








November 2022

4th Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>All activities will be located on the 4th floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>Cinnamon Day 1</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Wackiest Things Made w/ Cinnamon 9:30 Ageless Fitness & Hydration 10:15 Japanese Sing-Along 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Fall Scare Crow Making 2:30 Chair Zumba & Hydration 3:00 BINGO 	<p>Deviled Egg Day 2</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Who Created The Deviled Egg? 9:30 Tai Chi & Haydration 10:00 Plaza Sing Along: 2nd Floor 10:30 Who Is It? & Trivia 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Movies & Popcorn 3:00 BINGO 	<p>Stress Awareness Day 3</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Best Ways to Relieve Stress 9:30 Ageless Fitness & Hydration 10:15 Hot Chocolate & Brain Games at The Bistro 11:00 Trivia & Name 5 12:30 Lanai Time 1:45 Watercolors & Oldie Tunes 3:00 BINGO 	<p>Candy Day 4</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Tissue Paper Art & Try Not to Laugh Challenge 11:00 Charades & Name That Tune 12:30 Lanai Time & Local Candy Sampling 1:30 Dice Bingo 2:30 Chair Zumba 3:00 BINGO 	<p>Jersey Day 5</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Mega Toss & Oldie Tunes 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Thanksgiving Corn Painting 2:30 Chair Zumba 3:00 BINGO
<p>Nachos Day 6</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Worlds Wackiest Nachos Made 9:30 Ageless Fitness & Hydration 10:15 Hot Chocolate & Brain Games at The Bistro 11:00 Name 5 12:30 Lanai Time 1:45 Fun Film 3:00 BINGO 	<p>Chocolate Almond Day 7</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:30 Van Ride: Ko'olina 10:00 Musical Performance by Team of Angels: 2nd Floor 11:00 Charades & Name That Tune 12:30 Lanai Time w/ Chocolate Almonds 1:30 Fun Film 3:00 BINGO 	<p>Cappuccino Day 8</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Hawaii's Best Places for Cappuccino 9:30 Ageless Fitness & Hydration 10:15 Japanese Sing-Along 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Give Thanks Wreath Making 2:30 Chair Zumba & Hydration 3:00 BINGO 	<p>Scrapple Day 9</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Fun Facts About Scrabble 9:30 Tai Chi & Haydration 10:00 Hawaiian Music w/ Uncle Will: 2nd Floor 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Movies & Popcorn 3:00 BINGO 	<p>Forget-Me-Not Day 10</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:00 Local Jamz w/ Dean Hirata: 2nd Floor 11:00 Trivia & Name 5 12:30 Lanai Time 1:45 Watercolors & Oldie Tunes 3:00 BINGO 	<p>Veterans Day 11</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Remember Our U.S. Military Hero's 9:30 Ageless Fitness & Hydration 10:15 Tissue Paper Art & Try Not to Laugh Challenge 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Balloon Volleyball 2:30 Chair Zumba 3:00 BINGO 	<p>Pizza w/ The Works Day 12</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Mega Toss & Oldie Tunes 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 2:00 Ukulele Performance by Keiki Kani: 2nd Floor 3:00 BINGO
<p>Kindness Day 13</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Best Ways to Show Kindness 9:30 Ageless Fitness & Hydration 10:15 Hot Chocolate & Brain Games at The Bistro 11:00 Name 5 12:30 Lanai Time 1:45 Fun Film 3:00 BINGO 	<p>Pickle Day 14</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:30 Van Ride: Haleiwa Town 9:45 Chair Zumba & Hydration 10:30 Game Show Hour: The Price is Right 11:00 Charades & Fun Facts About Pickles 12:30 Lanai Time 1:30 Watercolors & Puzzle Packs 2:15 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO 	<p>America Recycles Day 15</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Japanese Sing-Along 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Pumpkin Patch Silhouette Making 2:30 Chair