Sunday

Monday Tuesday

Saturday

8:30 🎜 Greeting Songs of Aloha

Cinnamon Bun Day



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

Arts / Crafts Educational Classes

Field Trip / Medical Appointments

♣ Games

Gardening / Outdoor Visit

Hydration Program

Meditation / Mindfulness

Movies / Documentaries

Taco Day

8:30 <a> Greeting Songs of Aloha

8:45 * Hali'a Resistance Training

Circuit & Hydration

Plaza Life Fitness

Socials / Social Gathering

8:30 🎜 Greeting Songs of Aloha 8:30 J Greeting Songs of Aloha 8:45 * Hali'a Resistance Training Circuit & 8:45 Hali'a Resistance Training Circuit Hydration 9:15 Page 15 News & Views: Wackiest Hair Styles in The World Bathroom & Hydration Break for Performance

10:00 🎜 Morning Surprise: Mele with Our Friends - 4th

12:30 * Trivia and Charades on The Lanai 1:30 Fun Film & Popcorn

2:45 🔥 Games & Things to Do Together: BINGO

3:15 → Ageless Fitness & Hydration 5:00 in the Evening: Kanikapila Time! 5:30 > Unwind The Mind Time: Soothing Sound of The

9:15 News & Views: Top 10 Most Common Car Names 9:30 🔥 Morning Surprise: Special Games w/ The Plaza Friend 10:15 🏊 Morning Surprise: Mega Toss Games 12:30 K Sing Along w/ Karina on The Lanai 1:15 Watercolors & Word Search Puzzles 2:00 Recreating the Classroom Experience: Car Trivia & Fur 2:45 A Games & Things To Do Together: BINGO 3:15 - Ageless Fitness & Hydration 5:00 @ Guest That Tune: 1930's Edition

8:30 🎜 Greeting Songs of Aloha 8:45 Nali'a Resistance Training Circuit & Hydration 9:15 PNews & Views: Who is Steve Jobs & Apple?

9:30 🏶 Sit, Sip, & Brain Games at The Bistro 10:30 W Guess That Scent! 12:30 🌞 Lanai Time

1:45 9 O-Tip Art & Puzzle Packs 2:30 Recreating the Classroom Experience: Tech Trivia 2:45 > Journaling: Writing and/or Drawing Your Day 3:15 ↔ Ageless Fitness & Hydration

5:30 W Unwind The Mind Time: Soothing Sound of The

Handbag Day

8:45 🏶 Hali'a Resistance Training Circuit

9:15 News & Views: History of Handbags

9:30 Bathroom & Hydration Break for Performance

10:00 J Mourning Surprise: Soul Sounds w/ Wally Brown -4tl

2:30 ≅ Recreating the Classroom Experience: Guess Who

2:45 🏶 Journaling: Writing and/or Drawing Your Day

Pasta Day

8:30 🎜 Greeting Songs of Aloha

12:30 🎉 Lanai Time

8:45 🏶 Hali'a Resistance Training Circuit 9:15 Rews & Views: History on Cinnabon Bakery Bathroom & Hydration Break for Performance 10:00 🞜 Morning Surprise: Chair Zumba w/ Annette -

12:30 拳 Lanai Time

1:30 9 Just Craftin: Tissue Paper Mummy Making 2:45 Recreating the Classroom Experience:

Masters of Math 3:00 → Ageless Fitness & Hydration

3:00 - Games & Things to Do Together: BINGO

Rhode Island Day 8:30 5 Greeting Songs of Aloha 8:45 🌞 Hali'a Resistance Training

Circuit & Hydration 9:15 Rews & Views: 10 Fun Facts about Rhode

Morning Surprise: Paper Collage Making In the Home: Match. Fold. & Deliver

10:45 •• Get Up & Move Club: Walking to The Beat

12:30 🌺 Lanai Time 1:30 - Ageless Fitness & Hydration

2:00 Recreating the Classroom Experience: Documentary of Halloween

3:00 🏚 Games & Things to Do Together: BINGO

Noodle Day

8:30 🎜 Greeting Songs of Aloha 8:45 🌺 Hali'a Resistance Training Circuit & 0:15 Rows & Views: Rost Nondle Houses in Hawaii

