

October 2024 Lamaku Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Creative Entertainment Excursion Intellectual Physical Social	Homemade Cookies Day 1 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Current Events 10:30 🎵 Japanese Sing Along 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Arts & Crafts: 3D Scary Bat Making w/ Chocolate Chip Cookies 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Name Your Car Day 2 9:45 🎤 Current Events & Funny Names Given to Cars 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎮 BINGO 2:15 ↔ Drum-A-Sizing 3:00 🎬 Fun Film & Popcorn	Tech Day 3 9:45 🎤 Current Events & 10 Fun Facts About Technology 10:00 🎵 Hula by Na Wahine O Ka Hula: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 🎨 Watercolors & Oldie Tunes	Cinnamon Day 4 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events & Best Places for Cinnamon Rolls 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎮 Word Search Puzzles & Color Therapy	Rhode Island Day 5 9:45 🎤 Current Events & Fun Facts About Road Island 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 1:00 ↔ Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Coffee Filter Ghost in a Tree Craft 3:00 ↔ Chair Zumba & Hydration	
	Noodle Day 6 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events & Wackiest Noodle Creations 10:15 🎨 Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	Frappe Day 7 9:45 🚗 Lamaku Van Ride: Mokuleia 10:00 ↔ Chair Zumba & Hydration 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Color Therapy 3:30 🎮 Word Search Puzzles	Hero Day 8 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events 10:30 🎵 Japanese Sing Along 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Arts & Crafts: Kawaii Candy Corn Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Teddy Bear Day 9 9:50 🎤 Current Events & Cute Pictures of Teddy Bears 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎮 BINGO 2:00 ↔ Ageless Fitness & Hydration 2:30 🎬 Fun Film & Halloween Cookie Decorating	Handbag Day 10 9:45 🎤 Current Events & Most Creative Handbags in the World 10:00 🎵 Musical Performance by The Mellow Friends: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 🎨 Watercolors & Oldie Tunes	Sausage Day 11 10:00 🎤 Current Events 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎮 Word Search Puzzles & Color Therapy	Farmer's Day 12 9:30 🎤 Ageless Fitness & Hydration 10:00 🎤 Current Events & Fun Facts About Farmers 10:30 🎮 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Witch Wreath Making 3:00 ↔ Chair Zumba & Hydration
	U.S. Navy Birthday 13 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events & History of Pearl Harbor Naval Base 10:15 🎨 Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration	Columbus Day 14 9:45 🚗 Lamaku Van Ride: Old Waipahu / Kunia 10:00 ↔ Chair Zumba & Hydration 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎮 Word Search Puzzles & Color Therapy	I Love Lucy Day 15 9:45 🎤 Current Events 10:00 🎵 Music & Dancing by The Chibariyo Performers: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Arts & Crafts: Dia Delos Muertos Skull Candy Mask Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Sports Day 16 9:45 🎤 Current Events 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎮 BINGO 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 🎬 Fun Film & Popcorn	Pasta Day 17 9:30 ↔ Ageless Fitness & Hydration 10:00 🎨 Beading & Origami Making 10:00 🎤 Current Events & Wackiest Pasta Creations 1:00 🎵 Lanai Time & Hawaiian Tunes 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor	Chocolate Cupcake Day 18 9:30 ↔ Ageless Fitness & Hydration 10:00 🎨 Arts & Crafts: Paper Roll Bat Making 10:45 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Drum-A-Sizing w/ Mini Chocolate Cupcakes 3:15 🎮 Word Search Puzzles & Color Therapy	Kentucky Day 19 9:30 🎤 Ageless Fitness & Hydration 10:00 🎤 Current Events & Fun Facts About Kentucky 10:30 🎮 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 2:00 🎵 Piano Recital by Kim Studio's: 2nd Floor 3:00 ↔ Chair Zumba & Hydration
	Chicken & Waffle Day 20 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events & Best Places for Chicken & Waffles 10:15 🎨 Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Halloween Cookie Decorating 3:00 ↔ Chair Zumba & Hydration	Pumpkin Day 21 9:45 🚗 Lamaku Van Ride: Kapolei 10:00 ↔ Chair Zumba & Hydration 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎮 Word Search Puzzles & Color Therapy	Horror Movie Day 22 9:45 🎤 Current Events & Most Scariest Horror Films of All Time 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Arts & Crafts: Tissue Paper Mummy Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Boston Cream Pie Day 23 9:45 🎤 Current Events 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎮 BINGO 2:15 ↔ Drum-A-Sizing 3:00 🎬 Fun Film & Popcorn	Food Day 24 9:45 🎤 Current Events & History of Frankenstein 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 🎨 Watercolors & Oldie Tunes	Frankenstein Day 25 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events 10:30 🎨 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎮 Word Search Puzzles & Color Therapy	Mule Day 26 9:45 🎤 Current Events & Funny Photos of Mules 10:00 🎵 Hawaiian Music w/ Chester & Henry: 2nd Floor 1:00 ↔ Garden Club in The Lanai 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 ↔ Chair Zumba & Hydration
	Wear Orange & Black Day 27 9:30 ↔ Ageless Fitness & Hydration 10:00 🎤 Current Events 10:15 🎨 Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Pumpkin Decorating & Halloween Fun Film 3:00 ↔ Chair Zumba & Hydration	Dress Like a Disney Character Day 28 9:45 🚗 Lamaku Van Ride: Ala Moana Beach Park 10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎮 Word Search Puzzles & Color Therapy	Dress as Twins Day 29 9:45 🎤 Current Events 10:00 🎵 Music & Singing by The Olaloa Jammers: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Arts & Crafts: Paper Plate Pumpkin Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Department Costume Day 30 9:45 🎤 Current Events 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎮 BINGO 2:15 ↔ Drum-A-Sizing 3:00 🎬 Fun Film & Popcorn	Wear Your Halloween Costume Day 31 9:30 🎨 Costume Parade & Visit by HBP 10:00 ↔ Ageless Fitness & Hydration 10:30 🎨 Beading & Origami Making 1:00 🎵 Lanai Time & Hawaiian Tunes 2:00 🎨 The Plaza's Halloween Costume Contest: 2nd Floor 3:15 🎨 Watercolors & Oldie Tunes		