















October 2025  
3rd Floor Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div></div> <div>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</div>				<div> Arts / Crafts</div> <div> Educational Classes</div> <div> Exercise / Physical Activity</div> <div> Field Trip / Medical Appointments</div> <div> Games</div> <div> Gardening / Outdoor Visit</div> <div> Hydration Program</div> <div> Meditation / Mindfulness</div> <div> Movies / Documentaries</div> <div> Music / Special Entertainment</div> <div> Plaza Life Fitness</div> <div> Socials / Social Gathering</div> <div> Volunteerism / Community Service</div>									
<div><div>Rhode Island Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: 10 Fun Facts about Rhode Island</div><div>9:30 🎁 Morning Surprise: Paper Collage Making</div><div>10:15 In the Home: Match, Fold, &amp; Deliver</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🌴 Lanai Time</div><div>1:30 ↔ Ageless Fitness &amp; Hydration</div><div>2:00 📺 Recreating the Classroom Experience: Documentary of Halloween</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>		<div><div>Noodle Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Best Noodle Houses in Hawaii</div><div>9:30 🌴 Watercolors &amp; Oldie Tunes</div><div>10:00 🌴 Halli'a Mele Club in The Lanai</div><div>12:30 🚗 3rd Flr. Van Ride: Ewa Beach</div><div>1:00 🧶 Tissue Paper Art</div><div>2:00 🎁 Recreating the Classroom Experience: Did you Know in Asia?</div><div>2:30 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Taco Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: History of The Taco Truck</div><div>9:30 🌴 Sit, Sip, &amp; Name 5 at The Bistro</div><div>10:15 🎵 Morning Surprise: Japanese Sing Along</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🎲 Hangman on The Lanai</div><div>1:30 🎬 Fun Film</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:30 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! 1980's Edition</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Hero Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: Remembering U.S. Heroes</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Morning Surprise: Ukulele Performance by Aloha Mele - 4th Floor</div><div>12:30 🌴 Trivia and Charades on The Lanai</div><div>1:30 🌴 Halloween Movie &amp; Dia Delos Muertos Fan Making</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Cupcake Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: Wackiest Cupcake Creations</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 4th Floor</div><div>12:30 🌴 Sing Along w/ Karina on The Lanai</div><div>1:15 🌴 Watercolors &amp; Word Search Puzzles</div><div>2:00 📺 Recreating the Classroom Experience: History &amp; Trivia of Ireland</div><div>2:45 🎲 Games &amp; Things To Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! Classical Hits</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Handbag Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: History of Handbags</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Mourning Surprise: Soul Sounds w/ Wally Brown -4th Floor</div><div>12:30 🌴 Lanai Time</div><div>1:45 🌴 Q-Tip Art &amp; Puzzle Packs</div><div>2:30 🎁 Recreating the Classroom Experience: Guess Who Hawaii Celebrities</div><div>2:45 🌴 Journaling: Writing and/or Drawing Your Day</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🎲 Games &amp; Things to Do Together: BINGO</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Sausage Pizza Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Wackiest Pizza Toppings</div><div>9:45 🎁 Balloon Volleyball</div><div>10:30 🎲 Games &amp; Things to Do Together: Pictionary &amp; Hangman</div><div>12:30 🌴 Lanai Time</div><div>1:30 🌴 Just Craftin: Toilet Paper Roll Wacky Bat Making</div><div>2:45 📺 Recreating the Classroom Experience: Masters of Math</div><div>3:00 ↔ Ageless Fitness &amp; Hydration</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>	
