

October 2023 5th Floor Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Homemade Cookies Day 1 9:30 🦋 Televised Sunday Sermons 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Fun Film & Chocolate Chip Cookies: 4th Floor 3:00 🌺 BINGO: 4th Floor 3:30 ↔ Chair Zumba & Hydration: 4th Floor	Smarties Day 2 10:00 🎵 Ukulele Performance by Na lei o Manu O'o: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Watercolors & Puzzle Packs: 4th Floor 2:00 ↔ Chair Zumba & Hydration 2:30 🌺 Independent Hanafuda or Puzzle Packs 3:30 🌺 BINGO 4:00 🌺 Bananagrams	Eat Fruit Day 3 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🖼️ Arts & Crafts: Green Apple Monster Making 4:15 🌺 BINGO	Golf Lover's Day 4 9:45 🚌 5th Flr. Van Ride: Kaneohe 10:00 🌺 Plaza Sing Along: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Movies & Popcorn: 4th Floor 1:45 🚌 Errand Run - Unsupervised: Mililani Town Center 3:00 🌺 Pokeno 4:00 ↔ Ageless Fitness & Hydration 4:30 🌺 Black Jack	Do Something Nice Day 5 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration: 4th Floor 4:15 🌺 BINGO	World Smile Day 6 10:00 🎵 Musical Performance by Gensen Rabacal: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🎬 Fun Film 3:00 ↔ Drum-A-Sizing 4:15 🌺 BINGO	Chocolate Covered Pretzel Day 7 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Arts & Crafts: Tissue Paper Mummy Making w/ Chocolate Covered Pretzels - 4th Floor 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🌺 BINGO: 4th Floor
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Fluffernutter Day 8 9:30 🦋 Televised Sunday Sermons 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Fun Film: 4th Floor 3:00 🌺 BINGO: 4th Floor 3:30 ↔ Chair Zumba & Hydration: 4th Floor	Columbus Day 9 10:00 🎵 Team of Angels Performance: 2nd Flr. 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Watercolors & Puzzle Packs: 4th Floor 2:00 ↔ Chair Zumba & Hydration 2:30 🌺 Independent Hanafuda or Puzzle Packs 3:30 🌺 BINGO 4:00 🌺 Bananagrams	Handbag Day 10 10:00 🌺 Resident Council Meeting 10:30 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🖼️ Arts & Crafts: Kawaii Paper Candy Corn Making 4:15 🌺 BINGO	Sausage Pizza Day 11 9:45 🚌 Errand Run - Unsupervised: Mililani Town Center 10:00 🌺 Plaza Sing Along: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Movies & Popcorn: 4th Floor 1:45 🚌 5th Flr. Van Ride: Ko'olina 3:00 🌺 Pokeno 4:00 ↔ Ageless Fitness & Hydration 4:30 🌺 Black Jack	Farmer's Day 12 10:00 🌺 Lanai Time & Hawaiian Tunes 10:00 🦋 Mass w/ Father Anthony: 5th Floor 10:30 🌺 Men's Club: 5th Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration: 4th Floor 4:15 🌺 BINGO	Train Your Brain Day 13 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🎮 Black Jack 2:15 🖼️ Origami or Beading 3:00 ↔ Drum-A-Sizing 4:15 🌺 BINGO	Dessert Day 14 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Arts & Crafts: Paper Plate Spooky Eyeball Making - 4th Floor 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🌺 BINGO: 4th Floor
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I Love Lucy Day 15 9:30 🦋 Televised Sunday Sermons 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Halloween Cookie Decorating & Fun Film: 4th Floor 3:00 🌺 BINGO: 4th Floor 3:30 ↔ Chair Zumba & Hydration: 4th Floor	Sports Day 16 10:00 🌺 BINGO 10:30 🎮 Game Show Hour: The Price is Right 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Watercolors & Puzzle Packs: 4th Floor 2:00 ↔ Chair Zumba & Hydration 2:30 🌺 Independent Hanafuda or Puzzle Packs 3:30 🌺 BINGO 4:00 🌺 Bananagrams	Pasta Day 17 10:00 ↔ Ageless Yoga w/ Karen: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🖼️ Arts & Crafts: Dia de los Muertos Mask Making 4:15 🌺 BINGO	