








# September 2024 Lamaku Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Forgiveness Day 1</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events &amp; Best Ways to Forgive</b> 10:15 🌟 Friendship Beading 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	<b>Labor Day 2</b> 9:45 🚐 <b>Lamaku Van Ride: Ko'olina</b> 10:00 ↔ Chair Zumba & Hydration 10:30 📺 Hangman & Pictionary 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 📺 Word Search Puzzles & Color Therapy	<b>Cinema Day 3</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events &amp; Iconic Movies in History</b> 10:30 📺 Japanese Sing Along 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 <b>Arts &amp; Crafts: Paper Cup Summer Drink Craft</b> 2:30 ↔ Chair Zumba & Hydration 3:00 📺 BINGO	<b>Macadamia Nut Day 4</b> 9:45 🌟 <b>Current Events &amp; Fun Facts About Macadamia Nuts</b> 10:00 📺 <b>Plaza Sing Along: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lani</b> 1:30 📺 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 📺 Fun Film & Popcorn	<b>Cheese Pizza Day 5</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 Beading & Origami Making 10:00 🌟 <b>Current Events &amp; Wackiest Pizza Creations</b> 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 📺 Watercolors & Oldie Tunes	<b>Read a Book Day 6</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 🌟 <b>Current Events</b> 10:00 📺 <b>Men's Club</b> 10:30 📺 Hangman & Pictionary 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 Fun Film 3:15 📺 Word Search Puzzles & Color Therapy	<b>Beer Day 7</b> 9:45 📺 <b>Current Events &amp; Fun Facts About Beer</b> 10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 📺 <b>Arts &amp; Crafts: Jumbo Craft Stick Farm Animal Art</b> 3:00 ↔ Chair Zumba & Hydration
<b>Grandparents Day 8</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events</b> 10:15 🌟 Friendship Beading 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	<b>Dress as Your Favorite Cartoon Character 9</b> 9:45 🚐 <b>Lamaku Van Ride: Kaka'ako</b> 10:00 ↔ Chair Zumba & Hydration 10:30 📺 Hangman & Pictionary 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 📺 Word Search Puzzles & Color Therapy	<b>Wear Items of Your Favorite U.S. State 10</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events</b> 10:30 📺 Japanese Sing Along 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 <b>Arts &amp; Crafts: Cupcake Liner Muffin Card</b> 2:30 ↔ Chair Zumba & Hydration 3:00 📺 BINGO	<b>Wear Your School Colors and/or Attire 11</b> 9:45 🌟 <b>Current Events &amp; Remembering Patriots of America</b> 10:00 📺 <b>Plaza Sing Along: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lani</b> 1:30 📺 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 📺 Fun Film & Popcorn	<b>Wear Items w/ Stripes 12</b> 9:45 🌟 <b>Current Events &amp; Who Created the Hug &amp; High 5?</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 📺 Watercolors & Oldie Tunes	<b>Wear Tie Dye 13</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 🌟 <b>Current Events &amp; Best Ways to Strengthen Your Brain</b> 10:00 📺 <b>Men's Club</b> 10:30 📺 Hangman & Pictionary 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 📺 Word Search Puzzles & Color Therapy	<b>Wear Your Favorite Sports Team Attire 14</b> 9:30 📺 Ageless Fitness & Hydration 10:00 🌟 <b>Current Events</b> 10:30 📺 Balloon Hockey 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 📺 <b>Arts &amp; Crafts: Bear Hug Card Making</b> 3:00 ↔ Chair Zumba & Hydration