9:30 Watercolors & Oldie Tunes

0:00 🌞 Hali'a Mele Club in The Lanai 2:30 🖨 3rd Flr. Van Ride: Ewa Beach 1:00 🧠 Tissue Paper Art

2:00 Recreating the Classroom Experience: Did you Know in

2:30 A Games & Things to Do Together: BINGO 3:15 → Ageless Fitness & Hydration

5:00 🔥 In the Evening: Kanikapila Time! 5:30 W Unwind The Mind Time: Soothing Sound of The Islands

9:15 ≥ News & Views: History of The Taco Truck 9:30 🏶 Sit, Sip, & Name 5 at The Bistro

10:15 🖪 Morning Surprise: Japanese Sing Along

12:30 🏶 Hangman on The Lanai 1:30 **Print** Fun Film

3:00 🏶 Games & Things to Do Together: BINGO 3:30 → Ageless Fitness & Hydration

5:00 Guess That Tune! 1980's Edition 5:30 * Unwind The Mind: Yoga

Hero Day 8:30 🎜 Greeting Songs of Aloha

8:45 Hali'a Resistance Training Circuit 9:15 News & Views: Remembering U.S.

9:30 Bathroom & Hydration Break for Performance 10:00 5 Morning Surprise: Ukulele Performance by Aloha Mele - 4th Floor

12:30 🏶 Trivia and Charades on The Lanai 1:30 • Halloween Movie & Dia Delos Muertos Fan

Making 2:45 🔥 Games & Things to Do Together: BINGO 3:15 Ageless Fitness & Hydration

5:00 . In the Evening: Kanikapila Time! 5:30 * Unwind The Mind Time: Soothing Sound of The

Cupcake Day 8:30 🎜 Greeting Songs of Aloha 8:45 * Hali'a Resistance Training Circuit

5:30 🐞 Unwind The Mind: Yoga

9:15 Rews & Views: Wackiest Cupcake Bathroom & Hydration Break for Performance

10:00

Morning Surprise: Musical Performance by The Mellow Friends - 4th Floor 12:30 拳 Sing Along w/ Karina on The Lanai

1:15 Watercolors & Word Search Puzzles 2:00 Recreating the Classroom Experience: History 8

Trivia of Ireland 2:45 🔥 Games & Things To Do Together: BINGO

3:15 - Ageless Fitness & Hydration 5:00 @ Guess That Tune! Classical Hits

5:30 W Unwind The Mind: Yoga

3:15 → Ageless Fitness & Hydration 5:00 🏞 Games & Things to Do Together: BINGO 5:30 * Unwind The Mind Time: Soothing Sound of The

8:30 J Greeting Songs of Aloha

1:45 9 O-Tip Art & Puzzle Packs

Hawaii Celebrities

8:45 Hali'a Resistance Training Circuit & Hydration 9:15 Rews & Views: Wackiest Pizza Toppings

Sausage Pizza Day

8:30 🖪 Greeting Songs of Aloha

Balloon Volleyball 10:30 🔥 Games & Things to Do Together: Pictionary &

2:30 🖊 Lanai Time 1:30 9 Just Craftin: Toilet Paper Roll Wacky Bat

Making 2:45 Recreating the Classroom Experience: Masters of Math

3:00 Ageless Fitness & Hydration

3:00 🔥 Games & Things to Do Together: BINGO

Bar-B-O Day

8:45 🏶 Hali'a Resistance Training Circuit

9:15 News & Views: Fun Facts about

8:30 🎜 Greeting Songs of Aloha

American Bar-b-q

Vermont Day 8:30 🖪 Greeting Songs of Aloha

8:45 Hali'a Resistance Training Circuit

9:15 News & Views: 10 Fun Facts about Vermont 9:30 Bathroom & Hydration Break for

Performance 10:00 🎜 Piano Performance by Nicolas Suggs: 4th

Floor 12:30 🏶 Lanai Time

1:30 → Ageless Fitness & Hydration 2:00 Recreating the Classroom Experience:

Documentary of 1950's Music 3:00 🔥 Games & Things to Do Together: BINGO

8:30 J Greeting Songs of Aloha

9:15 News & Views: 10 Fun Facts about

In the Home: Match. Fold. & Deliver

12:30 🎉 Lanai Time

1:30 → Ageless Fitness & Hydration

3:00 - Games & Things to Do Together: BINGO

Navy Day

8:30 🎜 Greeting Songs of Aloha 8:45 🏶 Hali'a Resistance Training Circuit 9:15 P News & Views: History of the U.S.

