

October 2025
4th Floor Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>		<div><div>🎨 Arts / Crafts</div><div>🎓 Educational Classes</div><div>🏃 Exercise / Physical Activity</div><div>🚗 Field Trip / Medical Appointments</div><div>🎲 Games</div><div>🌿 Gardening / Outdoor Visit</div><div>🧘 Meditation / Mindfulness</div><div>🎬 Movies / Documentaries</div><div>🎵 Music / Special Entertainment</div><div>🌳 Plaza Life Fitness</div><div>🍷 Socials / Social Gathering</div><div>🕊 Spiritual / Worship Services</div><div>🤝 Volunteerism / Community Service</div></div>	<div><div>Hair Day</div><div>7:30 Resident Breakfast</div><div>8:45 ↔ Ageless Fitness & Hydration</div><div>9:15 📺 News & Views: Wackiest Hair Styles in The World</div><div>10:00 🎵 Morning Surprise: Mele with Our Friends - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Spot It! & Trivia</div><div>1:30 🎬 Movies, Color Therapy, & Popcorn</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Name Your Car Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: Top 10 Most Common Car Names</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🌿 Hot Chocolate & Brain Games at The Bistro</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Tech Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: Who is Steve Jobs & Apple?</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Dice BINGO</div><div>2:00 🎨 Watercolors & Word Search Puzzles</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Cinnamon Bun Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views: History on Cinnabon Bakery</div><div>10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Charades & Name That Tune</div><div>1:30 🎨 Just Craftin: Tissue Paper Mummy Making</div><div>2:30 ↔ Chair Zumba & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>
<div><div>Rhode Island Day</div><div>7:30 Resident Breakfast</div><div>8:50 ↔ Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: 10 Fun Facts about Rhode Island</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ↔ Balloon Volleyball</div><div>1:30 🎬 Fun Film & Bananagrams</div><div>3:00 ➕ BINGO</div><div>3:30 ↔ Ageless Fitness & Hydration</div><div>4:30 Resident Dinner</div></div>	<div><div>Noodle Day</div><div>7:30 Resident Breakfast</div><div>8:50 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: Best Noodle Houses in Hawaii</div><div>10:00 ➕ Dice BINGO</div><div>10:30 🎮 Game Show Hour: The Price is Right</div><div>11:30 Resident Lunch</div><div>1:00 🎨 Watercolors & Puzzle Packs</div><div>2:00 ↔ Ageless Fitness & Hydration</div><div>2:30 ➕ Name 5 & Charades</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Taco Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views: History of The Taco Truck</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🎨 Fun Film</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Hero Day</div><div>7:30 Resident Breakfast</div><div>8:45 ↔ Ageless Fitness & Hydration</div><div>9:15 📺 News & Views: Remembering U.S. Heroes</div><div>10:00 🎵 Morning Surprise: Ukulele Performance by Aloha Mele - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Spot It! & Trivia</div><div>1:15 🚗 Van Ride: Ewa Beach</div><div>1:30 🎨 Movies & Dia Delos Muertos Fan Making</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Cupcake Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: Wackiest Cupcake Creations</div><div>10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🌿 Hot Chocolate & Brain Games at The Bistro</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Handbag Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: History of Handbags</div><div>10:00 🎵 Mourning Surprise: Soul Sounds w/ Wally Brown -4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Dice BINGO</div><div>2:00 🎨 Watercolors & Word Search Puzzles</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Sausage Pizza Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views: Wackiest Pizza Toppings</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Charades & Name That Tune</div><div>1:30 🎨 Just Craftin: Toilet Paper Roll Wacky Bat Making</div><div>2:30 ↔ Chair Zumba & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>
<div><div>Vermont Day</div><div>7:30 Resident Breakfast</div><div>8:50 ↔ Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: 10 Fun Facts about Vermont</div><div>10:00 🎵 Piano Performance by Nicolas Suggs: 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ↔ Balloon Volleyball</div><div>1:30 🎬 Fun Film & Bananagrams</div><div>3:00 ➕ BINGO</div><div>3:30 ↔ Ageless Fitness & Hydration</div><div>4:30 Resident Dinner</div></div>	<div><div>Navy Day</div><div>7:30 Resident Breakfast</div><div>8:50 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: History of the U.S. Navy</div><div>10:00 Performance by Team of Angels: 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 🎨 Watercolors & Puzzle Packs</div><div>2:00 ↔ Ageless Fitness & Hydration</div><div>2:30 ➕ Name 5 & Charades</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Dessert Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views: Hawaii's Favorite Desserts</div><div>9:30 🌿 Lanai Time & Hawaiian Tunes</div><div>10:30 Resident Council Meeting</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🎨 Just Craftin: Halloween Banner Making</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>I Love Lucy Day</div><div>7:30 Resident Breakfast</div><div>8:45 ↔ Ageless Fitness & Hydration</div><div>9:15 📺 News & Views: Fun Facts about The I Love Lucy Show</div><div>10:00 Morning Surprise: Mele with Our Friends - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Spot It! & Trivia</div><div>1:15 🚗 Van Ride: Wahiawa Heights / Helemano</div><div>1:30 