


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	May Day 1 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & The History of May Day 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Kapolei 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Truffle Day 2 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Ways to Eat Truffle 10:00 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: 3D Cotton Ball Painting 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Meditation Day 3 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Benefits of Meditating 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎮 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Star Wars Day 4 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & YouTube's Best Star Wars Scenes 10:00 📷 Tissue Paper Art 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Man Your Station Hour 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Boys Day 5 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Performance by The Olaloa Jammers: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎮 Fun Film 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Nurses Day 6 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Chair Zumba w/ Annette: 2nd Floor 12:30 🎮 Lanai Time 1:30 📷 Arts & Crafts: Mexican Maracas Making 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO	
	Lemonade Day 7 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 📷 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries w/ Lemonade 3:00 🎮 BINGO	Coca Cola Day 8 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Coca-Cola 10:00 🎵 Hawaiian Music w/ Uncle Will: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Waialua 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Moscato Day 9 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Paper Plate Peacock Making 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Shrimp Day 10 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ Shrimp 10:00 🎵 Hank The Singing Dutchman: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎮 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Eat What You Want Day 11 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Man Your Station Hour 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Fudge Day 12 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎮 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time w/ Mini Fudge Brownies 1:30 🌟 Best Friend Activity of The Week 2:00 🎮 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Miniature Golf Day 13 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Miniature Golf Courses 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎮 Lanai Time 1:30 📷 Arts & Crafts: Paper Towel Cut Out Flower Prints 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO
	Mother's Day 14 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Mother's Day Performance by Hank The Singing Dutchman: 2nd Floor 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Chocolate Chip Day 15 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Ukulele Performance by Nalei o Manu O'o: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Kaka'ako 1:00 📷 Tissue Paper Art w/ Chocolate Chip Cookies 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Do Something Good Day 16 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Ways to Do Good For Another 10:00 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Fork Palm Tree Painting 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Cherry Cobbler Day 17 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places for Cherry Cobbler 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Cheese Souffle Day 18 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Man Your Station Hour 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Endangered Species Day 19 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Most Endangered Species 10:00 🎮 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎮 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Sneakers Day 20 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Sneaker 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎮 Lanai Time 1:30 📷 Arts & Crafts: Popsicle Stick Cactus Making 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO
	Strawberries & Cream Day 21 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 📷 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Vanilla Pudding Day 22 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ko'olina 1:00 📷 Tissue Paper Art w/ Vanilla Pudding 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Lucky Penny Day 23 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Lucky Penny? 10:00 🎵 Performance by The Chibariyo Performers: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Mosaic Paper Art 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Scavenger Hunt Day 24 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎮 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Towel Day 25 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Creative Ways to Use A Towel 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 📷 Man Your Station Hour 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Paper Airplane Day 26 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Most Craziest Airplanes 10:00 🎮 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎮 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Creativity Day 27 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Ways to Be More Creative 10:00 🎮 Tissue Paper Art & Try Not to Laugh Challenge 12:30 🎮 Lanai Time 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:15 🌟 BINGO
	Hamburger Day 28 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 📷 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Memorial Day 29 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Moanalua Valley 1:00 📷 Arts & Crafts: Memorial Sun Catcher Making 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Peanut Butter Day 30 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Island Music w/ Kupuna Mele: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 📷 Arts & Crafts: Paper Hyacinths Making 2:30 🌟 Who Is It? & Hangman w/ Peanut Butter Wafers 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Senior Health & Fitness Day 31 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎮 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	<p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p> <ul style="list-style-type: none"> 📷 Creative 🎵 Entertainment 🚗 Excursion 💡 Intellectual ↔ Physical 🎮 Social 		