

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May cont'd 31

Utah Day

- 8:30 Resident Breakfast
- 9:30 **Televised Sunday Sermons**
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:30 Fun Film & Hanafuda: 4th Floor
- 2:00 Plaza Sing Along Club
- 3:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner



THE PLAZA
at Mililani

Please meet in the lobby
15 minutes prior to all
van departures. Schedule
subject to change with or
without notice.

- Arts & Crafts
- Celebrations
- Educational Classes
- Exercise / Physical Activity
- Field Trips / Outings
- Games
- Gardening
- Movies or Documentaries
- Music or Special Entertainment
- Plaza Life Exercise
- Religious or Spiritual Programs

Alternative Activity Options

In support of fostering your
independency, we encourage all to
participate in activities on the 2nd
or 4th Floors. Please see any
Plaza Team Member for details.

May Day 1

- 8:30 Resident Breakfast
- 10:00 **May Day Celebration: Lei Making & Hawaiian Music - 4th Floor**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 Independent Puzzle Packs
- 2:00 Plaza Casino Time: Blackjack
- 3:00 Hangman & Pictionary
- 4:15 BINGO
- 5:30 Resident Dinner

Space Day 2

- 8:30 Resident Breakfast
- 10:00 **Morning Surprise: Chair Zumba w/ Annette - 2nd Floor**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:00 BINGO: 4th Floor
- 1:30 Chair Zumba & Hydration: 4th Floor
- 2:00 **Just Craftin: Paper Plate Space Wreath Making - 4th Floor**
- 3:00 Charades & Name That Tune: 4th Floor
- 5:30 Resident Dinner
- 6:30 Independent Word Search & Local News Hour

Kentucky Derby Day 3

- 8:30 Resident Breakfast
- 9:30 **Televised Sunday Sermons**
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:30 Fun Film & Hanafuda: 4th Floor
- 2:00 Plaza Sing Along Club
- 3:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Bird Day 4

- 8:30 Resident Breakfast
- 9:45 **Van Ride: Waialua**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 Watercolors & Puzzle Packs: 4th Floor
- 2:00 Ageless Fitness & Hydration: 4th Floor
- 2:30 Name 5 & Charades: 4th Floor
- 3:00 BINGO: 4th Floor
- 4:30 Independent Puzzle Packs
- 5:30 Resident Dinner

Cinco De Mayo 5

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 **Beautiful You! Bracelet Making: 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 Plaza Casino Time: Black Jack
- 4:15 BINGO
- 5:30 Resident Dinner

Nurses Day 6

- 8:30 Resident Breakfast
- 9:45 **Errand Run - Unsupervised: Mililani Town Center**
- 10:00 **Morning Surprise: Mele with Our Friends - 2nd Floor**
- 11:30 Stretch & Hold: Band Resistance Training
- 12:30 Resident Lunch
- 1:45 Plaza Casino Time: Black Jack
- 3:00 BINGO
- 5:30 Resident Dinner

Tourism Day 7

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 **Fun Film: 4th Floor**
- 2:00 **Aloha Crochet Club**
- 3:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Coca-Cola Day 8

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 Independent Puzzle Packs
- 2:00 Watercolors & Oldie Tunes: 4th Floor
- 3:00 Drum-A-Sizing: 4th Floor
- 5:30 Resident Dinner

Roses Day 9

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:15 Spot It! & Bananagrams: 4th Floor
- 1:30 **Just Craftin: Black Glue Rose Painting - 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 BINGO: 4th Floor
- 5:30 Resident Dinner
- 6:30 Independent Word Search & Local News Hour

Mother's Day 10

- 8:30 Resident Breakfast
- 9:30 **Televised Sunday Sermons**
- 10:00 **Mother's Day Tea Party: 4th Floor**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:30 Fun Film & Beautiful You: 4th Floor
- 2:00 Plaza Sing Along Club
- 3:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Train Day 11

- 8:30 Resident Breakfast
- 9:45 **Van Ride: Ala Moana Beach Park**
- 10:00 **Hawaiian Music w/ Kupuna Mele**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 Watercolors & Puzzle Packs: 4th Floor
- 2:00 Ageless Fitness & Hydration: 4th Floor
- 2:30 Name 5 & Charades: 4th Floor
- 3:00 BINGO: 4th Floor
- 4:30 Independent Puzzle Packs
- 5:30 Resident Dinner

Fudge Day 12

- 8:30 Resident Breakfast
- 10:00 **Resident Council Meeting**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 **Beautiful You! Bracelet Making: 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 Plaza Casino Time: Black Jack
- 4:15 BINGO
- 5:30 Resident Dinner

Apple Pie Day 13

- 8:30 Resident Breakfast
- 9:45 **Errand Run - Unsupervised: Mililani Town Center**
- 10:00 **Morning Surprise: Mele with Our Friends - 2nd Floor**
- 11:30 Stretch & Hold: Band Resistance Training
- 12:30 Resident Lunch
- 1:45 Plaza Casino Time: Black Jack
- 3:00 BINGO
- 5:30 Resident Dinner

Dance Like a Chicken Day 14

- 8:30 Resident Breakfast
- 10:00 **Mass w/ Father Anthony**
- 10:00 **Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 **Hot Chocolate & Brain Games at The Bistro**
- 2:00 **Aloha Crochet Club**
- 2:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Give Someone Flowers Day 15

