




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>Creative</b></p> <p><b>Entertainment</b></p> <p><b>Excursion</b></p> <p><b>Intellectual</b></p> <p><b>Physical</b></p> <p><b>Social</b></p> <p><b>Spiritual</b></p>	<p><b>May Day</b> 1</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film &amp; Popcorn</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Serpent Day</b> 2</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; 10 Facts About Snakes</b></p> <p>9:30 🌺 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 🌺 Tissue Paper Art</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 🌺 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Wear Mismatched Shoes Day</b> 3</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Wackiest Shoes Made</b></p> <p>10:00 🌺 Hot Chocolate &amp; Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></p> <p>3:00 🌺 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Star Wars Day</b> 4</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; 10 Fun Facts About Star Wars</b></p> <p>10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 <b>Arts &amp; Crafts: 3D Cotton Ball Plant Art</b></p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:15 ⚡ BINGO</p>	
<p><b>Cinco De Mayo &amp; Boys Day</b> 5</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; History of Cinco De Mayo</b></p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p><b>Nurses Day</b> 6</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 🌺 <b>Hali'a Mele Club in The Lanai</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Ewa Beach</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Tourism Day</b> 7</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Fun Facts About Hawaii Tourism</b></p> <p>10:00 🎵 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Fork Palm Tree Painting</b></p> <p>2:30 ⚡ Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Have A Coke Day</b> 8</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Musical Performance by The Olaloa Jammer: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🎵 <b>Fun Film w/ Mini Coca-Colas</b></p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Moscato Day</b> 9</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Musical Performance by The Mellow Friends: 2nd Floor</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 🌺 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Shrimp Day</b> 10</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Shrimp Dishes Around The World</b></p> <p>10:00 🌺 Hot Chocolate &amp; Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ⚡ <b>Best Friend Activity of The Week</b></p> <p>2:00 🌺 Watercolors &amp; Puzzle Packs</p> <p>3:00 🌺 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Eat What You Want Day</b> 11</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Worlds Best Buffets</b></p> <p>10:00 ↔ Balloon Volleyball</p> <p>10:30 📷 Pictionary &amp; Hangman</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:15 ⚡ BINGO</p>
<p><b>Mother's Day</b> 12</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 <b>Arts &amp; Crafts: Mother's Day Silhouette Making</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Apple Pie Day</b> 13</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; History of Apple Pies</b></p> <p>10:00 🎵 <b>Hawaiian Music w/ Na Leo O Manu O'o: 2nd Floor</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Waialua</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Dance Like a Chicken Day</b> 14</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Funny Videos of Chicken Dances</b></p> <p>9:30 🌺 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Mosaic Art</b></p> <p>2:30 ⚡ Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Chocolate Chip Day</b> 15</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🌺 <b>Plaza Sing Along w/ Chocolate Chip Cookies: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b></p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Classic Movie Day</b> 16</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; 10 Best Movies of All Time</b></p> <p>9:30 🌺 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 🌺 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Pizza Day</b> 17</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Pizza Restaurants in Hawaii</b></p> <p>10:00 📷 <b>Bible Stories w/ Ms. Maureen</b></p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></p> <p>3:00 🌺 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Nascar Day</b> 18</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; 10 Fun Facts About Nascar Racing</b></p> <p>10:00 ↔ Balloon Volleyball</p> <p>10:30 📷 Pictionary &amp; Hangman</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 <b>Arts &amp; Crafts: Newspaper Cat Making</b></p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:15 ⚡ BINGO</p>
<p><b>Devil's Food Cake Day</b> 19</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 ⚡ <b>Educational Documentaries w/ Mini Devil's Food Cake</b></p> <p>3:00 🌺 BINGO</p>	<p><b>Streaming Day</b> 20</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>9:30 📷 Watercolors &amp; Oldie Tunes</p> <p>10:00 🌺 <b>Hali'a Mele Club in The Lanai</b></p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Honolulu</b></p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Memo Day</b> 21</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Zebra Puppet Making</b></p> <p>2:30 ⚡ Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Solitaire Day</b> 22</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film &amp; Popcorn</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Taffy Day</b> 23</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</b></p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 🌺 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Scavenger Hunt Day</b> 24</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Hula by Na Wahine O Ka Hula: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ⚡ <b>Best Friend Activity of The Week</b></p> <p>2:00 🌺 Watercolors &amp; Puzzle Packs</p> <p>3:00 🌺 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Towel Day</b> 25</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 ↔ Balloon Volleyball</p> <p>10:30 📷 Pictionary &amp; Hangman</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b></p> <p>3:15 ⚡ BINGO</p>
<p><b>Paper Airplane Day</b> 26</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba &amp; Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p><b>Memorial Day</b> 27</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:00 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🎵 <b>Veterans Wall of Honor Program &amp; Performance by U.S. Liberty Bells: Main Lobby</b></p> <p>12:30 🌺 Lanai Time &amp; Hawaiian Tunes</p> <p>1:30 📷 <b>Arts &amp; Crafts: Memorial Day Poppy Flower Painting</b></p> <p>2:30 🚗 Charades &amp; Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Hamburger Day</b> 28</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>9:30 🌺 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b></p> <p>1:30 📷 Watercolors &amp; Puzzle Packs</p> <p>2:30 ⚡ Who Is It? &amp; Hangman</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Flip Flop Day</b> 29</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🌺 <b>Plaza Sing Along &amp; Birthday Bash: 2nd Floor</b></p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film &amp; Popcorn</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Creativity Day</b> 30</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>9:30 🌺 Hot Chocolate &amp; Talk Story at The Bistro</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></p> <p>1:30 ↔ Mega Toss Games</p> <p>2:30 🌺 Charades &amp; Name That Tune</p> <p>3:00 ↔ Chair Zumba &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p><b>Smile Day</b> 31</p> <p>8:30 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ Current Events &amp; Brain Games</p> <p>10:00 🌺 Hot Chocolate &amp; Brain Games at The Bistro</p> <p>12:30 🚗 <b>3rd Flr. Van Ride: Newtown / Pearl City</b></p> <p>1:30 ⚡ <b>Best Friend Activity of The Week</b></p> <p>2:00 🌺 Watercolors &amp; Puzzle Packs</p> <p>3:00 🌺 Afternoon Exercises &amp; Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	