<div><div>Vermont Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: 10 Fun Facts about Vermont</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Piano Performance by Nicolas Suggs: 4th Floor</div><div>12:30 🌴 Lanai Time</div><div>1:30 ↔ Ageless Fitness &amp; Hydration</div><div>2:00 📺 Recreating the Classroom Experience: Documentary of 1950's Music</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>		<div><div>Navy Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: History of the U.S. Navy</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎁 Performance by Team of Angels: 4th Floor</div><div>12:30 🚗 3rd Flr. Van Ride: Wahiawa Heights / Helemano</div><div>1:00 🧶 Tissue Paper Art</div><div>2:00 🎁 Recreating the Classroom Experience: U.S. Navy History &amp; Trivia</div><div>2:30 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Dessert Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Hawaii's Favorite Desserts</div><div>9:30 🌴 Sit, Sip, &amp; Name 5 at The Bistro</div><div>10:15 🎵 Morning Surprise: Japanese Sing Along</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🎲 Hangman on The Lanai</div><div>1:30 🌴 Just Craftin: Halloween Banner Making</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! Hawaiian Hits</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>I Love Lucy Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: Fun Facts about The I Love Lucy Show</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Morning Surprise: Mele with Our Friends - 4th Floor</div><div>12:30 🌴 Trivia and Charades on The Lanai</div><div>1:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>1:30 🎬 Fun &amp; Spooky Movie w/ Popcorn</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Sports Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Top 10 Most Popular Sports</div><div>9:30 🎲 Morning Surprise: Special Games w/ The Plaza Friends</div><div>9:30 🌴 Sit, Sip, &amp; Name 5 at The Bistro</div><div>10:15 🎵 Morning Surprise: Mega Toss Games</div><div>12:30 🌴 Sing Along w/ Karina on The Lanai</div><div>1:15 🌴 Watercolors &amp; Word Search Puzzles</div><div>2:00 🎁 Recreating the Classroom Experience: Football History &amp; Trivia</div><div>2:45 🎲 Games &amp; Things To Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! 1970's Edition</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Pasta Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Best Places for Pasta in Hawaii</div><div>9:30 🌴 Sit, Sip, &amp; Brain Games at The Bistro</div><div>10:30 🎁 Guess That Scent!</div><div>12:30 🌴 Lanai Time</div><div>1:45 🌴 Q-Tip Art &amp; Puzzle Packs</div><div>2:30 📺 Recreating the Classroom Experience: Cultural Influence from Pasta</div><div>2:45 🌴 Journaling: Writing and/or Drawing Your Day</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🎲 Games &amp; Things to Do Together: BINGO</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Bar-B-Q Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: Fun Facts about American Bar-b-q</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Local Jamz w/ Dean Hirata: 4th Floor</div><div>12:30 🌴 Lanai Time</div><div>1:30 🌴 Just Craftin: Outer Space Monster Wreath Making</div><div>2:45 📺 Recreating the Classroom Experience: Masters of Math</div><div>3:00 ↔ Ageless Fitness &amp; Hydration</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>	
<div><div>Kentucky Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: 10 Fun Facts about Kentucky</div><div>9:30 🎁 Morning Surprise: Paper Collage Making</div><div>10:15 In the Home: Match, Fold, &amp; Deliver</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🌴 Lanai Time</div><div>1:30 ↔ Ageless Fitness &amp; Hydration</div><div>2:00 📺 Recreating the Classroom Experience: Documentary of Southern Food</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>		<div><div>Confidence Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Best Tip on Being More Confident</div><div>9:30 🌴 Watercolors &amp; Oldie Tunes</div><div>10:00 🌴 Halli'a Mele Club in The Lanai</div><div>12:30 🚗 3rd Flr. Van Ride: Moanalua Valley</div><div>1:00 🧶 Tissue Paper Art</div><div>2:00 🎁 Recreating the Classroom Experience: Masters of Science</div><div>2:30 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Apple Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Health Benefits of Apples</div><div>9:30 🌴 Sit, Sip, &amp; Name 5 at The Bistro</div><div>10:15 🎵 Morning Surprise: Japanese Sing Along</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🎲 Hangman on The Lanai</div><div>1:30 🌴 Just Craftin: 3D Bat Painting</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! Relaxing Hits</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Dog Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: Funny pictures of Dogs</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Morning Surprise: Mele with Our Friends - 4th Floor</div><div>12:30 🌴 Trivia and Charades on The Lanai</div><div>1:30 🎬 Halloween Movie w/ Popcorn: Hocus Pocus</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>T.V. Show Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Americas Most Popular T.V. Shows</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Music &amp; Dancing by The Chibariyo Performers: 4th Floor</div><div>12:30 🌴 Sing Along w/ Karina on The Lanai</div><div>1:15 🌴 Watercolors &amp; Word Search Puzzles</div><div>2:00 📺 Halloween Cookie Decorating</div><div>2:45 🎲 Games &amp; Things To Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! 