Bathroom & Hydration Break for Performance Performance by Team of Angels: 4th Floor 10.00

12:30 🖨 3rd Flr. Van Ride: Wahiawa Heights / Helemano 1:00 · Tissue Paper Art

History & Trivia 2:30 🔥 Games & Things to Do Together: BINGO

3:15 → Ageless Fitness & Hydration 5:00 in the Evening: Kanikapila Time!

Dessert Day 8:30 5 Greeting Songs of Aloha

> 8:45 🏕 Hali'a Resistance Training Circuit & Hydration 9:15 Rews & Views: Hawaii's Favorite Desserts

9:30 🏶 Sit, Sip, & Name 5 at The Bistro 10:15 🎜 Morning Surprise: Japanese Sing Along

10:45 → Get Up & Move Club: Walking to The Beat 12:30 * Hangman on The Lanai

1:30 9 Just Craftin: Halloween Banner Making 2:45 Sames & Things to Do Together: BINGO

3:15 → Ageless Fitness & Hydration 5:00 **☎** Guess That Tune! Hawaiian Hits I Love Lucy Day

8:30 🎜 Greeting Songs of Aloha 8:45 Hali'a Resistance Training Circuit 9:15 Rews & Views: Fun Facts about The I Love Lucy Show

Bathroom & Hydration Break for Performance 10:00 5 Morning Surprise: Mele with Our Friends - 4th

12:30 🏕 Trivia and Charades on The Lanai 1:30 Bathroom & Hydration Break for Performance 1:30 Fun & Spooky Movie w/ Popcorn

2:45 🔥 Games & Things to Do Together: BINGO 3:15 → Ageless Fitness & Hydration

5:00 L In the Evening: Kanikapila Time! 5:30 > Unwind The Mind Time: Soothing Sound of The

Sports Day 8:30 Greeting Songs of Aloha 8:45 Hali'a Resistance Training Circuit &

Hydration 9:15 News & Views: Top 10 Most Popular Sports 9:30 🄥 Morning Surprise: Special Games w/ The Plaza Friends

9:30 Sit, Sip, & Name 5 at The Bistro 10:15 A Morning Surprise: Mega Toss Games 12:30 🏶 Sing Along w/ Karina on The Lanai

1:15 Watercolors & Word Search Puzzles 2:00 Recreating the Classroom Experience: Football Histo

2:45 A Games & Things To Do Together: BINGO 3:15 Ageless Fitness & Hydration 5:00 Guess That Tune! 1970's Edition 5:30 W Unwind The Mind: Yoga

8:45 🌞 Hali'a Resistance Training Circuit & Hydration 9:15 Rews & Views: Best Places for Pasta in Hawaii 9:30 🏶 Sit, Sip, & Brain Games at The Bistro 10:30 🏶 Guess That Scent! 12:30 **Lanai Time**

1:45 • Q-Tip Art & Puzzle Packs 2:30 Recreating the Classroom Experience: Cultural Influence from Pasta

Food Day

9:15 Rews & Views: Best Foods Around The World

2:45 Journaling: Writing and/or Drawing Your Day

5:00 🏞 Games & Things to Do Together: BINGO

2:30 Recreating the Classroom Experience: Ancient Ways of

5:30 > Unwind The Mind Time: Soothing Sound of The Islands

8:45 🏶 Hali'a Resistance Training Circuit &

9:30 Sit Sin & Brain Games at The Bistro

10:00 ≱ Bible Stories w/ Ms. Maureen

3:15 → Ageless Fitness & Hydration

1:45 • Q-Tip Art & Puzzle Packs

8:30 🎜 Greeting Songs of Aloha

Hydration

Cooking

2:30 🌞 Lanai Time

5:30 > Unwind The Mind Time: Soothing Sound of The Islands

2:45 🌞 Journaling: Writing and/or Drawing Your Day 5:00 🔥 Games & Things to Do Together: BINGO

