

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|--|---|--|--|--|--|--|--|--|
| <p>Horse Day 1</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Piano Performance by Nicholas: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🎮 Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Vintage Day 2</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Old Waipahu / Kunia 10:00 📰 News & Views: Vintage culture & clothing 10:30 🎮 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Activity Connection: Letter Quest 5:00 Resident Dinner</p> | <p>Hinamatsuri Day 3</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: 10 Fun facts about Girls Day 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Girls Day Kimono Doll Bookmarker Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Marching Band Day 4</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Musical Performance by Roy Hamada & Friends: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film 3:30 🎮 Activity Connection: Collage Detective 5:00 Resident Dinner</p> | <p>Cheese Doodle Day 5</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 9:50 📰 News & Views: Different Chips in The World 10:15 🎮 Activity Connection: Travelogue 10:50 🎮 Brain Buster Time: Charades & Trivia 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Oreo Cookie Day 6</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Who invented the Oreo Cookie 10:30 🎮 Brain Buster Time: Quiz Dino 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Fun Film 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p> | <p>Cereal Day 7</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 Just Craftin: Panda Bear Walker Tag Making 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p> | | |
| <p>Oregon Day 8</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Fun facts about Oregon 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🎮 Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Get Over It Day 9</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Kapolei 10:00 📰 News & Views: Tips on getting over it 10:30 🎮 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Activity Connection: Letter Quest 5:00 Resident Dinner</p> | <p>Pack a Lunch Day 10</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: History on the Bento Box 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Q-Tip Lilac Painting 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Johnny Appleseed Day 11</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film 3:30 🎮 Activity Connection: Collage Detective 5:00 Resident Dinner</p> | <p>Girl Scout Day 12</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Jewel Day 13</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 🎵 Hula by Na Wahine O Ka Hula: 2nd Floor 10:00 🎮 Men's Club: Plaza Poker 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p> | <p>Butterfly Day 14</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Butterfly illustrations 10:30 🎮 Activity Connection: Travelogue 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 Just Craftin: Clothespin Butterfly Making 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p> | | |
| <p>Minnesota Day 15</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Fun facts about Minnesota 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🎮 Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Panda Day 16</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Mokuleia 10:00 🎵 Hawaiian Music w/ Kupuna Mele 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Activity Connection: Letter Quest 5:00 Resident Dinner</p> | <p>St. Patricks' Day 17</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: History of St. Patrick's Day 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Wacky Clover Garland Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Oatmeal Day 18</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film 3:30 🎮 Activity Connection: Collage Detective 5:00 Resident Dinner</p> | <p>Lets Laugh Day 19</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 9:50 📰 News & Views: Clips of funny animals 10:15 🎮 Activity Connection: Travelogue 10:50 🎮 Brain Buster Time: Charades & Trivia 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Pasta Day 20</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 🎵 Musical Performance by The Olaloe Jammers: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p> | <p>Fragrance Day 21</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: History on perfumes 10:30 🎮 Activity Connection: Travelogue 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 Just Craftin: Family Bear Silhouette Painting 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p> | | |
| <p>Goof Off Day 22</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Ideas on goofing off 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🎮 Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Puppy Day 23</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Pearl City / Waimalu 10:00 🎵 Musical Performance by Na Leo O Manu O'o: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Activity Connection: Letter Quest 5:00 Resident Dinner</p> | <p>Chocolate Raisins Day 24</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: History on raisins 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Tulip Fork Painting 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Medal of Honor Day 25</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film 3:30 🎮 Activity Connection: Collage Detective 5:00 Resident Dinner</p> | <p>Manatee Day 26</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎮 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 10:50 🎮 Brain Buster Time: Charades & Trivia 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:00 🎵 Singing & Dancing by The Chibariyo Performance Group: 2nd Floor 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Scribble Day 27</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Pictures of scribble art 10:00 🎮 Cooking Corner: Kalua Pig Quesadillas - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p> | <p>Something on a Stick Day 28</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Wackiest things on a stick 10:30 🎮 Activity Connection: Travelogue 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 2:00 🎵 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p> | | |
| <p>Vietnam Veterans Day 29</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Stories from Vietnam Vets 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🎮 Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> | <p>Pencil Day 30</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Kaka'ako 10:15 🎵 Birthday Bash by The Emmalani Serenaders: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Activity Connection: Letter Quest 5:00 Resident Dinner</p> | <p>Crayon Day 31</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📰 News & Views: Best art using crayons 10:30 🎮 Plaza Buck Shopping 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Paper Plate Jelly Fish Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p> |  | | | <ul style="list-style-type: none"> 🎨 Arts / Crafts 🍳 Cooking / Baking 📖 Educational Classes 🏃 Exercise / Physical Activity 🚗 Field Trip / Medical Appointments 🎮 Games 🌿 Gardening / Outdoor Visit 🧘 Meditation / Mindfulness 🎬 Movies / Documentaries 🎵 Music / Special Entertainment 🌟 One-on-One 🌳 Plaza Life Fitness 🛒 Shopping | | |