<b>Cheeseburger Day 15</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events &amp; Wackiest Cheeseburger in The World</b> 10:15 🌟 Friendship Beading 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	<b>Play-Doh Day 16</b> 9:45 🚐 <b>Lamaku Van Ride: Wahiawa Heights / Helemano</b> 10:00 ↔ Chair Zumba & Hydration 10:30 📺 Hangman & Pictionary 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 📺 Word Search Puzzles & Color Therapy	<b>House Cleaners Day 17</b> 9:45 📺 <b>Current Events &amp; Tips for a Clean House</b> 10:00 🎵 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b> 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 <b>Arts &amp; Crafts: Fall Tree Q-Tip Painting</b> 2:30 ↔ Chair Zumba & Hydration 3:00 📺 BINGO	<b>Air Force Day 18</b> 9:45 🌟 <b>Current Events</b> 10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lani</b> 1:30 📺 BINGO 2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b> 3:00 📺 Fun Film & Popcorn	<b>Talk Like a Pirate Day 19</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 Beading & Origami Making 10:00 🌟 <b>Current Events &amp; Funniest Talk Like a Pirate Videos</b> 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 📺 Watercolors & Oldie Tunes	<b>Pepperoni Pizza Day 20</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 🌟 <b>Current Events &amp; Best Pizza Places in Hawaii</b> 10:30 📺 Hangman & Pictionary 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 📺 Word Search Puzzles & Color Therapy	<b>Cleanup Day 21</b> 9:45 🌟 <b>Current Events &amp; Benefits of Keeping a Clean Place</b> 10:00 🎵 <b>Hawaiian Music w/ Chester &amp; Henry: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 📺 <b>Arts &amp; Crafts: Coffee Filter Butterfly Making</b> 3:00 ↔ Chair Zumba & Hydration
<b>States &amp; Capitals Day 22</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events &amp; Fun Facts about States &amp; Capitals</b> 10:15 🌟 Friendship Beading 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	<b>Pot Pie Day 23</b> 9:45 🚐 <b>Lamaku Van Ride: Moanalua / Salt Lake</b> 10:00 ↔ Chair Zumba & Hydration 10:30 📺 Hangman & Pictionary 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 📺 Word Search Puzzles & Color Therapy	<b>Punctuation Day 24</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Plaza Buck Shopping</b> 10:30 📺 Japanese Sing Along 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 <b>Arts &amp; Crafts: Tissue Paper Sakura Art</b> 2:30 ↔ Chair Zumba & Hydration 3:00 📺 BINGO	<b>Daughters Day 25</b> 9:45 🌟 <b>Current Events &amp; 10 Reasons Why Daughters are Great!</b> 10:00 📺 <b>Plaza Sing Along: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lani</b> 1:30 📺 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 📺 Fun Film & Popcorn	<b>Pancake Day 26</b> 9:45 🌟 <b>Current Events &amp; Craziest Pancake Creations</b> 10:00 🎵 <b>Musical Performance by Mellow Friends: 2nd Floor</b> 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 📺 Watercolors & Oldie Tunes	<b>Crush a Can Day 27</b> 9:45 🌟 <b>Current Events &amp; Wackiest Things Made w/ Cans</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:00 📺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📺 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 📺 Word Search Puzzles & Color Therapy	<b>Good Neighbor Day 28</b> 9:30 📺 Ageless Fitness & Hydration 10:00 🌟 <b>Current Events &amp; Ways to Be a Good Neighbor</b> 10:30 📺 Balloon Hockey 1:00 ↔ <b>Garden Club in The Lanai</b> 2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b> 3:00 ↔ Chair Zumba & Hydration
<b>Coffee Day 29</b> 9:30 ↔ Ageless Fitness & Hydration 10:00 📺 <b>Current Events &amp; History of Hawaii's Coffee Industry</b> 10:15 🌟 Friendship Beading 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	<b>Love People Day 30</b> 9:45 🚐 <b>Lamaku Van Ride: Kaneohe</b> 10:00 🎵 <b>Musical Performance by The Team of Angels: 2nd Floor</b> 1:00 📺 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 📺 Word Search Puzzles & Color Therapy	<div style="text-align: center;">  <p><b>THE PLAZA</b> at Mililani</p> </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="text-align: center;">  Creative         </div> <div style="text-align: center;">  Entertainment         </div> <div style="text-align: center;">  Excursion         </div> <div style="text-align: center;">  Intellectual         </div> <div style="text-align: center;">  Physical         </div> <div style="text-align: center;">  Social         </div> </div>				