11:00 🌣 Name 5

12:30 👺 Lanai Time

1:45 👺 Fun Film

3:00 👺 BINGO

12:30 👺 Lanai Time

3:00 👺 BINGO

11:00 **Current Events & Remember Our U.S. Military Hero's** 

1:30 O Watercolors & Puzzle Packs

2:30 ← Ageless Fitness & Hydration

1:30 Arts & Crafts: Newspaper Cat Collage Making
2:30 Chair Zumba & Hydration

3:00 👺 BINGO





♣ Physical

₩ Spiritual

Social

Please meet in the lobby

15 minutes prior to all

van departures.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day & 10 Fun Facts About May Day  8:30	Truffle Day  8:30 Individual Games  9:30 Van Ride: Koʻolina  9:45 Chair Zumba & Hydration  10:30 Game Show Hour: The Price is Right  11:00 Charades & Name That Tune  12:30 Lanai Time  1:30 Watercolors & Puzzle Packs  2:30 Ageless Fitness & Hydration  3:00 BINGO	Textiles Day 8:30 ♣ Individual Games 9:15 ❖ Current Events 9:30 ♣ Ageless Fitness & Hydration 10:00 ♣ Japanese Sing-Along 11:00 ❖ Trivia & Name 5 12:30 ♣ Bubble Time & Garden Club in The Lanai 1:45 ఄ Watercolors & Oldie Tunes 2:30 ♣ Chair Zumba & Hydration 3:00 ♣ BINGO	Star Wars Day  8:30 Individual Games  9:15 Current Events & 10 Fun Facts About Star Wars  9:30 Tai Chi & Haydration  10:00 Plaza Sing Along: 2nd Floor  10:30 Who Is It? & Trivia  11:00 Charades & Name That Tune  12:30 Movies & Popcorn  3:00 BINGO	Cinco De Mayo  8:30	Nurses Day  8:30  Individual Games  9:15  Current Events & Most Extreme Trains Around The World  9:30  Ageless Fitness & Hydration  10:00  Buddhist Services w/ Wahiawa Hongwanji: 5th Floor  10:00  Tissue Paper Art & Try Not to Laugh Challenge  11:00  Charades & Name That Tune  12:30  Fun Film  3:00  BINGO	Train Day  8:30  Individual Games  9:15  Current Events  9:30  Ageless Fitness & Hydration  10:00  Zumba with Annette: 2nd Flr.  11:00  Trivia & Name 5  12:30  Bubble Time & Garden Club in The Lanai  1:30  Arts & Crafts: Paper Hyacinths Making  2:30  Chair Zumba  3:00  BINGO
Mother's Day  8:30	Jammers: 2nd Floor	Shrimp Day  8:30 Individual Games  9:15 Current Events  9:30 Ageless Fitness & Hydration  10:00 Japanese Sing-Along  11:00 Trivia & Name 5  12:30 Bubble Time & Garden Club in The Lanai  1:30 Arts & Crafts: Popsicle Stick Silly Cactus Making  2:30 Chair Zumba & Hydration  3:00 BINGO	Foam Day 8:30  Individual Games 9:15  Current Events 9:30  Tai Chi & Haydration 10:00  Plaza Sing Along: 2nd Floor 10:30  Who Is It? & Trivia 11:00  Charades & Name That Tune 12:30  Lanai Time 1:30  Movies & Popcorn 3:00  BINGO	Nutty Fudge Day 8:30 ♣ Individual Games 9:15 ❖ Current Events 9:30 ♣ Ageless Fitness & Hydration 10:00 ♣ Mega Toss Games & Color Therapy 11:00 ❖ Trivia & Name 5 12:30 ♣ Lanai Time 1:45 ఄ Watercolors w/ Fudge 3:00 ♣ BINGO	Fruit Cocktail Day 8:30  Individual Games 9:15  Current Events 9:30  Ageless Fitness & Hydration 10:00  Local Jamz w/ Dean Hirata: 2nd Floor 11:00  Charades & Name That Tune 12:30  Balloon Volleyball 2:30  Chair Zumba 3:00  BINGO	Archery Day  8:30 Individual Games  9:15 Current Events & Amazing Archery Shot Videos  9:30 Ageless Fitness & Hydration  10:00 Sport Games & Oldie Tunes  11:00 Trivia & Name 5  12:30 Bubble Time & Garden Club in The Lanai  1:30 Arts & Crafts: Palm Tree Fork Painting  2:30 Characterists Palm Tree Fork Painting  2:30 Short Zumba  3:00 BINGO
