

# October 2023 3rd Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p><b>Homemade Cookies Day</b> 1</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 🌟 Educational Documentaries w/ <b>Chocolate Chip Cookies</b></p> <p>3:00 🌺 BINGO</p>	<p><b>Smarties Day</b> 2</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 🎵 <b>Ukulele Performance by Na lei o Manu O'o: 2nd Floor</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Kaneohe</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 📷 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Eat Fruit Day</b> 3</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Green Apple Monster Making</b></p> <p>2:30 🌟 Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Golf Lover's Day</b> 4</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Fun Facts About Golf</b></p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film &amp; Popcorn</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Do Something Nice Day</b> 5</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Best Ways to Do Nice Things</b></p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 📷 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>World Smile Day</b> 6</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Musical Performance by Gensen Rabacal: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌟 <b>Fun Film</b></p> <p>3:00 🌟 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Chocolate Covered Pretzel Day</b> 7</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 <b>Arts &amp; Crafts: Tissue Paper Mummy Making w/ Chocolate Covered Pretzels</b></p> <p>2:30 🌟 Trivia or Name Five</p> <p>3:15 🌟 BINGO</p>		
<p><b>Fluffernutter Day</b> 8</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 🌟 Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p><b>Columbus Day</b> 9</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Fun Facts About Cristopher Columbus</b></p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 🎵 <b>Team of Angels Performance: 2nd Flr.</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Koolina</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 📷 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Handbag Day</b> 10</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Fun Facts About Handbags</b></p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Kawaii Paper Candy Corn Making</b></p> <p>2:30 🌟 Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Sausage Pizza Day</b> 11</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Best Places to Eat Pizza</b></p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film &amp; Popcorn</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Farmer's Day</b> 12</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; History of The American Farmer</b></p> <p>10:00 📷 <b>Bible Stories w/ Ms. Maureen</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 📷 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Train Your Brain Day</b> 13</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌟 <b>Best Friend Activity of The Week</b></p> <p>2:00 📷 Watercolors &amp; Puzzle Packs</p> <p>3:00 🌟 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Dessert Day</b> 14</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 ↔ Balloon Volleyball &amp; Pictionary</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Plate Spooky Eyeball Making</b></p> <p>2:30 🌟 Trivia or Name Five</p> <p>3:15 🌟 BINGO</p>		
<p><b>I Love Lucy Day</b> 15</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Fun Video Clips of I Love Lucy</b></p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 🌟 <b>Halloween Cookie Decorating</b></p> <p>3:00 🌺 BINGO</p>	<p><b>Sports Day</b> 16</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 🌟 <b>Hal'i'a Mele Club in The Lanai</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Honolulu</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 📷 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Pasta Day</b> 17</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Worlds Best Places to Eat Pasta</b></p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 ↔ <b>Ageless Yoga w/ Karen: 2nd Floor</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Dia de los Muertos Mask Making</b></p> <p>2:30 🌟 Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Chocolate Cupcake Day</b> 18</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 🌟 <b>Plaza Sing Along w/ Chocolate Cupcakes: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b></p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Seafood Bisque Day</b> 19</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 📷 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Chicken &amp; Waffle Day</b> 20</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; History of Chicken &amp; Waffles</b></p> <p>10:00 🍫 Hot Chocolate &amp; Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌟 <b>Best Friend Activity of The Week</b></p> <p>2:00 📷 Watercolors &amp; Puzzle Packs</p> <p>3:00 🌟 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Pumpkin Day</b> 21</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 ↔ Balloon Volleyball &amp; Pictionary</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Weaved Pumpkin Making</b></p> <p>2:30 🌟 Trivia or Name Five</p> <p>3:15 🌟 BINGO</p>		
<p><b>Color Day</b> 22</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 <b>Current Events &amp; Worlds Creative Art w/ Color</b></p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 🌟 Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p><b>Super Hero Dress Up Day</b> 23</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 🌟 <b>Hal'i'a Mele Club in The Lanai</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Newtown / Waimalu</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 📷 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Twining Tuesday Dress Up Day</b> 24</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Clothes Pin Coffee Filter Bat Making</b></p> <p>2:30 🌟 Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Wacky Hair Day</b> 25</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film &amp; Popcorn</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Department Costume Dress Up Day</b> 26</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 📷 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Orange &amp; Black Dress Up Day</b> 27</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 🍫 Hot Chocolate &amp; Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌟 <b>Best Friend Activity of The Week</b></p> <p>2:00 📷 Watercolors &amp; Puzzle Packs</p> <p>3:00 🌟 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Disney Dress Up Day</b> 28</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 ↔ Balloon Volleyball &amp; Pictionary</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b></p> <p>3:15 🌟 BINGO</p>		
<p><b>Halloween Movie Character Dress Up Day</b> 29</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>10:00 📷 <b>Plaza Pumpkin Contest Viewing &amp; Voting</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 🌟 Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p><b>Halloween Accessory Dress Up Day</b> 30</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 ↔ <b>Ageless Yoga w/ Karen: 2nd Floor</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Waipahu / Kunia</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 📷 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Halloween Costume Dress Up Day</b> 31</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🌟 Current Events &amp; Brain Games</p> <p>9:30 🍫 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 🌟 <b>The Plaza's Halloween Costume Contest: 2nd Floor</b></p> <p>2:30 🌟 Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	 <p><b>THE PLAZA</b> at Mililani</p>			<p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>		<p>📷 Creative</p> <p>🎵 Entertainment</p> <p>🚗 Excursion</p> <p>💡 Intellectual</p> <p>↔ Physical</p> <p>🌺 Social</p> <p>🦋 Spiritual</p>