10:00 J Local Jamz w/ Dean Hirata: 4th Floor 12:30 👺 Lanai Time 1:30 9 Just Craftin: Outer Space Monster Wreath

9:30 Bathroom & Hydration Break for Performance

Making 2:45 Recreating the Classroom Experience: Masters of

3:00 → Ageless Fitness & Hydration

8:30 J Greeting Songs of Aloha

3:00 → Ageless Fitness & Hydration

9:15 P News & Views

2:30 🖊 Lanai Time

9:45 Balloon Volleyball

3:00 🔥 Games & Things to Do Together: BINGO

Sour Day

8:45 Hali'a Resistance Training Circuit &

10:30 🔥 Games & Things to Do Together: Pictionary &

1:30 Bathroom & Hydration Break for Performance

3:00 . Games & Things to Do Together: BINGO

Wahiawa SDA Church Group - 4th Floor

Afternoon Surprise: Musical Performance by The

Kentucky Day

8:45 * Hali'a Resistance Training Circuit & Hydration

Kentucky Morning Surprise: Paper Collage Making

2:00 Recreating the Classroom Experience:

Documentary of Southern Food

Confidence Day

9:15 Rews & Views: Best Tip on Being More Confident 9:30 Watercolors & Oldie Tunes

1:00 Tissue Paper Art 2:00 Recreating the Classroom Experience: Masters of

2:30 . Games & Things to Do Together: BINGO 3:15 → Ageless Fitness & Hydration

Apple Day

5:30 W Unwind The Mind: Yoga

8:30 🎜 Greeting Songs of Aloha 8:45 Hali'a Resistance Training Circuit & Hydration

9.15 **≈ News & Views: Health Benefits of Apples** 9:30 🏶 Sit, Sip, & Name 5 at The Bistro 10:15 <a> Morning Surprise: Japanese Sing Along

12:30 🌞 Hangman on The Lanai 1:30 9 Just Craftin: 3D Bat Painting

2:45 Sames & Things to Do Together: BINGO 5:00 @ Guess That Tune! Relaxing Hits

Dog Day 8:30 🖪 Greeting Songs of Aloha

8:45 * Hali'a Resistance Training Circuit 9:15 **► News & Views: Funny pictures of** Bathroom & Hydration Break for Performance

10:00 🎜 Morning Surprise: Mele with Our Friends - 4th 12:30 🏕 Trivia and Charades on The Lanai 1:30 🙀 Halloween Movie w/ Popcorn: Hocus Pocus

2:45 🔥 Games & Things to Do Together: BINGO 3:15 → Ageless Fitness & Hydration 5:00 in the Evening: Kanikapila Time! 5:30 * Unwind The Mind Time: Soothing Sound of The

T.V. Show Day 8:30 5 Greeting Songs of Aloha 8:45 * Hali'a Resistance Training Circuit &

> 9:15 **► News & Views: Americas Most Popular T.V.** Bathroom & Hydration Break for Performance 10:00 5 Music & Dancing by The Chibariyo Performers: 4th Floor

12:30 🏕 Sing Along w/ Karina on The Lanai 1:15 Watercolors & Word Search Puzzles 2:00 ★ Halloween Cookie Decorating 2:45 . Games & Things To Do Together: BINGO 3:15 → Ageless Fitness & Hydration

5:00 🖶 Guess That Tune! 1940's Edition 5:30 W Unwind The Mind: Yoga Department Costume Day

8:45 * Hali'a Resistance Training Circuit 9:15 Rews & Views: Fun Facts about 9:30 Bathroom & Hydration Break for Performance