Stocking Day 8:30 ♣ Individual Games 9:15 ❖ Current Events & Creative Ways to Use Stockings 9:30 ♣ Ageless Fitness & Hydration 10:00 ❖ Watercolors & Hawaiian Tunes 11:00 ❖ Name 5 12:30 ♣ Lanai Time 1:45 ♣ Fun Film 3:00 ♣ BINGO	Mimosa Day  8:30	Tassel Day 8:30 ♣ Individual Games 9:15 ❖ Current Events 9:30 ♣ Ageless Fitness & Hydration 10:00 ♣ Japanese Sing-Along 11:00 ❖ Trivia & Name 5 12:30 ♣ Bubble Time & Garden Club in The Lanai 1:30 ♠ Arts & Crafts: Paper Mosaic Art Making 2:30 ♣ Chair Zumba & Hydration 3:00 ♣ BINGO	Juice Slush Day  8:30  Individual Games  9:15  Current Events  9:30  Tai Chi & Haydration  10:00  Performance by Hank "The Singing Dutchman": 2nd Floor  11:00  Charades & Name That Tune  12:30  Lanai Time  1:30  Movies & Juice Slush  3:00  BINGO	Devil's Food Cake Day  8:30		Memo Day  8:30
Vanilla Pudding Day 8:30 ♣ Individual Games 9:15 ❖ Current Events 9:30 ♣ Ageless Fitness & Hydration 10:00 ఄ Watercolors & Hawaiian Tunes 11:00 ❖ Name 5 12:30 ♣ Lanai Time 1:45 ♣ Fun Film w/ Vanilla Pudding 3:00 ♣ BINGO	Penny Day  8:30  Individual Games  9:30  Van Ride: Pacific Palisades & Waiau  9:45  Chair Zumba & Hydration  10:30  Game Show Hour: The Price is Right  11:00  Current Events & Worlds Wackiest Things Made w/ A Penny  12:30  Vatercolors & Puzzle Packs  2:30  Ageless Fitness & Hydration  3:00  BINGO	Scavenger Hunt Day  8:30  Individual Games  9:15  Current Events  9:30  Are Ageless Fitness & Hydration  10:00  Japanese Sing-Along  11:00  Trivia & Name 5  12:30  Bubble Time & Garden Club in The Lanai  1:30  Arts & Crafts: Cotton Ball Sushi Making  2:30  Chair Zumba & Hydration  3:00  BINGO	Senior Health & Fitness Day 8:30  Individual Games 9:15  Current Events & Best	Paper Airplane Day  8:30	9:15 ❖ Current Events 9:30 ➡ Ageless Fitness & Hydration 10:00 ➡ Tissue Paper Art & Try Not to	Hamburger Day  8:30  Individual Games  9:15  Current Events & Best Places to Eat Hamburgers  9:30  Ageless Fitness & Hydration  10:00  Local Jamz w/ Dean Hirata: 2nd Floor  11:00  Trivia & Name 5  12:30  Bubble Time & Garden Club in The Lanai  1:30  Arts & Crafts: Paper Plate Peacock Making  2:30  Chair Zumba  3:00  BINGO
Paperclip Day  8:30 Individual Games  9:15 Current Events  9:30 Ageless Fitness & Hydration  10:00 Watercolors & Hawaiian  Tunes  11:00 Name 5	Memorial Day  8:30  Individual Games 9:30  Van Ride: Launani Valley / Helemano  10:00  Indoor Performance w/ Team of Angels  11:00  Remember Our	Smile Day 8:30		All activities will be located on the 4th floor unless otherwise noted.	© Creative	

THE PLAZA

— at Mililani —