🎬 Halloween Themed Movie: Hocus Pocus</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Sports Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: Top 10 Most Popular Sports</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🌿 Hot Chocolate & Brain Games at The Bistro</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Pasta Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: Best Places for Pasta in Hawaii</div><div>10:00 🕊 Bible Stories w/ Ms. Maureen: 5th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Dice BINGO</div><div>2:00 🎨 Watercolors & Word Search Puzzles</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Bar-B-Q Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views: Fun Facts about American Bar-b-q</div><div>10:00 🎵 Local Jamz w/ Dean Hirata: 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Charades & Name That Tune</div><div>1:30 🎨 Just Craftin: Outer Space Monster Wreath Making</div><div>2:30 ↔ Chair Zumba & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>
<div><div>Kentucky Day</div><div>7:30 Resident Breakfast</div><div>8:50 ↔ Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: 10 Fun Facts about Kentucky</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ↔ Balloon Volleyball</div><div>1:30 🎬 Fun Film & Bananagrams</div><div>3:00 ➕ BINGO</div><div>3:30 ↔ Ageless Fitness & Hydration</div><div>4:30 Resident Dinner</div></div>	<div><div>Confidence Day</div><div>7:30 Resident Breakfast</div><div>8:50 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: Best Tip on Being More Confident</div><div>10:00 ➕ Dice BINGO</div><div>10:30 🎮 Game Show Hour: The Price is Right</div><div>11:30 Resident Lunch</div><div>1:00 🎨 Watercolors & Puzzle Packs</div><div>2:00 ↔ Ageless Fitness & Hydration</div><div>2:30 ➕ Name 5 & Charades</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Apple Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views: Health Benefits of Apples</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🎨 Just Craftin: 3D Bat Painting</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Dog Day</div><div>7:30 Resident Breakfast</div><div>8:45 ↔ Ageless Fitness & Hydration</div><div>9:15 📺 News & Views: Funny pictures of Dogs</div><div>10:00 Morning Surprise: Mele with Our Friends - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Spot It! & Trivia</div><div>1:15 🚗 Van Ride: Moanalua Valley</div><div>1:30 🎬 Fun & Spooky Film, Color Therapy, & Popcorn</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>T.V. Show Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views: Americas Most Popular T.V. Shows</div><div>10:00 🎵 Music & Dancing by The Chibariyo Performers: 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🌿 Hot Chocolate & Brain Games at The Bistro</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Food Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: Best Foods Around The World</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 🍪 Halloween Cookie Decorating</div><div>2:00 🎨 Watercolors & Word Search Puzzles</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Sour Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Charades & Name That Tune</div><div>2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 4th Floor</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>
<div><div>Tennessee Day</div><div>7:30 Resident Breakfast</div><div>8:50 ↔ Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views:</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ↔ Balloon Volleyball</div><div>1:30 🎬 Fun Film & Bananagrams</div><div>3:00 ➕ BINGO</div><div>3:30 ↔ Ageless Fitness & Hydration</div><div>4:30 Resident Dinner</div></div>	<div><div>Orange & Black Day</div><div>7:30 Resident Breakfast</div><div>8:50 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views:</div><div>10:00 ➕ Dice BINGO</div><div>10:30 🎮 Game Show Hour: The Price is Right</div><div>11:30 Resident Lunch</div><div>1:00 🎨 Watercolors & Puzzle Packs</div><div>2:00 ↔ Ageless Fitness & Hydration</div><div>2:30 ➕ Name 5 & Charades</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Twinning Tuesday</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (B) & Hydration</div><div>9:15 📺 News & Views:</div><div>10:00 🌿 Lanai Time & Hawaiian Tunes</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>1:30 🎨 Just Craftin: Halloween Paper Chain Making</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Halloween Disney Day</div><div>7:30 Resident Breakfast</div><div>8:45 ↔ Ageless Fitness & Hydration</div><div>9:15 📺 News & Views:</div><div>10:00 🌿 Halloween Visit by Hanalani School Students</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Spot It! & Trivia</div><div>1:15 🚗 Van Ride: Haleiwa Town</div><div>1:30 🎬 Movies, Color Therapy, & Popcorn</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	<div><div>Department Costume Day</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength Circuits & Hydration</div><div>9:15 📺 News & Views:</div><div>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Hangman & Pictionary</div><div>2:00 🍪 Halloween Crafts & Games w/ The Ladies of Aloha</div><div>2:30 ↔ Ageless Fitness & Hydration</div><div>3:00 ➕ BINGO</div><div>4:30 Resident Dinner</div></div>	<div><div>Happy Halloween</div><div>7:30 Resident Breakfast</div><div>8:50 🌿 Seated Strength (A) & Hydration</div><div>9:15 📺 News & Views: Fun Facts about Halloween</div><div>10:00 🎵 Morning Surprise: Performance by The Olaloa Jammers - 4th Floor</div><div>11:30 Resident Lunch</div><div>1:00 ➕ Dice BINGO</div><div>2:00 🎨 Watercolors & Word Search Puzzles</div><div>3:00 ↔ Drum-A-Sizing</div><div>4:30 Resident Dinner</div></div>	