1940's Edition</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Food Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Best Foods Around The World</div><div>9:30 🌴 Sit, Sip, &amp; Brain Games at The Bistro</div><div>10:00 📖 Bible Stories w/ Ms. Maureen</div><div>12:30 🌴 Lanai Time</div><div>1:45 🌴 Q-Tip Art &amp; Puzzle Packs</div><div>2:30 🎁 Recreating the Classroom Experience: Ancient Ways of Cooking</div><div>2:45 🌴 Journaling: Writing and/or Drawing Your Day</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🎲 Games &amp; Things to Do Together: BINGO</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Sour Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views</div><div>9:45 🎁 Balloon Volleyball</div><div>10:30 🎲 Games &amp; Things to Do Together: Pictionary &amp; Hangman</div><div>12:30 🌴 Lanai Time</div><div>1:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>2:00 🎁 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 4th Floor</div><div>3:00 ↔ Ageless Fitness &amp; Hydration</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>	
<div><div>Tennessee Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views: Fun Facts about Tennessee</div><div>9:30 🎁 Morning Surprise: Paper Collage Making</div><div>10:15 In the Home: Match, Fold, &amp; Deliver</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🌴 Lanai Time</div><div>1:30 ↔ Ageless Fitness &amp; Hydration</div><div>2:00 📺 Recreating the Classroom Experience: Documentary of</div><div>3:00 🎲 Games &amp; Things to Do Together: BINGO</div></div>		<div><div>Orange &amp; Black Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views:</div><div>9:30 🌴 Watercolors &amp; Oldie Tunes</div><div>10:00 🌴 Halli'a Mele Club in The Lanai</div><div>12:30 🚗 3rd Flr. Van Ride: Haleiwa Town</div><div>1:00 🧶 Tissue Paper Art</div><div>2:00 🎁 Recreating the Classroom Experience: Masters of History</div><div>2:30 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Twinning Tuesday</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit &amp; Hydration</div><div>9:15 📖 News &amp; Views:</div><div>9:30 🌴 Sit, Sip, &amp; Name 5 at The Bistro</div><div>10:15 🎵 Morning Surprise: Japanese Sing Along</div><div>10:45 ↔ Get Up &amp; Move Club: Walking to The Beat</div><div>12:30 🎲 Hangman on The Lanai</div><div>1:30 🌴 Just Craftin: Halloween Paper Chain Making</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! Halloween Hits</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Halloween Disney Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views:</div><div>10:00 🌴 Halloween Visit by Hanalani School Students</div><div>12:30 🌴 Trivia and Charades on The Lanai</div><div>1:30 🎬 Fun Film &amp; Popcorn</div><div>2:45 🎲 Games &amp; Things to Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🌴 In the Evening: Kanikapila Time!</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>		<div><div>Department Costume Day</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views:</div><div>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</div><div>12:30 🌴 Sing Along w/ Karina on The Lanai</div><div>1:15 🌴 Watercolors &amp; Word Search Puzzles</div><div>1:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>2:00 📺 Recreating the Classroom Experience: Guess That Vegetable</div><div>2:45 🎲 Games &amp; Things To Do Together: BINGO</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 📺 Guess That Tune! Frank Sinatra's Hits</div><div>5:30 🌴 Unwind The Mind: Yoga</div></div>		<div><div>Happy Halloween</div><div>8:30 🎵 Greeting Songs of Aloha</div><div>8:45 🌟 Halli'a Resistance Training Circuit</div><div>9:15 📖 News &amp; Views: Fun Facts about Halloween</div><div>9:30 🎁 Bathroom &amp; Hydration Break for Performance</div><div>10:00 🎵 Morning Surprise: Performance by The Olaloa Jammers - 4th Floor</div><div>12:30 🌴 Lanai Time</div><div>1:45 🌴 Q-Tip Art &amp; Puzzle Packs</div><div>2:30 📺 Recreating the Classroom Experience: Halloween Trivia &amp; Charades</div><div>2:45 🌴 Journaling: Writing and/or Drawing Your Day</div><div>3:15 ↔ Ageless Fitness &amp; Hydration</div><div>5:00 🎲 Games &amp; Things to Do Together: BINGO</div><div>5:30 🌴 Unwind The Mind Time: Soothing Sound of The Islands</div></div>			