Chocolate Cupcake Day 18 9:45 🚌 5th Flr. Van Ride: Honolulu 10:00 🌺 Plaza Sing Along w/ Chocolate Cupcakes: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:45 🚌 Errand Run - Unsupervised: Mililani Town Center 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 🌺 Pokeno 4:00 ↔ Ageless Fitness & Hydration 4:30 🌺 Black Jack	Seafood Bisque Day 19 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration: 4th Floor 4:15 🌺 BINGO	Chicken & Waffle Day 20 10:00 🌺 Lanai Time & Hawaiian Tunes 11:00 🚌 Mililani Korean Bar-b-q: Mililani Town Center 11:30 ↔ Ageless Fitness & Hydration 1:30 🎮 Black Jack 2:15 🎮 Pictionary & Name 5 3:00 ↔ Drum-A-Sizing 4:15 🌺 BINGO	Pumpkin Day 21 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Arts & Crafts: Paper Weaved Pumpkin Making - 4th Floor 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🌺 BINGO: 4th Floor
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Color Day 22 9:30 🦋 Televised Sunday Sermons 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Fun Film: 4th Floor 3:00 🌺 BINGO: 4th Floor 3:30 ↔ Chair Zumba & Hydration: 4th Floor	Super Hero Dress Up Day 23 10:00 🌺 BINGO 10:30 🎮 Game Show Hour: The Price is Right 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Watercolors & Puzzle Packs: 4th Floor 2:00 ↔ Chair Zumba & Hydration 2:30 🌺 Independent Hanafuda or Puzzle Packs 3:30 🌺 BINGO 4:00 🌺 Bananagrams	Twinning Tuesday Dress Up Day 24 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Independent Hanafuda 2:30 ↔ Chair Zumba & Hydration: 4th Floor 3:00 🖼️ Arts & Crafts: Clothes Pin Coffee Filter Bat Making 4:15 🌺 BINGO	Wacky Hair Day 25 9:45 🚌 Errand Run - Unsupervised: Mililani Town Center 10:00 🌺 Plaza Sing Along: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Movies & Popcorn: 4th Floor 1:45 🚌 5th Flr. Van Ride: Newtown / Waimalu 3:00 🌺 Pokeno 4:00 ↔ Ageless Fitness & Hydration 4:30 🌺 Black Jack	Department Costume Dress Up Day 26 10:00 🦋 Bible Study w/ Father Anthony: 5th Floor 10:30 🌺 Men's Club: 5th Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration: 4th Floor 4:15 🌺 BINGO	Orange & Black Dress Up Day 27 10:00 🦋 Bible Stories w/ Ms. Maureen 11:30 ↔ Ageless Fitness & Hydration 2:00 🌺 Plaza Buck Shopping: 5th Floor 3:00 ↔ Drum-A-Sizing 4:15 🌺 BINGO	Disney Dress Up Day 28 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 2:00 🎵 Musical Performance by The Wahiwawa SDA Church Group: 2nd Floor 3:00 🌺 BINGO: 4th Floor
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Halloween Movie Character Dress Up Day 29 9:30 🦋 Televised Sunday Sermons 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 Fun Film: 4th Floor 3:00 🌺 BINGO: 4th Floor 3:30 ↔ Chair Zumba & Hydration: 4th Floor	Halloween Accessory Dress Up Day 30 10:00 ↔ Ageless Yoga w/ Karen: 2nd Floor 11:30 ↔ Ageless Fitness & Hydration 1:30 🖼️ Watercolors & Puzzle Packs: 4th Floor 2:00 ↔ Chair Zumba & Hydration 2:30 🌺 Independent Hanafuda or Puzzle Packs 3:30 🌺 BINGO 4:00 🌺 Bananagrams	Halloween Costume Dress Up Day 31 10:00 🌺 Lanai Time & Hawaiian Tunes 11:30 ↔ Ageless Fitness & Hydration 1:30 🌺 The Plaza's Halloween Costume Contest: 2nd Floor 2:30 ↔ Chair Zumba & Hydration: 4th Floor 4:15 🌺 BINGO	<p>Please meet in the lobby 15 minutes prior to all van departures. Schedule subject to change with or without notice.</p>		<ul style="list-style-type: none"> 🖼️ Creative 🎵 Entertainment 🚌 Excursion 💡 Intellectual ↔ Physical 🌺 Social 🦋 Spiritual 	<p>Alternative Activity Options</p> <p>In support of fostering your independency, we encourage all to participate in activities on the 2nd or 4th Floors. Please see any Plaza Team Member for details.</p>
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