


October 2021 Lamaku Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>October cont'd 31</p> <p>Wear Your Halloween Costume Day</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Q-Tip Art 2:30 ↔ Chair Zumba & Hydration</p>	<p></p>	<p>Creative Entertainment Excursion Intellectual Physical Social</p>			<p>Homemade Cookies Day 1</p> <p>9:30 🌟 Current Events 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Name That Tune & Who Is It? 2:00 ↔ Drum-A-Sizing</p>	<p>Name Your Car Day 2</p> <p>9:30 🌟 Current Events & Common Names for Cars 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 1:30 🌟 Fun Film</p>
<p>Techies Day 3</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Q-Tip Art 2:30 ↔ Chair Zumba & Hydration</p>	<p>Golf Lover's Day 4</p> <p>9:30 🌟 Current Events & History of Golfing 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Kanji & Origami Making 2:00 ↔ Drum-A-Sizing</p>	<p>Get Funky Day 5</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Air-Clay Pumpkin Necklace Making 2:15 ↔ Chair Zumba & Hydration</p>	<p>Noodle Day 6</p> <p>9:30 🌟 Current Events & Best Places to Eat Noodles in Hawaii 10:00 🌟 Plaza Sing Along 10:30 ↔ Ageless Fitness & Hydration 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Lamaku Van Ride: Ewa Beach 2:00 📺 Watercolors & Oldie Tunes 2:30 🌟 BINGO</p>	<p>Pumpkin Seed Day 7</p> <p>9:30 🌟 Current Events & Creative Ways to Use Pumpkin Seeds 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 Beading & Origami 11:00 🌟 Lanai Time & Hawaiian Tunes 1:30 ↔ Balloon Hockey 2:00 🌟 Trivia & Hangman 2:30 🌟 BINGO</p>	<p>Fluffernutter Day 8</p> <p>9:30 🌟 Current Events 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Name That Tune & Who Is It? 2:00 ↔ Drum-A-Sizing</p>	<p>Leif Erikson Day 9</p> <p>9:30 🌟 Current Events & History of Leif Erikson 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 1:30 🌟 Fun Film</p>
<p>Handbag Day 10</p> <p>9:30 🌟 Current Events & Wackiest Handbags Around The World 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Q-Tip Art 2:30 ↔ Chair Zumba & Hydration</p>	<p>Columbus Day 11</p> <p>9:30 🌟 Current Events & Fun Facts About Christopher Columbus 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Kanji & Origami Making 2:00 ↔ Drum-A-Sizing</p>	<p>Gumbo Day 12</p> <p>9:30 🌟 Current Events & What's Gumbo? 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 Resident Council Meeting 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Cotton Ball Spooky Ghost Making 2:15 ↔ Chair Zumba & Hydration</p>	<p>Train Your Brain Day 13</p> <p>9:30 🌟 Current Events 10:00 🌟 Plaza Sing Along & Brain Games 10:30 ↔ Ageless Fitness & Hydration 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Lamaku Van Ride: Honolulu 2:00 📺 Watercolors & Oldie Tunes 2:30 🌟 BINGO</p>	<p>Dessert Day 14</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 Beading & Origami 11:00 🌟 Lanai Time & Hawaiian Tunes 1:30 ↔ Balloon Hockey 2:00 🌟 Trivia & Hangman 2:30 🌟 BINGO</p>	<p>I Love Lucy Day 15</p> <p>9:30 🌟 Current Events 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Video Clip Time: I Love Lucy Classics 2:00 ↔ Drum-A-Sizing</p>	<p>Sports Day 16</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 1:30 🌟 Fun Film</p>
<p>Pasta Day 17</p> <p>9:30 🌟 Current Events & History of Pasta 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Q-Tip Art 2:30 ↔ Chair Zumba & Hydration</p>	<p>Chocolate Cupcake Day 18</p> <p>9:30 🌟 Current Events 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Kanji & Origami Making 2:00 ↔ Drum-A-Sizing</p>	<p>Kentucky Day 19</p> <p>9:30 🌟 Current Events & Fun Facts About Kentucky 10:00 🎵 Hawaiian Musical Performance w/ Kupuna Mele: 2nd Floor 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Halloween Paper Chain Making 2:15 ↔ Chair Zumba & Hydration</p>	<p>Brandied Fruit Day 20</p> <p>9:30 🌟 Current Events 10:00 🌟 Plaza Sing Along 10:30 ↔ Ageless Fitness & Hydration 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Lamaku Van Ride: Waipahu / Kunia 2:00 📺 Watercolors & Oldie Tunes 2:30 🌟 BINGO</p>	<p>Pumpkin Cheesecake Day 21</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 Beading & Origami 11:00 🌟 Lanai Time & Hawaiian Tunes 1:30 ↔ Balloon Hockey 2:00 🌟 Trivia & Hangman 2:30 🌟 BINGO</p>	<p>Color Day 22</p> <p>9:30 🌟 Current Events & World of Color Photos 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Name That Tune & Who Is It? 2:00 ↔ Drum-A-Sizing</p>	<p>Boston Cream Pie Day 23</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 1:30 🌟 Fun Film</p>
<p>Food Day 24</p> <p>9:30 🌟 Current Events & Worlds Healthiest Foods 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Q-Tip Art 2:30 ↔ Chair Zumba & Hydration</p>	<p>Wear Orange & Black 25</p> <p>9:30 🌟 Current Events 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Kanji & Origami Making 2:00 ↔ Drum-A-Sizing</p>	<p>Wear Your Halloween Accessories Day 26</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Halloween Cookie Decorating 2:15 ↔ Chair Zumba & Hydration</p>	<p>Wear Your Halloween Facemasks Day 27</p> <p>9:30 🌟 Current Events 10:00 🌟 Plaza Sing Along 10:30 ↔ Ageless Fitness & Hydration 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 📺 Lamaku Van Ride: Mokuleia 2:00 📺 Watercolors & Oldie Tunes 2:30 🌟 BINGO</p>	<p>Department Costume Dress Up Day 28</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 Plaza Buck Shopping 11:00 🌟 Lanai Time & Hawaiian Tunes 1:30 ↔ Balloon Hockey 2:00 🌟 Trivia & Hangman 2:30 🌟 BINGO</p>	<p>Wear A Halloween Movie Character Day 29</p> <p>9:30 🌟 Current Events 10:00 ↔ Chair Zumba & Hydration 10:30 🌟 BINGO 11:15 🌟 Lanai Time & Hawaiian Tunes 1:30 🌟 Name That Tune & Who Is It? 2:00 ↔ Drum-A-Sizing</p>	<p>Wear Your Superhero & Villain Costume Day 30</p> <p>9:30 🌟 Current Events 10:00 ↔ Ageless Fitness & Hydration 10:30 🌟 BINGO 1:30 🌟 Fun Film</p>