Zumba & Hydration 3:00 BINGO 	<p>Button Day 16</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & History of The Button 9:30 Tai Chi & Haydration 10:00 Soul Sounds w/ Wally Brown: 2nd Floor 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Movies & Popcorn 3:00 BINGO 	<p>Baklava Day 17</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Hot Chocolate & Brain Games at The Bistro 11:00 Trivia & Name 5 12:30 Lanai Time 1:45 Watercolors w/ Baklava Sampling 3:00 BINGO 	<p>Princess Day 18</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Worlds Famous Princesses 9:30 Ageless Fitness & Hydration 10:15 Tissue Paper Art & Try Not to Laugh Challenge 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Dice Bingo 2:30 Chair Zumba 3:00 BINGO 	<p>Soda Day 19</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & Fun Facts About Soda 9:30 Ageless Fitness & Hydration 10:15 Mega Toss & Oldie Tunes 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Fall Leaf Sun Catcher Art 2:30 Chair Zumba 3:00 BINGO
<p>Peanut Butter Fudge Day 20</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Hot Chocolate & Brain Games at The Bistro 11:00 Name 5 12:30 Lanai Time 1:45 Fun Film 3:00 BINGO 	<p>Gingerbread Cookie Day 21</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:30 Van Ride: Ewa Beach 9:45 Chair Zumba & Hydration 10:00 Performance by Na Leo O Manu O'o 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Watercolors & Puzzle Packs 2:15 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO 	<p>Cranberry Day 22</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:00 Hawaiian Music w/ Uncle Will: 2nd Floor 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Pinecone Turkey Making w/ Dried Cranberries 2:30 Chair Zumba & Hydration 3:00 BINGO 	<p>Espresso Day 23</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & History of Espresso 9:30 Tai Chi & Haydration 10:00 Plaza Sing Along: 2nd Floor 10:30 Who Is It? & Trivia 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Movies & Popcorn 3:00 BINGO 	<p>Thanksgiving Day 24</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:00 Thanksgiving Performance w/ Dean Hirata: 2nd Floor 11:00 Trivia & Name 5 12:30 Lanai Time 1:45 Watercolors & Oldie Tunes 3:00 BINGO 	<p>Parfait Day 25</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Tissue Paper Art & Try Not to Laugh Challenge 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Balloon Volleyball 2:30 Chair Zumba 3:00 BINGO 	<p>Cake Day 26</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Mega Toss & Oldie Tunes 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Leaf Printing w/ Mini Cupcakes 2:30 Chair Zumba 3:00 BINGO
<p>Bavarian Cream Pie Day 27</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Ageless Fitness & Hydration 10:15 Hot Chocolate & Brain Games at The Bistro 11:00 Name 5 12:30 Lanai Time 1:45 Fun Film 3:00 BINGO 	<p>French Toast Day 28</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:30 Van Ride: Honolulu 9:45 Chair Zumba & Hydration 10:00 Piano & Vocals by Roy Hamada: 2nd Floor 11:00 Current Events & Wackiest Ways to Eat French Toast 12:30 Lanai Time 1:30 Watercolors & Puzzle Packs 2:15 Ageless Fitness, Indoor Stroll, & Hydration 3:00 BINGO 	<p>Giving Day 29</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events & 10 Ways to Be More Giving 9:30 Ageless Fitness & Hydration 10:15 Japanese Sing-Along 11:00 Trivia & Name 5 12:30 Bubble Time & Garden Club in The Lanai 1:30 Arts & Crafts: Pumpkin Pie Tissue Art 2:30 Chair Zumba & Hydration 3:00 BINGO 	<p>Mason Jar Day 30</p> <ul style="list-style-type: none"> 8:30 Individual Games 9:15 Current Events 9:30 Tai Chi & Haydration 10:00 Plaza Sing Along: 2nd Floor 10:30 Who Is It? & Trivia 11:00 Charades & Name That Tune 12:30 Lanai Time 1:30 Movies & Floor Christmas Decorating 3:00 BINGO 	<ul style="list-style-type: none">  Creative  Entertainment  Excursion  Intellectual  Physical  Social 		