









# May 2022 3rd Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>May Day &amp; 10 Fun Facts About May Day</b> <b>1</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; 10 Fun Facts About May Day</b> 10:00 📷 Paper Collage Making 12:30 🌺 <b>Lanai Time</b> 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🌺 BINGO	<b>Truffle Day</b> <b>2</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Wackiest Truffles Around The World</b> 10:00 🚗 <b>Hali'a Mele Club in The Lanai</b> 12:30 🚗 <b>3rd Flr. Van Ride: Kōolina</b> 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Textiles Day</b> <b>3</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🌺 Japanese Sing Along 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 📷 <b>Man Your Station Hour</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Star Wars Day</b> <b>4</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; 10 Fun Facts About Star Wars</b> 10:00 🌺 Plaza Sing Along: 2nd Floor 12:30 🌺 <b>Lanai Time</b> 1:30 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Cinco De Mayo</b> <b>5</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; History of Cinco De Mayo</b> 10:00 📷 Tissue Paper Art 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b> 1:30 📷 <b>Arts &amp; Crafts: Mexican Maracas &amp; Sombrero Banner Making</b> 2:30 🌺 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Nurses Day</b> <b>6</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 ↔ Balloon Hockey & Puzzle Packs 12:30 🌺 <b>Lanai Time</b> 1:30 ⚡ <b>Fun Film</b> 3:00 🌺 Afternoon Exercises & Hydration	<b>Train Day</b> <b>7</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Most Extreme Trains Around The World</b> 10:00 ↔ <b>Zumba with Annette: 2nd Flr.</b> 12:30 🌺 Lanai Time 1:30 📷 <b>Arts &amp; Crafts: Paper Hyacinths Making</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound		
<b>Mother's Day</b> <b>8</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Mother's Day Performance by Hank The Singing Dutchman: 2nd Floor</b> 12:30 🌺 <b>Lanai Time</b> 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🌺 BINGO	<b>Lost Sock Day</b> <b>9</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Best Ways to Use Lost Socks</b> 10:00 🎵 <b>Musical Performance w/ The Olaloa Jammers: 2nd Floor</b> 12:30 🚗 <b>3rd Flr. Van Ride: Kaneohe</b> 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Shrimp Day</b> <b>10</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🌺 Japanese Sing Along 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 📷 <b>Arts &amp; Crafts: Popsicle Stick Silly Cactus Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Foam Day</b> <b>11</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🌺 Plaza Sing Along: 2nd Floor 12:30 🌺 <b>Lanai Time</b> 1:30 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Nutty Fudge Day</b> <b>12</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Bible Stories w/ Ms. Maureen</b> 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b> 1:30 📷 <b>Man Your Station Hour</b> 2:30 🌺 <b>Charades, Name That Tune, &amp; Fudge</b> 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Fruit Cocktail Day</b> <b>13</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 12:30 🌺 <b>Lanai Time</b> 1:30 ⚡ <b>Best Friend Activity of The Week</b> 2:00 🌺 BINGO 3:00 🌺 Afternoon Exercises & Hydration	<b>Archery Day</b> <b>14</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Amazing Archery Shot Videos</b> 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🌺 Lanai Time 1:30 📷 <b>Arts &amp; Crafts: Palm Tree Fork Painting</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound		
<b>Stocking Day</b> <b>15</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Creative Ways to Use Stockings</b> 10:00 📷 Paper Collage Making 12:30 🌺 <b>Lanai Time</b> 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🌺 BINGO	<b>Mimosa Day</b> <b>16</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; How Mimosas Were Created</b> 10:00 🎵 <b>Hawaiian Musical Performance w/ Kupuna Mele: 2nd Floor</b> 12:30 🚗 <b>3rd Flr. Van Ride: Ewa Beach</b> 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Tassel Day</b> <b>17</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🌺 Japanese Sing Along 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 📷 <b>Arts &amp; Crafts: Paper Mosaic Art Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Juice Slush Day</b> <b>18</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🎵 <b>Performance by Hank "The Singing Dutchman": 2nd Floor</b> 12:30 🌺 <b>Lanai Time</b> 1:30 🌺 <b>Fun Film &amp; Juice Slush</b> 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Devil's Food Cake Day</b> <b>19</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 📷 Tissue Paper Art 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b> 1:30 📷 <b>Man Your Station Hour</b> 2:30 🌺 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Streaming Day</b> <b>20</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 ↔ Balloon Hockey & Puzzle Packs 12:30 🌺 <b>Lanai Time</b> 1:30 ⚡ <b>Best Friend Activity of The Week</b> 2:00 🌺 BINGO 3:00 🌺 Afternoon Exercises & Hydration	<b>Memo Day</b> <b>21</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; History of The Memo</b> 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🌺 Lanai Time 1:30 📷 <b>Arts &amp; Crafts: Super Hero Mask Making</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound		
<b>Vanilla Pudding Day</b> <b>22</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 📷 Paper Collage Making 12:30 🌺 <b>Lanai Time</b> 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries w/ Vanilla Pudding 3:00 🌺 BINGO	<b>Penny Day</b> <b>23</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Worlds Wackiest Things Made w/ A Penny</b> 10:00 🌺 <b>Hali'a Mele Club in The Lanai</b> 12:30 🚗 <b>3rd Flr. Van Ride: Pacific Palisades &amp; Waiau</b> 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Scavenger Hunt Day</b> <b>24</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🌺 Japanese Sing Along 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 📷 <b>Arts &amp; Crafts: Cotton Ball Sushi Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Senior Health &amp; Fitness Day</b> <b>25</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Best Ways To Live Healthy for Seniors</b> 10:00 🌺 Plaza Sing Along: 2nd Floor 12:30 🌺 <b>Lanai Time</b> 1:30 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Paper Airplane Day</b> <b>26</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Videos of The Worlds Craziest Paper Airplane Tricks</b> 10:00 🎵 <b>Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</b> 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai Time</b> 1:30 📷 <b>Man Your Station Hour</b> 2:30 🌺 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Popsicle Day</b> <b>27</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 ↔ Balloon Hockey & Puzzle Packs 12:30 🌺 <b>Lanai Time w/ Popsicles</b> 1:30 ⚡ <b>Best Friend Activity of The Week</b> 2:00 🌺 BINGO 3:00 🌺 Afternoon Exercises & Hydration	<b>Hamburger Day</b> <b>28</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Best Places to Eat Hamburgers</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 12:30 🌺 Lanai Time 1:30 📷 <b>Arts &amp; Crafts: Paper Plate Peacock Making</b> 2:30 ⚡ Trivia or Name Five 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound		
<b>Paperclip Day</b> <b>29</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 📷 Paper Collage Making 12:30 🌺 <b>Lanai Time</b> 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🌺 BINGO	<b>Memorial Day</b> <b>30</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Remember Our U.S. Military Hero's</b> 10:00 🎵 <b>Indoor Performance w/ Team of Angels</b> 12:30 🚗 <b>3rd Flr. Van Ride: Launani Valley / Helemano</b> 1:00 📷 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	<b>Smile Day</b> <b>31</b> 8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Brain Games</b> 10:00 🌺 Japanese Sing Along 12:30 🌺 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 📷 <b>Arts &amp; Crafts: Newspaper Cat Collage Making</b> 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🌺 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🌺 Evening Snack & Name That Sound	 <p><b>THE PLAZA</b> at Mililani</p>			<p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>		
						<ul style="list-style-type: none"> <li> Creative</li> <li> Entertainment</li> <li> Excursion</li> <li> Intellectual</li> <li> Physical</li> <li> Social</li> <li> Spiritual</li> </ul>		