Happy Halloween 8:30 J Greeting Songs of Aloha

Tennessee Day

8:45 Hali'a Resistance Training

9:15 Page 15 News & Views: Fun Facts about Tennessee

10:45 •• Get Up & Move Club: Walking to The Beat 12:30 🎉 Lanai Time

1:30 → Ageless Fitness & Hydration

Orange & Black Day 8:30 🖪 Greeting Songs of Aloha 8:45 🏶 Hali'a Resistance Training Circuit &

Hydration

9:15 Rews & Views: 9:30 Watercolors & Oldie Tunes 10:00 🐲 Hali'a Mele Club in The Lanai

12:30 🗐 3rd Flr. Van Ride: Haleiwa Town 1:00 Tissue Paper Art 2:00 Recreating the Classroom Experience: Masters of

History 2:30 🔥 Games & Things to Do Together: BINGO 3:15 → Ageless Fitness & Hydration

Twinning Tuesday 8:30 🎜 Greeting Songs of Aloha

> 9:30 🏶 Sit, Sip, & Name 5 at The Bistro 10:15 🎜 Morning Surprise: Japanese Sing Along

2:45 F Games & Things to Do Together: BINGO

Halloween Disney Day 8:30 🖪 Greeting Songs of Aloha ΖÖ 8:45 * Hali'a Resistance Training Circuit 9:15 **≈ News & Views**:

10:00 * Halloween Visit by Hanalani School Students 12:30 🌞 Trivia and Charades on The Lanai 1:30 Fun Film & Popcorn 2:45 🔥 Games & Things to Do Together: BINGO

5:00 h In the Evening: Kanikapila Time! 5:30 * Unwind The Mind Time: Soothing Sound of

8:30 🎜 Greeting Songs of Aloha 8:45 🏶 Hali'a Resistance Training Circuit

1:30 Bathroom & Hydration Break for Performance

3:15 ↔ Ageless Fitness & Hydration 5:00 Guess That Tune! Frank Sinatra's Hits. 5:30 W Unwind The Mind: Yoga

10:00 🎜 Morning Surprise: Performance by The Olaloa Ja - 4th Floor 12:30 🆊 Lanai Time 1:45 9 O-Tip Art & Puzzle Packs 2:30 Recreating the Classroom Experience: Halloween Trivia & Charades 2:45 🍎 Journaling: Writing and/or Drawing Your Day 3:15 → Ageless Fitness & Hydration 5:00 🏞 Games & Things to Do Together: BINGO 5:30 Unwind The Mind Time: Soothing Sound of The Islands

Morning Surprise: Paper Collage Making 10:15 In the Home: Match, Fold, & Deliver

3:00 🔥 Games & Things to Do Together: BINGO

10:45 •• Get Up & Move Club: Walking to The Beat

8:30 5 Greeting Songs of Aloha Circuit & Hydration

2:00 Recreating the Classroom Experience: 5:00 h In the Evening: Kanikapila Time! Documentary of 5:30 W Unwind The Mind Time: Soothing Sound of The

2:00 Recreating the Classroom Experience: U.S. Navy

5:30 W Unwind The Mind Time: Soothing Sound of The

8:30 🎜 Greeting Songs of Aloha 8:45 * Hali'a Resistance Training Circuit &

0:00 🏶 Hali'a Mele Club in The Lanai 2:30 📮 3rd Flr. Van Ride: Moanalua Valley

5:00 in the Evening: Kanikapila Time! 5:30 * Unwind The Mind Time: Soothing Sound of The Islands

5:30 W Unwind The Mind: Yoga

8:45 🏶 Hali'a Resistance Training Circuit & Hydration 0.15 R News & Views

10:45 •• Get Up & Move Club: Walking to The Beat 12:30 * Hangman on The Lanai 1:30 9 Just Craftin: Halloween Paper Chain Making

3:15 → Ageless Fitness & Hydration 5:00 Guess That Tune! Halloween Hits. 5:30 W Unwind The Mind: Yoga

9:15 **News & Views:** 10:00 🎜 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 拳 Sing Along w/ Karina on The Lanai 1:15 Watercolors & Word Search Puzzles

> 2:00 Recreating the Classroom Experience: Guess Tha Veatable 2:45 🔥 Games & Things To Do Together: BINGO