- 8:30 Resident Breakfast
- 10:00 **Hula by Na Wahine O Ka Hula: 2nd Floor**
- 10:00 **Men's Club: Malasada Trip to Leonard's Waikole**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 Independent Puzzle Packs
- 2:00 Plaza Casino Time: Blackjack
- 3:00 **Craft Time w/ Karina: Washi Tape Bangle Bracelet Making**
- 4:15 BINGO
- 5:30 Resident Dinner

Pizza Party Day 16

- 8:30 Resident Breakfast
- 10:00 **Local Jamz w/ Dean Hirata: 2nd Floor**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:15 Spot It! & Bananagrams: 4th Floor
- 1:30 **Just Craftin: Brown Bag Pizza Art - 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 BINGO: 4th Floor
- 5:30 Resident Dinner
- 6:30 Independent Word Search & Local News Hour

Idaho Day 17

- 8:30 Resident Breakfast
- 9:30 **Televised Sunday Sermons**
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:30 Fun Film: 4th Floor
- 2:00 Plaza Sing Along Club
- 3:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Talk to a Relative Day 18

- 8:30 Resident Breakfast
- 9:45 **Van Ride: Makakilo**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 Watercolors & Puzzle Packs: 4th Floor
- 2:00 Ageless Fitness & Hydration: 4th Floor
- 2:30 Name 5 & Charades: 4th Floor
- 3:00 BINGO: 4th Floor
- 4:30 Independent Puzzle Packs
- 5:30 Resident Dinner

Roadie Day 19

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 **Beautiful You! Bracelet Making: 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 Plaza Casino Time: Black Jack
- 4:15 BINGO
- 5:30 Resident Dinner

Strawberry Day 20

- 8:30 Resident Breakfast
- 9:45 **Errand Run - Unsupervised: Mililani Town Center**
- 10:00 **Morning Surprise: Mele with Our Friends - 2nd Floor**
- 11:30 Stretch & Hold: Band Resistance Training
- 12:30 Resident Lunch
- 1:45 Plaza Casino Time: Black Jack
- 3:00 BINGO
- 5:30 Resident Dinner

Waitstaff Day 21

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 **Hot Chocolate & Brain Games at The Bistro**
- 2:00 **Aloha Crochet Club**
- 2:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Road Trip Day 22

- 8:30 Resident Breakfast
- 10:00 **Musical Performance by The Olaloa Jammers: 2nd Floor**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 Independent Puzzle Packs
- 2:00 Plaza Casino Time: Blackjack
- 3:00 Hangman & Pictionary
- 4:15 BINGO
- 5:30 Resident Dinner

Lucky Penny Day 23

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:15 Spot It! & Bananagrams: 4th Floor
- 2:00 **Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor**
- 3:00 BINGO: 4th Floor
- 5:30 Resident Dinner
- 6:30 Independent Word Search & Local News Hour

Brother's Day 24

- 8:30 Resident Breakfast
- 9:30 **Televised Sunday Sermons**
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:30 Fun Film & Beautiful You: 4th Floor
- 2:00 Plaza Sing Along Club
- 3:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Wine Day 25

- 8:30 Resident Breakfast
- 9:45 **Van Ride: Newtown / Waimalu**
- 10:00 **Performance by The Team of Angels: 2nd Floor**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 Watercolors & Puzzle Packs: 4th Floor
- 2:00 Ageless Fitness & Hydration: 4th Floor
- 2:30 Name 5 & Charades: 4th Floor
- 3:00 BINGO: 4th Floor
- 4:30 Independent Puzzle Packs
- 5:30 Resident Dinner

Paper Airplane Day 26

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 **Beautiful You! Bracelet Making: 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 Plaza Casino Time: Black Jack
- 4:15 BINGO
- 5:30 Resident Dinner

Flipflop Day 27

- 8:30 Resident Breakfast
- 9:45 **Errand Run - Unsupervised: Mililani Town Center**
- 10:00 **Morning Surprise: Mele & Birthday Bash with Our Friends - 2nd Floor**
- 11:30 Stretch & Hold: Band Resistance Training
- 12:30 Resident Lunch
- 1:45 Plaza Casino Time: Black Jack
- 3:00 BINGO
- 5:30 Resident Dinner

Hamburger Day 28

- 8:30 Resident Breakfast
- 10:00 **Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor**
- 11:30 Resistance Training (A) & Hydration
- 12:30 Resident Lunch
- 1:30 **Hot Chocolate & Brain Games at The Bistro**
- 2:00 **Aloha Crochet Club**
- 2:30 Ageless Fitness & Hydration: 4th Floor
- 4:15 BINGO
- 5:30 Resident Dinner

Paper Clip Day 29

- 8:30 Resident Breakfast
- 10:00 **Bible Stories w/ Ms. Maureen & Friends: 5th Floor**
- 11:30 Resistance Training (B) & Hydration
- 12:30 Resident Lunch
- 1:30 Independent Puzzle Packs
- 2:00 **Plaza Buck Shopping**
- 3:00 Sing Along w/ Karina
- 4:15 BINGO
- 5:30 Resident Dinner

Mint Julep Day 30

- 8:30 Resident Breakfast
- 10:00 **Lanai Time & Hawaiian Tunes**
- 10:00 **Local Jamz w/ Dean Hirata: 2nd Floor**
- 11:30 Ageless Fitness & Hydration
- 12:30 Resident Lunch
- 1:15 Spot It! & Bananagrams: 4th Floor
- 1:30 **Just Craftin: Paper Mosaic Heart Art - 4th Floor**
- 2:30 Chair Zumba & Hydration: 4th Floor
- 3:00 BINGO: 4th Floor
- 5:30 Resident Dinner
- 6:30 Independent Word Search & Local News Hour