 🌸 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Tissue Paper Sakura Art 2:30 🌟 Who Is It? & Hangman 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Daughters Day 25 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Reasons Why Daughters are Great! 10:00 🌸 Plaza Sing Along: 2nd Floor 12:30 🌸 Lanai Time 1:30 🌸 Fun Film & Popcorn 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Pancake Day 26 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Craziest Pancake Creations 10:00 🎵 Musical Performance by Mellow Friends: 2nd Floor 12:30 🌸 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Watercolors & Oldie Tunes 1:30 📷 Watercolors & Oldie Tunes 2:30 🌸 Sensory Break: Guess This Scent! 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Crush a Can Day 27 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ Cans 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🌸 Lanai Time 2:00 📷 Q-Tip Art & Puzzle Packs 3:00 ↔ Chair Zumba & Hydration 3:30 🌟 Name 5 & Guess That Tune 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	Good Neighbor Day 28 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Ways to Be a Good Neighbor 10:00 ↔ Balloon Volleyball 10:30 🌟 Pictionary & Hangman 12:30 🌸 Lanai Time 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:15 🌟 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🌸 Stories of Old Hawaii	
Coffee Day 29 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of Hawaii's Coffee Industry 10:00 📷 Paper Collage Making 12:30 🌸 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🌸 BINGO	Love People Day 30 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 📷 Watercolors & Oldie Tunes 10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Kaneohe 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:15 ↔ Chair Zumba & Hydration 5:00 🌸 BINGO 5:30 ↔ Evening Cool Down Stretches	 <p>THE PLAZA at Mililani</p>				<p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>	
<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  Creative </div> <div style="text-align: center;">  Entertainment </div> <div style="text-align: center;">  Excursion </div> <div style="text-align: center;">  Intellectual </div> <div style="text-align: center;">  Physical </div> <div style="text-align: center;">  Social </div> <div style="text-align: center;">  Spiritual </div> </div>							